

Oral Cues to Disease

Match the diagnosis to the photo by letter

- a. Thrombocytopenia purpura
- b. Systemic or discoid lupus erythematosus
- c. Crohn disease
- d. Pemphigus vulgaris

1. A 21-year-old man complains of prolonged diarrhea with steady abdominal pain and recent weight loss. He also reports painful knee and hip joints and generalized fatigue. Physical exam reveals fissure-like ulcerations of the mandibular buccal vestibule and localized abdominal pain with fullness in the right lower quadrant.

2. Over the past few months, this 43-year-old woman has had multiple severely painful, slow-healing oral ulcers, resulting in the erosion of the lower lip. She reports pain on swallowing and occasional bloody nose after blowing in the morning.

3. A 26-year-old woman presents with fever and fatigue, as well as arthralgia in her hands. Upon examination, she has a malar rash and lichenoid inflammation of the buccal mucosa. She has a family history of autoimmune disorders.

4. This young woman is concerned about the multiple ecchymoses and thrombi in her mouth. She feels fatigued and has a fever. Her history includes a tendency to bruise easily, menorrhagia, and a recent infection treated with vancomycin. Physical exam is notable for retinal hemorrhages and jaundice.



For answers, see next issue;
for discussion, go to

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Photos were originally published in *The Journal of Family Practice* (2015;64[7]:392-399).

Answers to last month's "Picture This" (*Clinician Reviews*. 2017;27[8]:21): 1a, 2d, 3b, 4c.