

The Pimple That Wasn't

Match the diagnosis to the photo by letter

- a. Disseminated superficial actinic porokeratosis
- b. Lymphomatoid papulosis
- c. Metastatic renal cell carcinoma
- d. Eccrine poroma



1. A 29-year-old man from Saudi Arabia presents with slightly tender skin lesions that have manifested in crops over the past seven years. The patient denies fever, chills, sweats, chest pain, shortness of breath, and unexpected weight loss. Physical exam reveals multiple erythematous papulonodules, some ulcerated with a superficial crust, grouped predominantly on the medial aspect of the right upper arm and left lower inguinal region. Isolated lesions are also present on the forearms, dorsal aspects of the hands, abdomen, and thighs.



2. A 47-year-old man has had an asymptomatic, 2.5 x 1.5-cm, sessile, pink plaque with a coalescing papular texture on his lower back for 30 years. The patient reports that two papillated papules with peripheral rims of dark crust developed in the center of the lesion over the past six months.



3. A man in his 60s presents with a subcutaneous, 3-cm, firm, fixed nodule on the right side of the chest. Due to impaired mental status, he is unable to state the precise age of the lesion, but his wife reports that it has been present at least several weeks. She recently noted a new, bright red growth on top of the nodule. The lesion is asymptomatic but seems to be growing in size.



4. A 78-year-old man with type III skin presents for evaluation of pruritic eruptions on his chest, back, abdomen, arms, and legs of five years' duration. The lesions are 4- to 5-mm, discrete, round to oval, reddish brown papules that are rough on palpation, with a peripheral rim of scale seen more prominently on dermoscopy. There are no lesions on the palms or soles. The patient has used the tanning salon at least three times a week for seven years. Initial punch biopsy is suggestive of a drug eruption, and his lisinopril regimen is discontinued as a presumed culprit; however, new lesions continue to develop.

For answers, see next issue; for discussion, go to

www.mdedge.com/clinicianreviews/picture

Credits: Case 1: *Cutis*. 2017;100(1):E15-E17. Case 2: *Cutis*. 2015;96(5):E3-E5. Case 3: *Cutis*. 2018;101(2):78,117-118. Case 4: *Cutis*. 2014;94(3):E2-E4. Copyright 2018 Frontline Medical Communications Inc.

Answers to May/June "Picture This" (*Clinician Reviews*. 2018;28[5]:17): 1b, 2d, 3a, 4c.