

# TIPS



## for Recognizing Seizures in Children

The following are general symptoms or warning signs that your child may be experiencing a seizure:

- Staring
- Unnatural, jerking movements of the arms and legs
- Stiffening of the body
- Loss of consciousness
- Breathing problems
- Loss of bowel or bladder control
- Sudden falls for no apparent reason
- Frequent stumbling or unusual clumsiness
- Nodding of the head
- Short attention “blackouts”
- Brief periods of nonresponsiveness to noise or words
- Appearing confused or in a daze
- Rapid eye blinking
- Sleepiness or irritability after waking
- Sudden repeated episodes of fear for no apparent reason
- Frequent complaints that things look, sound, taste, smell, or feel “funny”

This page is part of an ongoing series of practical tips for patients with neurologic disorders. This month's contribution was adapted from information compiled by Frankford Hospitals, Jefferson Health System; the Epilepsy Foundation; and the Medical College of Wisconsin. If you have compiled clinically relevant tips that you wish to share, please contact the editor at Neurology Reviews, 7 Century Drive, Suite 302, Parsippany, NJ 07054.