

Web Sitings

WhatisTBI.org Explains Traumatic Brain Injury

A new resource is available to those who live with traumatic brain injury (TBI). The Web site, <http://www.whatisTBI.org/index/home>, dedicated to the traumatic brain issues of our military personnel, is a program of the National Veterans Foundation and the Dr. Chrisanne Gordon Foundation. Being that more than 150,000 service members from Iraq and Afghanistan have sustained injuries resulting in TBI, this issue is pervasive.

The Web site includes tabs on the top and the bottom of the page, such as “myths about tbi,” “screening tool,” “news,” and “donate”—where users can donate money to help the National Veterans Foundation treat veterans with TBI.

The “screening tool” section lists signs/symptoms that may be indicative of a TBI. There is a news section, but every page also contains links to news items under 2 headings, “What is [tbi] news” and “[tbi] news feed,” which includes links to current TBI news and legislation. At the bottom-left corner of the news section is a link to archived articles. The “myths about tbi” tab debunks some harmful myths about tbi, to reassure readers. Site users have an opportunity to sign up for a newsletter by entering their e-mail address in the field where it says, “[tbi] newsletter sign up.”

WHO Addresses Malnutrition on Its New eLENA Page

The World Health Organization (WHO) Department of Nutrition for Health and Development launched the WHO e-Library of Evidence for Nutrition Actions (eLENA), at <http://www.who.int/elena/about/en/>, which lists interventions to address vari-

traumatic brain injury [tbi]
A Program of the National Veterans Foundation

(home) (myths about tbi) (screening tool) (news) (donate) (contact)

please help our veterans with
traumatic brain injury [tbi]

(800) 366-8823

[tbi] newsletter sign up enter email address

what is [tbi]?

Traumatic Brain Injury (TBI) is a mechanical insult to the brain from an external mechanical force which may lead to temporary or permanent impairment in cognitive, behavioral, or physical functions. This may or may not be associated with an alteration of consciousness.

Few conditions in medicine today are associated with more varying definitions or confusing inclusion criteria than TBI. This is due, in a large part, to the most recent technological advances in brain imaging, which are defining the brain pathologies associated with trauma and expanding the clinician's ability to diagnose and accurately treat TBI. For the nearly 400,000 Veterans of the Iraq and Afghanistan conflicts who currently suffer from TBI, advances cannot occur quickly enough for them or their family members. Mild Traumatic Brain Injury (mTBI) rarely has associated physical abnormalities and is therefore described as the "invisible signature injury" of the Iraq and Afghanistan conflicts.

This site is dedicated to the TBI issues of our military personnel.

Moderate or severe traumatic brain injuries, as opposed to milder injuries, are usually associated with other signs of trauma and require evacuation and immediate treatment at a military hospital, usually Landstuhl Regional Medical Center in Germany. The recovery process progresses to Army or Naval facilities in the United States, and recovery is slow and requires many months to years of rehabilitation. These injuries will be discussed in the future.

Currently, the medical communities, both military and civilian, need to address the nearly 400,000 OIF (Operation Iraqi Freedom) and OEF (Operation Enduring Freedom) with mild traumatic brain injury. It is estimated that only 30-40% of our Veterans with TBI are currently being screened or receiving treatment.

what is [tbi] news

A Modest Proposal
(Sep 5, 2011)
In Nam, there were 2.4 casualties to every death in Iraq and Afghanistan it...

Diffusion Tensor Imaging in Traumatic Brain Injury: A Brief Overview
(Sep 2, 2011)
There is a great deal of focus on the potential contribution of diffusion tensor im...

Delays in treating injured Valley soldier sink mood
(Jul 22, 2011)
It's sickening when a hero has to go through hoops to get medical treatment...

[tbi] news feed

<http://www.whatisTBI.org>

ous forms of malnutrition. A search of “veterans” on this Web site reveals pages of results on the larger WHO site (<http://www.who.int>). On the eLENA page, there are tabs on the top-left corner labeled “eLENA,” “A-Z list of interventions,” “Health condition,” “Life course,” “Nutrient,” “Intervention,” and “About eLENA.”

Visitors also have access to an “A-Z list of interventions,” including “complementary feeding” and “zinc supplementation.” The home page, “eLENA,” includes nutrition news. The “health condition” section contains links to articles about interventions for diarrhea, HIV/AIDS, respiratory conditions, and undernutrition. The “Life course” section provides links that detail nutritional guidelines for various individuals under the headings “Infants,” “Children,” “Reproductive age,” “Pregnancy,” and “Postpartum.” The “Nutrient” section allows users to find links detailing nutritional interventions for specific populations. The “Intervention” section provides links to articles that fall under these types of interventions: behavioral, for-

tification, supplementation, and situational health actions. A list of WHO resources shows up on every page.

Managing Rheumatoid Arthritis 1 Click at a Time

The Web site <http://www.symptoms-of-rheumatoid-arthritis.com> has been launched to address harmful ignorance of rheumatoid arthritis (RA). Feature articles about RA appear at the top-right corner of every page and clicking on the “Articles” tab will bring the user to more articles on the topic. The written material covers such concerns as RA treatment, RA and pregnancy, and RA symptoms, diet, heredity, and causes.

The article “Rheumatoid Arthritis and Children” dispels the myth that RA is a disease that affects only the elderly. Close to 50,000 children in the United States have been diagnosed with juvenile RA. The article “Rheumatoid Arthritis Diet” outlines the most common vitamin deficiencies in patients who have RA.