

Brief profiles of useful websites and online resources



What's Your Next Move?

Unlike common job search engines, http://www.mynextmove.org/vets serves as a career launching pad tailored for veterans, whether they know exactly the industry they want to work in or are exploring civilian jobs for the first time. Visitors to the website are provided 3 search functionalities to get the job search started: (1) Search careers with key words; (2) Browse careers by industry; and (3) Find careers like your military job.

Career search results present in a top 20 list, sorted by relevance. A quick-look checklist beside each result displays whether the career has a bright outlook, is part of the environmental green economy emergence, or is part of a registered apprenticeship program.

After the visitor clicks on the career field he or she is interested in pursuing, an industry snapshot page displays what someone in this field does; on-the-job duties; the technology used; recommended knowledge, skills, and abilities; and common personality traits. An *Education* box displays recommended education, as

well as where this education can be attained if the job seeker does not meet the common requirements. A *Job Outlook* box provides a button called *Find Jobs*, where the visitor can search for job openings in the market of his or her choice.

THRIVE Online

The Health and Resource Initiative for Veterans Everywhere (THRIVE) online is a joint collaboration between Stanford University and the VA Palo Alto Health Care System. The THRIVE team aims to provide outreach to the "most vulnerable and underserved veterans" by linking rural veterans to community partnership, as well as to medical, mental health, and substance abuse and alcohol services.

Operating on Stanford University's eCampus platform, http://ruralhealth.stanford.edu is an open community, accessible anywhere, anytime, by anyone. Two-minute patient story videos inspire, and *Expert Talks* on topics, such as "Stress of Family Caregiving During Chronic Illness" and "Advance Care Planning" on legal policy, engage.

Health professionals can access fact sheets, rural medicine research

papers, palliative care scholarly articles, and a researchable database with more than 600 references related to rural health care. Patients and families can access a family caregiving guide and a long list of additional online resources.

After Deployment

Led by the National Center for Telehealth and Technology, http://www.afterdeployment.org links veterans with self-care solutions for serious and often troubling behavioral health challenges.

Twenty special topics are covered, including posttraumatic stress, military sexual trauma, suicide prevention, alcohol and drugs, sleep, and work adjustment. Each topic is unique, and so is each approach. Some topics lend themselves to video support stories, whereas other topics are best handled using multiquestion self-assessment quizzes.

The website also houses 2 community forums. The first forum is called the Peer-2-Peer Forum. This interactive message board's commenting feature is protected by a required user login, and users can stay up-to-date with the ongoing forum conversations by subscribing to an RSS news feed. The second forum is the After Deployment blog, with recent posts that include "Take Offense or Let It Roll Off You" and "How Do You Cook an Octopus?"

A box at the top of every page offers options to locate a provider; chat with a confidential health care resource consultant or engage in a confidential veterans chat; and access phone numbers for an outreach center, the Military & Veterans Crisis Line, Military One Source, and the Military Sexual Assault Safe Helpline.