

## Dr. Arnold P. Advincula's





## Robot-assisted laparoscopic excision of a rectovaginal endometriotic nodule

A review of key anatomy and a stepwise demonstration of technique

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A rectovaginal endometriosis (RVE) is the most severe form of endometriosis. The gold standard for diagnosis is laparoscopy with histologic confirmation. A review of the literature suggests that surgery improves up to 70% of symptoms with generally favorable outcomes.

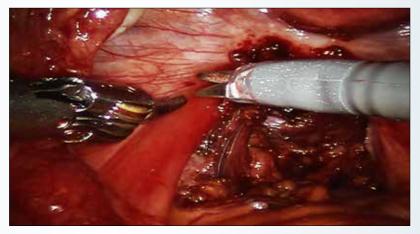
In this video, we provide a general introduction to endometriosis and a discussion of disease treatment options, ranging from hormonal suppression to radical

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Dr. Advincula reports being a consultant to Intuitive Surgical and Titan Medical and having additional financial relationships with Applied Medical, ConMed, and CooperSurgical. The other authors report no financial relationships relevant to this video.



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bowel resections. We also illustrate the steps in robot-assisted laparoscopic excision of an RVE nodule:

- 1. identify the borders of the rectosigmoid
- 2. dissect the pararectal spaces
- 3. release the rectosigmoid from its attachment to the RVE nodule
- 4. identify and isolate the ureter(s)
- 5. determine the margins of the nodule

6. ensure complete resection.

Excision of an RVE nodule is a technically challenging surgical procedure. Use of the robot for resection is safe and feasible when performed by a trained and experienced surgeon.

I am pleased to bring you this video, and I hope that it is helpful to your practice. ②

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