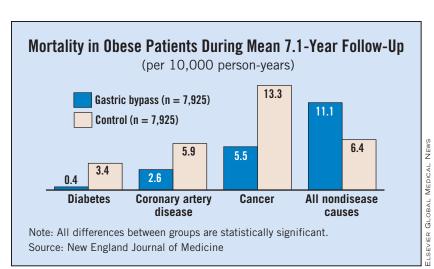
Obesity



Gastric Bypass Also Cuts Cancer, Diabetes, Heart Disease Mortality

BY FRAN LOWRY

Orlando Bureau

everely obese individuals who opt to have gastric bypass surgery not only reduce their waistlines, they reduce their long-term total mortality as well, Utah researchers have reported.

Rates of death from diabetes, coronary artery disease, and cancer were all significantly lower in 7,925 patients who underwent gastric bypass between 1984 and 2002, Ted D. Adams, Ph.D., and his associates wrote.

Compared with a group of similarly obese control subjects who did not have the surgery, the gastric bypass group had a statistically significant, 40% decrease in adjusted long-term mortality from any cause during the mean follow-up of 7.1 years (37.6 vs. 57.1 deaths/10,000 personyears, *P* less than .001).

Deaths from coronary artery disease decreased by 56% (2.6 vs. 5.9/10,000 personyears, P = .006); deaths from diabetes were reduced by 92% (0.4 vs. 3.4/10,000 personyears, P = .005), and deaths from cancer dropped by 60% (5.5 vs. 13.3/10,000 person-years, *P* less than .001).

However, the rate of death from all nondisease causes, such as accidents and suicides, was 58% higher in the surgery group than in the control group, wrote Dr. Adams, professor in the division of cardiovascular genetics at the University of Utah, Salt Lake City, and his associates (N. Engl. J. Med. 2007;357:753-61).

The retrospective cohort study compared long-term mortality among severely obese men and women who had chosen gastric bypass surgery with that of an equal number (7,925) of severely obese persons who had applied for driver's licenses in the state of Utah. The two groups were matched for age, gender, and body mass index. The rates of death from any cause and from specific causes were determined with the use of the National

Dr. Adams said that the reduced mortality from disease likely is related to the improvements in health that follow significant weight loss, such as reduced blood pressure, lower diabetes and coronary artery disease risk, and reduced sleep apnea. Dr. Adams also is a program director at the Health and Fitness Institute at Latter Day Saints Hospital, Salt Lake

When asked what he thought might be the reason for the higher rate of nondisease deaths in the bariatric surgery group, he commented that it was difficult to know. "We don't have any information about patients' psychosocial makeup or anything like that. There have been suggestions that some individuals who have undergone gastric bypass surgery may go on to increase their intake of alcohol."

He also suggested that the significant weight loss associated with bariatric surgery may lead patients to become more physically active, and thus at greater exposure to accidents. "Patients lose, on average, more than 100 pounds."

The finding that cancer deaths were lower after bypass surgery was a surprise, especially because this occurred within the relatively short time frame of 7.1 years, Dr. Adams said.

'This reduction persisted even after we excluded prevalent cancers and deaths from cancer occurring within 5 years after baseline. It really interested us that in such a short period of time we would see such a dramatic reduction in cancer."

PROVIGIL® (modafinil) TABLETS [C-IV]

CONTRAMDICATIONS: Known hypersensitivity to modafinil, ammodafinil (the R-enantiomer of PROVIGIL) or its inactive ingedients:
WARNINGS: Serious Rash, including Stevens-Johnson Syndrome
Serious rash requiring hospitalization and discontinuation of treatment has been reported in adults and children in association with the use of PROVIGIL. PROVIGIL is not approved for use in pediatric patients for any indication. In clinical trials of PROVIGIL, the incidence of rash resulting in discontinuation was approximately 0.8% (13) per 1,589 in pediatric patients (age 4.17 years); these rashes included 1 case of possible Stevens-Johnson Syndrome (SIS) and 1 case of apparent multi-organ hypersensititity reaction. Several of the cases were associated with fever and other abnormalities (e.g., vomiting, leukopenia). The median time to rash that resulted in discontinuation was 13 days. No serious skin rashes have been reported in adult clinical trials (o per 4,284) of PROVIGIL. Rare cases of serious or life-threatening rash, including SIS, Tooke Epidermal Recrobysis (TEN), anabes have been reported in adult clinical trials (o per 4,284) of PROVIGIL. Rare cases of serious or life-threatening rash, including SIS, Tooke Epidermal Recrobysis (TEN), anabes have been reported in adult clinical trials (o per 4,284) of PROVIGIL. Rare cases of serious or life-threatening rash, including SIS, Tooke Epidermal Recrobysis (TEN), and Drug Rash with Essophilia and Systemic Symptoms (DRESS) have been reported in adults and children in worldwide post-marketing experience. The reporting rate of TEN and SIS associated with PROVIGIL use, which is generally accepted to be an underesotimate due to underreporting, exceeds the background incidence rate. Estimates of the background incidence rate for these serious skin reactions in the general population range between 1 to 2 cases per million-person years. There are no factors that are known to predict the risk of occurrence or the severity of rash associated with PROVIGIL. Nearly adicased in serious ra

in patients with a history of left ventrioular hypertrophy or in patients with mitral valve been who have experienced the mitral valve prolapse syndrome when previously inig CNS stimulants. Such signs may include but are not limited to ischemic ECG sex, chest pain, or anhythmia. If new onset of any of these symptoms occurs, for cardiac evaluation. Increased montring of blood pressure may be appropriate inerts on PROVIGIL. Patients Using Sterolial Contraceptives: The effectiveness of dal contraceptives may be reduced when used with PROVIGIL tablets and for one a fitter discontinuation of therapy (See PRECAUTIONS, Drug Interactions), alther or concomitant methods of contraception are recommended for patients of with PROVIGIL tablets, and for one month after discontinuation of PROVIGIL.

Ints Using Cyclosporine: The blood levels of cyclosporine may be reduced when

used with PROVIGIL (See PRECAUTIONS, Drug Interactions). Monitoring of circulating cyclosporine concentrations and appropriate dosage adjustment for cyclosporine should be considered when these drugs are used concomitantly. Patients with Severe Repatic Impairment: In patients with severe hepatic impairment; with or without crimosis. PROVIGIL should be administered at a reduced dose. Patients with Severe Renal Impairment: There is inadequate information to determine safety and efficacy of dosing in patients with severe renal impairment. Elderly Patients: in elderly patients, ellimination of PROVIGIL and its metabolites may be reduced as a consequence of aging. Therefore, consideration should be given to the use of lower doses in this population, Information for Patients: Physicians are advised to discuss the following with patients for whom they prescribe PROVIGIL PROVIGIL is indicated for patients who have aboumal levels of sleepiness. PROVIGIL has been shown to improve, but not eliminate this abnormal tendency to fall asleep. Therefore, patients should not alter their provisious behavior with regard to potentially dangerous activities (e.g., driving, operating machinery) or other activities requiring appropriate levels of wakefulness, until and unless treatment with PROVIGIL has been shown to produce levels of wakefulness, until and unless treatment with PROVIGIL has been shown to produce levels of wakefulness. That permit such activities. Patients should be informed of the availability of a patient information leaflet, and they should be instructed to read the leafler prior to taking PROVIGIL. Patients should be instructed to read the leafler prior to taking PROVIGIL. Patients should be instructed to reduce the leafler prior to taking PROVIGIL. Patients should notly their physician if they experience chest pain, rash, depression, analey, or signs of spychosis or main. Preganacy "Faients should notly their physician if they are brast feeding. Concomitant Medication: Patients should be advised to reinted should potency, by a circulating metabolitie, modafinil sulfone. The combined effect of both compounds could produce sustained partial inhibition of the enzyme. Drugs that are largely eliminated via CYP2C19 metabolism, such as diazepam, propranoloi, phenytoin (also via CYP2C9) or S-mepherytoin may have protionged elimination upon coadministration with PROVIGIL and may require dosage reduction and monitoring for toxicity, CYP2C19 also provides an ancillary pathway for the metabolism of certain tricyclic antidepressants (e.g., clomipramine and desipramine) that are primarily metabolized by CYP2C19 may be substantially increased. PROVIGIL may cause elevation of the levels of the tricyclics in this subset of patients. Physicians should be aware that a reduction in the dose of tricyclic agents might be needed in these patients. In addition, due to the partial involvement of CYP3A4 in the metabolic elimination of PROVIGIL, coadministration or potent inducers of CYP3A4 (e.g., ketoconazole), itraconazole) could alter the plasma levels of PROVIGIL Carcinogenesis, Mutagenesis, Impairment of Fertility: Carcinogenesis, Carcinogenicity studies were conducted in which PROVIGIL was administered in the diet to mice for 78 weeks and to rats for 104 weeks. The highest dose studies is 1.5 (mouse) or 3 (rat) times greater than the recommended adult human daily dose of PROVIGIL (200 mg) on a mg/m² basis. There was no evidence of tumorigenesis associated with PROVIGI (administration in these studies. However, since the mouse study used an inadequate high dose that was not representative of a maximum tolerated dose, a subsequent carcinogenicity sussociated with PROVIGI (administration in these studies. However, since the mouse study used an inadequate high dose that was not representative of a maximum tolerated dose, a subsequent carcinogenicity sussociated with PROVIGI (administration in these studies. However, since the mouse setuly used an inadequate high dose that was not representative or a maximum tolerated dose, on editence of trumor

when PROVIGIL is administered to a nursing woman.

Pediatric Use: Safety and effectiveness in pediatric patients, below age 16, have not been established. Serious skin rashes, including erythema multiforme major (CMM) and Stevens-Johnson Ondrome (SIS) have been associated with PROVIGIL use in pediatric patients (See WARNINGS, Serious Rash, including Stevens-Johnson Syndrome), International production of the propriate of the pro

of missue or abuse. Withdrawal Following 9 weeks of PROVIGIL use in one US clinical trial, no specific symptoms of withdrawal were observed during 14 days of observation, atthough seepiness returned in nacroeptic patients.

OVEROSAGE: Human Experience: In clinical trials, a total of 151 protocol-specified doses ranging from 1000 to 1600 mg/day (5 to 8 times the recommended daily dose of 200 mg) have been administered to 32 subjects, including 13 subjects who received doses of 1000 or 1200 mg/day for 7 to 21 consecutive days. In addition, several intentional acute overdoses occurred; the two largest being 4500 mg and 4000 mg taken by two subjects participating in foreign depression studies. None of these study subjects experienced any unexpected or life-threatening effects. Adverse experiences that were reported at these doses included excitation or agriation, insomnia, and slight or moderate elevations in hemodynamic parameters. Other observed high-dose effects in clinical studies have included anxiety, intrability, aggressiveness, confusion, nervousness, tremor, palpitations, sleep disturbances, anauses, diarrhea, and decreased prothrombin time. From post-marketing experience, there have been no reports of fatal overdoses involving RPKOVIGIL have resulted in fatal outcomes. Symptoms most often accompanying RPKOVIGI, have resulted in fatal outcomes. Symptoms most often accompanying RPKOVIGI, have resulted in fatal outcomes. Symptoms most often accompanying RPKOVIGIL have resulted in fatal outcomes. Symptoms most often accompanying RPKOVIGIL have resulted in fatal outcomes. Symptoms most often accompanying RPKOVIGI have resulted in clinical trials, and the second of the subject of the sub

For more information about PROVIGIL, please call Cephalon Medical Services at 1-800-896-5855 or visit our Web site at www.PROVIGIL.com

