CLINICAL CAPSULES

Sleep-Disordered Breathing, Behavior

Children with mild to moderate sleepdisordered breathing demonstrated significantly more problem behaviors, compared with controls in a cross-sectional study of 829 8- to 11-year-olds, said Carol L. Rosen, M.D., of Case Western Reserve University, Cleveland, and her associates.

The children were assessed with unattended in-home overnight cardiorespiratory recordings of airflow, respiratory effort, oximetry, and heart rate. Overall, children with sleep-disordered breathing were at least twice as likely to score in the

borderline or clinically abnormal range on the Child Behavior Checklist (CBCL) externalizing and internalizing scales (Pediatrics 2004:114:1640-8).

The children with sleep-disordered breathing were significantly more likely to demonstrate hyperactivity, emotional lability, aggression, and opposition, compared with controls. Black ethnicity was a significant predictor for the CBCL total problem scale, while preterm birth was a significant predictor for the CBCL total and social problem scales and a hyperactivity scale. The significantly higher odds of behavior problems in black children as a subgroup may be the result of a greater vulnerability to sleep disruption in this group.

CBT Relieves Depression in IBD Patients

Adolescents with inflammatory bowel disease and either major or minor depression showed a significant reduction in depressive symptoms after 12 sessions of a manualbased cognitive-behavioral therapy program, reported Eva Szigethy, M.D., of Children's Hospital Boston and her associates.

In a pilot study, 11 adolescents aged 12-17 years participated. Seven patients had Crohn's disease and four had ulcerative colitis, with an average of 40 months' duration. Scores on the Children's Depression Inventory dropped from 16.18 before treatment to 4.82 after treatment. At baseline, all the teens reported depressed mood and anhedonia; 10 reported sleep disturbance and fatigue (J. Am. Acad. Child Adolesc. Psychiatry 2004;43:1469-77).

Although illness severity remained the same, the adolescents' own perception of their physical functioning improved by the end of the study period.

Recreational Ritalin on the Rise

Approximately 4% of a national sample of 8th, 10th, and 12th graders reported illicit use of methylphenidate (Ritalin) within the past year, said Sean Esteban McCabe, Ph.D., and his associates at the University of Michigan, Ann Arbor.

Based on data from the 2001 Monitoring the Future Survey, students in grades 10 (4.6%) and 12 (5%) were significantly more likely to report illicit use than eighth graders (2.7%). Illegal methylphenidate use was significantly more common among students with grade point averages of C or D (6.4%), compared with those with a B average (3.9%) or A average (2.6%). In addition, white students (4.8%) were significantly more likely to report illegal use than black students (0.8%), which mirrored racial differences in prescription patterns (J. Adolesc. Health 2004;35:501-4).

Iron Deficiency's Role in ADHD

Children with attention-deficit hyperactivity disorder had significantly lower levels of iron, compared with controls in a study of 53 children aged 4-14 years, said Eric Konofal, M.D., of Hôpitaux de Paris, and his colleagues.

The mean serum iron level was 23 ng/mL in the children with ADHD, compared with 44 ng/mL in the controls. In addition, 42 (84%) of the ADHD children had iron levels considered abnormally lowbelow 30 ng/mL—compared with 5 (18%) of the 27 controls (Arch. Pediatr. Adolesc. Med. 2004;158:1113-5). Low levels of iron may hamper the development of the central nervous system and consequently contribute to the likelihood of behavioral disorders, so children with ADHD might benefit from iron supplements.

Nature and Neighborhoods

Adolescent girls who mature early and live in economically disadvantaged neighborhoods committed three times as many violent acts as early maturers in less disadvantaged neighborhoods, said Dawn Obeidallah, Ph.D., of Harvard Medical School, Boston, and her colleagues.

The investigators used census data to characterize neighborhoods in the Chicago area and interviewed 501 adolescent girls and their families twice during a 3year period (J. Am. Acad. Child. Adolesc. Psychiatry 2004;43:1460-8).

Overall, 121 girls had engaged in violent behavior at the time of the second interview: 18% of the early maturers, 48% of on-time maturers, and 33% of late maturers. Approximately 50% of the girls were Hispanic, 36% were black, and 14% were white, and 20% of early maturing black girls, 14% of early maturing Hispanic girls, and 7% of early maturing white girls had engaged in violence at the time of the second interview.

LAMICTAL® (lamotrigine) Tablets
LAMICTAL® (lamotrigine) Chewable Dispersible Tablets

Non-Teratogenic Effects: As with other antiepileptic drugs, physiological changes during pregnancy may affect lamotrigine concentrations and/or therapeutic effect. There have been reports of decreased lamotrigine concentrations during pregnancy and restoration of pre-partum concentrations after delivery. Dosage adjustments may be necessary.

Pregnancy Exposure Registry: To facilitate monitoring fetal outcomes of pregnant women exposed to lamotrigine, physicians are encouraged to register patients, before fetal outcome (e.g., ultrasound, results of amniocentesis, birth, etc.) is known, and can obtain information by calling the Lamotrigine Pregnancy Registry at (800) 336-2176 (foll-free). Patients can enroll themselves in the North American Antiepileptic Drug Pregnancy Registry by calling (888) 233-2334 (foll-free).

Labor and Delivery: The effect of LAMICTAL on labor and delivery in humans is unknown.

Use in Nursing Mothers: Preliminary data indicate that lamotrigine passes into human milk. Because the effects on the infant exposed to LAMICTAL by this route are unknown, breast-feeding while taking LAMICTAL is not recommended.

Pediatric Use: LAMICTAL is indicated as adjunctive therapy for partial seizures in patients above 2 years of age and for the generalized seizures of Lennox-Gastaut syndrome. Safety and effectiveness for other uses in patients with epilepsy below the age of 16 years have not been established (see BOX WARNING). Safety and effectiveness in patients below the age of 18 years with Bipolar Disorder has not been established.

generalized sextures of Lennox-castatus synutrums, sarry and emecurements not unercose in patients below the age of 18 years with Bipolar Disorder has not been established.

Geriatric Use: Clinical studies of LAMICTAL for epilepsy and in Bipolar Disorder did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. In general, dose selection for an elderly patient should be cautious, susally starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant diseases or other drug therapy.

ADVERSE REACTIONS: (see BOX WARNING regarding the incidence of serious rash).

Epilepsy: Most Common Adverse Events in All Clinical Studies: "Adjunctive Therapy in Adults With Epilepsy: The most commonly observed (B5%) adverse experiences seen in association with LAMICTAL during adjunctive therapy in adults and not seen at an equivalent frequency among placebo-treated patients were: disziness, ataxia, somnolence, headache, diplogia, blurred vision, nausea, vomiting, and rash. Dizziness, diplopia, ataxia, blurred vision, nausea, and vomiting were dose related. Dizziness, diplopia, ataxia, and blurred vision occurred more commonly in patients receiving CBZ with LAMICTAL. than in patients receiving often AEDs with LAMICTAL. Clinical data suggest is higher incidence of rash, including serious rash, in patients receiving often AEDs with LAMICTAL. Clinical data suggest is higher incidence of rash, including serious rash, in patients receiving concomitant adjunctive therapy in premarketing clinical trials discontinued treatment because of an adverse experience. The adverse events most commonly associated with discontinuation were rash (3,0%), dizziness, clays), and headache (2,5%), In a dose response study in adults, the rate of discontinuation of LAMICTAL for dizziness, ataxia, diplopia, blurred vision, nausea,

In a dose response study in adults, the rate of discontinuation of LAMICTAL for dizziness, ataxia, diplopia, blurred vision, nausea

and vomiting was dose related.

Monotherapy in Adults With Epilepsy: The most commonly observed (B5%) adverse experiences seen in association with the use of LAMICTAL during the monotherapy phase of the controlled trial in adults not seen at an equivalent rate in the control group were vomiting, coordination abnormality, dyspepsia, nausea, dizziness, rhinitis, anxiety, insommia, infection, pain, weight decrease, chest pain, and dysmenorhea. The most commonly observed (B5%) adverse experiences associated with the use of LAMICTAL during the conversion to monotherapy (add-on) period, not seen at an equivalent frequency among low-dose valproate-treated patients, were dizziness, headache, nausea, asthenia, coordination abnormality, vomiting, rash, somnolend, inclipida, ataxia, accidental injury, tremor, blurred vision, insomnia, nystagmus, diarrhea, lymphadenopathy, pruritus, and sinusitis. Approximately 10% of the 420 adult patients who received LAMICTAL as monotherapy in premarketing clinical trials discontinual treatment because of an adverse experience. The adverse events most commonly associated with discontinuation were rash (4.5%), headache (3.1%), and asthenia (2.4%).

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polar bisorder: During the monotherapy phase of the double-blind, placebo-controlled trials of 18 months' duration, 13% of 227 patients who seived LAMICTAL (100 to 400 mg/day), 16% of 190 patients who received placebo, and 23% of 166 patients who received lithium icontinued therapy because of an adverse experience. The adverse events which most commonly led to discontinuation of

LAMICTAL were rash (3%) and mania/hypomania/mixed mood adverse events (2%). Approximately 16% of 2.401 patients who received LAMICTAL (50 to 500 mg/day) for Bipolar Disorder in premarketing trials discontinued therapy because of an adverse experience; most commonly due to rash (5%) and mania/hypomania/mixed mood adverse events (2%).

Incidence in Controlled Clinical Studies of LAMICTAL for the Maintenance Treatment of Bipolar I Disorder: Listed below are treatment-emergent signs and symptoms that occurred in at least 5% of patients with Bipolar Disorder treated with LAMICTAL monotherapy (100 to 400 mg/day), following the discontinuation of other psychotropic drugs, in 2 double-blind, placebo-controlled trials of 18 months' duration and were numerically more frequent than in the placebo group. LAMICTAL was administered as monotherapy to 227 patients; 190 patients received placebo. Patients in these studies were converted to LAMICTAL (100 to 400 mg/day) or placebo monotherapy from add-on therapy with other psychotropic medications. Patients may have reported multiple adverse experiences during the study; thus, patients may be included in more than one category. Treatment—Emergent Adverse Event Incidence in 2 Placebo-Controlled Trials in Adults With Bipolar I Disorder (Events in at least 5% of patients treated with LAMICTAL monotherapy and numerically more frequent than in the placebo group are listed by body system with the incidence for LAMICTAL followed by placebo.) Generat: Back pain (8,6); tatique (8,5), abdominal pain (6,3); Digestive: Nausea (14,11), constipation (5,2), comiting (5,2); Nervous System: Insomnia (10,6), somnolence (9,7), xerostomia (dry mouth) (6,4); Respiratory; Phinist (7,4), exacerbation of cough (3,5), pharpynis (3,4); Skin: Rash (non serious) (7,5).

Respiratory: Rhinitis (7,4), exacerbation of cough (5,3), pharyngitis (5,4); Skin: Rash (non serious) (7,5).

Adverse events that occurred in at least 5% of patients and were numerically more common during the dose escalation phase of LAMICTAL in these trials (when patients may have been receiving concomitant psychotropic medications) compared to the monotherapy phase were: headache (25%), rash (11%), dizziness (10%), diarrhea (8%), dream abnormatily (6%), and pruritus (6%).

Other events that occurred in 5% or more patients but equally or more frequently in the placebo group included: dizziness, mania, headache, inflection, influenza, pain, accidental injury, diarrhea, and dyspepsia. Adverse events that occurred with a frequency of less than 5% and greater than 1% of patients receiving LAMICTAL and numerically more frequent than placebo were. General: Frencek pain. Cardiovascular: Migraina. Digestive: Faltulence. Metabolic and Nutritional: Welght gain, ederam. Musculoskeletal: Arthralgia, myalgia. Nervous System: Amnesia, depression, agitation, emotional lability, dyspraxia, abnormal thoughts, dream abnormality, hypoesthesis. Respiratory: Sinusits. Usepinatar Vinterpare reliate trials. Here we no increase in the incircence scenetive.

Adverse Events Following Abrupt Discontinuation: In the 2 maintenance trials, there was no increase in the incidence, severity or type of adverse events in Bipolar Disorder patients after abruptly terminating LAMICTAL therapy. In clinical trials in patients with Bipolar Disorder, 2 patients experienced seizures shortly after abruptly therminating LAMICTAL therapy. In clinical trials in patients with Bipolar Disorder, 2 patients experienced seizures shortly after abrupt withdrawal of LAMICTAL theorems, there excontinuation factors that may have contributed to the occurrence of seizures in these bipolar patients (see DOSAGE AND ADMINISTRATION contents of the functional processible information.)

section of full prescribing information).

Mania/Hypomania/Mixed Episodes: During the double-blind, placebo-controlled clinical trials in Bipolar I Disorder in which patients were converted to LAMICTAL monotherapy (100 to 400 mg/day) from other psychotropic medications and followed for durations up to 18 months, the rate of manic or hypomanic or mixed mood episodes reported as adverse experiences was 5% for patients treated with LAMICTAL (n=227), 4% for patients treated with flahium (n=168), and 7% for patients treated with placebo (n=190). In all bipolar controlled trials combined, adverse events of mania (including hypomania and mixed mood episodes) were reported in 5% of patients treated with LAMICTAL (n=956), 3% of patients treated with lithium (n=280), and 4% of patients treated with placebo (n=630).

patients treated with LAMICTAL (n=227), 4% for patients treated with lithium (n=166), and 7% for patients treated with placebo (n=190). In all bipolar controlled trials combined, adverse events of mania (including hypomania and mixed mood episodes) were reported in 5% of patients treated with LAMICTAL (n=956), 3% of patients treated with lithium (n=280), and 4% of patients treated with placebo (n=803).

The overall adverse event profile for LAMICTAL was similar between females and males, between elderly and nonelderly patients, and among racial groups.

Other Adverse Events Observed During All Clinical Trials For Pediatric and Adult Patients With Epilepsy or Bipolar Disorder and Other Mood Disorders: LAMICTAL has been administered to 6,694 individuals for whom complete adverse event data were captured during all clinical trials, only some of which were placebo controlled. All reported events are included except those already listed above, those too general to be informative, and those not reasonably associated with the use of the drug. Frequent events occurred in B1/100 patients; infrequent events occurred in B1/100 patients; rare events occurred in A1/1,000 patients. Body as a Whole: Infrequent: Allergic reaction, chills, halitosis 1,1,000 patients; rare events occurred in A1/1,000 patients. Body as a Whole: Infrequent: Allergic reaction, chills, halitosis, and malaise. Rare: Allorene enlarged, abscess, and suicide suicide attempt. Cardiovascular System: Infrequent: Flushing, hot flashes, hypertension, patientions, postural hypotension, syncope, tachycardia, and vasodiation. Rare: Angina pectoris, atrial fibrillation, deep thrombophlebits, ECG abnormality, and myocardial infarction. Dermatological: Infrequent: Anne, alogeda, hisustern, maculopapular rash, skin discoloration, and urticaria. Rare: Angioedema, erythema, evolutions, postural hypotension, and urticaria. Rare: Angioedema, erythema, evolutions, postural hypotensions, propostal and patients, between thematics, pectorial interference and prediction, gr

progressive immunosuppression.

DRUG ABUSE AND DEPENDENCE: The abuse and dependence potential of LAMICTAL have not been evaluated in human studies
OVERDOSAGE: Human Overdose Experience: Overdoses involving quantities up to 15 g have been reported for LAMICTAL,
some of which have been fatal. Overdose has resulted in ataxia, nystagmus, increased seizures, decreased level of consciousness,
coma, and intraventricular conduction delay.

coma, and intraventricular conduction delay.

Management of Overdose: There are no specific anticotes for LAMICTAL Following a suspected overdose, hospitalization of the patient is advised. General supportive care is indicated, including frequent monitoring of vital signs and close observation of the patient. If indicated, emesis should be induced or gastric lavage should be performed; usual precautions should be taken to protect the airway. It should be kept in mind that lamotrigine is rapidly absorbed (see CLINICAL PHARIMACOLOGY section of full prescribing information). It is uncertain whether hermodialysis is an effective means of removing lamotrigine from the blood. I renal failure patients, about 20% of the amount of lamotrigine in the body was removed by hemodialysis during a 4-hour session. A Poison Control Center should be contacted for information on the management of overdosage of LAMICTAL.



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—Heidi Splete