Delaying Surgery May Aid Perforated Appendicitis

BY DAMIAN MCNAMARA

Miami Bureau

MIAMI — The overwhelming majority of children with perforated appendicitis do well with immediate antibiotics and delayed surgery—a strategy called interval management, Dr. Cathy A. Burnweit said at a pediatric update sponsored by Miami Children's Hospital.

"It is with great difficulty that I say perforated appendicitis is now a nonsurgical disease, at least in the short term," said Dr. Burnweit, a pediatric surgeon at the

Delaying surgery allows time for inflammation to subside. "The surgeon's reward is that appendectomy in 8-10 weeks is usually an easy operation," she said. Delayed surgery often is done on an ambulatory basis. And with laparoscopic removal, surgery can be virtually scarless.

Interval management improves outcomes and decreases complications compared with an immediate operation for about 90% of children with perforated appendicitis (J. Ped. Surg. 2001;36:165-8). "The problem is the kids who fail, although they are becoming less common," Dr. Burnweit said. The clinical challenge is early identification of children who fail interval management "so we can do something different—prescribe different antibiotics and/or [perform] an immediate operation.'

The total complication rate is about 7% with interval management. For the 10% of

ncidence rates of adverse events and laboratory test abnormalities are also similar to those seen in younger patients. For elderly patients, dosage and administration of lansoprazole need not be altered for a particular indication.

ADVERSE REACTIONS

children who fail the protocol, the total complication rate climbs to about 33%, Dr. Burnweit said. Complications associated with the old strategy—an immediate operation for children with perforated appendicitis-include wound infections in approximately 10%-25%, an intra-abdominal abscess in 4%-7%, and intestinal obstruction in 2%-5%.

Patient age can help clinicians determine whether an appendix is perforated. The likelihood of perforation increases with decreasing age. About 65% of those younger than 4 years presenting with appendicitis will have perforation. "Those under 3 years old will almost always be perforated," Dr. Burnweit said. Also consider the patient's general condition, duration of symptoms, white cell count, C-reactive protein levels, and imaging findings.

Computed tomography and ultrasound of the abdomen and pelvis (for a girl) are the most cost-effective imaging modalities, Dr. Burnweit said. With ultrasound, in particular, "you need great technicians and radiologists" to detect fat stranding, appendiceal formation, and/or free fluid, she added. A CT scan is the best first study in an obese child.

History and physical exam are critical. Also do a gut check—of the surgeon, Dr. Burnweit said. Use your clinical judgment and acumen to diagnose perforated appendicitis. "If the story or exam does not jibe, diagnosis cannot be made. If your work-up indicates appendicitis, but you examine the kid and he's eating chips from the vending machine and bouncing off the wall, send him home."

Once perforated appendicitis is diagnosed, admit the patient, hydrate, and administer broad-spectrum antibiotics such as gentamicin and clindamycin. Also, place a peripherally inserted central catheter (PICC) and provide pain management.

A patient who is tolerating diet (indicating no bowel obstruction), an appropriate home environment, availability of home nurse care, and a PICC in place are discharge criteria. "Fever is expected, but you should see a downward trend over time," Dr. Burnweit said.

Antibiotics are administered at home through the PICC for 5-14 days; it is removed when the white blood cell count is normal. If the white blood cell count remains abnormal, the PICC stays in longer, Dr. Burnweit said in an interview.

Unmitigated fever, small bowel obstruction, and/or a worsening overall condition for 2-4 days indicate the child is failing to improve. Undrained sepsis is usually the culprit for prolonged or worsening fever, she added.

Interval management allows for early discharge with oral antibiotics in many cases. Stop antibiotics when the patient is afebrile for 48 hours or longer and/or the white blood cell count is normal.

Laparoscopic removal of an appendix is relatively "scarless" at the hospital. A single incision is made through the umbilicus. These are done through one port now, she said. "We started out doing these with three—one for the camera and two for instruments, then went to two, and now it's one. It is pretty amazing."

Brief Summary of Prescribing Information (Nos. 1541, 1543, 1544, 3046, 7309, 7311) 03-5366-R24-Brf. Rev. July, 2004

PREVACID® (lansoprazole) Delayed-Release Capsules

PREVACID® (lansoprazole) For Delayed-Release Oral Suspension

PREVACID® SoluTabTM (lansoprazole) Delayed-Release Orally

VACID Delayed-Release Capsules, PREVACID SoluTab Delayed-Release Orally integrating Tablets and PREVACID For Delayed-Release Oral Suspension are indicated Short-Term Treatment (4 weeks) of Active Duodenal Ulcer

H. pylori Eradication to Reduce the Risk of Duodenal Ulcer Recurrence

H. Pyrur reconstruction
Triple Therapy: PREVACID/amoxicillin/clarthromycin
Dual Therapy: PREVACID/amoxicillin
Who are either allergic or intolerant to clarithromycin or in whom resistance
clarithromycin is known or suspected.

Maintenance of Healed Duodenal Ulcers
Controlled studies do not extend beyond 12 months

Short-Term Treatment (up to 8 weeks) of Active Beniun Gastric Ulcer

Short-Term Treatment (up to 8 weeks) of Active Benign Gastric Ulcer Healing of NSAID-Associated Gastric Ulcer In patients who continue NSAID use. Controlled studies did not extend beyond 8 weeks. Risk Reduction of NSAID-Associated Gastric Ulcer In patients with a history of a documented gastric ulcer who require the use of an NSAID. Controlled studies did not extend beyond 12 weeks. Gastreeosphageal Reliux Disease (GERD) Short-Term Treatment of Symptomatic GERD Short-Term Treatment (up to 8 weeks) of Erosive Esophagitis For patients who do not heal with PREVACID for 8 weeks (5-10%), it may be helpful to give an additional 8 weeks of treatment. If there is a recurrence of erosive esophagitis an additional 8 weeks our present in the present of the state of the sta

an audunnal a weeks of treatment. If there is a recurrence of erosive esophagitis an additional 8-week course of PREVACID may be considered.

Maintenance of Healing of Erosive Esophagitis Controlled studies did not extend beyond 12 months.

Pathological Hypersecretory Conditions Including Zollinger-Ellison Syndrome

CONTRAINDICATIONS

PREVACID is contraindicated in patients with known hypersensitivity to any component of the formulation of PREVACID.

Amoxicillin is contraindicated in patients with a known hypersensitivity to any penicillin. Clarithromycin is contraindicated in patients with a known hypersensitivity to clarithromycin, erythromycin, and any of the macrolide antibiotics. Concomitant administration of clarithromycin with cisanytide, pimozide, astemizole, or terfenadine is contraindicated. There have been post-marketing reports of drug interactions when clarithromycin and/or erythromycin are co-administered with cisapride, pimozide, astemizole, or terfenadine resulting in cardiac arriythmias (OT prolongation, ventricular tachycardia, ventricular fibrillation, and torsades de pointes) most likely due to inhibition of metabolism of these drugs by erythromycin and clarithromycin. Fatalities have been reported.

[Please refer to full prescribing information for amount of the constitution of the co

(Please refer to full prescribing information for amoxicillin and clarithromycin before prescribing.)

IRNINGS
ARTHROMYCIN SHOULD NOT BE USED IN PREGNANT WOMEN EXCEPT IN CLINICAL
CUMSTANCES WHERE NO ALTERNATIVE THERAPY IS APPROPRIATE. IF PREGNANCY
SURS WHILE TAKING CLARTHROMYCIN, THE PATIENT SHOULD BE APPRISED OF THE
TENTIAL HAZARD TO THE FETUS. (SEE WARNINGS IN PRESCRIBING INFORMATION
I CLARTHROMYCIN.)

OCCURS WHILE TAKING CLARITHROW(N). THE PATIENT SHOULD BE APPRISED OF THE PTENTIAL HAZARD TO THE FETUS. (SEE WARRINGS IN PRESCRIBING INFORMATION FOR CLARITHROMYCIN).

Pseudomembranous colitis has been reported with nearly all antibacterial agents, including clarithromycin and amoxicillin, and may range in severity from mild to life threatening. Therefore, it is important to consider this diagnoss in patients who present with diarrhea subsequent to the administration of antibacterial agents.

Treatment with antibacterial agents afters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by Clostridium difficile is a primary cause of "antibiotic-associated colitis."

After the diagnosis of pseudomembranous colitis has been established, therapeutic measures should be initiated Mild cases of pseudomembranous colitis usually respond to discontinuation of the drug alone. In moderate to severe cases, consideration should be given to management with fluids and electrolytes, profess on colitis usually respond to discontinuation of the drug alone. In moderate to severe cases, consideration should be given to management with fluids and electrolytes, profess used in the properties of the profession of the drug alone. In moderate to severe cases, consideration should be given to management with fluids and electrolytes, profession supplementation, and treatment with an antibacterial drug clinically effective against Clostridium difficile colitis. Serious and occasionally fatal hypersensitivity (anaphylachic) reactions have been reported in patients on occasionally fatal hypersensitivity to multiple allergers. There have been reported in patients on occur in individuals with a history of penicillin hypersensitivity reactions who have experienced severe hypersensitivity reactions when have experienced severe hypersensitivity reactions when the administration of the proposition of penicillin hypersensitivity reactions who have experienced severe hypersensitivity reactions

PRECAUTIONS
General
Symptomatic response to therapy with lansoprazole does not preclude the presence of gastric malignancy.

useruic manignancy. Information for Patients PREVACID is available as a capsule, orally disintegrating tablet and oral suspension, and is available in 15 mg and 30 mg strengths. Directions for use specific to the route and available methods of administration for each of these dosage forms is presented below. PREVACID should be taken before eating. PREVACID products SHOULD NOT BE CRUSHED OR CHEWYED.

umministration Uptions
1. PREVACID Belayed-Release Capsules
PREVACID Delayed-Release Capsules should be swallowed whole.
Alternatively, for patients who have difficulty swallowing capsules, PREVACID Delayed-Release Capsules can be opened and administered as follows:

Open capsule.

Sprinkle intact granules on one tablespoon of either applesauce, ENSURE® pudding, cottage cheese, yogurf or strained pears.

Swallow immediately PREVACID Delayed-Release Capsules may also be emptied into a small volume of either apple juice, orange juice or tomato juice and administered as follows:

Open capsule.
Open capsule.
Open capsule.
Open capsule.
Sprinkle intact granules into a small volume of either apple juice, orange juice or tomato juice (60 mL – approximately 2 ounces).
Mix briefly.
Owallow immediately.
Or ensure complete delivery of the dose, the glass should be rinsed with two or more volumes of juice and the contents swallowed immediately.
USE IN OTHER FOODS AND LIQUIDS HAS NOT BEEN STUDIED CLINICALLY AND IS THEREFORE NOT RECOMMENDED.

THEREFORE NOT RECOMMENDED.

2. PREVACID SoluTab Delayed-Release Orally Disintegrating Tablets
PREVACID SoluTab bound not be chewed. Place the tablet on the tongue and allow it to disintegrate, with or without water, until the particles can be swallowed. The tablet typically disintegrates in less than 1 minut he patients who have difficulty swallowing tablets, PREVACID SoluTab can be delivered in two different ways.

PREVACID SoluTab – Oral Syringe, PREVACID SoluTab can be administration via crist syringe, PREVACID SoluTab can be distributed by a syringe and draw up approximately 4 mL of water, or place a 30 mg tablet in oral syringe and draw up approximately 10 mL of water.

*After the tablet has dispersed, administer the contents within 15 minutes.

*After the tablet has dispersed, administer the contents within 15 minutes.

*Refill the syringe with approximately 27 mL (6 mL for the 30 mg tablet) of water, shake gently, and administer any remaining contents.

EVACID SoluTab – Nasogastric Tube Administration (≥ 8 French)
administration via a nasogastric tube, PREVACID SoluTab can be administered as

For autimistration was a insorgence user, institution of follows:

Place a 15 mg tablet in a syringe and draw up 4 mL of water, or place a 30 mg tablet in a syringe and draw up 10 mL of water.

Shake gently to allow for a quick dispersal.

After the tablet has dispersed, inject through the nasogastric tube into the stomach within 15 minutes.

Refill the syringe with approximately 5 mL of water, shake gently, and flush the nasogastric tube.

EVACID for Delayed-Release Oral Suspension should be administered as follows

o prepare a dose, empty the packet contents into a container containing 2 tablespoons of VATER. DO NOT USE OTHER LIQUIDS OR FOODS.

Stir vell, and drink immediately.

It any material remains after drinking, add more water, stir, and drink immediately.

This product should not be given through enteral administration tubes.

Drug Interactions

Lansoprazole is metabolized through the cytochrome P450 system, specifically through the CYP2A3 and CYP2C19 isozymes. Studies have shown that lansoprazole does not have clinically significant interactions with other drugs metabolized by the cytochrome P450 system, such as warfarin, antipyrine, indomethacin, ibuprofen, phenytoin, propranolol, prednisone, diazepam, or clarithromycin in healthy subjects. These compounds are metabolized through various cytochrome P450 isozymes including CYP1A2, CYP2O3, CYP2C19, CYP2O3, and CYP3A3. When lansoprazole was administered concomitantly with theophylline (CYP1A2, CYP3A), a minor increase (10%) in the clearance of theophylline clearance, this interaction is unlikely to be of clinical concern. Nonetheless, individual patients may require additional titration of their theophylline dosage when lansoprazole is started or stopped to ensure clinically effective blood levels.

In a study of healthy subjects neither the pharmacokinetics of warfarin enantiomers nor prothrombin time were affected following single or multiple 60 mg doses of lansoprazole. However, there have been reports of increased International Normalace Ratio (INR) and warfarin concomitantly, increases in INR and prothrombin time may lead to abnormal bleeding and even death. Patients treated with proton pump imibitors, and warfarin concomitantly, increases in INR and prothrombin time may lead to abnormal bleeding and even death. Patients treated with proton pump imibitors and warfarin concomitantly, when administered concomitantly with sucrafatate. Therefore, proton pump inhibitors was delayed and their bioavailability was reduced by 17% and 16%, respectively, when administered concomitantly with sucrafatate. Therefore, proton pump inhibitors should be taken at least 30 minutes prior to sucrafate, in clinic

The company day (15 times the recommended human dose based on body surface area) in a 1-year toxicity study. In a 24-month carcinogenicity study, CD-1 mice were treated orally with doses of 15 to 600 mg/kg/day, 2 to 80 times the recommended human dose based on body surface area. Lansoprazole produced a dose-retated increased incidence of gastric EC. cell hyperplasia. It also produced an increased incidence of liver tumors (hepatocellular adenoma plus carcinoma). The tumor incidences in male mice treated with 800 and 600 mg/kg/day (80 to 80 times the recommended human dose based on body surface area) and female mice treated with 150 to 800 mg/kg/day (20 to 80 times the recommended human dose based on body surface area) exceeded the ranges of background incidences in historical controls for this strain of mice. Lansoprazole treatment produced adenoma of rete testis in male mice receiving 75 to 600 mg/kg/day (10 to 80 times the recommended human dose based on body surface area).

aberration assays.

Lansoprazole at oral doses up to 150 mg/kg/day (40 times the recommended human dose based on body surface area) was found to have no effect on fertility and reproductive Pregnancy: Teratogenic Effects.

Pregnancy: Teratogenic Effects.

Pregnancy: Category 6

Lansoprazole

urithromycin • **WARNINGS** (above) and full prescribing information for clarithromycin before using in

diatric Use
safety and effectiveness of PREVACID have been established in pediatric patients 1 to years of age for short-term treatment of symptomatic GERD and erosive esophagitis. Use PREVACID in this population is supported by evidence from adequate and well-controlled dies of PREVACID in adults with additional clinical, pharmacokinetic, and armacodynamic studies performed in pediatric patients. The adverse events profile in idiatric patients is similar to that of adults. There were no adverse events reported in U.S. inicial studies that were not previously observed in adults. The safety and effectiveness of EVACID in patients <1 year of age have not been established.

Section maters. **Use in Geriatric Patients**Ulcer healing rates in elderly patients are similar to those in a younger age group. The

ADVERSE REACTIONS

Clinical
Worldwide, over 10,000 patients have been treated with lansoprazole in Phase 2-3 clinical
trials involving various dosages and durations of treatment. The adverse reaction profiles for
PREVACID belayed-Release Capsules and PREVACID for Delayed-Release Oral Suspension
are similar. In general, lansoprazole treatment has been well-tolerated in both short-read
and long-term trials.
The following adverse events were reported by the treating physician to have a possible or
probable relationship to drug in 1% or more of PREVACID-treated patients and occurred at
a greater rate in PREVACID-treated patients than placebo-treated patients.
Incidence of Possibly or Probably

Treatment-Related Adverse Events in Short-Term, Placebo-Controlled Studies

PREVACID
Placebo
(N= 1723)

Postmarkeling
On-going Safety Surveillance: Additional adverse experiences have been reported since
lansoprazole has been marketed. The majority of these cases are foreign-sourced and a
relationship to lansoprazole has not been established. Because these events were reported
voluntarily from a population of unknown size, estimates of frequency cannot be made.
These events are listed below by COSTART body system.

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Control Survey **- Inhantatoxicity

voluntarily from a population of unknown sze, estimates of frequency cannot be made. These events are listed below by COSTART body system.

Body as a Whole- anaphylactoid-like reaction; Digestive System - hepatotoxicity, pancreatitis, wornling; Hemie and Lymphatic System - agranulocytosis, aplastic anemia, hemolytic anemia, leukopenia, neutropenia, pancytopenia, thrombocytopenia, and thrombotic immobicoytopenic purpure; Size and Appendages - severe dematologic reactions including erythema multiforme, Stevens-Johnson syndrome, toxic epidermal necrolysis (some fatal); Special Senses -speech disorder; Uragential System - urinary retention.

Combination Therapy with Amoxicillin and Clarithromycia in clinical trials using combination therapy with PREVACID plus amoxicillin and clarithromycin and PREVACID by as amoxicillin, on adverse reactions peculiar to these drug combinations were observed. Adverse reactions that have occurred have been limited to those that had been previously reported with PREVACID, amoxicillin or clarithromycin. Triple Therapy; PREVACID/amoxicillin/clarithromycin or from the statistically significant differences in the frequency or feported adverse events between the 10- and 14-day triple therapy regimens. No treatment-emergent adverse events between the 10- and 14-day triple therapy regimens. No treatment-emergent adverse events between the 10- and 14-day triple therapy regimens. No treatment-emergent adverse events between the 10- and 14-day triple therapy regimens. No treatment-emergent adverse events between the 10- and 14-day triple therapy regimens.

observed at significantly inginer rates with imple merapy than with any dual therapy. Pegimen. Dual Therapy, PEVACID/amoxicillien
The most frequently reported adverse events for patients who received PREVACID t.i.d. plus amoxicillin t.i.d. dual therapy were diarrhea (8%) and headache (7%). No treatment-emergent adverse events were observed at significantly higher rates with PREVACID t.i.d. plus amoxicillin t.i.d. dual therapy than with PREVACID alone.
For more information on adverse reactions with amoxicillin or clarithromycin, refer to their package inserts, ADVERSE REACTIONS sections.

Laboratory Values
The following changes in laboratory parameters for lansoprazole were reported as adverse

events:
Abnormal liver function tests, increased SGOT (AST), increased SGFT (ALT), increased creatinine, increased alkaline phosphatase, increased globulins, increased GGTP, increased/decreased/abnormal WBC, abnormal AB rad, billirubinemia, eosinophilia, hyperlipemia, increased/decreased electrolytes, increased/decreased cholesterol, increased globucoorticoids, increased LDH, increased/decreased cholesterol, increased globucoorticoids, increased LDH, increased/decreased/abnormal patients, and increased gastrin levels. Unire abnormalities such as abuminuria, glycosuria, and hematuria were also reported. Additional isolated laboratory abnormalities were recorded.

and hematuria were also reported. Additional isolated laboratory abnormalities were reported.

In the placebo controlled studies, when SGOT (AST) and SGPT (ALT) were evaluated, 0.4% (4)978) placebo patients and 0.4% (11/2677) lansoprazole patients had enzyme elevations greater than three times the upper limit of normal range at the final treatment visit. None of these lansoprazole patients reported jaundice at any time during the study. In clinical trials using combination therapy with PREVACID plus amoxicillin, and arithromycin, and PREVACID plus amoxicillin, no increased laboratory abnormalities particular to these drug combinations were observed. For more information on laboratory value changes with amoxicillin or clarithromycin, refer to their package inserts, ADVERSE REACTIONS section.

to their package inserts, ADVERSE REACTIONS Section.

VERDOSAGE

Oral doses up to 5000 mg/kg in rats (approximately 1300 times the recommended human dose based on body surface area) and mine (about 675.7 times the recommended human dose based on body surface area) did not produce deaths or any clinical signs.

Lansoprazole is not removed from the circulation by hemodalaysis. In one reported case of overdose, the patient consumed 600 mg or lansoprazole with no adverse reaction.

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For more detailed information, see full prescribing information or contact TAP Medical Information at 1-800-622-2011.