Genes May Mark Unsuspected Melanoma Risk

BY BRUCE JANCIN

DENVER — Identification of individuals possessing certain melanocortin-1 receptor gene variants may provide added value in detecting increased risk of

New evidence indicates the melanoma risk associated with melanocortin-1 receptor (MC1R) high-risk variants is strongest in individuals who would be classified as lower risk by the classic phenotypic criteria such as darker hair, skin, and eye color and absence of freckles, Peter A. Kanetsky, Ph.D., reported at the annual meeting of the American Association for Cancer Research.

What these data are showing us is that, for certain people, genotype does mean something. If you have red hair we know you're at increased risk for melanoma, and knowledge of MC1R really isn't going to tell us a lot; however, for somebody who has dark hair, knowing MC1R might give us a clue as to who is going to be at increased risk," explained Dr. Kanetsky, an epidemiologist at the University of Pennsylvania, Philadelphia.

In the past decade MC1R has emerged as a potent genetic marker of melanoma risk. What's now clear, however, is that the increased risk associated with inheritance of high-risk MC1R variants is fortuitously stronger in, and perhaps confined to, individuals with protective phenotypes such as darker complexion and absence of freckles, he continued.

Dr. Kanetsky presented a case-control study involving 779 melanoma patients and 325 controls, all with complete MC1R genotyping.

As expected, the established risk factors were strongly associated with an increased likelihood of melanoma. Red hair was associated with an adjusted threefold risk of the malignancy, as was self-reported inability to tan following repeated sun exposure. Heavy freckling was associated with a 4.1-fold increased risk, and a history of 11 or more sunburns before age 18 years carried a 2.5-fold elevated risk.

Possession of a high-risk MC1R variant such as D84E, D29H, R160W, or R151C was associated with an overall 1.9-



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fold increased risk of melanoma. Upon closer inspection, though, the risk was essentially confined to individuals who wouldn't usually be thought to be at increased risk because they possessed protective phenotypes.

Among individuals with moderate or heavy freckling, a high-risk MC1R variant didn't confer any additional increase in melanoma risk beyond that associated with a low-risk MC1R genotype, but in subjects with mild freckling, a highrisk MC1R variant was associated with a 2.5-fold increase in risk compared with a low-risk genotype. In those with no freckling, a high-risk MC1R variant brought an eightfold increase in risk.

Similarly, a high-risk MC1R variant didn't increase melanoma risk in individuals with red or blond hair, but in those with dark hair it boosted the risk 2.4-fold. And again, subjects with 11 or more sunburns prior to age 18 years had no further increase in melanoma risk if they possessed a high-risk MC1R variant, while a high-risk variant conferred a 2.6fold increase in risk among individuals with 1-3 sunburns prior to age 18 and a 3.7-fold increased risk in those with no sunburns before age 18.

In contrast, the risk of melanoma associated with high-risk MC1R variants was greatest in those with a total nevus count of 54 or more or with 4 or more dysplastic nevi, both known to be strong markers of increased melanoma risk. "This really reemphasizes the notion that there are multiple pathways to melanoma," Dr. Kanetsky observed in an interview.

Based on his findings, Dr. Kanetsky estimated that 8%-33% of all melanomas could be detected at an early stage by screening for high-risk MC1R variants in patients with protective phenotypes.

Flector® Patch (diclofenac epolamine topical patch) 1.3% Brief Summary

Brief Summary

Cardiovascular Risk: • NSAIDs may cause an increased risk of serious cardiovascular thrombotic events, myocardial infarction, and stroke, which can be fatal. This risk may increase with duration of use. Patients with cardiovascular disease or risk factors for cardiovascular disease may be at greater risk (See WARNINGS and Full Prescribing Information, CLINICAL TRIALS). • Flector* Patch is contraindicated for the treatment of peri-operative pain in the setting of coronary artery bypass graft (CABG) surgery (see WARNINGS).

Gastrointestinal Risk. • NSAIDs cause an increased risk of serious gastrointestinal adverse events including bleeding, ulceration, and perforation of the stomach or intestines, which can be fatal. These events can occur at any time during use and without warning symptoms. Elderly patients are at greater risk for serious gastrointestinal events (See WARNINGS).

INDICATION AND USAGE: Carefully consider the potential benefits and risks of

INDICATION AND USAGE: Carefully consider the potential benefits and risks of Flector® Patch and other treatment options before deciding to use Flector® Patch. Use the lowest effective dose for the shortest duration consistent with individual patient treatment goals (see WARNINGS). treatment goals (see WARNINGS). Flector® Patch is indicated for the topical treatment of acute pain due to minor strains,

and confusions.

NDICATIONS: Flector® Patch is contraindicated in patients with known cities the contraindicated in patients.

hypersensitivity to diclorenac.

Flector* Patch should not be given to patients who have experienced asthma, urticaria, or allergic-type reactions after taking aspirin or other NSAIDs. Severe, rarely fatal, anaphylactic-like reactions to NSAIDs have been reported in such patients (see WARN-IMSS - Anaphylactoid Reactions, and PRECAUTIONS - Preceiting Asthma). Flector* Patch is contraindicated for the treatment of peri-operative pain in the setting of coronary artery bypass graft (CABG) surgery (see WARNINGS).

Flector* Patch should not be applied to non-intact or damaged skin resulting from any etiology e.g. exudative dermatitis, eczema, infected lesion, burns or wounds.

WARNINGS: CARDIOVASCULAR EFFECTS: Cardiovascular Thrombotic Events Clinical trials of several COX-2 selective and nonselective NSAIDs of up to three year duration have shown an increased risk of serious cardiovascular (CV) thromboti events, myocardial infarction, and stroke, which can be fatal. All NSAIDs, both COX-selective and nonselective, may have a similar risk. Patients with known CV disease or disk festers for CVI disease may be a serious cardiovascular (CV).

events, myocardial infarction, and stroke, which can be tatal. All NSAIUS, both UVG Useas-selective and nonselective, may have a similar risk. Patients with known CV disease or risk factors for CV disease may be at greater risk. To minimize the potential risk for an adverse CV event in patients treated with an NSAID, the lowest effective does should be used for the shortest duration possible. Physicians and patients should remain alert for the development of such events, even in the absence of previous CV symptoms. Patients should be informed about the signs and/or symptoms of serious CV events and the steps to take if they occur. There is no consistent evidence that concurrent use of aspirin mitigates the increased risk of serious GI events (see GI WARNINGS). Two large, controlled, clinical trials of a COX-2 selective NSAID for the treatment of pain the first 10-14 days following CABG surgery found an increased incidence of myocardial infarction and stroke (see CONTRAINDICATIONS). Hypertension: NSAIDs, including Flector® Patch, can lead to onset of new hypertension or worsening of preexisting hypertension, either of which may contribute to the increased incidence of CV events. Patients taking MSAIDs. SAIDs, including Flector® Patch, should be used with caution in patients with hypertension. Blood pressure (BP) should be monitored closely during the initiation of NSAID treatment and throughout the course of therapy.

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Congestive Heart Failure and Edema: Fluid retention and edema have been observed in some patients taking NSAIDs. Flector[®] Patch should be used with caution in patients with fluid retention or heart failure.

Gastrointestinal Effects- Risk of Ulceration, Bleeding, and Perforation: NSAIDs, including Flector[®] Patch, can cause serious gastrointestinal (6) adverse events including inflammation, bleeding, ulceration, and perforation of the stomach, small intestine, or large intestine, which can be fatal. These serious adverse events can occur at any line with the widther were presented as of the control of the stomach, small intestine, or large intestine, which can be fatal. These serious adverse events can occur at any or large intestine, which can be fatal. These serious adverse events can occur at any time, with or without warning symptoms, in patients treated with NSAIDs. Only one in five patients, who develop a serious upper GI adverse event on NSAID therapy, is symptomatic. Upper GI ulders, gross bleeding, or perforation caused by NSAIDs occur in approximately 1% of patients treated for 3-6 months, and in about 2-4% of patients treated for one year. These trends continue with longer duration of use, increasing the likelihood of developing a serious GI event at some time during the course of therapy. However, even short-term therapy is not without risk.

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NSAIDs should be prescribed with extreme caution in those with a prior history of ucer disease or gastrointestinal bleeding. Patients with a prior history of peptic ulcer disease and/or gastrointestinal bleeding. Patients with a prior history of peptic ulcer disease and/or gastrointestinal bleeding. Patients with a prior history of peptic ulcer disease and/or gastrointestinal bleeding. Patients with a prior history of peptic ulcer disease and/or gastrointestinal bleeding. Who use NSAIDs have a greater than 10-fold increased risk for developing a GI bleed compared to patients with neither of these risk factors. Other factors that increase the risk for GI bleeding in patients treated with NSAIDs include concomitant use of oral corticosteroids or anticoagulants, longer duration of NSAID therapy, smoking, use of alcohol, older age, and poor general health status. Most spontaneous reports of fatal GI events are in elderly or debilitated patients and therefore, special care should be taken in treating this population.

To minimize the potential risk for an adverse GI event in patients treated with an NSAID, the lowest effective does should be used for the shortest possible duration. Patients and physicians should remain alert for signs and symptoms of GI ulceration and bleeding during NSAID therapy and promptly initiate additional evaluation and bleeding during NSAID therapy and promptly initiate additional evaluation and bleeding during last of univolve NSAIDs should be considered.

Renal Effects: Long-term administration of NSAIDs has resulted in renal papility necrosis and other renal injury, Renal toxicity has also been seen in patients in whom renal prostaglandins have a compensatory role in the maintenance of renal perfusion. In these patients, administration of a nonsteroidal anti-inf

uuse taking uureucs and AUE inhibitors, and the elderly. Discontinuation of NSAID therapy is usually followed by recovery to the pretreatment state. Advanced Renal Disease: No information is available from controlled clinical studies regarding the use of Flector® Patch in patients with advanced renal disease. Therefore, treatment with Flector® Patch is not recommended in these patients with advanced renal disease. If Flector® Patch therapy is initiated, close monitoring of the patient's renal function is advisable.

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Anaphylactoid Reactions: As with other NSAIDs, anaphylactoid reactions may occur in patients without known prior exposure to Flector* Patch. Flector* Patch should not be given to patients with the aspirin triad. This symptom complex typically occurs in asthmatic patients who experience rhinitis with or without nasal polyps, or who exhibit severe, potentially fatal bronchospasm after taking aspirin or other NSAIDs (see CONTRAINDICATIONS and PRECAUTIONS - Preexisting Asthma). Emergency help should be sought in cases where an anaphylactoid reaction occurs. Skin Reactions: NSAIDs, including Flector* Patch, can cause serious skin adverse events such as exfoliative dermatitis, Stevens-Johnson Syndrome (SSS), and toxic epidermal necrolysis (TEN), which can be fatal. These serious events may occur without warning. Patients should be informed about the signs and symptoms of serious skin rash or any other sign of hypersensitivity.

Pregnancy: In late pregnancy, as with other NSAIDs, Flector* Patch should be avoided because it may cause premature dosure of the ductus arteriosus.

PRECAUTIONS: General: Flector* Patch cannot be expected to substitute for corticosteroid is the other statement of corticosteroid is may lead to disease exacerbation. Patients on prolonged corticosteroid

costeroids may lead to disease exacerbation. Patients on prolonged corticosteroid herapy should have their therapy tapered slowly if a decision is made to discontinue

tious, painful conditions. **Hepatic Effects:** Borderline elevations of one or more liver tests may occur in up to

15% of patients taking NSAIDs including Flector® Patch. These laboratory abnormalities may progress, may remain unchanged, or may be transient with continuing therapy. Notable elevations of AIT or AST (approximately three or more times the upper limit of normal) have been reported in approximately 1% of patients in clinical trials with NSAIDs. In addition, rare cases of severe hepatic reactions, including jaundice and fatal fullminant hepatitis, liver necrosis and hepatic failure, some of them with fatal out-

atata infiliniant repairus, liver necrosis and repaire failure, some of them with statu our comes have been reported.

A patient with symptoms and/or signs suggesting liver dysfunction, or in whom an abnormal liver test has occurred, should be evaluated for evidence of the development

A patient with symptoms amound signs suggesting inter the development of a more severe hepatic reaction while on therapy with Flector® Patch. If clinical signs and symptoms consistent with liver disease develop, or if systemic manifestations occur (e.g. eosinophilia, rash, etc.), Flector® Patch should be discontinued. Hematological Effects: Anemia is sometimes seen in patients receiving NSAIDs. This may be due to fluid retention, occult or gross GI blood loss, or an incompletely described effect upon erythropoiesis. Patients on long-term treatment with NSAIDs, including Flector® Patch, should have their hemoglobin or hematocrit checked if they exhibit any signs or symptoms of anemia. NSAIDs inhibit platelet aggregation and have been shown to prolong bleeding time in some patients. Unlike aspirin, their effect on platelet function is quantitatively less, of shorter duration, and reversible. Patients receiving Flector® Patch who may be adversely affected by alterations in platelet function, such as those with coagulation disorders or pateints receiving anticoagulants, should be carefully monitored.

adversely affected by alterations in platelef function, such as those with coagulation disorders or patients receiving anticoagulants, should be carefully monitored. Preexisting Asthma: Patients with asthma may have aspirin-sensitive asthma. The use of aspirin in patients with aspirin-sensitive asthma has been associated with severe bronchospasm which can be fatal. Since cross reactivity, including bronchospasm, between aspirin and other nonsteroidal anti-inflammatory drugs has been reported in such aspirin-sensitive patients, Flector* Patch should not be administered to patients with this form of aspirin sensitivity and should be used with caution in natients with preexistin asthma.

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reported in such aspirin-sensitive patients, Flector[®] Patch should not be administered
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patients with previsiting asthma.

Fye Exposure: Contact of Flector[®] Patch with eyes and mucosa, although not shudied,
should be avoided. If eye contact occurs, immediately wash out the eye with water or
saline. Consult a physician if irritation persists for more than an hour.

Accidental Exposure in Children: Even a used Flector[®] Patch contains a large
amount of dioderiane epolamine (as much as 170 mg). The potential therefore exists
for a small child or pet to suffer serious adverse effects from chewing or ingesting a
new or used Flector[®] Patch it is important for patients to store and dispose of Flector[®]
Patch out of the reach of children and pets.

Information for Patients: Patients should be informed of the following information before initiating therapy with an NSAID and periodically during the course
of ongoing therapy. Patients should also be encouraged to read the NSAID

Medication Guide that accompanies each prescription dispensed.

1. Flector[®] Patch, like other NSAIDs, may cause serious CV side effects, such as MI or
stroke, which may result in hospitalization and even death. Although serious CV events
can occur without warning symptoms, patients should be alert for the signs and symptoms of chest pain, shortness of breath, weakness, slurring of speech, and should ask
for medical advice when observing any indicative sign or symptoms. Patients should
be apprised of the importance of this follow-up (see WARMINGS, Cardiovascular

Effects). 2. Flector[®] Patch, like other NSAIDs, may cause Gl disconfrort and, rarely,
serious Gl side effects, such as ulcers and bleeding, and bolwer-up (see WARMINGS,
Castrointestinal Effects: Risk of Ulceration, Bleeding, and Pe

out warning symptoms, physicians should monitor for signs or symptoms of Gl bleeding. Patients on long-term treatment with NSAIDs, should have their CBC and a chemistry profile checked periodically. If clinical signs and symptoms consistent with liver
or renal disease develon, systemic manifestations occur (e.g. eosinophilia, rash, etc.)
or if abnormal liver tests persist or worsen, Flector® Patch should be discontinued.

Drug Interactions: ACE-inhibitors: Reports suggest that NSAIDs may diminish the
anthypertensive effect of ACE-inhibitors. This interaction should be given consideration in patients taking NSAIDs concomitantly with ACE-inhibitors.

Aspirin: When Flector® Patch is administered with aspirin, the binding of diclofenac to
protein is reduced, although the clearance of free diclofenac is not altered. The clinical
significance of this interaction is not known; however, as with other NSAIDs, concomitant administration of diclofenac and aspirin is not generally recommended because of
the potential of increased adverse effects.

Diuretics: Clinical studies, as well as spost marketing observations, have shown that
Flector® Patch may reduce the natrivetic effect-of furosemide and thiazides in some
patients. This response has been attributed to inhibition of renal prostaglandin synthesis. During concomitant therapy with NSAIDs, the patient should be observed closely
for signs of renal failure (see WARNINGS, Renal Effects), as well as to assure
diuretic efficacy.

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Lithium: ISAIDs have produced an elevation of plasma lithium levels and a reduction in renal lithium clearance. The mean minimum lithium concentration increased 15 and the renal clearance was decreased by approximately 20%. These effects have been attributed to inhibition of renal prostaglandin synthesis by the NSAID. Thus, when NSAIDs and lithium are administered concurrently, subjects should be observed carefully for signs of lithium toxicity.

Methotrexate: NSAIDs have been reported to competitively inhibit methotrexate accumulation in rabbit kidney slices. This may indicate that they could enhance the toxicity of methotrexate. Caution should be used when NSAIDs are administered concomitantly with methotrexate.

Warfain: The effects of warfarin and NSAIDs on GI bleeding are synergistic, such that users of both drugs together have a risk of serious GI bleeding higher than users of

uantly with methotrexate. Warfarin: The effects of warfarin and NSAIDs on GI bleeding are synergistic, such that users of both drugs together have a risk of serious GI bleeding higher than users of either drug alone.

Carcinogenesis, Mutagenesis, Impairment of Fertility: Carcinogenesis: Long-term studies in animals have not been performed to evaluate the carcinogenic potential of either diofenac epolamine or Flector® Patch.

Mutagenesis: Diodenac epolamine is not mutagenic in Salmonella Typhimurium strains, nor does it induce an increase in metabolic aberrations in cultiured human lymphocytes, or the frequency of micronucleated cells in the bone marrow micronucleus

rformed in rats.

ment of Fertility: Male and female Sprague Dawley rats were administered 1

ment of Fertility: Male and female Sprague Dawley rats were administered 1 The proposition of the transport of the proposition of the proposition of the proposition and during mating period, females treated for 60 days prior to conception and during mating period, females treated for 14 days prior to mating through day 19 of gestation). Diclofence peoplamine treatment with 6 mg/kg/day resulted in increased early resorptions and postimplantation losses; however, no effects on the mating and fertility indices were found. The 6 mg/kg/day dose corresponds to 3-times the maximum recommended daily exposure in humans based on a body surface area comparison.

Pregnancy: Fartagognic Effects. Pregnancy Category C.: Pregnant Sprague Dawley rats were administered 1, 3, or 6 mg/kg diclofence epolamine via oral gavage daily from gestation days 6-15. Material trivitive manutorious in creaseast increased increased increased increased.

rats were administered 1, 3, or 6 mg/kg diclofenac epolamine via oral gavage daily from gestation days 6-15. Maternal toxicity, embryotoxicity, and increased incidence of skeletal anomalies were noted with 6 mg/kg/dgy diclofenac epolamine, which cor-responds to 3-times the maximum recommended daily exposure in humans based on a body surface area comparison. Pregnant New Zealand White rabbits were adminis-tered 1, 3, or 6 mg/kg diclofenac epolamine via oral gavage daily from gestation days 6-18. No maternal toxicity was noted; however, embryotoxicity was evident at 6 mg/kg/day group which corresponds to 6.5-times the maximum recommended daily exposure in humans based on a body surface area comparison.

Exposure in Inflamma based of a object system of a comparison. There are no adequate and well-controlled studies in pregnant women. Flector® Patch should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Should be tissed until pregitably only if the potential releasing the potential risk. Nonteratogenic Effects: Because of the known effects of nonsteroidal anti-inflammatory drugs on the fetal cardiovascular system (closure of ductus arteriosus), use during pregnancy (particularly late pregnancy) should be avoided. Male rats were orally administered diciofenace polamine (1, 3, 6 mg/kg) for 60 days prior to mating and throughout the matting period, and females were given the same doses 14 days prior to mating and through matting, gestation, and lactation. Embryotoxicity was observed at 6 mg/kg diciofenace polamine (3-times the maximum recommended daily exposure in humans based on a body surface area comparison), and was manifested as an increase in early resorptions, post-implantation losses, and a decrease in live fetuses. The number of live born and total born were also reduced as was F1 postnatal survival, but the physical and behavioral development of surviving F1 pups in all groups was the same as the delonized water control, nor was reproductive performance adversely affected despite a slight treatment-related reduction in body weight.

body weight. **Labor and Delivery:** In rat studies with NSAIDs, as with other drugs known to inhibit prostaglandin synthesis, an increased incidence of dystocia, delayed parturition, and decreased pup survival occurred. The effects of Flector® Patch on labor and delivery in

pregnant women are unknown.

Nursing Mothers: It is not known whether this drug is excreted in human milk Because many drugs are excreted in human-milk and because of the potential for seri Because many grugs are excrete in numan-milk and occause of the potential for semi-ous adverse reactions in nursing infants from Fector* Patch, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. Pediatric Use: Safety and effectiveness in pediatric patients have not been estab-

lished.

Geriatric Use: Clinical studies of Flector® Patch did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younge subjects. Other reported clinical experience has not identified differences in responses

subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients. Diciofener, as with any NSAD is known to be substantially excreted by the kidney, and the risk of toxic reactions to Flector® Patch may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken when using Flector® Patch in the elderly, and it may be useful to monitor renal function.

ADVERSE REACTIONS: In controlled trials during the premarketing development of Flector® Patch, approximately 600 patients with minor sprains, strains, and confusions have been treated with Flector® Patch for up to two weeks.

Adverse Events Leading to Disconfinuation of Treatment: In the controlled trials, 3% of patients in both the Flector® Patch and placebo patch groups discontinuation were application site reactions, occurring in 2% of both the Flector® Patch and placebo patch groups. Application site reactions leading to discontinuation were application site reactions leading to dropout included pruritus, demantitis, and burning.

Common Adverse Events: Localized Reactions: Overall, the most common adverse events associated with Flector® Patch treatment were skin reactions at the site of treatment.

EVEITS desoulated with Floctor | Table 1 lists all adverse events, regardless of causality, occurring in ≥ 1% of patients in controlled trials of Flector® Patch. A majority of patients treated with Flector® Patch had adverse events with a maximum intensity of "mild" or "moderate."

Table 1. Common Adverse Events (by body system and preferred term) in ≥1% of Patients treated with Flector® Patch or Placebo Patch!

	Diclofenac N=572		Placebo N=564	
	N	Percent	N	Percent
Application Site Conditions	64	11	70	12
Pruritus	31	5	44	8
Dermatitis	9	2	3	<1
Burning	2	<1	8	1
Other ²	22	4	15	3
Gastrointestinal Disorders	49	9	33	6
Nausea	17	3	11	2
Dysgeusia	10	2	3	<1
Dyspepsia	7	1	8	1
Other ³	15	3	11	2
Nervous System Disorders	13	2	18	3
Headache	7	1	10	2
Paresthesia	6	1	8	1
Somnolence	4	1	6	1
Other4	4	1	3	<1

productive partial was comprised of the same ingredients as Flector® Patch except for dictofenac. Adverse events in the placebo group may therefore reflect effects of the non-active ingredients. § Includes: application site dryness, irritation, erythema, atrophy, discoloration, hyperhidriosis, and vesicles. § Includes: gastritis, vomiting, diarrhea, constipation, upper abdominal pain, and dry mouth. § Includes: hypoaesthesia, dizziness, and hyperkinesias.

DRUG ABUSE AND DEPENDENCE: Controlled Substance Class: Flector® Patch is not

UNUS ABUSE AND UPENDENCE: Controlled Substance Class: Flector® Patch is not a controlled substance.

Physical and Psychological Dependence: Dictofenac, the active ingredient in Flector® Patch, is an NSAID that does not lead to physical or psychological dependence.

OVERDOSAGE: There is limited experience with overdose of Flector® Patch. In clinical studies, the maximum single dose administered was one Flector® Patch containing 180 mg of dictofenace epolamine. There were no serious adverse events. Should systemic side effects occur due to incorrect use or accidental overdose of this product, the general measures recommended for intoxication with non-steroidal anti-inflammatory drugs should be taken.

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Manufactured for: IBSA Institut Blochinique SA, Cl-6903 Lugano, Switzerland Manufactured by: Teikoku Seiyaku Co., Ltd., Sanbonmatsu, Kagawa 769-2695 Japan

Version June 2008 F/161 1086 Ed. II/06.08