## Most At-Risk Women Ineligible for Tamoxifen

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amoxifen probably won't prevent many cases of breast cancer in women at risk for the disease because most are ineligible for treatment and those most likely to be eligible are the least likely to develop cancer, according to Carmen L. Lewis, M.D., of the University of North Carolina at Chapel Hill and colleagues.

Of 605 women studied, more than 90% of those found to be at risk for developing breast cancer (based on their responses to a questionnaire about their health and family history) would be ruled out for chemoprevention with tamoxifen due to the risk of adverse events such as blood clots and stroke associated with the drug, the investigators found.

Using the Gail model, they estimated that the percentage of white women in the study with an increased 5-year breast cancer risk (defined as a risk of at least 1.66%) was 9% among those in their 40s, 24% among those in their 50s, and 53% of those in their 60s. Among black women, 3% of those in their 40s, 7% of those in their 50s, and 13% of those in their 60s had this level of risk.

In a hypothetical cohort of 10,000 women similar to those in the study (calculations were made only for white women due to the small number of black women in the study) only 7% of those in

their 40s, 6% of those in their 50s, and 10% of those in their 60s met the requirement for discussions about tamoxifen. It is recommended that discussion about chemoprevention take place only with those who have a high potential of benefit and a low potential of harm from using tamoxifen. Those with conditions, such as high blood pressure and diabetes, would be excluded from such discussions because of the increased risk of adverse effects.

With the same hypothetical cohort, and if it is assumed tamoxifen would result in a 49% reduction in the number of invasive breast cancers in high-risk women as demonstrated in the 1998 placebo-controlled National Surgical Adjuvant Breast and Bowel Project (NSABP) Breast Cancer Prevention Trial, a maximum of only 6%-8% of invasive cancers would be prevented (Arch. Intern. Med. 2004;164:1897-1903).

This is likely an inflated figure because it is based on the assumption that 100% of eligible women would use tamoxifen; stud-

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that 24%-40% of such women discontinue treatment, they noted.

ies have shown

The study, which was sponsored by the National Cancer Institute, doesn't question the drug's ability to prevent breast cancer, but does

illustrate the limitations of its use for women in different age groups. For women in their 40s, the overall effect of chemoprevention is likely to be small because the proportion of breast cancers occurring in those with increased risk in this age group is small. For those in their 50s and 60s, the potentially larger number of women with increased risk for breast cancer who could benefit from chemoprevention is reduced by the increased number with a substantial likelihood of adverse effects associated with tamoxifen, the investigators explained.

The findings underscore the need for proper identification of chemoprevention candidates and for studies on how to improve the efficacy—and reduce the side effects—of chemopreventive drugs, Larry Wickerham, M.D., said in an interview.

Dr. Wickerham of the NSABP was an investigator and served as the protocol officer on the Breast Cancer Prevention Trial, which established the efficacy of tamoxifen for preventing invasive breast cancer in high-risk women.

For those who can benefit from chemoprevention with tamoxifen, the benefit is "real and impressive," Dr. Wickerham said, stressing that the findings of the University of North Carolina study don't contradict those of the Breast Cancer Prevention Trial.

"The take-home message isn't to throw out tamoxifen—it's that clinicians should become familiar with how to identify women who can benefit from this drug,"

References: 1. Sandrini G, Färkkilä M, Burgess G, Forster E, Haughie S, for the Eletriptan Steering Committee. Eletriptan vs sumatriptan: a double-blind, placebo-controlled, multiple migraine attack study. Neurology. 2002;59:1210-1217. 2. Mathew NT, Schoenen J, Winner P, Muirhead N, Sikes CR. Comparative efficacy of eletriptan 40 mg versus sumatriptan 100 mg. Headache. 2003;43:214-222.

## **RELPAX**° (eletriptan hydrobromide) Tablets

BRIEF SUMMARY OF PRESCRIBING INFORMATION

RELPAX\* (eletriptan hydrobromide) Tablets

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CONTRANDICATIONS: RELPAX Tablets should not be given to patients with ischemic heart disease (e.g., angina pectors, and including prizomatel's variant angina, or other significant relations of the contraval of

Eletripan is contraindicated in patients with uncontrolled hypertension (see CUNI HAMIDCAI LONS). An 18% increase in mean pulmonary artery pressure was seen following dosing with another 5-H1, agonists in a study evaluating subjects undergoing cardiac catheterization.

PRECAUTIONS: General: As with other 5-HT, agonists, sensations of tightness, pain, pressure and heaviness have been preported after treatment with eletriptan in the precordium, throat, and jaw. Events that are localized to the chest, throat, neck and jaw have not been associated with arrhytmias or ischemic EGG changes in clinical trials; in a clinical pharmacology study of subjects undergoing diagnostic coronary anajography, one subject with a history of angina, hypertension and hypercholesterolemia, receiving intravenous eletriptan, reported chest tightness and experienced angiographically documented to coronary vasospasm with no EGG changes of ischemia. Because 5-HT, agonists may cause coronary artery vasospasm patients who experience ostina or symptoms suggestive of angina following dosing should be evaluated for the presence of CAD or a predisposition to Prinzmetal's variant angina before receiving additional doses of medication, and should be monitored electrocardiographically if odosing is resumed and similar symptoms recur. Similarly, patients who experience other symptoms or signs suggestive of decreased arterial flow, such as ischemic bowel syndrome or Raynaud's syndrome following the use of any 5-HT, agonist are candidates for further evaluation (see CONTRAINDICATIONS and WARMINGS). Hepatically Impaired of Patients: The effects of severe hepatic impairment on eletriptan metabolism was not evaluated. Subjects with mild or moderate hepatic impairment demonstrated an increase in both AUC (34%) and half-life. The C<sub>mw</sub> and is increased by 18%. Eletriptan should not be used in patients with severe hepatic impairment. No dose adjustment is necessary in mild to moderate hepatic impairment demonstrated an increase in both AUC (34%) and half-lif Drugh aboratory. Test Interactions: RELPAX Tablets are not known to interfere with commonly employed clinical laboratory sets. Carcinogenests: Lifeting carcinogenisty studies, 104 weeks in duration, were carried of util mice and responsibly studies, 104 weeks in duration, were carried of util in mice and responsibly studies. 104 weeks in duration, were carried of util in mice and responsibly studies, 104 weeks in duration, were carried of util in mice and responsibly studies, 104 weeks in duration, were carried out in mice and responsibly studies, 104 weeks in duration, or proposed to the carried of the studies of

arative efficacy of eletriptan 40 mg versus sumatriptan 100 mg. Headache. 2003;43:214-222.

all 3 doses, resulting in decreases in mean numbers of implants and viable fetuses per dam. This suggests a partial inhibition of ovulation by eletriptan. There was no effect on fertility of males and no other effect on fertility of females. Pregnancy Tergeparcy C: In reproductive toxicity studies in rats and rabbits, oral administration of eletriptan was associated with developmental toxicity (decreased fetal and pup weights and an increased incidence of fetal structural abnormalities). Effects on fetal and pup weights were observed at doses that were, on a mg/m² basis. 6 to 12 times greater than decreased incidence of fetal structural abnormalities). Effects on fetal and pup weights were observed at doses that were, on a mg/m² basis. 6 to 12 times greater than frat) and approximately equal to rabbit the mRDD. When rabbit at doses that, on a mg/m² basis. Were 12 times greater than frat) and approximately alter to the MRDD. When rabbit at obsess that, on a mg/m² basis. The 100 mg/kg dose was also maternally toxic, as evidenced by decreased maternal body weight gain during gestation. The ne-effect dose for developmental toxicity in rats exposed during organogenesis was 30 mg/kg, which is approximately 21 times the MRDD on a mg/m² basis. When doses of 5, 10 or 50 mg/kg/day were given to New Zealand, which is approximately and the substance of the substance

ON 45 years of age).

ADVERSE REACTIONS: Serious cardiac events, including some that have been fatal, have occurred following the use of S-HT, agonists. These events are extremely rare and most have been reported in patients with risk factors predictive of CAD. Events reported have included coronary artery assayasm, transient myocardial ischemia, myocardial infarction, ventricular fachycardia, and ventricular fibrillation (see CONTRAINDCATIONS, WARNINGS and PRECAUTIONS), Incidence in Controlled Clinical Trials: Among 4,597 patients who treated the first migraine headache with RELPAX in short-term placebo-controlled trials, the most common adverse events reported with treatment with RELPAX were achieved, and somnolence. These events appear to be dose related. In long-term open-label studies where patients were allowed to treat multiple migraine attacks for up to 1 year, 128 (3.3%) out of 1.544 patients discontinued treatment due to adverse events. Table 1 lists adverse events that occurred in the subset of 5,125 migraineurs who received eletriptan doses of 20 mg, 40 mg and 80 mg or placebo in worldwide placebo-controlled clinical trials. The events cider reflect experience gained under closely monitored conditions of clinical trials in a highly selected patient population. In actual clinical practice or in other clinical trials, those frequency estimates may not apply, as the conditions of use, reporting behavior, and the kinds of patients treated may differ. Only adverse events that were more trequent in a RELPAX treatment group compared to the placebo group with an incidence greater than or equal to 2% are included in Table 1.

TABLE 1: Adverse Experience leniclence in Placebo-Centrolled Migraine Clinical Trials:

Adverse Event Type	Placebo (n=988)	RELPAX 20 mg (n=431)	RELPAX 40 mg (n=1774)	RELPAX 80 mg (n=1932)
Paresthesia	2%	3%	3%	4%
Flushing/feeling of warmth	2%	2%	2%	2%
PAIN AND PRESSURE SENSATIONS				
Chest - tightness/pain/pressure	1%	1%	2%	4%
Abdominal - pain/discomfort/ stomach pain/ cramps/pressure	1%	1%	2%	2%
DIGESTIVE				
Dry mouth	2%	2%	3%	4%
Dyspepsia	1%	1%	2%	2%
Dysphagia – throat tightness/difficulty swallowing	0.2%	1%	2%	2%
Nausea	5%	4%	5%	8%
NEUROLOG   CAL				
Dizziness	3%	3%	6%	7%
Somnolence	4%	3%	6%	7%
Headache	3%	4%	3%	4%
OTHER				
Asthenia	3%	4%	5%	10%

Association With the Administration of RELPAX Tablets: In the paragraphs that follow, the frequencies are acutionated and transient. The frequency of adverse experts in clinical trials did not increase when up to 2 doses of RELPAX were taken within 24 hours. The incidence of adverse events in clinical trials did not increase when up to 2 doses of RELPAX were taken within 24 hours. The incidence of adverse events in clinical trials did not increase when up to 2 doses of RELPAX were taken within 24 hours. The incidence of adverse events in clinical trials did not increase when up to 2 doses of RELPAX were taken within 24 hours. The incidence of adverse event frequencies were also unchanged by concomitant use of drugs commonly taken for migraine prophylaxis (e.g., SSRIs, beta blockers, calcium channel blockers, tricyclic antidepressants), estrogen replacement therapy and ord a contraceptives. Other Events Observed in pone to the CRELPAX and the paragraphs that follow, the frequencies of less commonly reported adverse events are presented. Because the reports include events observed in open studies, the role of RELPAX are terminology used to describe adverse events, etc., limit the value of the quantitative frequency estimates provided. Event terminology used to describe adverse events, etc., limit the value of the quantitative frequency estimates provided. Event terminology used to describe devents are included except those already listed in Table 1, those to openeral to be informative, and those not reasonably associated with the use of the drug. Events are further classified within body system categories and enumerated in order of decreasing frequency using the following definitions: frequent adverse events are less excurring in a trial through the contractive and the second provided the second p

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