Telithromycin Targets Respiratory Pathogens

BY BRUCE JANCIN Denver Bureau

ORLANDO, FLA. — Telithromycin is an excellent first-line choice for empiric outpatient treatment of mild-to-moderate respiratory tract infections, Carman A. Ciervo, D.O., declared at a satellite symposium held in conjunction with Wonca 2004, the conference of the World Organization of Family Doctors.

The drug, first in the novel ketolide class of antibiotics, has well-established efficacy against the full spectrum of respiratory tract pathogens: the typical and atypical ones, as well as resistant strains. Most importantly, it provides a tailored spectrum of coverage, sparing the primarily enteric gram-negative pathogens such as Escherichia coli and Proteus mirabilis. This will minimize emergence of resis-



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DR. CIERVO

tance among the gram-negatives that cause important GI and urinary tract infections, explained Dr. Ciervo, chairman of the department of family medicine at the University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine, Stratford.

"I think the advantage that the ketolides have, similar to what the macrolides had in the early '90s, is that they really are a judicious way to prescribe to treat a respiratory tract infection. They cover the bugs that you need to cover for a respiratory tract infection, including the resistant organisms. [However,] I wouldn't be prescribing drugs in this class if I was concerned about diverticulitis or a urinary tract infection, but for the respiratory tract telithromycin is certainly a good choice," added Dr. Ciervo, who is on the speakers' bureau for Aventis, which sponsored the symposium.

Collateral damage to gram-negative pathogens is a significant problem with the fluoroquinolones, with their broad spectrum. It's for this reason that the Centers for Disease Control and Prevention recommends against using the newer fluoroquinolones as first-line therapy in community-acquired pneumonia.

"Better that we reserve them for when we really need them to cover the gram-negatives. When you're treating a respiratory tract infection, why not prescribe an antibiotic that's tailored for patients with res-piratory tract infections? That way we can impact future resistance rates of GI tract and urinary pathogens," he continued.

The fluoroquinolones and ketolides share a property that imparts a low propensity to develop resistance: dual binding to the bacterial ribosome. Alteration of the ribosomal binding site is an important mechanism by which bacteria become resistant to antibiotics. This is less likely to

occur when a drug has two binding sites.

Unlike the fluoroquinolones, macrolides, another often-prescribed drug class for respiratory tract infections, don't cause collateral damage to gram-negative pathogens. But they don't cover the full spectrum of respiratory tract pathogens. Macrolides have poor activity against penicillin-nonsusceptible Streptococcus pneumoniae, and the incidence of such infections in the United States has been on a steady rise since the mid-1990s.

Macrolide-resistant S. pneumoniae is also an emerging problem. It appears to be promoted by use of macrolides having a very long half-life. Azithromycin, for example, has a 72-hour half-life and, consequently, a high potential to select for resistance due to prolonged exposure to subtherapeutic drug concentrations. Telithromycin, in contrast, has a 10-hour half-life.

Telithromycin features once-daily dosing and a 5-day treatment course. There is a growing appreciation that patient compliance falls off dramatically with dosing more than once daily or for more than 5 days, Dr. Ciervo said.

In response to a question, he described doxycycline as "an important and underutilized option" for respiratory tract infections in younger patients-say, those aged 15-50 years—without comorbidity or other significant risk factors for resistant infection, such as having children in day care, chronic renal insufficiency, or recent history of beta-lactam therapy.

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BRIEF SUMMARY of PRESCRIBING INFORMATION

INDICATIONS AND USAGE: ZOMIG is indicated for the for the prophylactic therapy of migraine or for use in the and effectiveness of ZOMIG have not been establish

IG should not be administered to patients with h f zolmitriptan within 2 weeks of discontinuation Interactions and PRECAUTIONS: Drug Interaction s with hemiplegic or basilar migraine nuation of MAO-A inhibitor therapy is transitions) ZOMIG is contraindicate

IGS: ZOMIG should only be used where a clear diagnosis of migraine has been esta

ing experience with zolmitriptan: Among the more than 2,500 patients with migraine who participated in prem cal trials of ZOMIG Tablets, no deaths or serious cardiac events were reported.

individual cases. with 5-HT_1 agonists: Cerebral hemorrhage, subarachnoid hemorrhage, stroke, n patients treated with 5-HT_1 agonists; and some have resulted in fatalities. In a number of the stroke strok

Inal pain. **in Biol Pressure**: As with other 5-HT, agonists, significant elevations in systemic blood pressure have b eth ZOMB Tablet use, in patients with and without a history of hypertension, very rarely these increases in ted with significant clinical events. Zolmitriptan is contraindicated in patients with uncontrolled hypert e of 1 and 5 mm Hg in the systolic and diastolic blood pressure, respectively, was seen at 5 mg. In the assure only in the small inpatient study and no effect on blood pressure was seen. In a study of patient save, 7 of 27 experienced 20 to 80 mm Hg elevations in systolic and/or diastolic blood pressure was Seen. 7 and 7 experienced 20 to 80 mm Hg elevations in systolic and/or diastolic blood pressure attra a for NTRANDICATIONS). An 18% increase in mean pulmonary artery pressure was seen following dosing widy evaluating subjects undergoing cardiac catheterization.

CAUTIONS erait. As with other 5-HT18r1p.rp agonists, sensations of tightness, pain, pressure, and heaviness have been till Gablels in the precordium, throat, neck and aw. Because zoinnitriptan may cause coronary artery vasos os symptoms suggestive of anginal following dosing should be evaluated for the presence of CAD or a pre-angina before receiving additional doses of medication, and should be monitored electrocardiographically i ymptoms recurs. Similarly, patients who experience other symptoms or signs suggestive of dererased i el syndrome or Raynaud's syndrome following the use of any 5-HT1 agonist are candidates for thurbers intriptan should adgoness of migraine headache should be reconsidered before administration of a second ing to Metanin-Containing Tissues: When pigmented rats were given a single oral dose of 10 mg/kg of addwhy in the eye after 7 days, the latest time point examined, was still 75% of the value measured after intrises the possibility that 20mittiptican could cause share recould be accumulation in atament with zoinniftight and were noted in any of the toakity studies. Atthough no systematic monitoring of reases the possibility with zoinniftights should be rifted and through on systematic monitoring of measities in prevision that this, and no specific recommenduitors for ophthermologic monitoring are offered, pr nessibility of long-term ophthalmologic effects.

In the same ray on to the melanin of the eye. Because there could be accumulation in melanin chi thissues over time this raises the possibility that zolmitriplan could cause toxicity in these lissues after excluded use. However, no effects on the retrian relates to the teatment with zolmitriplan do specific recommendations for ophthalmologic monotroing of ophthalmologic tenters.
Pheryledonnic: Pheryledonici patients should be informed that ZOMIG-ZMT contain pherylelanine (a component of aspartame). Each 2.5 mg orally disintegrating tablet contains 2.8 m (pherylelanine).
Information for Patients: See PATIENT INFORMATION at the end of this labeling for the text of the separate leafter provided for patients. ZOMIG-ZMT Orally Disintegrating Tablets The orally disintegrating tablet is packaged in a bitser. Patients should be bisrcuted not to remove the tablet from the bister until usy for to dosing. The bister pack should then be peeded open, and the orally disintegrating tablet placed on the toxing on the senarate leafter provided for patients. ZOMIG-ZMT Orally Disintegrating atablet packaged in a bister. Patients should be bisrcuted not to remove the tablet from the bister until usy for to dosing. The bister pack should then be peeded open, and the orally disintegrating tablet placed on the tongue, where it will dissolve and be svallowed with the salwa.
Laboratory Tests: No monitoring of specific baloratory tests is recommended.
Drug Interactions: "Engl-containing drugs have been reported to cause prolonged vasospasic reactions. Because there is a theoretical basis that these effects may be dolling and mistaris receiving MAD-A inhibitors is contraindicated (see CONTRANIOACATIONS). Concomitant use of other 3+Tiggra ganoists within 24 hours of ZOMICATIONS). Concomitant use of other 3+Tiggra ganoists within 24 hours of ZOMICATIONS). Concomitant use of other 3+Tiggra ganoists within 24 hours of ZOMICATIONS.
MocOLGY Test Interactions: Zolmiti

sing Mothers: It is not known whether zolmitriptan is excreted in human milk. Because many drugs are excreted in human milk, cau-should be exercised when zolmitriptan is administered to a nursing woman. Lactating rats dosed with zolmitriptan had milk levels equiv-t to maternal plasma levels at 1 hour and 4 times higher than plasma levels at 4 hours. **Jaint Use:** Sately and effectiveness of ZOMIG in pediatric patients have not been established therefore, ZOMIG is not recommended use in platents under 18 years of age. Postmarketing experience with other riptans includes a limited number of reported that doubles. **Jaint Cause:** Sately and effectiveness of ZOMIG in pediatric patients have not been established therefore, ZOMIG is not recommended latric platents who have experienced clinically serious adverse events that are similar in nature to those experience that doubles. **Jaint:** Jaint: Jain

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trolled clinical trials. (see CLINICAL PHARMACOLOGY: Special Populations) ADVERSE REACTIONS: Serious cardiac events, including myocardial infarction, have occurred following the use of ZOMIG Tablets. These events are extremely rare and most have been reported in patients with risk factors predictive of CAD. Events reported, in association with drugs of this class, have included coronary artery vasopasm, transient imyocardial activents, myocardial infarction, ventricular tachycardia, and ventricular fibrillation (see CONTRAINDICATIONS, WARNINGS, and PRECAUTIONS). Incidence in Controlled Clinical Trials: Among 2.633 patients treated with ZOMIG Tablets in the active and placebo controlled trials no continuution was limited. In a long-term, open label study where patients were allowed to treat multiple minraine attacks for use to the soft of controlled context of the study d to adverse events, but a spatient readed a single headche in these trias, the opportunity rerm, open label study where patients were allowed to treat multiple migraine attacks for up to mit the tria because of adverse experience. The most common events were parsthesis, astheni ghness or heaviness, somolence and warm sensation. Table 1 lists the adverse events flat to one of the 20MB (f mg. 20MB C 2 mg or 20MB G mg labels does groups of the controlle re frequent in a 20MB fabels group compared to the placebo groups are included. The event equency estimates may not apply, as the conditions of use, reporting behavior, and the kinds of p diverse events paper does related, notably parsettesia, sensation of heaviness or tightness in nonlence, and possibly asthenia and nausea.

Table 1: Adverse Experience Incidence in Five Placebo-Controlled Migraine Clinical Trials: Events Reported By ≥ 2% Patients Treated With ZOMIG Tablets

Adverse Event Type	Placebo	ZOMIG 1 mg	ZOMIG 2.5 mg	ZOMIG 5 mg
	(n=401)	(n=163)	(n=498)	(n=1012)
ATYPICAL SENSATIONS	6%	12%	12%	18%
Hypesthesia	1%	1%	1%	2%
Paresthesia (all types)	2%	5%	7%	9%
Sensation warm/cold	4%	6%	5%	7%
PAIN AND PRESSURE SENSATIONS	7%	13%	14%	22%
Chest-pain/tightness/pressure and/or heaviness	1%	2%	3%	4%
Neck/throat/jaw-pain/tightness/pressure	3%	4%	7%	10%
Heaviness other than chest or neck	1%	1%	2%	5%
Pain-location specified	1%	2%	2%	3%
Other-pressure/tightness/heaviness	0%	2%	2%	2%
DIGESTIVE	8%	11%	16%	14%
Dry mouth	2%	5%	3%	3%
Dyspepsia	1%	3%	2%	1%
Dysphagia	0%	0%	0%	2%
Nausea	4%	4%	9%	6%
NEUROLOGICAL	10%	11%	17%	21%
Dizziness	4%	6%	8%	10%
Somnolence	3%	5%	6%	8%
Vertigo	0%	0%	0%	2%
OTHER				
Asthenia	3%	5%	3%	9%
Palpitations	1%	0%	<1%	2%
Myalgia	<1%	1%	1%	2%
Myasthenia	<1%	0%	1%	2%
Sweating	1%	0%	2%	3%

In overate c. Across all doses, most adverse reactions were mild and transient and di rese events in controlled clinical trials was not affected by gender, weight, or age of ore of aura. There were insufficient data to assess the impact of race on the incide transparse that follow, the frequencies of less commonly reported adverse clinical ev-observed in open and uncontrolled studies, the role of ZDMIG in their causation rassociated with adverse event reporting, the terminology used to deverte

rintis, asthenia, tetany and twitching, Neurological: Infrequent we were akaihia, a mensia, apathy axia, dystoina, caphoria, hall itability, Respiratory: Infrequent were bronchits, bronchospasm aton. Skin: Infrequent were princhits, cash and uricaria. Special ania, and tinnitus. Bare were diplopia and lacrimation. Urogenita y urgency. Rare were miscarriage and dysmenorrhea. 2004/6-2MT Tablets was similar to that seen with ZOMIG Tablets Tablets. The following section enumerates potentially import bene roported spontaneously to various survillance systems. I non-domestic use of oral zominipan. The events enumerated in the sent section enumerates.

arising from both domestic and non-domestic use of oral zolmitriptian. The events mur-series and the second secon

arr. Coronary artery vasopsam; transient myocardial ischemia, angina pectors, and myocardial inflarction. ry rare gastrolinetsinal lochemic events including spinein (fnarction, ischemic colitis, and gastrolinetstinal inflarction or reported; these may present as bloody diarrhea or abdominal pain (see WARNINGS). As with other acute migraine treatments including other 5-HT₁ agonists, there have been rare reports of headache. with other 5-HT₂ pagonists, there have been very are reports of anaphylaxis or anaphylactoid reactions in patients here have been rare reports of hypersensitivity reactions, including angioedema.

DRUG ABUSE AND DEPENDENCE: The abuse potential of ZOMIG has not been assessed in clinical trials

OVERDOSAGE: There is no experience with clinical overdose. Volunteers receiving single 50 mg oral doses rienced sectation. The elimination hall-life of 2DMIG is 3 hours (see CLINICAL PHARMACULOGY), and it after overdose with ZOMIG should continue for at least 15 hours or while symptoms or signs persist. zominitrpan. In cases of severe intoxication, intensive care procedures are recommended, including establi arway ensuring adequate oxygenation and ventilation, and monitoring and support of the cardiovascular sys hemodialysis or peritoneal dialysis has on the plasma concentrations of zolmitriptan.

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