Practice Trends

FDA Alters How It Says 'Yes,' 'No' to Applications

BY MIRIAM E. TUCKER Senior Writer

he Food and Drug Administration will no longer issue "approvable" or "not approvable" letters when a drug application is not approved, but will instead issue a "complete response" letter at the end of the review period, the agency announced in July.

"These new regulations will help the FDA adopt a more consistent and neutral way of conveying information to a company when we cannot approve a drug application in its present form," Dr. Janet Woodcock, director of the agency's Center for Drug Evaluation and Research, said in a written statement.

Currently, when assessing new drug and generic drug applications, the FDA can respond to a sponsor in one of three types of letters: an "approval" letter, meaning the drug has met agency standards for safety and efficacy and can be marketed for sale in the United States; an "approvable" letter, which generally indicates that the drug can probably be approved at a later date provided that the applicant provides certain additional information or makes specified changes (such as to the labeling); or a "not approvable" letter, meaning the application has deficiencies generally requiring the submission of substantial additional data before approval.

A "complete response" letter, which will replace options 2 and 3, will be issued to inform the company that the review period for a drug is complete and that the application is not yet ready for approval, the statement said. The letter will describe specific deficiencies and, when possible, will outline recommended actions the applicant might take to prepare the application for approval. The way that the FDA communicates its decisions to approve an application—option 1—will not

The move, which went into effect in late summer, brings the process for communication about drug licensing applications in line with that of biologics, for which "complete response" letters have been used since 1998. The revision should not affect the overall time it takes the FDA to review new or generic drug applications or biologic license applications, according to

Other changes involve modifications to the schedule for reviewing amendments to licensing applications, classification of responses to a complete response letter, timelines for submitting a response to a complete response letter and administrative actions for a failure to respond, and definition of an efficacy supplement.

Women at More

Risk of CVD

From Smoking

earlier in life than do male smokers.

MUNICH — Women who smoke tend

to have their first acute MI considerably

This observation in a Norwegian case-

control study suggests that smoking in-

creases the risk of cardiovascular disease

to a relatively greater degree in women

than in men, Dr. Morten Grundtvig said

at the annual congress of the European

as many years of good health as do men,

added Dr. Grundtvig of Innlandet Hospi-

He reported on 1,784 consecutive pa-

tients, of whom 38% were women, who

presented with a first MI during 1998-

2005. Thirty-nine percent of the men and 23% of the women were current smokers.

MI 15 years prematurely, while men who

smoked had their first MI 8 years prema-

turely. Specifically, the average age at which men had their first MI was 64 years

in current smokers, 75 years in ex-smok-

ers, and 72 years in nonsmokers. The age differential was far greater among the

women; the first MI occurred at age 66

vears in current smokers, 74 years in ex-

After adjustment for differences in hypertension, diabetes, and other cardiovas-

cular risk factors, 13.7 years of the age dif-

ference between women with an MI who

smoked and those who never smoked were attributed to smoking. In men, the

adjusted difference was 6.2 years, accord-

smokers, and 81 years in nonsmokers.

Smoking women experienced their first

Women smokers lose more than twice

Society of Cardiology.

tal, Lillehammer, Norwa.

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- What's Ahead: New Therapies for the Treatment of Rheumatoid Arthritis
 Tore K. Kvien, University of Oslo, Past President EULAR 2005-2007
- New Frontiers: Therapeutic Options in Juvenile Idiopathic Arthritis Charles H. Spencer, MD, Nationwide Children's Hospital/Ohio State University
- MRI in Rheumatology
 Norman B. Gaylis, MD, Private Practice, University of Miami
- Assessing Cardiac Complications in Connective Tissue Diseases Daniel Edmundowicz, MD, University of Pittsburgh Medical Center
- New Advances in the Treatment Options in SLE
- Susan Manzi, MD, MPH, University of Pittsburgh School of Medicine
- Autoimmune Threats to Kidney Function
- Jonathan Ashley Jefferson, MD, MRCP, University of Washington
- Clinical Manifestations and Complications of Systemic Scleroderma Daniel E. Furst, MD
- Gout: What's Ahead in Disease Management
 - Robert L. Wortmann, MD, Dartmouth-Hitchcock Medical Center
- New Paradigms in Managing and Treating Ankylosing Spondylitis
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- Crohn's Disease and Ulcerative Colitis: Challenges of Inflammatory Bowel Disease Sunanda V. Kane, MD, Mayo Clinic College of Medicine • Panel Discussion: Collaborative Care of Patients with Immunologic-Based Diseases:

A Rheumatology/Dermatology Perspective
Daniel E. Furst, MD, Moderator, Kenneth B. Gordon, MD, Christopher T. Ritchlin, MD

DERMATOLOGY ESSENTIALS FOR THE RHEUMATOLOGIST

- More Than Skin Deep: Understanding and Managing the Patient With Psoriasis
- Therapeutic Advances in the Treatment of Psoriatic Arthritis Christopher T. Ritchlin, MD, University of Rochester School of Medicine and Dentistry
- Michael D. Tharp, MD, Rush University Medical Center

Francisco Kerdel, MD, University of Miami

PROGRAM OVERVIEW

New treatment modalities are being developed in rheumatology based on scientific research breakthroughs in immunology, cytokines, T lymphocytes, B lymphocytes, as well as genetic studies that may result in gene therapies. Rheumatologists and other health care professionals need comprehensive knowledge of the latest developments and techniques in diagnosing and treating rheumatic disorders to ensure the highest standards of patient care. Rheumatologists need to have an understanding of dermatologic co-morbidities that often appear in their patients. bidities that often appear in their patients.

*Program subject to change.

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This continuing medical education conference is designed for rheumatologists, nurse practitioners, and physician assistants.

LEARNING OBJECTIVES

At the conclusion of this conference, participants will

- Identify the recent advances in the diagnosis, management, and treatment of rheumatic diseases

 • Discuss the link between rheumatoid arthritis and
- inflammatory bowel diseases

 Apply the most current information concerning the
- physiology of rheumatic disorders to patie
- Recognize and differentiate common as well as rare skin diseases relevant to rheumatic diseases

ACCREDITATION STATEMENT

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ing to Dr. Grundtvig.

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—Bruce Jancin