

This patient has melanoma in-situ, mixed pattern, with regression.

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CADUET® (amiodipine besylate/atorvastatin calcium) Tablets Brief Summary of Prescribing Information INDICATIONS AND USAGE: CADUET (amiodipine and atorvastatin) is indicated in patients for whom treatment with both amiodipine and atorvastatin is appropriate. Amiodipines 1. Hypertension: Amiodipine is indicated for the treatment of hypertension. It may be used alone or in combination with tother antihypertensive agents; <u>Usosopastic Angina</u> Amiodipine may be used alone or in combination with other antihypertensive agents; <u>Usosopastic Angina</u> (<u>Prinzmetar's or Variant Angina</u>): Amiodipine is indicated for the treatment of chronic stable angina. (<u>Prinzmetar's or Variant Angina</u>): Amiodipine is indicated for the treatment of confirmed or suspected vasospastic angina. Amiodipine may be used alone or in combination with other antihypertensive agents; <u>Usosopastic Angina</u> (<u>Prinzmetar's or Variant Angina</u>): Amiodipine is indicated for the treatment of confirmed or suspected vasospastic angina. Amiodipine is indicated to reduce the risk of hospitalization due to angina and to reduce the risk of acornary revascularization procedure. AND Atorvastatin: I. Prevention of Cardiovascular Disease: In adult patients without clinically evident coronary heart disease, but with multiple risk factors for coronary heart disease such as age, smoking, hypertension, low HDL-C, or a family history of early coronary heart disease, atorvastatin is indicated to: -Reduce the risk of stroke -Reduce the risk of stroke -Reduce the risk of rowaccularization procedures and angina In patients with type 2 diabetes, and without clinically evident coronary heart disease, but with multiple risk factors for coronary heart disease such as retinopathy, albuminuria, smoking, or hypertension, LIPITOR is indicated to: -Reduce the risk of myocardial infarction -Reduce the risk of myocardial infarction -Reduce the risk of myocardial infarction -Reduce the risk of stroke: In patients with clinically morardial infarction

- Reduce the risk of studies, Reduce the risk of non-fatal myocardial infarction -Reduce the risk of fatal and non-fatal stroke

Reduce the risk of non-fatal myocardial infarction
 -Reduce the risk of non-fatal myocardial myocardial
 -Reduce the risk of non-fatal myocardial Hypercholesterolemia: Atovastatin is indicated to the CLD-C, app 8, and Tel levels and to increase HDL-C in patients with primary hypercholesterolemia
 (heterozygous familial and nonfamilial) and mixed dyslipidemia (*Fredrickson* Type II) and IID); **3. Elevated Serum TG
 Levels**: Atovastatin is indicated to reduce total-C and LDL-C in patients with elevated serum TG levels
 (Fredrickson Type II); **4. Primary Dystealipoprotein** Atovastatin is indicated to reduce total-C. Cul LD-C in patients with neovogous familial
 hypercholesterolemia: Atovastatin is indicated to reduce total-C. Cul LD-C in patients with remoxygous familial
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 interiments are an adjunct to other lipid-lowering treatments (e.g., LDL apheresis) or if such treatments and
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 an adequate trial of diet therapy the following findings are present:
 a. LD-C remains = 160 mg/dL and:
 there is a positive family history of premature cardiovascular disease or
 two or more other CVD risk factors are present in the pediatric patients.
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Table 1. NCEP Treatment Guidelines: LDL-C Goals and Cutpoints for Therapeutic Lifestyle Cha

Therapy in Different Risk Categories									
Risk Category	LDL-C Goal (mg/dL)	LDL-C Level at Which to Initiate Therapeutic Lifestyle Changes (mg/dL)	LDL-C Level at Which to Consider Drug Therapy (mg/dL)						
CHD <sup>a</sup> or CHD risk equivalents (10-year risk >20%)	<100	≥100	≥130 (100-129: drug optional) <sup>ь</sup>						
2+ Risk Factors (10-year risk ≤20%)	<130	≥130	10-year risk 10%-20%: ≥130 10-year risk <10%: ≥160						
0-1 Risk Factor <sup>c</sup>	<160	≥160	≥190 (160-189: LDL-lowering drug optional)						

 0-1 Risk Factor<sup>2</sup>
 <160</td>
 ≥160
 drug optional)

 <sup>a</sup> CHD, coronary heart disease. <sup>b</sup> Some authorities recommend use of LDL-lowering drugs in this category if an LDL-C level of <100 mg/dL cannot be achieved by therapeutic lifestyle changes. Others prefer use of drugs that primarily modify triglycerides and HDL-C, e.g., nicotinic acid or fibrate. Clinical judgment also may call for deferring drug that primarily modify triglycerides and HDL-C, e.g., nicotinic acid or fibrate. Clinical judgment also may call for deferring drug therapy in this subcategory. <sup>4</sup> Almost all people with 0-1 risk factor have 10-year risk assessment in people with 0-1 risk factor is not necessary.

 After the LDL-C goal has been achieved, if the TG is still > 200 mg/dL, non-HDL-C (total-C minus HDL-C) becomes a secondary target of therapy. Non-HDL-C goals are set 30 mg/dL higher than LDL-C goals for each risk category. Flior to initiating therapy with atorvastain, secondary causes for hypercholesterolemia (e.g., poorly controlled diabetes mellitus, hypothyroidism, nephrotic syndrome, dysproteinemias, obstructive liver disease, other drug therapy, and alchobism) should be excluded, and a lipid profile performed to measure total-C, LDL-C, HDL-C, and TG. For patients with TG <400 mg/dL (<4.5 mmol/L), LDL-C <0.20 × [TG] + HDL-C). For TG levels >400 mg/dL (<4.5 mmol/L), this equation is less accurate and LDL-C concentrations should be determined by ultracentrifugatiric patients with a familial history of hypercholesterolemia or premature catiovascular disease is summarized below:</td>

Table 2. NCEP Classification of Cholesterol Levels in Pediatric Patients							
Category	Total-C (mg/dL)	LDL-C (mg/dL)					
Acceptable Borderline High	<170 170-199 ≥200	<110 110-129 ≥130					

 
 Borderline
 170-199
 110-129

 High
 =200
 ≥130

 CONTRAINDICATIONS: CADUET contains atorvastatin and is therefore contraindicated in patients with active liver disease or unexplained persistent elevations of serum transaminases. CADUET is contraindicated in patients with active liver disease or unexplained persistent elevations of serum transaminases. CADUET is contraindicated in patients with known hypersensitivity to any component of this medication. Pregnancy and Lactation: Atherosclerosis is a chronic process and discontinuation of lipid-lowering drugs during pregnancy should have little impact on the outcome of long-tem therapy of primary hypercholesterolemic. Cholesterol and other products of cholesterol biosynthesis are essential components for fetal development (including synthesis of steroids and cell membranes). Since HMG-CAA reductase inhibitors are contraindicated during pregnancy and in nursing mothers. CADUET, WHICH INCLUDES ATORVASTATIN, SHOULD BE ADMINISTERED TO WOMEN OF CHILDBEARING AGE ONLY WHEN SUCH PATIENTS ARE HIGHLY UNLIKELY TO CONCEIVE AND HAVE BEEN INFORMED OF THE POTENTIAL HAZARDS. If the patient becomes pregnant while taking this drug, therapy should be discontinued and the patient apprised of the potential hazard to the fetus.

 WARNINGS:
 Infarction on starting calcium channel blocker therapy or at the time of dosege increase. The exolation on starting calcium channel blocker therapy or at the time of dosege increase. The mechanism of this effect has not been elucidated. Liver Dysfunction: HMG-CAA reductase inhibitors, like some other lipid-lowering therapies, have been associated with biochemical abnormalities of liver function. Persistent elevations (>3 times the upper limit of normal [UN] occurring on 2 or more occasions ] in serum transaminases vescuring in 0.7% of drug interruption, or discontinuation, transaminase levels returned to or near pretreatment levels without sequel Eighteen of 30 patients, with persistent LFT elevations continued treatment with a reduced dose of atorvastatin is recommended that liver function tests be performed prior to and at 12 weeks following both the initiat of therapy and any elevation of dose, and periodically (e.g., semiannually) thereafter. Liver enzyme chang generally occur in the first 3 months of treatment with atorvastatin. Patients who develop increased transamina levels should be monitored until the abnormalities resolve. Should an increase in ALT or AST of >3 times ULN pers reduction of dose or withdrawal of CADUET is recommended. CADUET should be used with caution in patients w consume substantial quantities of alcohol and/or have a history of liver disease. Active liver disease or unexplair persistent transaminase elevations are contraindications to the use of CADUET (see COMTRAINDICATIONS). Skele Muscle: Rare cases of rhabdomyolysis with acute renal failure secondary to myoglobinuria have been report with the atorvastatin component of CADUET and with other drugs in the MMG-CoA reductase linibilor of a Uncomplicated myalgia has been report on atorvastatin-reated patients (see ADVERSE REACTIONS). Myopa defined as muscle aches or muscle weakness in conjunction with increases in creatine phosphokinase (CPK) valu r clas

## **Expert: Color IDs Skin** Ca Better Than Diameter

## BY KERRI WACHTER

BOSTON — Lesion darkness would make a better criterion for identifying early melanomas than the 6-mm diameter cutoff in the ABCDE criteria currently used by physicians and patients, said Dr. Stuart Goldsmith.

"It's recognized that all melanomas

start as a single cell or a few cells. So microscopically, they're already cancer, but we're not even telling patients to look for small lesions," he said.

"If we were doing okay [in terms of mortality], then it wouldn't matter. The fact is that we are not doing as well as we want to for our patients," said Dr. Goldsmith, a practicing dermatologist in Al-

at all melanomas mith, a practicing dermatologist in Al-

potentiation of effects depends on the variability of effect on cytochrome P450 3A4. **Clarithromycin:** Concomitant administration of atorvastatin 80 mg with clarithromycin (500 mg twice daily) resulted in a 4.4-fold increase in atorvastatin AUC (see WARNINGS, Skeletal Muscle, and DOSAGE AND ADMINISTRATION). Erythromycin: In healthy individuals, plasma concentrations of atorvastatin increased approximately 40% with co-administration of atorvastatin and erythromycin, a known inhibitor of cytochrome P450 3A4 (see WARNINGS, Skeletal Muscle). Combination of **Protease Inhibitors:** Concomitant administration of atorvastatin 400 mg with intonavir plus saquinavir (400 mg twice dialy) resulted in a 3-fold increase in atorvastatin AUC. Concomitant administration of atorvastatin (20 mg with stonavir (400 mg +100 mg twice daily) resulted in a 5.9-fold increase in atorvastatin AUC. **See WARNINGS**, Skeletal Muscle, and DOSAGE AND ADMINISTRATION). Harcoanzole: Concomitant administration of atorvastatin (20 to 40 mg) and itraconazole (200 mg) was associated with a 2.5-3.3-fold increase in atorvastatin (20 mg was associated with higher plasma concentrations of atorvastatin, **Cimetidine:** Atorvastatin plasma concentrations and LDLC reduction were not altered by co-administration of climitidine. **Craperinit julice:** Contains one or more components that inhibit CYP 3A4 and can increase plasma concentrations of atorvastatin, and atorvastatin-metabolites are substrates of the OATP1B1 transporter. Inhibitors of the OATP1B1 (e.g. cyclosporine) can increase the bioavailability of atorvastatin should not exceed 10 mg (see WARNINGS, Skeletal Muscle). Inducers of cytochrome P450 3A4: Concomitant administration of atorvastatin with inducers of cytochrome P450 3A4 (g deriver, iffampi) can lead to variable reductions in plasma concentrations of atorvastatin wells of 30.404 (edivers, iffampi) can lead to variable reductions in plasma concentrations of atorvastatin and atorvastatin and convastatin doravastatin dereased approximately 35%. Howeve

Although the ABCDE criteria are intended to enhance the diagnosis of early melanoma, Dr. Goldsmith related that some dermatologists suggest that elimination of the diameter criterion would lead to too many biopsies. "In other words, it's become a cost issue," he said.

Edema

Dizziness Flushing Palpitatio

Headache

CTU00412D

nal Pain

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Fatigue Nausea Abdomi

"I'm not saying that saving money shouldn't be a priority. It just shouldn't be a priority of these criteria," he said.

Dr. Goldsmith contends that the concerns about cost are unjustified. He used data from his own practice (Medicare rates for 2009, Albany, Ga.) to develop a specific cost model to assess the argument that excision and pathology for smaller suspect lesions would increase costs. "Assuming our society's accepted cost of \$50,000 per quality-adjusted lifeyear saved, and rounding up to \$200 per excision, if 1 in 250 excisions saved 1 year of one person's life, the cost would be

justified," he said. Given that the average life-years lost per fatal melanoma is 18.6 (based on Surveillance, Epidemiology and End Results data), the cost would be justified if 1 in every 4,650 small-diameter lesions excised would have prevented a death from melanoma. "This cost justification is valid even if there would be no costs savings," he said.

Models to decrease the cost of melanoma have emphasized the need to diagnose earlier invasive and in situ disease. The estimated treatment of stage III and IV disease accounted for 90% of costs from melanoma. Disease caught





		atorvastatin			
Body System/ Adverse Event	Placebo N=270	10 mg N=863	20 mg N=36	40 mg N=79	80 mg N=94
BODY AS A WHOLE					
Infection	10.0	10.3	2.8	10.1	7.4
Headache	7.0	5.4	16.7	2.5	6.4
Accidental Injury	3.7	4.2	0.0	1.3	3.2
Flu Syndrome	1.9	2.2	0.0	2.5	3.2
Abdominal Pain	0.7	2.8	0.0	3.8	2.1
Back Pain	3.0	2.8	0.0	3.8	1.1
Allergic Reaction	2.6	0.9	2.8	1.3	0.0
Asthenia	1.9	2.2	0.0	3.8	0.0
DIGESTIVE SYSTEM					
Constipation	1.8	2.1	0.0	2.5	1.1
Diarrhea	1.5	2.7	0.0	3.8	5.3
Dyspepsia	4.1	2.3	2.8	1.3	2.1
Flatulence	3.3	2.1	2.8	1.3	1.1
RESPIRATORY SYSTEM					
Sinusitis	2.6	2.8	0.0	2.5	6.4
Pharyngitis	1.5	2.5	0.0	1.3	2.1
SKIN AND APPENDAGES					
Rash	0.7	3.9	2.8	3.8	1.1
MUSCULOSKELETAL SYST	EM				
Arthralgia	1.5	2.0	0.0	5.1	0.0
Myalgia	1.1	3.2	5.6	1.3	0.0
Andlo Scandingvian Cardia	on Outcomes Trial (	T0028 al -(T0028)	(coo CLINICAL D		Jinical Studios

**MUSCULOSKELETAL SYSTEM** Arthralgia 1.5 2.0 0.0 5.1 0.0 Myalgia 1.1 1.1 3.2 0.0 0.0 Arglo-Scandinavian Cardiac Outcomes Trial (ASCOT): In ASCOT (see **CLINICAL PHARMACOLOGY. Clinical Studies**, **Clinical Studies with Atorvastatin**) involving 10.305 participants treated with atorvastatin 10 mg daly (n-5, 168) or placebo (n-5, 137), the safety and tolerability profile of the group treated with atorvastatin Diabetes Study (CARDS): In CARDS (see **CLINICAL PHARMACOLOGY. Clinical Studies**, *Clinical Studies with Atorvastatin*) involving 2838 subjects with type 2 diabetes treated with LPITOR 10 mg daly (n-1428) or placebo (n-1410), there was no difference in the overall frequency of adverse events or serious adverse events between the treatment groups during a median follow-up of 3.9 years. No cases of thabdomyolysis were reported. Treating to New Targets Study (NT): In TNT (see **CLINICAL PHARMACOLOGY. Clinical Studies**) involving 10.001 subjects with clinically evident CHD treated with LPITOR 10 mg daily (n-5006) or LPITOR 80 mg daily (n=4995), there were more serious adverse events and discontinuations due to adverse events in the high-dose atorvastatin group (22, 1.8%, 437, 9.9%, respectively) as compared to the low-dose group (69, 1.4%, 404, 8.1%, respectively) during a median follow-up of 4.9 years. Persistent transaminase elevatons (23 x LUN twice within 4-10 days) occurred in 2(1.3%) individuals with atorvastatin 80 mg and in nine (0.2%) individuals with atorvastatin 10 mg. Elevations of CK ( $\leq$  10 x LUN) were low overall, but were higher in the high-dose atorvastatin treatment group (3, 0.3%) compared to the low-dose advastatin group (6, 0.1%). Incremental Decrease in Endpoints Through Aggressive Lipid Lowering Study (IDEAL). In IDEAL (see CLINICAL PHARMACOLOGY, Clinical Studies) involving 4.8 weres. The following adverse events were reported, regardless of causality assessment, in platents treated with atorvastatin in clinical traits, the events in tails coccured in 2% of patients and the e

multiforme, Stevens-Johnson syndrome, and toxic epidermai necrolysis), madournyoysis, largue, enrour nupure, and hepatic failure. **Pediatric Patients (ages 10-17 years):** In a 26-week controlled study in boys and postmenarchal girls (n=140), the safety and tolerability profile of atorvastatin 10 to 20 mg daily was generally similar to that of placebo (see CLINCAL PHARMACOLORY, Clinical Studies section and PRECAUTIONS. Pediatric Use). Please see full prescribing information for additional information about CADUET. © 2009 Pfizer Ireland Pharmaceuticals Distributed by: aceuticals Pfizer Labs Pfizer Ireland Dublin, Ireland Revised May 2009 Pfizer U.S. Pharmaceuticals

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> earlier could avoid much of this cost (I. Am. Acad. Dermatol. 1998;38:669-80).

> In terms of cost alone, an increase in small-diameter biopsies would not lead to unacceptable costs and may even result in cost savings, he said.

> A cost analysis must also include a discussion of the number of lesions needed to excise, or biopsy, (NNE) to diagnose one melanoma. NNE should only be discussed in the context of sensitivity of melanoma diagnosis.

> Dr. Goldsmith highlighted two articles from 2008. In the first study, the NNE for small-diameter lesions (those 6 mm and smaller) was 1 in 24, while the NNE for larger lesions was approximately 1 in 8 (Arch. Dermatol. 2008;144:469-74). The authors concluded that the 6-mm criterion remains useful and that their biopsy rate for smaller lesions was appropriate.

> In the second article, however, the study's group of expert dermoscopists would not only have misdiagnosed but would have totally missed-would not have biopsied-29% of small-diameter melanomas. Lesions were evaluated using dermoscopic images with information given about the patient's age, sex, and lesion location (Arch. Dermatol. 2008;144:476-82).

> Studies show that patients find their melanomas more often than physicians do. Unfortunately, the lesions found by patients are likely to be deeper or more advanced than those that physicians find. "The fact that patients would monitor for smaller lesions and start the process of getting in to see the doctor to get a lesion checked as early as possible could hopefully avoid what could end up being a critical delay in the recognition of a melanoma," he said.

> "The single criterion that seems to have the most impact on recognition of the smallest melanomas is the criterion of darkness," he said.

> The singular importance of darkness for the diagnosis of small-diameter melanomas has been described in several series (Tumori 2004;90:128-31; J. Eur. Acad. Dermatol. Venereol. 2007;21:929-34; and Arch. Dermatol. 1998;134:103-4). These reports suggest that, "when evaluating a lesion of unknown history, an 8mm lightly pigmented macule with symmetric variation in pigmentation-two of the four current ABCD features-is of less concern than a 3-mm, circular, evenly pigmented black macule or papule with none of the four current ABCD criteria," he said.

> In other words, the criterion of darkness is a stand-alone, nonredundant feature to help recognize melanomas. "It just doesn't make sense that darkness is currently not even one of four objective criteria used in educational strategies related to melanoma recognition," he said.

> Increased emphasis on the criterion of darkness enhances other strategies to diagnose melanomas, he said, including early recognition of asymmetry in melanomas (Arch. Dermatol. 1994;130:1013-7), recognition of change in melanomas (Br. J. Dermatol. 1999;141:783-7), and identifying small "ugly ducklings" that are melanomas (Arch. Dermatol. 1998;134:103-4).