Herpes Zoster Vaccine Safe in 50- to 59-Year-Olds

BY MIRIAM E. TUCKER Senior Writer

BALTIMORE — The herpes zoster vaccine is as immunogenic in adults aged 50-59 as it is in those aged 60 and older, Santosh C. Sutradhar, Ph.D., reported at a conference on vaccine research sponsored by the National Foundation for Infectious Diseases.

Zostavax, manufactured by Merck & Co., was licensed by the U.S. Food and

Drug Administration in May 2006 for the prevention of herpes zoster in adults aged 60 and older only. Merck had sought an indication for those aged 50-59 years, but an earlier FDA advisory panel had recommended against it because data on safety and efficacy in that age group were lacking, as were overall data on duration of immunity for the vaccine (INTERNAL MED-ICINE NEWS, Jan. 15, 2006, p. 1).

In October 2006, the Advisory Committee on Immunization Practices recommended universal use of Zostavax among adults aged 60 and older (INTERNAL MEDICINE NEWS, Nov. 15, 2006, p. 1).

Nonetheless, epidemiologic data suggest that the annual risk of developing herpes zoster actually begins to increase markedly around age 50 years and rises sharply afterward. Thus, "it is important to assess the immunogenicity and safety of Zostavax in this age group," said Dr. Sutradhar, senior biometrician at Merck.

In combined data from two protocols

FDA, the vaccine was administered to 389 subjects aged 50-59 and to 733 aged 60 and older. Of those, 377 and 731, respectively, completed the 28-day follow-up. Antibody response, assessed by geometric mean fold rise of varicella zoster virus antibody from prevaccination to 4 weeks post vaccination, was increased substantially in both groups: by 2.6 in the younger group and 2.3 in the older subjects.

that had been presented separately to the

Both of those levels exceeded the predefined threshold for "acceptable" antibody response, and the response for the younger group met the "noninferiority" criteria, compared with that of the older group, he said.

Adverse events within 28 days following vaccination were more common in the 50to 59-year-olds, with 60.3% reporting one or more, compared with 44.2% of the 60-plus group. Vaccine-related adverse events were reported by 51.9% and 35.1%, respectively. Injection-site reactions were the most common, reported by 50.4% of the younger

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subjects and 34.1% of the older ones. Systemic vaccinerelated adverse events were far less common, reported by 5.7% and 2.9%, respectively, and no subject in either age group reported any serious vaccinerelated adverse events.

In response to a question from the audience as to the reason that local reactions are more common in 50- to 59-year-olds than in older adults, Dr. Jeffrey L. Silber, Merck's senior director of Vaccine/Infectious Disease Clinical Research, responded that the same phenomenon has been observed in the company's studies of other vaccines, even among placebo recipients. The data show that "people aged 50-59 simply complain more," he said. "They also tend to have more headaches, perhaps because they're working and have more teenagers at home.'

Merck is working with the FDA to develop a protocol that will provide vaccine efficacy data as well as additional safety data specifically for the 50- to 59-year-old age group, as had been done previously with those aged 60 and older in the Shingles Prevention Study (SPS). Those findings, from more than 38,000 adults older than 60, showed that the vaccine reduced the burden of illness related to herpes zoster pain, the incidence of postherpetic neuralgia, and the incidence of herpes zoster (N. Engl. J. Med. 2005;352:2271-84).

The SPS also showed that the vaccine was generally well tolerated and that varicella zoster virus antibody response measured at 6 weeks post vaccination correlated with protection against herpes zoster, Dr. Sutradhar noted.

Merck hopes to launch the new protocol sometime this year, according to a company spokeswoman.

INDICATIONS AND USAGE

Dudenal Uicer ZEGERID is indicated for short-term treatment of active duodenal uicer. Most patients heal within four weeks. Some patients may require an additional four weeks of therapy. **Gastric Uicer** ZEGERID is indicated for short-term treatment (4-8 weeks) of active benign gastric uicer. (See CUINCAL PHAMACOLOGY. Chincal Studies, Sastric Uicer.) **Treatment of Gastroesophageal Reflux Disease (GERD)**

Symptomatic GERD ZEGERID is indicated for the treatment of heartburn and other symptoms associated

with GERD. Ensive Esophagitis ZFGERID is indicated for the short-term treatment (4-8 weeks) of ensive esophagits which has been diagnosed by endescopy. (See CLINICAL PHARMACOLOGY, Clinical Studies.) The efficacy of ZEGERID used for longer than 8 weeks in these patients has not been established. In the rare instance of a patient not responding to 8 weeks of treatment, it may be helpful to give up to an additional 4 weeks of treatment. If there is recurrence of ensive esophagitis or GERD symptoms (eg. heartburn), additional 4-8 week courses of omerzacie may be considered.

tenance of Healing of Erosive Esophagitis ID is indicated to maintain healing of erosive esophagitis. Controlled studies do

ZEGERID is indicated to maintain healing of erosive esophagitis. Controlled studies do not extend beyond 12 months. Reduction of Risk of Upper Gastrointestinal Bleeding in Critically III Patients. ZEGERID Powder for Oral Suspension 40 mg/1680 mg is indicated for the reduction of risk of upper Gi bleeding in critically III patients. CONTRAINDICATIONS ZEGERID is containdicated in patients with known hypersensitivity to any components of the formulation. PRECAUTIONS General Symptomatic response to therapy with omeprazole does not preclude the presence of gastric malignary.

alignancy. gastritis has been noted occasionally in gastric corpus biopsies from patients ong-term with omeprazole.

Nothine gatantis has been noted obcasionary in gashine corpus outpusses from patients card ZEGENID Capsule contains 1100 mg (13 mEg) of sodium bicarbonate (equivalent 0 300 mg of Na-1 Each packet of ZEGENID Power for Oral Suspension contains 680 mg (20 mEg) of sodium bicarbonate (equivalent to 480 mg of Na+). The sodium content of ZEGERID Powdurds should be taken into consideration when diministering to patients on a sodium restricted diet. Sodium bicarbonate is contraindicated patients with metabolic akalasis and hypocalemia. Sodium bicarbonate is contraindicated patients with metabolic akalasis and hypocalemia. Sodium bicarbonate is contraindicated aution in patients with Barther's syndrome, hypokalemia, respiratory akalosis, and problems with add-base balance. Long-term administration of bicarbonate with calcium or milk can cause milk-akalia syndrome.

It add-base balance. Lung-term wave It add a syndrome. EGERID should be taken on an empty stomach at least one hour prior to a meal. EGERID should be taken on an empty stomach at least one hour prior to a meal. EGERID is available either as 40 mg or 20 mg capsules with 1100 mg sodium icarbonate. ZEGERID is also available either as 40 mg or 20 mg single-dose packets of owder for oral suspension with 1680 mg sodium bicarbonate. In the second statement of the second statement o

anovativa for use. Sapsules: Swallow intact capsule with water. Do not use other liquids. Do not open ASSULE AND SPRINKLE CONTENTS INTO FOOD. for Oral Suspension: Empty packet contents into a small cup containing 1-2 ons of water. O NOT USE OTHER LIQUIDS OR FOODS. Stir well and drink ately. Refli cup with water and drink.

Pewder for Oral Suspension: Empty packet contents into a small cup containing 1-2, ablespoons of water. DO NOT USE CITKER LULIDIS OR FOODS. Stir well and drink **Drug Interactions Omegazole** can prolong the elimination of diazepam, warfarin and phenytoin, drugs that are prothomain time in patients receiving proton pump inhibitors, including omegrazole, and prothomain time in patients receiving proton pump inhibitors and warfarin concornation. What and prothomain time in patients receiving proton pump inhibitors and warfarin concornation, the subscription of the analysis of the second structure of t

Pregnancy Pregnancy Category C There are no adequate a vomen. The vast majority nancy Category C are no adequate and well-controlled studies on the use of omeprazole in pregnant ninester exposure and the duration of use is rarely specified, e.g., intermittent vs. chronic, pert review of published data on experiences with omeprazole use during pregnancy by —the Teratogen Information System—concluded that therapeutic doses during narcy are unlikely to pose a substantial teratogenic risk (the quantity and quality of data

There and the second se

to omeprazole was not associated with increased risk of any malformation (o 95% Cl 0.50-1.34), low birth weight or low Apgar score. The number of inf

ventricular septal defects and the number of stillborn infants was slightly higher in the omeprazole exposed infants than the expected number in the normal population. The author
concluded that both effects may be random.
A retrospective cohort study reported on 689 pregnant women exposed to either H2-blockers
or omeprazole in the first trimester (134 exposed to omeprazole). ³ The overall malformation rate
was 4.4% (95% Cl 3.6-5.3) and the malformation rate for first trimester exposure to
omeprazole was 3.6% (95% Cl 1.5-8.1). The relative risk of malformations associated with first
trimester exposure to omeprazole compared with nonexposed women was 0.9 (95% Cl 0.3-
2.2). The study could effectively rule out a relative risk greater than 2.5 for all malformations.
Rates of preterm delivery or growth retardation did not differ between the groups.
A controlled prospective observational study followed 113 women exposed to omeprazole during
pregnancy (89% first trimester eynosures) ⁴ The reported rates of major congenital malformations

22.) The study could effectively rule out a relative risk greater than 2.5 for all mattermators. Falses of preterm delivery or growin relatation din of out offer between the groups. A controlled prospective observational study followed 113 women exposed to omparable during preprancy (8%) for this omety processing. The reproduct facts of major companital mattermators relates of preterm controls. Textoprovemeship the processing and 2.8% in disease-partic outrols. Textoprovemeship the rules are used to indirectatogens, and 2.8% in disease-partic outrols. Textoprovemeship the rules are used to indirectatogens, and 2.8% in disease-partic outrols. Textoprovemeship to the rules of the rules of the rule of the rule indirectatogens, and 2.8% in the outrols. Textoprovemeship to the rules of the rule

Geriatric Use

Geniatric Use Omegrazie was administered to over 2000 eiderly individuals (≥ 65 years of age) in clinical trials in the US, and Europe. There were no differences in safety and effectiveness between the eiderly and younger subjects. Other reported clinical experience has not identified differences in response between the eiderly and younger subjects, but greater sensitivity of some ofder individuals cannot be niced out. Phermacokinelic studies with buffered onegrazie have shown the eilmination rate was somewhat electressend in the elderly and bioavailability was increased. The plasma clearance of omegrazie was 250 m./.min (about half that of young subjects). The plasma half-life averaged one hour, about the same as that in nonderkhy, heating values that subjects king ZEGERID: however, no dosage adjustment is necessary in the elderly. (See CLINICAL PHARMACOLOGY) **AUVERSE FEACTIONS**

umbers in parentheses indicate percentages of the adverse experiences considered by ivestigators as possibly, probably or definitely related to the drug.								
Table 11: Adverse Experiences Occurring in 1% or More of Patients on Omeprazole Therapy								
	Omeprazole	Placebo	Ranitidine					
	(n = 465)	(n = 64)	(n = 195)					
eadache	6.9 (2.4)	6.3	7.7 (2.6)					
iarrhea	3.0 (1.9)	3.1 (1.6)	2.1 (0.5)					
bdominal Pain	2.4 (0.4)	3.1	2.1					
ausea	2.2 (0.9)	3.1	4.1 (0.5)					
RI	1.9	1.6	2.6					
izziness	1.5 (0.6)	0.0	2.6 (1.0)					
omiting	1.5 (0.4)	4.7	1.5 (0.5)					
ash	1.5 (1.1)	0.0	0.0					
onstipation	1.1 (0.9)	0.0	0.0					
ough	1.1	0.0	1.5					
sthenia	1.1 (0.2)	1.6 (1.6)	1.5 (1.0)					
ack Pain	1.1	0.0	0.5					
the 10 summarizes the educate reactions that accurred in 19/ or more of emergence								

	Omeprazole (n = 2631)	Placebo (n = 120)
Body as a Whole, site unspecified		
Ábdominal pain	5.2	3.3
Asthenia	1.3	0.8
Diaestive System		
Constipation	1.5	0.8
Diarrhea	3.7	2.5
Flatulence	2.7	5.8
Nausea	4.0	6.7
Vomitina	3.2	10.0
Acid regurgitation	1.9	3.3
Nervous System/Psychiatric		
Headache	2.9	2.5

A controlled clinical trial conducted in 359 critically ill patients, comparing ZEGERID 40 mg/1680 mg suspension once daily to 1.V. cimetidine 1200 mg/day for up to 14 days. The incidence and total number of AEs experienced by \approx 3% of patients in either group are presented in Table 13 by body system and preferred term. Table 13: Number (%) of Critically III Patients with Frequently Occurring (≥ 3%)

Adverse Events by Body System and Preferred Term				
	ZEGERID® (N=178)	Cimetidine (N=181)		
MedDRA Body System Preferred Term	All AEs n (%)	All AEs n (%)		
BLOOD AND LYMPHATIC SYSTEM DISOF	DERS			
Anaemia NOS Anaemia NOS Aggravated Thrombocytopenia	14 (7.9) 4 (2.2) 18 (10.1)	14 (7.7) 7 (3.9) 11 (6.1)		
CARDIAC DISORDERS				
Atrial Fibrillation Bradycardia NOS Supraventricular Tachycardia Tachycardia NOS Ventricular Tachycardia	11 (6.2) 7 (3.9) 6 (3.4) 6 (3.4) 8 (4.5)	7 (3.9) 5 (2.8) 2 (1.1) 6 (3.3) 6 (3.3)		
GASTROINTESTINAL DISORDERS*				

8 (4.5) 7 (3.9)

8 (4.4)

Constipation Diarrhoea NOS

Gastric Hypomotility 3 (1.7) 6 (3.3) GENERAL DISORDERS AND ADMINISTRATION SITE CONDITIONS Hyperpyrexia Oedema NOS Pyrexia 8 (4.5) 5 (2.8) 36 (20.2) 3 (1.7) 11 (6.1) 29 (16.0) INFECTIONS AND INFESTATIONS Candidal Infection NOS Oral Candidiasis Sepsis NOS Urinary Tract Infection NOS 3 (1.7) 7 (3.9) 9 (5.1) 4 (2.2) 9 (5.0) 6 (3.3) INVESTIGATIONS Liver Function Tests NOS Abnormal 3 (1.7) 6 (3.3) METABOLISM AND NUTRITION DISORDERS ME LABOLISM AND NO Fluid Overload Hyperglycaemia NOS Hyperkalaemia Hypocalcaemia Hypoglycaemia NOS Hypokalaemia Hyponagnesaemia Hyponagnesaemia Hyponagnesaemia Hyponagnesaemia $\begin{array}{c} 14 \ (7.7) \\ 21 \ (11.6) \\ 6 \ (3.3) \\ 9 \ (5.0) \\ 10 \ (5.5) \\ 8 \ (4.4) \\ 24 \ (13.3) \\ 18 \ (9.9) \\ 5 \ (2.8) \\ 7 \ (3.9) \end{array}$ 9 (5.1) 19 (10.7) 4 (2.2) 3 (1.7) 11 (6.2) 6 (3.4) PSYCHIATRIC DISORDERS Agitation 16 (8.8) 6 (3.4) RESPIRATORY, THORACIC AND MEDIASTINAL DISORDERS Acute Respiratory Distress Syndrome Nosocomial Pneumonia Pneumothorax NOS Respiratory Failure 7 (3.9) SKIN AND SUBCUTANEOUS TISSUE DISORDE Decubitus Ulcer Rash NOS 6 (3.4) 10 (5.6) 5 (2.8) 11 (6.1) VASCULAR DISORDERS Hypotension NUS 14 (7.9) Hypotension NUS 17 (9.6) "Clinically significant UGI bleeding was considered a included in this table. Additional advance red an SAE but It Is Additional adverse experiences occurring in < 1% of patients or subjects in domestic and/or international trials conducted with omeprazole, or occurring since the drug was marketed, are shown below within each body system. In many instances, the relationship to omeprazole was unclear. Body As a Whole Allergic reactions, including, rarely, anaphylaxis (see also Skin below), fever, pain, fatigue, malaise, abdominal swelling. Cardiovascular Chest pain or angina, tachycardia, bradycardia, palpitation, elevated blood pressure, and nerinheral edema.

perpirate a counta. Gastrointestina Pancreatitis (some fatal), anorexia, irritable colon, flatulence, fecal discoloration, esophageal candidiasis, mucosal atrophy of the tongue, dry mouth, stomatitis. During treatment with omeprazole, qastric fundic gland polytes have been noted rarely. These polytes are beingin and appear to be reversible when treatment is discontinued. Gastroducenal carcinoids have been reported in patients with Zollinger-Ellison syndrome on long-term treatment with omegrazole. This finding is believed to be a manifestation of the underlying condition, which is known to be associated with such tumors.

If the Unergring Contouch, marked elevations of liver function tests [ALT (SGPT), AST (SGOT), "yoltarny transpectidase, alkaline phosphatase, and bilirubin (jaundice)]. In rare instances overt liver disease has occurred, including hepatocellular, cholestatic, or mixed hepatits liver necrosis (score fata), hepatic failure (some fata), and hepatic encephalopathy. Metabolic/Nutritional Hyponaternia, hypoglycemia, and weight gain. Mercinokaletat

Hyponaterima, hypoglycernia, and weight gain. Musculoskeleta Muscle cramps, mydiga, muscle weakness, joint pain, and leg pain. Nervnus SystemarPsychiatric Psychic disturbances including depression, agitation, aggression, hallucinations, confusion, insomia, nervourses, tremors, apathy, somnolence, anxiety, dream abnormatilies; vertigo; paresthesia; and hemifacial dysesthesia.

Respiratory Epistaxis, pharyngeal pain.

Skin Bash and rarely, cases of severe generalized skin reactions including toxic epidermal neorolysis (TBH some fatal), Stevens-Johnson syndrome and erythema multiforme (some severe); purpure and/or potechice isome with rechallenge; skin inflammation, urticaria, angioedema, pruritus, photosensitivity, alopecia, dry skin, and hyperhidrosis. *Special Senses* Tinnitus, taste perversion.

Ucular Blurred vision, ocular irritation, dry eye syndrome, optic atrophy, anterior ischemic optic neuropathy, optic neuritis and double vision.

Urogenital Interstitial nephritis (some with positive rechallenge), urinary tract infection, microscopic pyuria, urinary frequency, elevated serum creatinine, proteinuria, hematuria, glycosuria, testicular pain, and gynecomastia.

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Additional adverse reactivities trans to event a second process of the second process of

1005, CUMPRISIONS, and Construction of the cased depth of respiration. addition, a sodium bicarbonate overdose may cause hypocalcemia, hypokalemia and seizures.



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Table 12 summarizes the adverse reactions that occurred in 1% or more of omeprazole-treated patients from international double-blind, and open-label clinical trials in which 2,631 patients and subjects received omeprazole. Table 12: Incidence of Adverse Experiences < 1%