

CDC: One in Four Adults Uninsured Last Year

BY JANE ANDERSON

FROM MORBIDITY AND MORTALITY
WEEKLY REPORT

An estimated 59.1 million Americans, including one in four adults aged 18-64 years, went without health insurance for at least part of the previous year, based on interviews done January-March 2010, the Centers for Disease Control and Prevention reported.

Although the percentage of children and teenagers without health insurance fell slightly, the total number of Americans who lacked insurance at some point in the year increased from 58.7 million in 2009, and the total has risen more than 4% since 2008 (MMWR 2010 Nov. 9 [Early Release]:1-7)

At the same time, the number of Americans without insurance coverage for more than a year increased by 1.1 mil-

lion to 33.9 million, the CDC reported.

About 84% of those who reported gaps in their health insurance coverage during the last year were aged 18-64, according to the report.

The number of middle-income adults reporting coverage gaps also increased. About 32% of adults under age 64 living in middle-income families – those with incomes of approximately \$43,000-\$65,000 for a family of four –

reported being uninsured for at least part of the previous 12 months, indicating that problems with insurance coverage are extending further into the middle class.

“All of our measures of uninsurance have increased and increased substantially,” Dr. Thomas Frieden, director of the CDC, said in a press conference on the findings.

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NOW IS THE TIME FOR ANABOLIC ACTION



FORTEO IS INDICATED:

- For the treatment of postmenopausal women with osteoporosis at high risk for fracture

WARNING: POTENTIAL RISK OF OSTEOSARCOMA

In male and female rats, teriparatide caused an increase in the incidence of osteosarcoma (a malignant bone tumor) that was dependent on dose and treatment duration. The effect was observed at systemic exposures to teriparatide ranging from 3 to 60 times the exposure in humans given a 20-mcg dose. Because of the uncertain relevance of the rat osteosarcoma finding to humans, prescribe FORTEO® (teriparatide [rDNA origin] injection) only for patients for whom the potential benefits are considered to outweigh the potential risk. FORTEO should not be prescribed for patients who are at increased baseline risk for osteosarcoma (including those with Paget's disease of bone or unexplained elevations of alkaline phosphatase, pediatric and young adult patients with open epiphyses, or prior external beam or implant radiation therapy involving the skeleton).


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“There are multiple factors contributing to that increase.”

The CDC conducted in-person interviews of a sample of the U.S. population during the first quarter of 2010 in an effort to determine the number of uninsured. The agency found that “half of the uninsured are nonpoor,” Dr. Frieden said.

About 21% make more than three times the federal poverty level (FPL), defined as \$65,000 for a family of four, and 9% make more than four times the

FPL, or \$87,000 for a family of four.

The percentage of adults with incomes between two and three times the FPL who had coverage gaps in the past year has increased dramatically, from less than 28% in 2006 to 32% in 2009, noted Dr. Frieden.

Meanwhile, the percentage of chil-

dren and teenagers without health insurance fell slightly from 2008 to 2010. In 2008, more than 13% of children and teens lacked health insurance at some point the prior year, compared with less than 12% in 2010, according to the report.

The number of chronically uninsured children and teens – those who lacked health insur-

ance for all of the prior year – dropped by 700,000, indicating that efforts to extend coverage to uninsured children through the Children’s Health Insurance Program (CHIP) are paying off, the report found.

Being uninsured raised the risk of going without needed care substantially, especially for adults, according to the report.

For those aged 18-64 years, those with no health insurance during the preceding year were seven times as likely – 28%, compared with 4% – to forgo needed health care because of cost. Uninsured

A third of middle-income adults under age 64 reported being uninsured for at least part of the previous year, indicating that coverage problems are extending further into the middle class.

IMPORTANT SAFETY INFORMATION

WARNING: POTENTIAL RISK OF OSTEOSARCOMA

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CONTRAINDICATIONS

Hypersensitivity to teriparatide or to any of its excipients. Reactions have included angioedema and anaphylaxis.

WARNINGS AND PRECAUTIONS

The following categories of patients have increased baseline risk of osteosarcoma and therefore should not be treated with FORTEO: Paget’s disease of bone, pediatric populations and young adults with open epiphyses, or prior external beam or implant radiation therapy.

Patients should be encouraged to enroll in the voluntary FORTEO Patient Registry, which is designed to collect information about any potential risk of osteosarcoma in patients who have taken FORTEO. Enrollment information can be obtained by calling 1-866-382-6813, or by visiting www.forteoregistry.rti.org.

Osteosarcoma occurs in about 4 out of every million older adults each year. Cases of bone tumor and osteosarcoma have been reported rarely in people taking FORTEO in the post-marketing period. The causality to FORTEO use is unclear.

Use of FORTEO for more than 2 years during a patient’s lifetime is not recommended.

Patients with the following conditions also should not receive FORTEO: bone metastases or a history of skeletal malignancies, metabolic bone diseases other than osteoporosis, or hypercalcemic disorders.

FORTEO may increase serum calcium, urinary calcium, and serum uric acid.

Use with caution in patients with active or recent urolithiasis because of risk of exacerbation. If active urolithiasis or pre-existing hypercalciuria are suspected, measurement of urinary calcium excretion should be considered.

Transient orthostatic hypotension may occur with initial doses of FORTEO. In short-term clinical pharmacology studies, transient episodes of symptomatic orthostatic hypotension were observed in 5% of patients. FORTEO should be administered initially under circumstances where the patient can sit or lie down if symptoms of orthostatic hypotension occur.

Patients receiving digoxin should use FORTEO with caution because FORTEO may transiently increase serum calcium and hypercalcemia may predispose patients to digitalis toxicity.

FORTEO should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. Based on animal studies, FORTEO may cause fetal harm.

It is not known whether teriparatide is excreted in human milk. Breastfeeding mothers should discontinue nursing or FORTEO, taking into account the importance of treatment to the mother.

ADVERSE REACTIONS

The most common adverse reactions in clinical trials include: arthralgia (10.1 FORTEO vs. 8.4 placebo), pain (21.3 FORTEO vs. 20.5 placebo), and nausea (8.5 FORTEO vs. 6.7 placebo). Other adverse reactions include: dizziness, leg cramps, joint aches, and injection site reactions.

INSTRUCTIONS FOR FORTEO USE

FORTEO is provided as a fixed-dose, prefilled delivery device that can be used for up to 28 days, including the first injection. The delivery device contains 28 daily doses of 20 mcg each. Do not transfer the contents of the delivery device into a syringe. The FORTEO Delivery Device should be stored under refrigeration at 36° to 46° F (2° to 8° C) at all times. Do not use FORTEO if it has been frozen.

Please see Brief Summary of Prescribing Information on adjacent pages.

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adults who had been diagnosed with diabetes were six times more likely – 47% vs. 8% – to skip necessary care because of cost.

More than half of adults under age 65 who were without health insurance for more than a year did not have a usual source of care, compared with about 9% of those who were continuously insured, the report found.

About 16% of currently insured people in that same age group who had a 1- to 3-month coverage gap during the preceding year reported not having a usual source of care, and 26% report-

ed delaying needed care because of cost.

The findings in the report represent a significant problem for the 40% of Americans adults with a chronic disease, Dr. Frieden said.

“People who are uninsured are much less likely to have a regular doctor,” said Dr. Frieden.

“Middle-aged adults who don’t get preventive care enter Medicare sicker,” resulting in more hospitalizations and higher costs, especially for those with chronic conditions such as diabetes, he said. ■

FORTEO® (teriparatide [rDNA origin] 20 mcg for injection)
Brief Summary. Consult the package insert for complete prescribing information.

WARNING: POTENTIAL RISK OF OSTEOSARCOMA

In male and female rats, teriparatide caused an increase in the incidence of osteosarcoma (a malignant bone tumor) that was dependent on dose and treatment duration. The effect was observed at systemic exposures to teriparatide ranging from 3 to 60 times the exposure in humans given a 20-mcg dose. Because of the uncertain relevance of the rat osteosarcoma finding to humans, prescribe FORTEO® only for patients for whom the potential benefits are considered to outweigh the potential risk. FORTEO should not be prescribed for patients who are at increased baseline risk for osteosarcoma (including those with Paget's disease of bone or unexplained elevations of alkaline phosphatase, pediatric and young adult patients with open epiphyses, or prior external beam or implant radiation therapy involving the skeleton).

INDICATIONS: FORTEO is indicated for the treatment of postmenopausal women with osteoporosis at high risk for fracture; to increase bone mass in men with primary or hypogonadal osteoporosis at high risk for fracture; for the treatment of men and women with osteoporosis associated with sustained, systemic glucocorticoid therapy at high risk for fracture.

CONTRAINDICATIONS: Do not use FORTEO in patients with:

- Hypersensitivity to teriparatide or to any of its excipients. Reactions have included angioedema and anaphylaxis.

WARNINGS AND PRECAUTIONS: Osteosarcoma—In male and female rats, teriparatide caused an increase in the incidence of osteosarcoma (a malignant bone tumor) that was dependent on dose and treatment duration. FORTEO should not be prescribed for patients at increased baseline risk of osteosarcoma.

These include:

- Paget's disease of bone (unexplained elevations of alkaline phosphatase may indicate Paget's disease of bone);
- Pediatric and young adult patients with open epiphyses;
- Prior external beam or implant radiation therapy involving the skeleton.

Patients should be encouraged to enroll in the voluntary FORTEO Patient Registry, which is designed to collect information about any potential risk of osteosarcoma in patients who have taken FORTEO. Enrollment information can be obtained by calling 1-866-382-6813, or by visiting www.forteoregistry.rti.org.

Treatment Duration—The safety and efficacy of FORTEO have not been evaluated beyond 2 years of treatment. Consequently, use of the drug for more than 2 years during a patients' lifetime is not recommended.

Bone Metastases and Skeletal Malignancies—Patients with bone metastases or a history of skeletal malignancies should not be treated with FORTEO.

Metabolic Bone Diseases—Patients with metabolic bone diseases other than osteoporosis should not be treated with FORTEO.

Hypercalcemia and Hypercalcemic Disorders—FORTEO has not been studied in patients with pre-existing hypercalcemia. These patients should not be treated with FORTEO because of the possibility of exacerbating hypercalcemia. Patients known to have an underlying hypercalcemic disorder, such as primary hyperparathyroidism, should not be treated with FORTEO.

Urolithiasis or Pre-existing Hypercalciuria—In clinical trials, the frequency of urolithiasis was similar in patients treated with FORTEO and placebo. However, FORTEO has not been studied in patients with active urolithiasis. If active urolithiasis or pre-existing hypercalciuria are suspected, measurement of urinary calcium excretion should be considered. FORTEO should be used with caution in patients with active or recent urolithiasis because of the potential to exacerbate this condition.

Orthostatic Hypotension—FORTEO should be administered initially under circumstances in which the patient can sit or lie down if symptoms of orthostatic hypotension occur. In short-term clinical pharmacology studies with teriparatide, transient episodes of symptomatic orthostatic hypotension were observed in 5% of patients. Typically, an event began within 4 hours of dosing and spontaneously resolved within a few minutes to a few hours. When transient orthostatic hypotension occurred, it happened within the first several doses, it was relieved by placing the person in a reclining position, and it did not preclude continued treatment.

Drug Interactions—Hypercalcemia may predispose patients to digitalis toxicity. Because FORTEO transiently increases serum calcium, patients receiving digoxin should use FORTEO with caution.

ADVERSE REACTIONS: Clinical Trials Experience—Because clinical studies are conducted under widely varying conditions, adverse reaction rates observed in the clinical studies of a drug cannot be directly compared to rates in the clinical studies of another drug and may not reflect the rates observed in practice.

Treatment of Osteoporosis in Men and Postmenopausal Women—

The safety of FORTEO in the treatment of osteoporosis in men and postmenopausal women was assessed in two randomized, double-blind, placebo-controlled trials of 1382 patients (21% men, 79% women) aged 28 to 86 years (mean 67 years). The median durations of the trials were 11 months for men and 19 months for women, with 691 patients exposed to FORTEO and 691 patients to placebo. All patients received 1000 mg of calcium plus at least 400 IU of vitamin D supplementation per day.

The incidence of all cause mortality was 1% in the FORTEO group and 1% in the placebo group. The incidence of serious adverse events was 16% in FORTEO patients and 19% in placebo patients. Early discontinuation due to adverse events occurred in 7% of FORTEO patients and 6% of placebo patients.

Percentage of Patients with Adverse Events Reported by at Least 2% of FORTEO-Treated Patients and in More FORTEO-Treated Patients than Placebo-Treated Patients from the Two Principal Osteoporosis Trials in Women and Men Adverse Events are Shown Without Attribution of Causality (FORTEO, N=691, Placebo, N=691): **Body as a Whole:** Pain (21.3%, 20.5%), Headache (7.5%, 7.4%), Asthenia (8.7%, 6.8%), Neck Pain (3.0%, 2.7%); **Cardiovascular:** Hypertension (7.1%, 6.8%), Angina Pectoris (2.5%, 1.6%), Syncope (2.6%, 1.4%); **Digestive System:** Nausea (8.5%, 6.7%), Constipation (5.4%, 4.5%), Diarrhea (5.1%, 4.6%), Dyspepsia (5.2%, 4.1%), Vomiting (3.0%, 2.3%), Gastrointestinal disorder (2.3%, 2.0%), Tooth disorder (2.0%, 1.3%); **Musculoskeletal:** Arthralgia (10.1%, 8.4%), Leg cramps (2.6%, 1.3%); **Nervous System:** Dizziness (8.0%, 5.4%), Depression (4.1%, 2.7%), Insomnia (4.3%, 3.6%), Vertigo (3.8%, 2.7%); **Respiratory System:** Rhinitis (9.6%, 8.8%), Cough increased (6.4%, 5.5%), Pharyngitis (5.5%, 4.8%), Dyspepsia (3.6%, 2.6%), Pneumonia (3.9%, 3.3%); **Skin and Appendages:** Rash (4.9%, 4.5%), Sweating (2.2%, 1.7%).

Immunogenicity—In the clinical trial, antibodies that cross-reacted with teriparatide were detected in 3% of women (15/541) receiving FORTEO. Generally, antibodies were first detected following 12 months of treatment and diminished after withdrawal of therapy. There was no evidence of hypersensitivity reactions or allergic reactions among these patients. Antibody formation did not appear to have effects on serum calcium, or on bone mineral density (BMD) response.

Laboratory Findings—Serum Calcium—FORTEO transiently increased serum calcium, with the maximal effect observed at approximately 4 to 6 hours post-dose. Serum calcium measured at least 16 hours post-dose was not different from pretreatment levels. In clinical trials, the frequency of at least 1 episode of transient hypercalcemia in the 4 to 6 hours after FORTEO administration was increased from 2% of women and none of the men treated with placebo to 11% of women and 6% of men treated with FORTEO. The number of patients treated with FORTEO whose transient hypercalcemia was verified on consecutive measurements was 3% of women and 1% of men.

Urinary Calcium—FORTEO increased urinary calcium excretion, but the frequency of hypercalciuria in clinical trials was similar for patients treated with FORTEO and placebo.

Serum Uric Acid—FORTEO increased serum uric acid concentrations. In clinical trials, 3% of FORTEO patients had serum uric acid concentrations above the upper limit of normal compared with 1% of placebo patients. However, the hyperuricemia did not result in an increase in gout, arthralgia, or urolithiasis.

Renal Function—No clinically important adverse renal effects were observed in clinical studies. Assessments included creatinine clearance; measurements of blood urea nitrogen (BUN), creatinine, and electrolytes in serum; urine specific gravity and pH; and examination of urine sediment.

Studies in Men and Women with Glucocorticoid-Induced Osteoporosis—The safety of FORTEO in the treatment of men and women with glucocorticoid-induced osteoporosis was assessed in a randomized, double-blind, active-controlled trial of 428 patients (19% men, 81% women) aged 22 to 89 years (mean 57 years) treated with \geq 5mg per day prednisone or equivalent for a minimum of 3 months. The duration of the trial was 18 months with 214 patients exposed to FORTEO and 214 patients exposed to oral daily bisphosphonate (active control). All patients received 1000 mg of calcium plus 800 IU of vitamin D supplementation per day.

The incidence of all cause mortality was 4% in the FORTEO group and 6% in the active control group. The incidence of serious adverse events was 21% in FORTEO patients and 18% in active control patients, and included pneumonia (3% FORTEO, 1% active control). Early discontinuation because of adverse events occurred in 15% of FORTEO patients and 12% of active control patients, and included dizziness (2% FORTEO, 0% active control).

Adverse events reported at a higher incidence in the FORTEO group and with at least a 2% difference in FORTEO-treated patients compared with active control-treated patients were: nausea (14%, 7%), gastritis (7%, 3%), pneumonia (6%, 3%), dyspnea (6%, 3%), insomnia (5%, 1%), anxiety (4%, 1%), and herpes zoster (3%, 1%), respectively.