Reaching Outside the Beltway for Health Solutions

BY JOYCE FRIEDEN Associate Editor, Practice Trends

WASHINGTON — Sen. Ron Wyden (D-Ore.) says that the answer to America's health care problem does not lie with Congress—at least, not initially.

"I spent 2 years studying what went wrong in the Clinton debacle," he said at a meeting sponsored by America's Health Insurance Plans. Sen. Wyden was referring to President Bill Clinton's unsuccessful effort to get Congress to pass health care reform in the 1990s. He also looked at a similar effort in the 1940s by President Harry S Truman.

His conclusion: "There is a remarkable parallel in 60 years of failure. ... For 6 decades, the effort has involved trying to write a piece of federal legislation in Washington, D.C. [But] the special interests would attack the legislation and each other, and everything would fail."

Instead, "I decided to go 180 degrees the other way," he said "We'll start it outside [Washington]." In March, Sen. Wyden, along with Sen. Orrin Hatch (R-Utah) and Comptroller General David Walker, announced the formation of the Citizens'

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Working Group on Health Care. The group is composed of 14 people from across the country, including physicians, advohealth cates, hospital administrators. academicians, nurses. and a union representative. Health

and Human Services Secretary Mike Leavitt will serve as the 15th member.

The group is one result of a new law known as the Health Care That Works for All Americans Act, which was cosponsored by the two senators. One thing the working group will do, according to Sen. Wyden, is "tell people where the \$1.8 trillion spent on health care actually goes. ... I think people will be pretty surprised." The information will be made available online as well as in booklets and in libraries.

The working group also will hold public hearings to get input on what should be done to reform the system. "No one has walked the public through the choices and tradeoffs that come with a health care system that works for everybody," he said. "We're now going to have a real debate about how we create a system that works for everybody."

After publishing the spending information and listening to public comment, the working group will develop a set of tentative recommendations on a system that works for everybody.

"When they have the tentative set of recommendations, they go back to the public again for another crack, so people will get to weigh in twice," Sen. Wyden said. Then the recommendations go to Congress, and all committees with jurisdiction over health care will have to hold hearings within 60 days of getting the recommendations.

Although there is no mandate for Congress to take any further action on the recommendations once it has held hearings, "you will have a citizens' road map of where the country feels we ought to be headed in health care, and if at that point the Congressional committees decide they want to ignore what the citizens have to say, then it will be really clear who they're siding with—powerful Washington interests rather than the citizens," he said.

Sen. Wyden gave a specific example of the type of issue he hopes the working group will address. "We know that a big chunk of the health care dollar gets spent in last few months of someone's life."

"So the question for the country that the political leaders have been ducking—and that they aren't going to be able to duck any longer—is, in those kinds of instances, do we want to start spending more money on hospice and in-home services and less on expensive treatments and interventions, and use the savings for children, pregnant moms, and people who've fallen through the cracks in the system? It's a difficult conversation to have, but this is the kind of issue that we've got to have a discussion about."

For more information on the working group, go to www.gao.gov/special.pubs/ citizenshealthpr0228.pdf.

What blood-borne virus infects 4 times more Americans than HIV?

HEPATITIS C

2 out of 3 people with Hep C are undiagnosed

- Don't rely on liver enzyme tests alone: 1 out of 3 people with Hep C has normal ALTs
- Ask all of your patients about their risk for Hep C, because patients treated early may respond better
- Consider offering a Hep C test whenever you test for HIV or HBV

STOP IT SOONER THAN LATER. SCREEN.

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