## Some Food-Borne Illnesses Declined in 2004

BY MIRIAM E. TUCKER

Senior Writer

he incidence of several major foodborne infections declined markedly between 1996 and 2004, preliminary data from the Centers for Disease Control and Prevention suggest.

For the first time in 2004, the national incidence of Shiga-toxin-producing Escherichia coli (STEC) O157 infections fell below the Healthy People 2010 goal of 1

case per 100,000 population. In addition, rates of Campylobacter are approaching the target of below 12.3 cases per 100,000, while the 2004 rate of Listeria, 2.7 per 1 million population, is nearly down to the goal of 2.5 cases per million by the end of

But although most of the news from the CDC's 10-site Food-Borne Diseases Active Surveillance Network (FoodNet) was good, there were increases in the incidence of both Vibrio and of two Salmonella serotypes from baseline in 1996-1998 to 2004, according to the CDC (MMWR 2005;54:352-6).

In 2004, a total of 15,806 laboratory-confirmed cases of infections were identified in the FoodNet surveillance area, which included 44.1 million individuals, or 15.2% of the U.S. population.

The three most frequent were Salmonella (6,464 cases), Campylobacter (5,665), and Shigella (2,231), followed by Cryptosporidium (613), STEC O157 (401), Yersinia (173), Vibrio (124), Listeria (120), and Cyclospora (15).

FoodNet cases were part of 239 nationally reported food-borne disease outbreaks, of which 58% were associated with restaurants. Of the 152 outbreaks in which an etiology was reported, the most common were norovirus (57%) and Salmonella (18%).

In 2003, FoodNet collected data on 52 cases of hemolytic-uremic syndrome in children less than 15 years of age (rate 0.6 per 100,000). Of those, 36 (69%) were among those younger than 5 years, the CDC said.

In comparing the preliminary 2004 numbers with those from 1996 to 1998,

The overall incidence of Salmonella decreased; however, of the most common serotypes, only S. typhimurium dropped significantly (by 41%).

the CDC adjusted for the difference in FoodNet's population, which was just 14.2 million during the earlier time period. The estimated incidence of infections with Campylobacter decreased 31%, Cryptosporidium by 40%, STEC O157 by 42%,

Listeria by 40%, Yersinia by 45%, and overall Salmonella infections by 8%. The estimated incidence of Shigella infections in 2004 wasn't significantly different from the baseline period, while overall Vibrio infections increased by 47%, to 2.8 per 100,000 population in

2004, the CDC reported. Although the incidence of Salmonella decreased overall, only one of the five most common serotypes, S. typhimurium, actually dropped significantly (by 41%). Two of the others—S. enteritidis and S. heidelberg—didn't change, while both S. newport and S. javiana rose by 41% and 167%, respectively.

The substantial increase in S. javiana was due in part to a multistate outbreak in 2004 that was associated with Roma tomatoes, they noted.

The substantial decline in STEC O157, first seen in 2003, coincides with several important food safety initiatives and educational efforts, and is consistent with reports from the U.S. Department of Agriculture of declines in contamination of ground beef following industry responses to governmental food safety initiatives.

The drop in Campylobacter, on the other hand, likely reflects efforts to reduce contamination of poultry and to educate consumers about safe food handling, the CDC said.

Rises in some Salmonella strains reflect a lack of understanding about the epidemiology of the organism and the methods by which it contaminates produce. Multidrug resistance is also a problem with Salmonella, particularly the newport strain.

The reasons for the increase in Vibrio, typically associated with seafood, are not clear. The Food and Drug Administration is currently conducting an assessment.

## **Combunox≻** (Oxycodone HCl and Ibuprofen) Tablets 5 mg/400 mg

FOREST LABORATORIES

CII Rx only
Brief Summary: For complete details, please see full prescribing information for Combunox.
INDICATIONS AND USAGE
Combunox tablets are indicated for the short term (no more than 7 days) management of acute,

WARHINGS

Misuse Abuse and Diversion of Opioids
Combunox contains overodone, which is an opioid agonist, and a Schedule II controlled
Substance, Opioid agonists have the potential for being abused and are sought by abusers and
people with addiction disorders, and are subject to diversion.
Combunox can be abused in a manner similar to other opioid agonists, legal or illitict. This
should be considered when prescribing or dispensing Combunox in situations where the physician or pharmacist is concerned about an increased risk of misuse, abuse or diversion (see
RBUIS ARUSE AND DEPENDENCE).

can or partnatest is concerned about an increased risk of misuse, abuse or diversion (see DNUG ABUSE AND DEPENDENCE).
Respiratory Depression
Oxycodone may produce dose-related respiratory depression by acting directly on the brain stem respiratory centers. Oxycodone HCl also affects the center that controls respiratory rithm, and may produce irregular and periodic breathing. Respiratory depression occurs most frequently in elderly or debilitated patients, usually following large initial doses in non-toleration. Combunox should be used with extreme caution in patients with significant chronic obstruction. Combunox should be used with extreme caution in patients with significant chronic obstruction, but the property of the property of the property of the property depression. In such patients, even usual therapeutic doses of Combunox may decrease respiratory drive to the point of apnea. Hypotensive Effect
Combunox, like all opioid analgesics, may cause severe hypotension in an individual whose ability to maintain blood pressure has been compromised by a depleted blood volume, or after concurrent administration with drugs such as phenothiazines or other agents which compromise vasomotor tone. Combunox may produce orthostatic hypotension in ambulatory patients. Combunox, like all opioid analgesics, should be administered with caution to patients in circulatory shock, since vasodilation produced by the drug may further reduce cardiac output and blood pressure.

blood pressure.

Head Injury and Increased Intracranial Pressure

The respiratory depressant reflects of opioids and their capacity to elevate cerebrospinal fluid

pressure may be markedly exaggerated in the presence of head injury, intracranial lesions or a

pre-existing increase in intracranial pressure. Furthermore, opioids produce adverse reactions
that may obscure the clinical course of patients with head injuries.

Acute Abdominal Conditions

e Automitian Conditions
administration of opioids may obscure the diagnosis or clinical course of patients with acute 
winal conditions.

possible duration. For high risk patients, attentate therapies that do not involve NSAUS should be considered. In addition to a past history of ulcer disease, pharmacoepidemiological studies have identified several other co-therapies or co-morbid conditions that may increase the risk for GI bleeding such as: treatment with oral corticosteroids, treatment with anticoagulants, longer duration of NSAID therapy, smoking, and alcoholism.

Anaphylactoid Reactions

Anaphylactoid reactions may occur in patients without known prior exposure to Combunox. Combunox should not be given to patients with the aspirin triad or a history of angloedmar. The triad typically occurs in asthmatic patients who experience thintists with or without nasal polyps, or who exhibit severe, potentially fatal bronchospasm after taking aspirin or other NSAIDs. Fat accidence to NSAIDs have been reported in such patients (see CoMTRAINDICATIONS and PRECAUTIONS - Pre-existing Asthma). Emergency help should be sought when anaphylactoid reaction occurs.

Prignancy
As with other NSAID-containing products, Combunox should be avoided in late pregnancy
because it may cause premature closure of the ductus arteriosus.
Interactions with Alcohol and Drugs of Abuse
Oxycodone may be expected to have additive effects when used in conjunction with alcohol,
other opioids, or illicit drugs that cause central nervous system depression.

Special Risk Patients
As with any opioid analgesic agent, Combunox tablets should be used with caution in elderly or debilitated patients, and those with severe impairment of hepatic, pulmonary or renal function, hypothyroidism, Addison's disease, acute alcoholism, convulsive disorders, CIIS depression or coma, delirium tremens, kyphoscoliosis associated with respiratory depression, toxic psychosis, prostatic hypertrophy or urethral stricture. The usual precautions should be observed and the possibility of respiratory depression, postural hypotension, and altered mental states should be kept in mind.

Use in PancreatioRiliary Tract Disease
Combunox may cause spasm of the sphincter of Oddi and should be used with caution in patients with biliary tract disease, including acute pancreatitis. Opioids like Combunox may cause increases in the serum amylase level.

nex e suppresses the cough reflex; as with other opioid containing products, caution should ed when Combunox is used postoperatively and in patients with pulmonary disease.

et on Diagnostic Signs antipyeric and anti-inflammatory activity of ibuprofen may reduce fever and inflammation, diminishing their utility as diagnostic signs in detecting complications of presumed nonin-ous, noninflammatory painful conditions.

In a countries of patients with renal failure has not been studied. Patients with significantly impairer neral function should be more dosely monitored.

Hematological Effects
Ibuproten, like other NSAIDs, can inhibit platelet aggregation but the effect is quantitatively less and of shorter duration than that seen with aspirin. Ibuproten has been shown to prolong bleeding time in normal subjects. Because this prolonged bleeding effect may be exaggerated in patients with underlying hemostatic defects, Combunox should be used with caution in persons with intrisic coagulation defects and those on anticoagulant therapy. Anemia is sometimes seen in patients receiving NSAIDs, including buproten. This may be due to fluid retention, GI loss, or an incompletely described effect upon erythropoissis. Pluid Retention and Edema Pluid retention and edema have been reported in association with ibuproten; therefore, the drug should be used with caution in patients with a history of cardiac decompensation, hypertension or heart failure.

Setistivity patients. Over the control of the contr

Laboratory Tests
A decrease in hemoglobin may occur during Combunox therapy, and elevations of liver enzymes
may be seen in a small percentage of patients during Combunox therapy (see PRECAUTIONS Hematological Effects and PRECAUTIONS - Hepatics Effects).
In patients with severe hepatic or renal disease, effects of therapy should be monitored with liver
and/or renal function tests.

codone is metabolized in part to oxymorphone via the cytochrome P<sub>ssi</sub> issenzyme CYP2D6. ie this pathway may be blocked by a variety of drugs (e.g., certain cardiovascular drugs and bepressants), such blockade has not yet been shown to be of clinical significance with this it. However, clinicans should be aware of this possible interaction. cholinergies: The concurrent use of anticholinergics with oxycodone preparations may pro-

degree of respiratory depression. 
bluurofen 
ACE-Inhibitors: Reports suggest that NSAIDs may diminish the antihypertensive effect of 
ACE-Inhibitors: Reports suggest that NSAIDs may diminish the antihypertensive effect of 
ACE-Inhibitors. This interaction should be given consideration in patients taking Combunox 
concomitantly with ACE-Inhibitors. 
Aspirin: As with other products containing NSAIDs, concomitant administration of Combunox 
and aspirin is not generally recommended because of the potential of increased adverse effects. 
Diuretics: Ibuprofen has been shown to reduce the natriuretic effect of furosemide and thiazides 
is owne patients. This response has been attributed to inhibition of renal prostaglandin synthesis. 
During concomitant therapy with Combunox the patient should be observed closely for 
signs of renal faultre (see PRECAUTIONS - Penal Effects), as well as diuretic effects 
yill be a diuretic effects. 
Ithium: buprofen has been attributed to inhibition of renal prostaglandin synthesis 
by ibuprofen. Thus, when Combunox and lithium are administered concurrently, patients should 
be observed for signs of lithium toxicily. 
Methotrexate: buprofen, as well as other NSAIDs, has been reported to competitively inhibitoring 
the properties of the propert

boundings together have a greater his of serious of the only that users of either drug aione.

Carcinogenicity, Mutagenicity and Impairment of Fertility

Studies to evaluate the potential effects of the combination of oxycodone and ibuprofen on carcinogenicity, mutagenicity or impairment of fertility have not been conducted.

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all studies to assess the potential effects of the combination of oxycodone and ibuprofen
mbryo-fetal development were conducted in the rat and rabbit model.
nant rats were treated by or all gavage with combination doses of oxycodone:bluprofen
cydday (0.25:20, 0.5:40, 1.0.80, or 2.0:160) on days 7-16 of gestation. There was no evier for developmental toxicity or terraponicity at any dose, although maternal toxicity was
at at doses of 0.5:40 and above. The highest dose tested in the rat (2.00:160 mg/kg/day) is
valent to the maximum recommended human daily dose (20:1600 mg/kg/day) on a bod syst-parae (mg/m²) basis. This dose was associated with maternal toxicity (death, clinical signs,
eased BW).

equivalent to the maximum recommended human daily gose (20 1000 migrosy), on tace area (mg/m²) basis. This dose was associated with maternal toxicity (death, clinical signs, decreased BW). Pregnant rabbits were treated by oral gavage with combination doses of oxycodone/fluprofen (03.83.0), 07.56.01, 150.120 or 3.00.240 mg/kg/day) on gestation days 7-19. Oxycodone/fluprofen treatment was not teratogenic under the conditions of the assay. Maternal toxicity was noted at doses of 1.5-120 (reduced body weight and food consumption) and 3.240 mg/kg/day (mortality). The no adverse effect level (NOAEL) for maternal toxicity, 0.75.60 mg/kg/day, (mortality). The no adverse effect level (NOAEL) for maternal toxicity, 0.75.60 mg/kg/day, sa cytion of the proposed maximum daily human dose based upon the body surface area. Developmental toxicity, as evidenced by delayed ossification and reduced fetal body weights, was noted at the highest dose, which is approximately 3 times the MRHD on a mg/m² basis, and is likely due to maternal toxicity. The fetal NOAEL of 1.50.120 mg/kg/day is approximately 1.5 times the MRHD on a mg/m² basis.

There are no adequate and well-controlled studies in prepnant women. Combinous should be used during prepnancy only if the potential benefit justifies the potential risk to the fetus. Because of the ibuprofen component, Combunox should not be used during the third trimester of pregnancy due to the potential for pregnancy due to the potential for the ductus arteriosus and pulmonary hypertension in the fetus/neonate).

tus aftenoisus and punimulary imperiorisors, in the control of the potential for and Delivery or and Delivery or and Delivery or and Delivery or and the control of the potential for including the potential for including the protection in the potential for including the protection of the potential for including the protection of the potential for including and immediately prior to labor and very because or all opioids may cause respiratory depression in the newborn.

very because oral opioids may cause respiratory augustics. The American Academy of sing Mothers yrollen is not transferred to breast milk in significant quantities. The American Academy of latifics classified ibuprofen as compatible with breastfeeding. In studies using a 1 mog/mL yr, ibuprofen was not detected in the milk of lactating mothers. Oxyconoe is excreted in nan milk. Withdrawal symptoms and/or respiratory depression have been observed in nates whose mothers were taking narcotic analgesics during pregnancy. Although adverse

Combunox has not been studied in patients under 14 years or age.

Geratric USB

Of the total number of subjects in clinical studies of Combunox, 89 patients were 65 and over, while 37 patients were 75 and over. No overall differences in safety were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. However, because the elderly may be more sensitive to the renal and gastrointestinal effects of nonsteroidal anti-inflammatory agents as well as possible increased risk of respiratory depression with pojoids, extra caution should be used when treating the elderly with Combunox.

ADVERSE REACTIONS

Listed below are the adverse event incidence rates from single dose analgesia trials in which a total of 2437 patients received either Combunox, buprofien (400 mg), oxycodone HCI (5 mg), or placebo. Adverse event information is approvided from an additional 334 patients who were exposed to Combunox in a multiple dose analgesia trial, without placebo or active component comparison arms, given up to four times daily for up to 7 days.

Adverse Events Which Occurred at a Frequency of  $\geq$  1% and at a Higher Incidence than in

	5/400 mg (n=923)	400 mg Ibuprofen (n=913)	5 mg Oxycodone HCI (n=286)	Placebo (n=315)
Digestive	•			
Nausea	81 (8.8%)	44 (4.8%)	46 (16.1%)	21 (6.7%)
Vomiting	49 (5.3%)	16 (1.8%)	30 (10.5%)	10 (3.2%)
Flatulence	9 (1.0%)	7 (0.8%)	3 (1.0%)	0
Nervous System	•		•	
Somnolence	67 (7.3%)	38 (4.2%)	12 (4.2%)	7 (2.2%)
Dizziness	47 (5.1%)	21 (2.3%)	17 (5.9%)	8 (2.5%)
Skin and Append	ages			
Sweat	15 (1.6%)	7 (0.8%)	4 (1.4%)	1 (0.3%)

Advarse events that were reported by at least 1% of patients taking Combunox but were observe at a greater incidence in the placebo treated patients were fever, headache and pruritus. Adverse events that occurred in less than 1% and in at least two Combunox treated patients is Single Dose studies not itsied above include the following: Body as Whole: addominal pain stehenia, chest pain, enlarged aborem. Cardiovascular System: typotension, syncope, tachy cardia, vasodilation. Digestive System: constipation, dry mouth, dyspepsia, erructation, lieu Whenic and Lymphatic Systems amain. Metabolic and Nutritional Disorders: edema. Nervous System: euphoria, insomnia, nervousness. Respiratory System: hypoxia, lung disorder.

Hemic and Lymphatic System: ainemia. Metabolic and Nutritional Disorders: edema. Nervous System: euphora, insomnia, nervousness. Respiratory System: hypoxia, lung disorder, pharyngits. Urogenital System: urinary retention. Adverse events that occurred in the Multiple Doss study in at least 2% of patients treated with Combunox include the following: Body as Whole: asthenia (3.3%), fever (3.0%), headache (10.2%). Cardiovascular System: vascolitation (3.0%). Digestive System: constipation (4.5%), diarrhea (2.1%), diyspepsia (2.1%), nausea (25.4%), vomiting (4.5%). Nervous System: dizzness (19.2%), somnoleince (17.4%). Adverse events that occurred in less than 2% of and at least two Combunox treated patients in the Multiple Dose study not listed previously include the following: Body as Whole: back plan, chills, infection. Cardiovascular System: thromopholibeits. Hemic and Lymphatic System: ecchymosis. Metabolic and Nutrilional Disorders: hypokalenia. Mussculoskeletal System: arthrifis. Nervous System: abmornal thinking, arother, hyperknies. King and Appendages: rash. Special Senses: amblyopia, taste perversion. Urogenital System: urinary frequency.

PRUG ABUSE AND DEPENDENCE

DRUG ABUSE AND DEPENDENCE

Combunox contains oxycodone, which is a mu-opioid agonist with an abuse liability similar to other opioid agonists and is a Schedule II controlled substance. Combunox, and other opioids used in analgesia, can be abused and are subject to criminal diversion.

Addiction is a primary, chronic, neurobiologic disease, with genetic, psychosocial, and environmental factors influencing its development and manifestations. It is characterized by behaviors that include one or more of the following: imparted control over drug use, compulsive use, continued use despite harm, and craving. Drug addiction is a treatable disease utilizing a multidisciplinary approach, but relegate is common.

"Drug seeking" behavior is very common in addicts and drug abusers. Drug-seeking tactics include emergency calls or visits near the end of office hours, refusal to undergo appropriate examination, testing or referral, repeated "loss" of prescriptions, tampering with prescriptions and reluctance to provide prior medical excords or contact information for other treating physician(s). "Doctor shopping" to obtain additional prescriptions is common among drug abusers and people suffering from untreated addiction.

Abuse and addiction are separate and distinct from physical dependence and tolerance. Physicial dependence usually assumes clinically significant dimensions after several days to weeks continuous popidu use. Tolerance, in which increasingly large doses are required in order to produce the same degree of analgesia, is manifested initiatily by a shorter duration of analgesic effect, and subsequently by a decrease in the intensity of analgesia. The rate of development of tolerance varies among patients. Physicians should be aware that abuse of opioids can occur in combination with other psychoactive substances. Combunox, like other opioids, may be diverted for non-medical suce. Record-keeping of prescribing information, including quantity, frequency, and renewal requests is strongly advised.

Orenonesce:

Following an acute overocaspe, toxicity may result from oxycoone and/or inspiroters. Signs and Symptoms: oxycodone may be manifested by respiratory depression, somnolence progressing to stupor or coma, skeletal muscle flaccidity, cold and clammy skin, constricted pupils, bradycardia, or hypotension. In severe cases death may occur. The toxicity of bidprofen overdoses is dependent on the amount of drug ingested and the time elapsed since ingestion, although individual response may van, necessitating individual evaluation of each case. Although uncommon, serious toxicity and death have been reported in the medical literature with biuprofen overdosage. The most frequently reported symptoms of biuprofen overdosie include abdominal pain, nausea, voniting, lettary, and drowniess. Other central nervous system symptoms include headache, tinnitus, CNS depression, and seizures. Cardiovascular toxicity, including hypotension, bradycardia, tachycardia, and atrial fibrillation, have also been reported.

have also been reported.

Treatment:
In the treatment of opioid overdosage, primary attention should be given to the re-establishment of a patent arrivary and institution of assisted or controlled ventilation. Supportive measures (including oxygen and vascopressors) should be employed in the management of circulatory shock and pulmonary defemal accompanying overdose, as indicated. Cardiac arrest or arrhythmis may require cardiac massage or defibrilation. The narcolic antagonist haloxone hydrochloride is a specific artifold against respiratory depression, which may result from overdosage or unusual sensitivity to narcolics including oxycodone. An appropriate dose of naloxone hydrochloride should be administered interventously with simultaneous efforts at respiratory resuscitation. Since the duration of action of oxycodone may exceed that of the naloxone, the patient should be kept under continuous surveillance and repeated doses of the antagonist should be administered as needed to maintain adequate respiration. Management of hypotension, actioosis and gastronitestinal bleeding may be necessary, in cases of active overdose, the somach should be empted through lepica-induced emess or gastro. Management of hypotension, actions and activated charcoal may help in reducing the absorption and reabsorption of buproten. The mess is most effective if initiated within 30 minutes of ingestion. Induced emess is not recommended in patients with impaired consciousness or overdosse greater than 400 mg/kg of the buprofleo component in children because of the risk for convulsions and the potential for aspiration of gastric contents.

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