# Undertreated Pain Can Spark Pseudoaddiction

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Mid-Atlantic Bureau

BOSTON — Adolescents with undertreated chronic pain may develop pseudoaddiction to their pain medications, which would involve the demonstration of drug-seeking behaviors that are easy to confuse with true addiction.

These symptoms can be very confusing," Dr. John Knight said at the annual meeting of the American Academy of Pediatrics. "Virtually 100% of patients who get opioids for chronic pain will develop two signs of true drug dependence: physiologic tolerance and withdrawal symptoms if the drug is removed. But if you only have these two signs, that is not addiction.'

According to the Diagnostic and Statistical Manual IV, psychosocial symptoms must also be part of the clinical picture. These include the devotion of exorbitant amounts of time and energy to obtaining the drug; the relinquishment of important social, recreational, or occupational activities in favor of using the drug; and its continued use despite the understanding that it causes harmful effects. "Adolescents with pseudoaddiction are unlikely to engage in these sorts of behaviors," said Dr. Knight, director of the Center for Adolescent Substance Abuse Research, Children's Hospital, Boston.

However, he said, the symptoms of pseudoaddiction can be alarming. Teens with pseudoaddiction will try to increase their drug supply to help better manage their pain. Behaviors commonly seen are hoarding of medication, requesting only specific drugs, increasing dosage without a physician consult, obtaining multiple prescriptions from different sources, and complaining about an increasing need for more drugs to obtain pain relief (J. Pain Symptom Manage. 1997;14:S27-35).

In cases of suspected pseudoaddiction, "I have a very low threshold for consultation. At a minimum, you need a pain management specialist and an addiction psychiatrist on your treatment team to help manage this," he said. It's critical to maximize pain relief with supportive treatments. "Make sure you're providing adequate analgesia. You might need to add an-



Patients with insufficiently treated pain usually won't behaviors.'

DR. KNIGHT

engage in 'street

other narcotic, increase the dose, or switch to a longer-acting form or another medication." Physical therapy can also play an important role in minimizing chronic pain, he added.

All chronic pain treatment plans require a monitoring component, he stressed. This includes parental pill counts and regular urine drug testing.

These patients with insufficiently treated pain are going to try to ensure their supply of medication, but they are not usually going to engage in 'street behav-

iors' to get it," Dr. Knight said. "The street behaviors are much more suggestive of true drug dependence." Patients with true addiction are more likely to sell their medication, steal medication or forge prescriptions, use illegal drugs or alcohol in combination with the prescribed drug, grind their pills for snorting or injecting, and obtain prescription drugs

illegally. Sometimes parents can unwittingly contribute to pseudoaddiction, he noted. Parents are understandably concerned when their child receives treatment with narcotic drugs and may limit the dosage to try to avoid addiction. When this happens, their children might have suboptimal pain relief and then display worrisome drug-seeking behaviors. Teens can also become resentful, feeling that the parent doesn't trust them to take medication appropriately and causes additional pain by withholding necessary medication. In cases like this, education is vital, Dr. Knight said.

"The parent needs to understand how important it is for the child to take the drug exactly as prescribed, and that although there is a risk of dependence, the risk is very low as long as we carefully monitor the amount of drug given."

A written contract is a good way to help stress the importance of accurate dosing on both parents and patients, Dr. Knight suggested.

BRIEF SUMMARY: Consult the Full Prescribing Info

AMPHETAMINES HAVE A HIGH POTENTIAL FOR ABUSE. ADMINISTRATION OF AMPHETAMINES FOR PROLONGED PERIODS OF TIME MAY LEAD TO DRUG DEPRINDENCE. PARTICULAR ATTENTION SHOULD BE PAID TO THE POSSIBILITY OF SUBJECTS OBTAINING AMPHETAMINES FOR NON-THERAPEUTIC USE OR DISTRIBUTION TO OTHERS AND THE DRUGS SHOULD BE PRESCRIBED OR DISPERSED SPRAINGLY.

MISUSE OF AMPHETAMINE MAY CAUSE SUDDEN DEATH AND SERIOUS CARDIOVASCULAR ADVERSE EVENTS.

INDICATIONS AND USAGE

Wycanse is indicated for the treatment of Attention-Deficit/Hyperactivity Disorder (ADHD).

The efficacy of Vycanse in the treatment of Attention-Deficit/Hyperactivity Disorder (ADHD).

The efficacy of Vycanse in the treatment of ADHD was established on the basis of two controlled trials in children aged 6 to 12, who met DSM-I/W criteria for ADHD (see CLINICAL TRIALS).

A diagnosis of Altention-Deficit/Hyperactivity Disorder (ADHD, DSM-I/W) implies the presence of hyperactive-impulsive or inattentive symptoms that caused impairment and were present before age 7 years. The symptoms must cause clinically significant impairment, in social, academic, or occupational functioning, and be present in two or more settings, e.g., at school (or work) and at home. The symptoms must not be better accounted for by another mental disorder. For the intentive type, at least six of the following symptoms must have persisted for at least 5 months; tack of attention to detaliscareless mistakes, tack of assistance distention; poor listener, the properties of the control of of the properties of the control of the control of the control of the properties of the control of

CONTRAINDICATIONS

Advanced arterioscierosis, symptomatic cardiovascular disease, moderate to severe hypertension, hyperthyroidism, known hypers or dilosyncrasy to the sympathominetic amines, glaucoma.

iadeu states. ients with a history of drug abuse. ing or within 14 days following the administration of monoamine oxidase inhibitors (hypertensive crises may result).

NANNINGO Serious Cardiovascular Events Sudden Death and Pre-existing Structural Cardiac Abnormalities or Other Serious Heart Problems Duktern and Adolescents.

Children and Adolescents

Sudden death has been reported in association with CNS stimulant treatment at usual doses in children and adolescents with structural cardiac abnormalities or other serious heart problems. Although some serious heart problems alone carry an increased risk of sudden death, stimulant products generally should not be used in children or adolescents with known serious structural cardiac abnormalities, cardiomyopathy, serious heart rightmen abnormalities, or other serious cardiac problems that may place them at increased vulnerability to the sympathomimetic effects of a stimulant drug (see CONTRAINDICATIONS).

s en deaths, stroke, and myocardial infarction have been reported in adults taking stimulant drugs at usual doses for ADHD. A led of stimulants in these adult cases is also unknown, adults have a greater likelihood than children of having serious st candomyotalty, serious heart hythm abnormalities, coronary atery disease, or other serious cardiac pr tension and other should also generally not be treated with stimulant drugs (see CONTRAINDICATIONS). Tension and other Cardiovascular Conditions

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Hypertension and other Cardiovascular Conditions

Slimulant medications cause a modest increase in average blood pressure (about 2-4 mmHg) and average heart rate (about 3-6 bpm), and individuals may have larger increases. While the mean changes alone would not be expected to have short-term consequences, all patients should be monitored for larger changes in heart rate and blood pressure. Caution is indicated in treating patients whose underlying medical conditions might be compromised by increases in blood pressure. Caution is indicated in treating patients whose underlying medical conditions might be compromised by increases in blood pressure or heart rate, e.g., those with pre-existing hypertension, heart failure, recent myocardial infarction, or ventricular arrhythmia (see CONTRAINDICATIONS).

Assessing Cardiovascular Status in Patients being Treated with Stimulant Medications

Children, adolescents, or adults who are being considered for treatment with stimulant medications should have a careful history (including assessment for a family history of sudden death or ventricular arrhythmia) and physical exam to assess for the presence of cardiac disease, and should receive further cardiac evaluation if findings suggest such disease (e.g. electrocardiogram and echocardiogram). Patients who develop symptoms such as exertional chest pain, unexplained syncope, or other symptoms suggestive of cardiac disease during stimulant treatment should undergo a prompt cardiac evaluation.

Psychiatric Adverse Events

Pra-Existing Psychosis

Administration of stimulants may exacerbate symptoms of hebraica.

methylphenidate or amphetamine for several weeks at usual doses) of stimulant-treated patients compared to 0 in placebo-treated patients. 
Aggression
Aggressive behavior or hostility is often observed in children and adolescents with ADHD, and has been reported in clinical trials and the postmarketing experience of some medications indicated for the treatment of ADHD. Although there is no systematic evidence that stimulants cause aggressive behavior or hostility, patients beginning treatment for ADHD should be monitored for the appearance of or worsening of aggressive behavior or hostility.

Long-Term Suppression of Growth
Careful follow-up to dweight and height in children ages 7 to 10 years who were randomized to either methylphenidate or non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treated and non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treated and non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treated and non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treated and non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treated and non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treated and non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treated and non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treated and non-medication treatment groups over 14 months and particular of 12 months where the properties of 13 months of the properties of the properties of the prope

with stimulants, and patients who are not growing or gammy many to september 5. Sectives
There is some clinical evidence that stimulants may lower the convulsive threshold in patients with prior ristory of seizures, and very rarely, in patients without a history of seizures and no prior EEG evidence of seizures. In the presence of seizures, the drug should be discontinued.

Wisual Disturbance
Difficulties with accommodation and blurring of vision have been reported with stimulant treatment.

Aethenamine therapy—Unmany excretion of ampnetamines is increased, and efficacy is reduced by aciditying agents used in aethenamine therapy.

\*\*Increpinephrine\*\* — Amphetamines enhance the adrenergic effect of norepinephrine.

\*\*Phenoharbital\*\* — Amphetamines may delay intestinal absorption of phenobarbital; co-administration of phenobarbital may produce a pragrictic action-quites at action.

tic anticonvulsant action.

In — Amphetamines may delay intestinal absorption of phenytoin; co-administration of phenytoin may produce a synergistic ulsant action.

Indication—Antipieral miss large leagh interesting a support of periphytics of the proposed and proposed and

Amphetamine (d foll enantiomer ratio of 3:1) did not adversely affect fertility or early embryonic development in the rat at doses or up to 20 mg/kg/dy.

Pregnancy: Pregnancy Category C. Reproduction studies of lisdexamfetamine have not been performed.

Amphetamine (d to I enantiomer ratio of 3:1) had no apparent effects on embryofetal morphological development or survival when orally administered to pregnant rats and rabbits throughout the period of organogenesis at doses of up to 6 and 16 mg/kg/day, respectively. Fetal malformations and death have been reported in mice following parenteral administration of destroamphetamine dose of 50 mg/kg/day or greater to pregnant animals. Administration of these doses was also associated with severe maternal broad to 50 mg/kg/day or greater to pregnant animals. Administration of these doses was also associated with severe maternal broad to the severe administration of destroamphetamine dose of 50 mg/kg/day or greater to pregnant animals. Administration of these doses was also associated with severe maternal broad to the used clinically can result in long term neurochemical and behavioral alterations. Reported behavioral effects include learning and memory deficits, altered locomotor activity, and changes in sexual function.

There are no adequate and well-controlled studies in pregnant women. There has been one report of severe congenital bony deformity, tracheo-esophageal fistula, and anal atresia (vater association) in a baby born to a woman who took dextroamphetamine suitate with knoteratogenic leftest: Indians born to mothers dependent on amphetamine have an increased risk of premature delivery and low birth weight. Also, these infants may experience symptoms of withdrawal as demonstrated by dysphoria, including agitation, and significant tassitude. Usage in Nursing Mothers: Amphetamines are accreted in human milk. Mothers taking amphetamines should be advised to refrain from nursing.

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Pediatric Use: Vyvanse is indicated for use in children aged 6 to 12 years.

A study was conducted in which juvenile rats received oral doses of 4, 10, or 40 mg/kg/day of lisdexamfetamine from day 7 to day 63 of age. These doses are approximately 0.3, 0.7, and 3 times the maximum recommended human daily dose of 70 mg mg on a mg/m² basis. Dose-related decreases in food consumption, bodyweight gain, and crown-rump length wers even; after a four week dripe receivery period bodyweights and crown-rump lengths had significantly recovered in females but were still substantially reduced in males. Time to vaginal opening was delayed in females at the highest dose, but there were not drug effects on fertility when the animals were mated beginning on day 85 of age.

In a study in which juvenile dogs received lisdexamfetamine for 6 months beginning at 10 weeks of age, decreased bodyweight gain was seen at all doses tested (2, 5, and 12 mg/kg/day, which are approximately 0.5, 1, and 3 times the maximum recommended human daily dose on a mg/m² basis.) This effect partially or fully reversed during a four week drug-ree recovery period.

Use in Children under Six Years of Age: Lisdexamfetamine dimesystate has not been studied in 3-5 year olds. Long-term effects of amphetamines in children have not been well established. Amphetamines are not recommended for use in children aven on been well established. Amphetamines are not recommended to use in children aven on been well established. Amphetamines are not recommended to use in children aven on the envel established. Amphetamines are not recommended to use in children have not been well established. Amphetamines are not recommended to use in children aven on the envel established. Amphetamines are not recommended to use in children aven on the envel established. Amphetamines are not recommended to use in children aven on the envel established.

Table 1 Adverse Events Reported by 2% or More of Pediatric Patients Taking Vyvanse in a 4 Week Clinical Trial			
Body System	Preferred Term	Vyvanse (n=218)	Placebo (n=72)
Gastrointestinal Disorders	Abdominal Pain Upper Dry Mouth Nausea Vomiting	12% 5% 6% 9%	6% 0% 3% 4%
General Disorder and Administration Site Conditions	Pyrexia	2%	1%
Investigations	Weight Decreased	9%	1%
Metabolism and Nutrition	Decreased Appetite	39%	4%
Nervous System Disorders	Dizziness Headache Somnolence	5% 12% 2%	0% 10% 1%
Psychiatric Disorders	Affect lability Initial Insomnia Insomnia Irritability Tic	3% 4% 19% 10% 2%	0% 0% 3% 0% 0%
Skin and Subcutaneous Tissue Disorders	Rash	3%	0%

DRUG ABUSE AND DEPENDENCE

less than that for occaine, but greater than that of placebo. **DVERDIOSAGE**Individual response to amphetamines varies widely. Toxic symptoms may occur idiosyncratically at low doses.

Symptoms: Manifestations of acute overdosage with amphetamines include restlessness, tremor, hyperreflexia, rapid respiration, contission, assaultiveness, haltucinations, panic states, hyperpreva and rhabdomyolysis. Fatigue and depression usually follow the central nervous system stimulation. Cardiovascular effects include arrhythmias, hypertension or hypotension and circulatory collasses. Castrointestinal symptoms include nausea, vomiting, diarrhea, and abdominal orrangs. Tatal polsoning is usually preceded by convulsions and coma.

Treatment: Consult with a Certified Poison Control Center for up to date guidance and advice. Management of acute amphetamine intoxication is largely symptomatic and includes gastric lavage, administration of adviated charcoal, administration of a cathartic advatacion. Experience with hemodalysis or peritoneal idialysis is indequeate to permit recommendation in this regard. Additication of the urine increases amphetamine excretion, but is believed to increase risk of acute renal failure if myoglobinuria is present. If acute severe hypertension complicates amphetamine excretion, but is believed to increase risk of acute renal failure if myoglobinuria is present. If acute severe properties of amphetamine excretion, but when sufficient seadation of intravenous phentolamine has been suggested. However, a gradual drop in blood pressure will usually result when sufficient seadation has been achieved. Chiorpromazine antagonizes the central stimulant effects of amphetamines and can be used to treat amphetamine intoxication. The prolonged release of Vyvanse in the body should be considered when treating patients with overdose.

Manufactured for: New Piwer Pharmaceuticals inc., Blacksburg, Va 24060. Made in USA.

For more information call 1-800-82-2088, or visit www. Vyvanse.com

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