CAPSULES CLINICAL

Children of Preeclamptic Mothers

Children born to preeclamptic mothers are more likely to have pulmonary hypertension, compared with children born from uncomplicated pregnancies, according to a study presented at a meeting sponsored by the American Physiological Society.

The finding provides "the very first evidence that preeclampsia leaves a persistent and potentially fatal imprint in the pulmonary circulation of the offspring," said Pierre-Yves Jayet, M.D.

Dr. Jayet and his associates hypothesized that children born to mothers who had preeclampsia are predisposed to pulmonary hypertension at high altitude. To test this hypothesis, the investigators used echocardiography to measure systolic pulmonary artery pressure in 11 children aged 6-8 years who were born to preeclamptic mothers from La Paz, Bolivia, where the elevation is 12,000-13,000 feet above sea level. For a control group, they evaluated 13 age- and gender-matched children in La Paz born from normal pregnancies, said Dr. Jayet of University Hospital. Lausanne. Switzerland.

The mean systolic pulmonary artery

pressure was about 33% higher in children born to preeclamptic mothers, compared with those born from uncomplicated pregnancies (36 mm Hg vs. 27 mm Hg, respectively). Hypoxic pulmonary vasoconstriction was not related to more severe hypoxemia or exaggerated polyglobulia, Dr. Jayet noted. The Swiss National Science Foundation supported the study.

Emotional Writing Helps Fibromyalgia

Fibromyalgia patients demonstrated short-term improvement in psychological well-being, fatigue, and pain by writing about personal traumatic experiences, reported Joan E. Broderick, Ph.D., of the

State University of New York at Stony Brook. Women at an average age of 50 years who reported an onset of fibromyalgia about 9 years before the study were randomized into three groups: 31 in the emotional-disclosure (ED) group, 32 in the neutral-writing (NW) group, and 29 in the usual-care (UC) group. Those in the ED group wrote about personal traumatic experiences in three lab sessions; those in the NW group wrote about day-to-day activities over three lab sessions (Psychosom. Med. 2005;67:326-34).

Psychological well-being, fatigue, and pain were assessed at pretreatment, 4month follow-up, and 10-month follow-up. Since no significant differences were found from pretreatment and 4-month follow-up in the NW and UC groups, they were combined into a single control group, the investigators said. At 4 months, the ED group showed a significant reduction in fatigue and pain and improvements in psychological well-being, compared with controls. But none of the benefits were sustained at 10-month follow-up.

Larger Fibroids, Heavy Bleeding

Heavy bleeding in women with fibroids was significantly associated with increased fibroid volume but not pelvic pain, according to Kristen Kjerulff, Ph.D., of Pennsylvania State University, Hershey, and colleagues. In a linear regression analysis of 714 premenopausal women with fibroids, the number of days of heavy bleeding was significantly associated with increased uterine volume but not with pelvic pain, they wrote in a poster presented at an international conference sponsored by the National Institutes of Health.

In addition, intramural fibroids were associated with both excessive bleeding and pelvic pain; submucosal fibroids were associated with excessive bleeding but not with pelvic pain. The presence of at least seven fibroids was significantly associated with frequent abdominal bloating.

The women were interviewed regarding risk factors, symptom severity, and other quality of life measures. Assessment of fibroids was conducted with transvaginal ultrasound for nonhysterectomy patients and pathology for hysterectomy patients.

HSV-2 Shedding Risk

Hormonal contraception and two common genital tract conditions appear to be among the risk factors for shedding of herpes simplex virus type 2 in women.

In a 12-month study of 330 women who were evaluated every 4 months, independent predictors of genital tract shedding of HSV-2 were HSV-2 seroconversion during the previous 4 months (adjusted odds ratio [OR] 3.0), bacterial vaginosis (adjusted OR 2.3), heavy colonization with group B streptococcus (adjusted OR 2.2), and use of hormonal contraceptives (adjusted OR 1.8), reported Thomas L. Cherpes, M.D., and his colleagues at the University of Pittsburgh (Clin. Infect. Dis. 2005;40:1422-8).

Because use of hormonal contraception is widespread, and bacterial vaginosis and vaginal group B streptococcus colonization are two of the most common genital conditions in women of reproductive age, the associations between these variables and increased genital tract shedding of HSV-2 is of concern.

BRIEF SUMMARY. Consult the package insert or www.ZOLOFT.com for complete prescribing information.

Socialatify in Children and Adolescents

Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use TOLOFT or any other antidepressant in a child or adolescent must balance this risk with the dinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. ZOLOFT is not approved for use in pediatric patients except for patients with obsessive-compulsive disord (OCD).

**COLOR MADNINGS and PRECAUTIONS: Pediatric Use)

Families and caregivers should be advised of the need for close observation and communication with the prescriber. ZOLOFT is not approved for use in pediatric patients except for patients with obsessive-compulsive disorder (OCD). (See WARNINGS and PRECAUTIONS: Pediatric Use)

Pooled analyses of short-term (4 to 16 weeks) placebo-controlled trials of 9 antidepressant drugs (SSRIs and others) in children and adolescents with major depressive disorder (MDD), obsessive-compulsive disorder (OCD), or other sychiatric disorders (a total of 24 trials involving over 4400 patients) have revealed a greater risk of adverse events representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No suicides occurred in these trials.

INDICATIONS: 20L0FT is indicated for the treatment of major depressive disorder (MDD), social anxiety disorder, panic disorder, postmannatic stress disorder (PTSD), premenstrual dysphoric disorder (PMDD), and obsessive-compulsive disorder (OCD), and can be used in pediatric patients (gaged 6 to 17 years) with OCD. CONTRAINDICATIONS: Concomitant use in patients taking either monoamine oxidose inhibitors (MAOIs) or primazide is contraindicated. WARNINGS: Clinical Worsening and Suicide Risk — Adult and pediatric patients with MDD may experience worsening of their depression and/or emergence of suicidality or unusual behavioral changes, whether or not they are taking antidepressants; this risk may pessist until significant remission occurs. There has been a long-standing concern that antidepressants may prompt worsening of depression and emergence of suicidality in certain patients. Pooled analyses of short-term placebo-controlled trials of 9 antidepressant drugs (SSRs and others) in children and adolescents with MDD, OCD, or other psychitoric disorders (24 trials in >440D patients) revealed a greater risk of suicidality of during the first few months of treatment in antidepresson recipients. The overage risk of such events in these potients was 4%, where the placebor isk of 2%. Risk varied considerably among drugs studied, but almost all drugs tended toward an increase. Suicidality via was most consistently observed in MDD triads, but risk signals also arose from some trials in OCD and social anxiety disorder. No suicides occurred in these trials. It is unknown whether the suicidality risk in pediatric patients extends to longer term use, eg, beyond several months or to adults. Closely observe all pediatric patients taking antidepressants for any clinical worsening, suicidality, and unusual behavioral changes, especially in the first few months of treatment, or arregivers during the first 4 weeks of treatment, then every other week visits for the next 4 weeks and at 12 weeks, and as dinically indicated thereafter. INDICATIONS: 701.0FT is indicated for the treatment of major depressive disorder (MDD), social anxiety disorder, papic disorder, posttraumatic st impulsivity, foldnisia (psychomotor restlessness). Hypomania, and mania have been reported in adult and pediatric patients taking antidepressants for MDD and other psychiatric or nonpsychiatric indications. While no causal link between the emergence of such symptoms and worsening of depression and/or emergence of suicidal impulses has been established, these symptoms may indicate emerging suicidality. Consider changing of depression and/or emergence of suicidal impulses has been established, these symptoms may indicate emerging suicidality. Consider changing of depression and/or emergence of suicidality especially if symptoms are severe, obrupt in onset, or not part of presenting symptoms. If treatment is to be discontinued, taper medication as rapidly as possible, with attention to the association of abrupt discontinuation with certain symptoms (see PRECAUTIONS and DOSAGE AND ADMINISTRATION—Discontinuation of Treatment with 20LOFT). Alert families and caregivers of pediatric and adult patients taking antidepressants for MDD or other psychiatric or nonpsychiatric indications to monitor patients on a daily basis for unusual behavioral changes, and both the emergence of the symptoms described above and suicidality, and to report such symptoms immediately to healthcare providers. To reduce overdose risk, write 20LOFT pesciptions for the testes tablets consistent with good patient management. Screening for bipolar disorder: An MDD episode may be the initial presentation of bipolar disorder. Whether any of the symptoms described above and to bipolar disorder in combination of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a convexion is unknown. Screen patients with depressions conjustely prior to initiating antidepressant treatment to determine if they are at risk for bipolar disorder, this should include a detailed psychiatric history, including from thy history of saide, bipolar disorder. And on the presentation of the propriet in the pro MDD and other psychiatric or nonpsychiatric indications. While no causal link between the emergence of such symptoms and worsening of depressio could affect metabolism or hemodynamic responses. In clinical studies, electrocardiograms of 774 potients taking 20LDFT (excluding those with a recent history of myocardial inforction or unstable heart disease) indicate that 20LDFT is not associated with the development of significant ECG abnormalities. In patients with cross many of myocardial inforction or unstable heart disease) indicate that 20LDFT is not associated with the development of significant ECG abnormalities. In patients with cross many of the properties of the properties with moderate and severe hepotic impairment, sentatine clearance was reduced, thus increasing AUC, C_{max}, and elimination half-life. Effects in patients with moderate and severe hepotic impairment. Since 20LDFT is extensively metabolized, exception of unchanged drug in urine is a minor route of elimination. A clinical study has indicated that read cliasses does not affect sentoline pharmacokinetics and protein binding. Therefore, no disagge adjustment is needed in patients with read impairment. Interference with Cognitive and Motor Performance—In controlled studies, 20LDFT did not cause sediction and did not interfere with psychomotory performance. Hyponatremia — Several cases of reversible hyponatremia have been rare reports. Or altered platelet function and/or abnormal results from laboratory studies in patients taking 20LDFT. Drug Interactions: Potential Effects of Coadministration of Drugs Highly Bound to Plasma Proteins—Adverse effects may result from displacement of protein-bound 20LDFT by other displays, equivation, and continued that the starting dose of 50 mg should be guided by clinical effect. CNS Active Drugs — Concomitant use of 20LDFT with diazepam or desmethyldiazepam may require dosage adjustment through lithium levels were not othered in clinical think, it is recommended that plasma lithium levels be monitored following initiation of 20LDFT therepy viril appropriate dispussments to the lithium dose. In a controlled study of a single dose (2 mg) of pimozide, 200 could affect metabolism or hemodynamic responses. In clinical studies, electrocardiagrams of 774 patients taking ZOLOFT (excluding those with a recenhistory of myocardial inforction or unstable heart disease) indicate that ZOLOFT is not associated with the development of significant ECG abnormalities inhibition. Consequently, concomitant use of a drug metabolized by P450 2D6 with ZOLOFT may require lower doses than usually prescribed for the

other drug. Whenever Z0L0FT is withdrawn from co-therapy, an increased dose of the coadministered drug may be required. Sumatriptan — Rare reports describe weakness, hypereflexia, and incoordination following combined SSR-punntiplinar heatment. Combined therapy warrants appropriate potent observation. TCAs — Guntion is indicated in the coadministration of TCAs with 70L0FT, because sentratine may inhibit TCA methodolsm. The extent to which SSR-PCA interactions may pose clinical problems depends on the degree of inhibition and the pharmacokinetics of the SSR involved. Plasma TCA concentrations may need to be monitored, and the dose of TCA may need to be reduced, if a TCA is coadministered with 70L0FT. Hypoglycemic Torugs — In a placebocontrolled that in normal voluntees, concentration se of Z0L0FT and following caused a decrease in the desorance of bulbutamide, which may have been due to a change in the metabolism of the drug. The chiral significance of this is unknown. Atenolol — 20L0FT (100 mg) doministrated to 10 healthy males had no effect on the beta-adherency lobeking ability of atenolol. Digoxin — In another study, administration of Z0L0FT for 17 days (including 200 mg/day for the last 10 days) did not change seum digoxin levels or digoxin error of adjust renal charance. Microsomal Enzyme Induction — 20L0FT was shown to induce hepotic microsomal enzymes, as determined by a decrease in onlipyine half-life. This small change reflects a clinically insignificant change in hepatic metabolism. Electroconvulsive Therapy (ECT) — There are no clinical studies establishing the risks or benefits of the combined use of ECT and 20L0FT. Alcohol — Although Z0L0FT did not potentiate the cognitive and psychomotor effects of alcohol in clinical studies, the concomitant use of Z0L0FT and alcohol is not recommended. Carcinogenesis, Mutagenesis, Impairment of Fertilitys: Lifetime carcinogenicity studies carried out in mice and rats showed a dose-related increase of liver adenomasms in malar receiving sertraline at 10 mg/kg (0. effect was not dearly drug related. Sertraline had no genotoxic effects, with or without metabolic activation, based on laboratory assays. A decrease in fertility was seen in one of two rut studies at a deep of 80 mg/kg (4 times the maximum human dose on a mg/m² basis). Pregnancy—Pregnancy Caregory C2 There are no adequate and well-controlled studies in pregnant women. 20LOFT should be used uning regnancy only if the potential health justifies the potential risk to the fetus. Pregnancy—Nonteratogenic Effects—Neonates exposed to 20LOFT and other SSRs or SNRs, late in the third trimester have developed complications requiring prolonged hospitalization, respiratory support, and tube feeding. Complications can urise immediately upon delivery. Reports include respiratory distress, cyanosis, annea, seizures, temperature instability, feeding difficulty, wornting, thypoglycenia, phyperlineia, thereof, internosis explosed to standard the properties of the control of the standard properties of the control of the standard properties of the st ar dain for pedantic use. But of 2007 in a child at ordicated medicated medi a claim for pediatric use. Use of 2010FT in a child or adolescent must balance the potential risks with the clinical need. The risks, if any, that may be associated with 2010FTs use beyond 1 year in children and adolescents with OCD have not been systematically assessed. There are no studies that directly endured the effects of long-term use of sentialne on the growth, keelogment, and maturation of children and adolescents. Although there is no affirmative finding for such effects, the potential of sertraline to have adverse effects with chronic use is not known. Geriatric Use — Geriatric

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