

Adverse Event	amlodipine		Placebo	
	M=% (N=1218)	F=% (N=512)	M=% (N=914)	F=% (N=336)
Edema	5.6	14.6	1.4	5.1
Flushing	1.5	4.5	0.3	0.9
Palpitations	1.4	3.3	0.9	0.9
Somnolence	1.3	1.6	0.8	0.3

The following events occurred in  $\leq 1\%$  but  $>0.1\%$  of patients treated with amlodipine in controlled clinical trials or under conditions of open trials or marketing experience where a causal relationship is uncertain; they are listed to alert the physician to a possible relationship: **Cardiovascular:** arrhythmia (including ventricular tachycardia and atrial fibrillation), bradycardia, chest pain, hypotension, peripheral ischemia, syncope, tachycardia, postural dizziness, postural hypotension, vasculitis. **Central and Peripheral Nervous System:** hyposthesia, neuropathy peripheral, paresthesia, tremor, vertigo. **Gastrointestinal:** anorexia, constipation, dyspepsia, dysphagia, diarrhea, flatulence, pancreatitis, vomiting, gingival hyperplasia. **General:** allergic reaction, asthenia, back pain, hot flashes, malaise, pain, rigors, weight gain, weight decrease. **Musculoskeletal System:** arthralgia, arthrosis, muscle cramps, myalgia. **Psychiatric:** sexual dysfunction (male and female), insomnia, nervousness, depression, abnormal dreams, anxiety, depersonalization. **Respiratory System:** dyspnea, epistaxis. **Skin and Appendages:** angioedema, erythema multiforme, pruritus, rash, erythematous, rash maculopapular. **Special Senses:** abnormal vision, conjunctivitis, diplopia, eye pain, tinnitus. **Urinary System:** micturition frequency, micturition disorder, nocturia. **Autonomic Nervous System:** dry mouth, sweating increased. **Metabolic and Nutritional:** hyperglycemia, thirst. **Hemopoietic:** leukopenia, purpura, thrombocytopenia. The following events occurred in  $\leq 0.1\%$  of patients treated with amlodipine in controlled clinical trials or under conditions of open trials or marketing experience: cardiac failure, pulse irregularity, extrasystoles, skin discoloration, urticaria, skin dryness, alopecia, dermatitis, muscle weakness, twitching, ataxia, hypertension, migraine, cold and clammy skin, apathy, agitation, amnesia, gastritis, increased appetite, loose stools, coughing, rhinitis, dysuria, polyuria, parosmia, taste perversion, abnormal visual accommodation, and xerophthalmia. Other reactions occurred sporadically and cannot be distinguished from medications or concurrent disease states such as myocardial infarction and angina. Amlodipine therapy has not been associated with clinically significant changes in routine laboratory tests. No clinically relevant changes were noted in serum potassium, serum glucose, total triglycerides, total cholesterol, HDL cholesterol, uric acid, blood urea nitrogen, or creatinine. The following postmarketing event has been reported infrequently with amlodipine treatment where a causal relationship is uncertain: gynecomastia. In postmarketing experience, jaundice and hepatic enzyme elevations (mostly consistent with cholestasis or hepatitis) in some cases severe enough to require hospitalization have been reported in association with use of amlodipine. Amlodipine has been used safely in patients with chronic obstructive pulmonary disease, well-compensated congestive heart failure, peripheral vascular disease, diabetes mellitus, and abnormal lipid profiles. **The Atorvastatin Component of CADUET:** Atorvastatin is generally well-tolerated. Adverse reactions have usually been mild and transient. In controlled clinical studies of 2502 patients,  $<2\%$  of patients were discontinued due to adverse experiences attributable to atorvastatin calcium. The most frequent adverse events thought to be related to atorvastatin calcium were constipation, flatulence, dyspepsia, and abdominal pain. Clinical Adverse Experiences: Adverse experiences reported in  $\geq 2\%$  of patients in placebo-controlled clinical studies of atorvastatin, regardless of causality assessment, are shown in Table 3.

Table 3. Adverse Events in Placebo-Controlled Studies (% of Patients)

Body System/ Adverse Event	Placebo N=270	atorvastatin			
		10 mg N=863	20 mg N=36	40 mg N=79	80 mg N=94
<b>BODY AS A WHOLE</b>					
Infection	10.0	10.3	2.8	10.1	7.4
Headache	7.0	5.4	16.7	2.5	6.4
Accidental Injury	3.7	4.2	0.0	1.3	3.2
Flu Syndrome	1.9	2.2	0.0	2.5	3.2
Abdominal Pain	0.7	2.8	0.0	3.8	2.1
Back Pain	3.0	2.8	0.0	3.8	1.1
Allergic Reaction	2.6	0.9	2.8	1.3	0.0
Asthenia	1.9	2.2	0.0	3.8	0.0
<b>DIGESTIVE SYSTEM</b>					
Constipation	1.8	2.1	0.0	2.5	1.1
Diarrhea	1.5	2.7	0.0	3.8	5.3
Dyspepsia	4.1	2.3	2.8	1.3	2.1
Flatulence	3.3	2.1	2.8	1.3	1.1
<b>RESPIRATORY SYSTEM</b>					
Sinusitis	2.6	2.8	0.0	2.5	6.4
Pharyngitis	1.5	2.5	0.0	1.3	2.1
<b>SKIN AND APPENDAGES</b>					
Rash	0.7	3.9	2.8	3.8	1.1
<b>MUSCULOSKELETAL SYSTEM</b>					
Arthralgia	1.5	2.0	0.0	5.1	0.0
Myalgia	1.1	3.2	5.6	1.3	0.0

**Anglo-Scandinavian Cardiac Outcomes Trial (ASCOT):** In ASCOT involving 10,305 participants treated with atorvastatin 10 mg daily (n=5,168) or placebo (n=5,137), the safety and tolerability profile of the group treated with atorvastatin was comparable to that of the group treated with placebo during a median of 3.3 years of follow-up. The following adverse events were reported, regardless of causality assessment, in patients treated with atorvastatin in clinical trials. The events in italics occurred in  $\geq 2\%$  of patients and the events in plain type occurred in  $<2\%$  of patients. **Body as a Whole:** Chest pain, face edema, fever, neck rigidity, malaise, photosensitivity reaction, generalized edema. **Digestive System:** Nausea, gastroenteritis, liver function tests abnormal, colitis, vomiting, gastritis, dry mouth, rectal hemorrhage, esophagitis, eructation, glossitis, mouth ulceration, anorexia, increased appetite, stomatitis, biliary pain, cheilitis, duodenal ulcer, dysphagia, enteritis, melena, gum hemorrhage, stomach ulcer, tenesmus, ulcerative stomatitis, hepatitis, pancreatitis, cholestatic jaundice. **Respiratory System:** Bronchitis, rhinitis, pneumonia, dyspnea, asthma, epistaxis. **Nervous System:** Insomnia, dizziness, paresthesia, somnolence, amnesia, abnormal dreams, libido decreased, emotional lability, incoordination, peripheral neuropathy, torticollis, facial paralysis, hyperkinesia, depression, hypesthesia, hypertonia. **Musculoskeletal System:** Arthritis, leg cramps, bursitis, tenosynovitis, myasthenia, tendinous contracture, myositis. **Skin and Appendages:** Pruritus, contact dermatitis, alopecia, dry skin, sweating, acne, urticaria, eczema, seborrhea, skin ulcer. **Urogenital System:** Urinary tract infection, urinary frequency, cystitis, hematuria, impotence, dysuria, kidney calculus, nocturia, epididymitis, fibrocystic breast, vaginal hemorrhage, albuminuria, breast enlargement, metrorrhagia, nephritis, urinary incontinence, urinary retention, urinary urgency, abnormal ejaculation, uterine hemorrhage. **Special Senses:** Amblyopia, tinnitus, dry eyes, refraction disorder, eye hemorrhage, deafness, glaucoma, parosmia, taste loss, taste perversion. **Cardiovascular System:** Palpitation, vasodilatation, syncope, migraine, postural hypotension, phlebitis, arrhythmia, angina pectoris, hypertension. **Metabolic and Nutritional Disorders:** Peripheral edema, hyperglycemia, creatine phosphokinase increased, gout, weight gain, hypoglycemia. **Hemic and Lymphatic System:** Echinomosis, anemia, lymphadenopathy, thrombocytopenia, petechia. **Postintroduction Reports with Atorvastatin:** Adverse events associated with atorvastatin therapy reported since market introduction, that are not listed above, regardless of causality assessment, include the following: anaphylaxis, angioneurotic edema, bullous rashes (including erythema multiforme, Stevens-Johnson syndrome, and toxic epidermal necrolysis), and rhabdomyolysis. **Pediatric Patients (ages 10-17 years):** In a 26-week controlled study in boys and postmenarchal girls (n=140), the safety and tolerability profile of atorvastatin 10 to 20 mg daily was generally similar to that of placebo (see **PRECAUTIONS, Pediatric Use**).

**OVERDOSAGE:** There is no information on overdosage with CADUET in humans. **Information on Amlodipine:** Single oral doses of amlodipine maleate equivalent to 40 mg amlodipine/kg and 100 mg amlodipine/kg in mice and rats, respectively, caused deaths. Single oral amlodipine maleate doses equivalent to 4 or more mg amlodipine/kg in dogs (11 or more times the maximum recommended clinical dose on a mg/m<sup>2</sup> basis) caused a marked peripheral vasodilation and hypotension. Overdosage might be expected to cause excessive peripheral vasodilation with marked hypotension and possibly a reflex tachycardia. In humans, experience with intentional overdosage of amlodipine is limited. Reports of intentional overdosage include a patient who ingested 250 mg and was asymptomatic and was not hospitalized; another (120 mg) was hospitalized, underwent gastric lavage and remained normotensive; the third (105 mg) was hospitalized and had hypotension (90/50 mmHg) which normalized following plasma expansion. A patient who took 70 mg amlodipine and an unknown quantity of benzodiazepine in a suicide attempt developed shock which was refractory to treatment and died the following day with abnormally high benzodiazepine plasma concentration. A case of accidental drug overdose has been documented in a 19-month-old male who ingested 30 mg amlodipine (about 2 mg/kg). During the emergency room presentation, vital signs were stable with no evidence of hypotension, but a heart rate of 180 bpm. Ipecac was administered 3.5 hours after ingestion and on subsequent observation (overnight) no sequelae were noted. If massive overdose should occur, active cardiac and respiratory monitoring should be instituted. Frequent blood pressure measurements are essential. Should hypotension occur, cardiovascular support including elevation of the extremities and the judicious administration of fluids should be initiated. If hypotension remains unresponsive to these conservative measures, administration of vasopressors (such as phenylephrine) should be considered with attention to circulating volume and urine output. Intravenous calcium gluconate may help to reverse the effects of calcium entry blockade. As amlodipine is highly protein bound, hemodialysis is not likely to be of benefit. **Information on Atorvastatin:** There is no specific treatment for atorvastatin overdosage. In the event of an overdose, the patient should be treated symptomatically, and supportive measures instituted as required. Due to extensive drug binding to plasma proteins, hemodialysis is not expected to significantly enhance atorvastatin clearance.

\*Based on patient weight of 50 kg.

\*\*These events occurred in less than 1% in placebo-controlled trials, but the incidence of these side effects was between 1% and 2% in all multiple dose studies.

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## Mean Time to Reperfusion Is 63 Minutes in 'Code STEMI'

BY BRUCE JANCIN

Denver Bureau

CHICAGO — Implementing a novel hospital-wide trauma approach to ST-elevation MI has enabled one major medical center to slash its door-to-reperfusion times and far surpass national standards.

The "Code STEMI" protocol was initiated at Carolinas Medical Center to streamline identification, transport, and treatment of patients with STEMI. Since its implementation, the average time from arrival in the emergency department to reperfusion has dropped to 63 minutes, Kevin M. Collier, RCI, reported at the annual meeting of the Society for Cardiovascular Angiography and Interventions.

American College of Cardiology/American Heart Association guidelines call for a door-to-reperfusion time of 90 minutes or less. However, a 2004 report from the National Registry of Myocardial Infarction concluded that only 43% of U.S. hospitals were meeting that standard.

Carolinas Medical Center is an 861-bed urban teaching hospital in Charlotte, N.C. It serves as the major referral center for a multistate 29-county area. About 105,000 patients pass through its ED annually.

The Code STEMI protocol utilizes a trauma approach, meaning hospital staff

are notified by paramedics that a STEMI patient is en route so the STEMI team is fully prepared for the arrival.

For Code STEMI, paramedics were trained to acquire and read a 12-lead ECG in patients with suspected MI and transmit the results from the field to an emergency physician at the hospital. If the physician determines the patient has a STEMI, the Code STEMI is activated. This triggers simultaneous pages to all members of the Code STEMI team: the cardiologist on call, the coronary care unit, the cardiac cath lab, the radiology and respiratory medicine departments, the hospital lab, and bed management. Upon arrival at the ED, the patient undergoes expedited triage to confirm the STEMI, then goes straight to the cath lab for primary percutaneous coronary intervention (PCI), said Mr. Collier.

He presented a retrospective study involving 114 consecutive STEMI patients treated at the hospital since Code STEMI was launched in October 2004 and a control group of 62 STEMI patients treated by primary PCI in the prior 9 months.

The mean door-to-reperfusion time for patients transported by paramedics dropped from 72 minutes to 54 minutes with Code STEMI. For patients not transported by paramedics, door-to-reperfusion time fell from 116 to 74 minutes. ■

## Cardiogenic Shock Responds to VAD

CHICAGO — Mechanical circulatory support leads to improved outcomes in patients with post-MI profound cardiogenic shock unresponsive to standard aggressive therapies, Nicolle Kramer, Ph.D., said at the annual meeting of the Society for Cardiovascular Angiography and Interventions.

She presented national registry data showing that temporary use of the Abiomed AB5000 extracorporeal ventricular assist device (VAD) resulted in an impressive survival rate in such patients. Moreover, native cardiac function was restored in two-thirds of survivors.

Recovery of native heart function should be considered the first option in these high-mortality patients, according to Dr. Kramer, a clinical applications engineer at Abiomed Inc., Danvers, Mass.

"This was not a selected best-practices group of patients," she noted in an interview. "This study involved 26 centers and included everyone in the U.S. who received an AB5000 as a bridge-to-recovery device between October 2003 and July 2005."

Despite considerable progress in the treatment of acute MI in recent years, cardiogenic shock continues to occur in 7% of cases. Mortality remains high—roughly 50%—despite the use of intraaortic balloon pumps, emergency revascularization, and inotropes, the current standard of care.

This was the impetus for the AB5000 bridge-to-recovery registry. It involved 50 patients in profound cardiogenic shock refractory to conventional measures. They averaged 31 hours in cardiogenic shock prior to device implantation; 24 of the 50 patients required biventricular support.

Hemodynamics immediately stabilized upon VAD implantation. (See box.)

Some 52% of patients died while on the VAD. But outcomes in patients who survived hospitalization were promising: 67% were discharged with recovery of native cardiac function, 29% underwent heart transplantation, and a single patient got a VAD as destination therapy. Recovery took an average of 32 days of support, she said.

—Bruce Jancin

### Hemodynamic Improvements in Cardiogenic Shock Patients After VAD Implantation

	Before Implantation	After Implantation
Cardiac index (L/min/m <sup>2</sup> )	1.8	2.6
Central venous pressure (mm Hg)	20	15
Systolic arterial pressure (mm Hg)	83	114
Pulmonary arterial pressure (mm Hg)	43	36

Source: Dr. Kramer