

Diabetic Eye Disease Projected to Triple by 2050

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CHICAGO — Diabetic eye disease is expected to triple in the United States by the year 2050, investigators from the Centers for Disease Control and Prevention reported at the annual scientific sessions of the American Diabetes Association.

“The future changes in the number of people with diabetes and the U.S. population will likely lead to dramatic increases

in the number of Americans with diabetic retinopathy, glaucoma, and cataract. Efforts to prevent, delay, and better manage the diabetes epidemic will help in reducing the burden of diabetes eye complications,” said Dr. Jinan Saaddine and her associates in a poster presentation.

According to a recent estimate, there will be 48 million people diagnosed with diabetes by the year 2050 (Diabetes Care 2006;29:2114-6). Using that number, with data from the National Health Interview

Survey and a series of articles on eye disease prevalence published in the April 2004 issue of the Archives of Ophthalmology, the authors projected that the number of people in the United States with diabetic retinopathy will increase from 5.5 million in 2004 to 16.0 million in 2050. The number with vision-threatening diabetic retinopathy is also expected to triple over that period, from 1.2 million to 3.4 million.

At the same time, the number of diabetic patients with cataracts will triple from 3.0

million to 9.9 million, and the number with glaucoma will more than quadruple, from 335,600 to 1,447,000, they predicted.

The increases in diabetic retinopathy are expected to be especially pronounced for those aged 65 years and older, with overall rates rising from 2.5 million to 9.9 million, and rates of vision-threatening disease from 0.5 to 1.9 million. Glaucoma among Hispanics with diabetes is also likely to rise particularly sharply, with a 12-fold increase in those aged 65 years and over. ■

AMITIZA™ (lubiprostone) soft gelatin capsules

BRIEF SUMMARY OF PRESCRIBING INFORMATION—
Please see package insert for complete prescribing information 720-03565

AMITIZA™
(lubiprostone)
Soft Gelatin Capsules

INDICATIONS AND USAGE

AMITIZA™ is indicated for the treatment of chronic idiopathic constipation in the adult population.

CONTRAINDICATIONS

AMITIZA™ is contraindicated in those patients with a known hypersensitivity to the drug or any of its excipients, and in patients with a history of mechanical gastrointestinal obstruction.

WARNINGS

Patients with symptoms suggestive of mechanical gastrointestinal obstruction should be evaluated prior to initiating AMITIZA™ treatment.

The safety of AMITIZA™ in pregnancy has not been evaluated in humans. In guinea pigs, lubiprostone has been shown to have the potential to cause fetal loss. AMITIZA™ should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. Women who could become pregnant should have a negative pregnancy test prior to beginning therapy with AMITIZA™ and should be capable of complying with effective contraceptive measures (see **Teratogenic Effects: Pregnancy Category C**).

PRECAUTIONS

Patient Information:

AMITIZA™ may cause nausea. If this occurs, concomitant administration of food with AMITIZA™ may reduce symptoms of nausea. AMITIZA™ should not be administered to patients that have severe diarrhea. Patients should be aware of the possible occurrence of diarrhea during treatment. If the diarrhea becomes severe consult your physician.

Drug Interactions:

Based upon the results of *in vitro* human microsome studies, there is low likelihood of drug–drug interactions. *In vitro* studies using human liver microsomes indicate that cytochrome P450 isoenzymes are not involved in the metabolism of lubiprostone. Further *in vitro* studies indicate microsomal carbonyl reductase may be involved in the extensive biotransformation of lubiprostone to M3. Additionally, *in vitro* studies in human liver microsomes demonstrate that lubiprostone does not inhibit cytochrome P450 isoenzymes 3A4, 2D6, 1A2, 2A6, 2B6, 2C9, 2C19, or 2E1, and *in vitro* studies in primary cultures of human hepatocytes show no induction of the cytochrome P450 isoenzymes 1A2, 2B6, 2C9, and 3A4. No additional drug–drug interaction studies have been performed. Based on the available information, no protein binding–mediated drug interactions of clinical significance are anticipated.

Carcinogenesis, Mutagenesis, Impairment of Fertility:

Two 2-year oral (gavage) carcinogenicity studies (one in Crl:B6C3F1 mice and one in Sprague-Dawley rats) were conducted with lubiprostone. In the 2-year carcinogenicity study in mice, lubiprostone doses of 25, 75, 200, and 500 mcg/kg/day (approximately 2, 6, 17, and 42 times the recommended human dose, respectively, based on body surface area) were used. In the 2-year rat carcinogenicity study, lubiprostone doses of 20, 100, and 400 mcg/kg/day (approximately 3, 17, and 68 times the recommended human dose, respectively, based on body surface area) were used. In the mouse carcinogenicity study, there was no significant increase in any tumor incidences. There was a significant increase in the incidence of interstitial cell adenoma of the testes in male rats at the 400 mcg/kg/day dose. In female rats, treatment with lubiprostone produced hepatocellular adenoma at the 400 mcg/kg/day dose.

Lubiprostone was not genotoxic in the *in vitro* Ames reverse mutation assay, the *in vitro* mouse lymphoma (L5178Y TK+/-) forward mutation assay, the *in vitro* Chinese hamster lung (CHL/IU) chromosomal aberration assay, and the *in vivo* mouse bone marrow micronucleus assay.

Lubiprostone, at oral doses of up to 1000 mcg/kg/day, had no effect on the fertility and reproductive function of male and female rats. The 1000 mcg/kg/day dose in rats is approximately 166 times the recommended human dose of 48 mcg/kg/day, based on the body surface area.

Teratogenic Effects: Pregnancy Category C:

Teratology studies with lubiprostone have been conducted in rats at oral doses up to 2000 mcg/kg/day (approximately

332 times the recommended human dose, based on body surface area), and in rabbits at oral doses of up to 100 mcg/kg/day (approximately 33 times the recommended human dose, based on body surface area). Lubiprostone was not teratogenic in rats and rabbits. In guinea pigs, lubiprostone caused fetal loss at repeated doses of 10 and 25 mcg/kg/day (approximately 2 and 6 times the human dose, respectively, based on body surface area) administered on days 40 to 53 of gestation.

There are no adequate and well-controlled studies in pregnant women. However, during clinical testing of AMITIZA™ at 24 mcg BID, four women became pregnant. Per protocol, AMITIZA™ was discontinued upon pregnancy detection. Three of the four women delivered healthy babies. The fourth woman was monitored for 1 month following discontinuation of study drug, at which time the pregnancy was progressing as expected; the patient was subsequently lost to follow-up.

AMITIZA™ should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. If a woman is or becomes pregnant while taking the drug, the patient should be apprised of the potential hazard to the fetus.

Nursing Mothers:

It is not known whether lubiprostone is excreted in human milk. Because many drugs are excreted in human milk and because of the potential for serious adverse reactions in nursing infants from lubiprostone, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

Pediatric Use:

AMITIZA™ has not been studied in pediatric patients.

ADVERSE REACTIONS

In clinical trials, 1429 patients received AMITIZA™ 24 mcg BID or placebo. Table 1 presents data for the adverse experiences that were reported in at least 1% of patients who received AMITIZA™ and that occurred more frequently on study drug than placebo. It should be noted that the placebo data presented are from short-term exposure (≤4 weeks) whereas the AMITIZA™ data are cumulative data that were collected over 3- or 4-week, 6-month, and 12-month observational periods and that some conditions are common among otherwise healthy patients over a 6- and 12-month observational period.

Table 1. Adverse Events Reported for Patients Treated with AMITIZA™

System/Adverse Experience	Placebo n = 316 %	AMITIZA™ 24 mcg QD n = 29 %	AMITIZA™ 24 mcg BID n = 29 %	AMITIZA™ Any Active Dose* n = 115 %
Gastrointestinal disorders				
Nausea	5.1	17.2	31.1	30.3
Diarrhea	0.9	10.3	13.2	13.2
Abdominal distension	2.2	0.0	7.1	6.8
Abdominal pain	2.6	3.4	6.7	6.8
Flatulence	1.9	3.4	6.1	5.8
Vomiting	0.9	0.0	4.6	4.4
Loose stools	0.0	0.0	3.4	3.2
Dyspepsia	1.2	0.0	2.9	2.7
Abdominal pain upper	1.9	0.0	2.2	2.1
Abdominal pain lower	0.6	0.0	1.9	1.8
Gastroesophageal reflux disease	0.6	0.0	1.8	1.7
Abdominal discomfort	0.0	3.4	1.5	1.5
Dry mouth	0.3	0.0	1.5	1.4
Constipation	0.9	0.0	1.1	1.0
Stomach discomfort	0.3	0.0	3.1	3.0
Infections and infestations				
Sinusitis	1.6	0.0	4.9	4.8
Upper respiratory tract infection	1.9	3.4	4.4	4.3
Upper respiratory tract infection	0.9	0.0	3.7	3.6
Nasopharyngitis	2.2	0.0	2.9	2.7
Influenza	0.6	0.0	2.0	1.9
Bronchitis	0.3	3.4	1.6	1.7
Gastroenteritis viral	0.0	3.4	1.0	1.0
Viral infection	0.3	3.4	0.5	0.6
Nervous system disorders				
Headache	6.6	3.4	13.2	13.0
Dizziness	1.3	3.4	4.1	4.0
Hypoaesthesia	0.0	3.4	0.5	0.6
General disorders and site administration conditions				
Edema peripheral	0.3	0.0	3.8	3.6
Fatigue	1.9	6.8	2.3	2.5
Chest discomfort	0.0	3.4	1.6	1.6
Chest pain	0.0	0.0	1.1	1.0
Pryexia	0.3	0.0	1.1	1.0
Musculoskeletal and connective tissue disorders				
Arthralgia	0.3	0.0	3.1	3.0
Back pain	0.9	3.4	2.3	2.3
Pain in extremity	0.0	3.4	1.9	1.9
Muscle cramp	0.0	0.0	1.0	0.9
Respiratory, thoracic, and mediastinal disorders				
Dyspnea	0.0	3.4	2.4	2.5
Pharyngolaryngeal pain	2.2	0.0	1.7	1.6
Cough	0.6	0.0	1.6	1.5
Investigations				
Weight increased	0.0	0.0	1.0	0.9
Psychiatric disorders				
Depression	0.0	0.0	1.4	1.4
Anxiety	0.0	0.0	1.4	1.4
Insomnia	0.6	0.0	1.4	1.4
Vascular disorders				
Hypertension	0.0	0.0	1.0	0.9

*Includes patients dosed at 24 mcg QD, 24 mcg BID, and 24 mcg TID

AMITIZA™-induced Nausea:

Among constipated patients, 31.1% of those receiving AMITIZA™ 24 mcg BID reported nausea. Of those patients, 3.4% reported severe nausea and 8.7% discontinued treatment due to



nausea. It should be noted that the incidence of nausea increased in a dose-dependent manner with the lowest overall incidence for nausea seen at the 24 mcg QD dose (17.2%). Further analysis of nausea has shown that long-term exposure to AMITIZA™ does not appear to place patients at elevated risk for experiencing nausea. In the open-label, long-term studies, patients were allowed to titrate the dose of AMITIZA™ down to 24 mcg QD from 24 mcg BID if experiencing nausea. It should also be noted that nausea decreased when AMITIZA™ was administered with food and that, across all dose groups, the rate of nausea was substantially lower among constipated men (13.2%) and constipated elderly patients (18.6%) when compared to the overall rate (30.9%). No patients in the trials were hospitalized due to nausea.

AMITIZA™-induced Diarrhea:

Among constipated patients, 13.2% of those receiving AMITIZA™ 24 mcg BID reported diarrhea. Of those patients, 3.4% reported severe diarrhea and 2.2% discontinued treatment due to diarrhea. The incidence of diarrhea did not appear to be dose-dependent. No serious adverse events were reported for electrolyte imbalance in the six clinical trials and no clinically significant changes were seen in serum electrolyte levels while patients were receiving AMITIZA™.

Other Adverse Events:

The following list of adverse events include those that were considered by the investigator to be possibly related to AMITIZA™ and reported more frequently (>0.2%) on AMITIZA™ than placebo and those that lead to discontinuation more frequently (≥0.2%) on AMITIZA™ than placebo. Although the events reported occurred during treatment with AMITIZA™, they were not necessarily attributed to dosing of AMITIZA™:

- **Gastrointestinal disorders:** watery stools, fecal incontinence, abnormal bowel sounds, frequent bowel movements, retching
- **Nervous system disorders:** syncope, tremor, dysgeusia, paraesthesia
- **General disorders and administration site conditions:** rigors, pain, asthenia, malaise, edema
- **Respiratory, thoracic, and mediastinal disorders:** asthma, painful respiration, throat tightness
- **Skin and subcutaneous tissue disorders:** hyperhidrosis, urticaria, rash
- **Psychiatric disorders:** nervousness
- **Vascular disorders:** flushing, palpitations
- **Metabolism and nutrition disorders:** decreased appetite
- **Ear and labyrinth disorders:** vertigo

Overdosage:

There have been two confirmed reports of overdosage with AMITIZA™. The first report involved a 3-year-old child who accidentally ingested 7 to 8 capsules of 24 mcg of AMITIZA™ and fully recovered. The second report was a study subject who self-administered a total of 96 mcg AMITIZA™ per day for 8 days. The subject experienced no adverse events during this time. Additionally, in a definitive Phase 1 cardiac repolarization study, 51 patients administered a single oral dose of 144 mcg of AMITIZA™, which is 6 times the normal single administration dose. Thirty-nine (39) of the 51 patients experienced an adverse event. The adverse events reported in >1% of this group included the following: nausea (45.1%), vomiting (27.5%), diarrhea (25.5%), dizziness (17.6%), loose or watery stools (13.7%), headache (11.8%), retching (7.8%), abdominal pain (5.9%), flushing or hot flush (5.9%), dyspnea (3.9%), pallor (3.9%), stomach discomfort (3.9%), syncope (3.9%), upper abdominal pain (2.0%), anorexia (2.0%), asthenia (2.0%), chest discomfort (2.0%), dry mouth (2.0%), hyperhidrosis (2.0%), skin irritation (2.0%), and vasovagal episode (2.0%).

DOSAGE AND ADMINISTRATION

The recommended dosage for AMITIZA™ is 24 mcg taken twice daily (BID) orally with food. Physicians and patients should periodically assess the need for continued therapy.

MARKETED BY:

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Colesevelam Aids Glycemic Control

CHICAGO — The cholesterol-lowering drug colesevelam HCl improves glycemic control in patients with type 2 diabetes who are inadequately controlled with metformin monotherapy, Dr. Harold E. Bays reported in a poster presentation at the annual scientific sessions of the American Diabetes Association.

The bile acid sequestrant colesevelam HCl, sold under the name WelChol, has been approved in the United States for LDL cholesterol lowering since 2000. In January, WelChol's manufacturer, Daiichi Sankyo Inc., filed a supplemental new drug application with the Food and Drug Administration for a new glucose-lowering indication. Overall results of a pivotal randomized, placebo-controlled trial involving 316 adults with type 2 diabetes who were inadequately controlled with other oral agents, were presented earlier this year at a meeting of the American Association of Clinical Endocrinologists.

At that meeting, Dr. Bays, of Louisville (Ky.) Metabolic and Atherosclerosis Research Center Inc., presented the results of a subgroup analysis of the 155 patients who were on metformin monotherapy, in which 79 received 3.75 g/day of colesevelam and 76 took placebo. At week 26, the intent-to-treat analysis revealed a significant reduction in mean hemoglobin A_{1c} (HbA_{1c}) of 0.47% with colesevelam and a 17.8 micromol/L drop in fasting plasma glucose, both relative to placebo. Significantly more patients in the colesevelam group had reductions in HbA_{1c} of more than 0.7% by week 26 (41% vs. 22%).

Mean changes in laboratory parameters, vital signs, and weight from baseline were similar in the two groups. Drug-related treatment-emergent adverse effects occurred in 18% of the colesevelam group and 12% of the placebo group, but most were mild or moderate. The only serious adverse event occurred in a placebo subject.

A second poster, presented by Dr. Ronald B. Goldberg of the University of Miami, showed that colesevelam significantly improved lipid profiles in the 316 study patients with type 2 diabetes, including reductions from baseline of 16% for LDL cholesterol, 10% for non-HDL cholesterol, 7% for total cholesterol, and 8% for Apo B.

—Miriam E. Tucker