

MRSA Trends: Skin Infections Rising in Children

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STOWE, VT. — Community-acquired methicillin-resistant *Staphylococcus aureus* infection incidence in children is increasing each year; and while sensitivities vary by region, the problem is not limited to areas of the United States previously characterized as disease “hot spots,” said Dr. Howard B. Pride at a dermatology meeting sponsored by the University of Vermont.

A review of the recent literature on this topic provides insight into these and other clinically important trends, reported Dr. Pride, a pediatric dermatologist at Geisinger Medical Center, Danville, Pa. For example, multiple studies have shown that MRSA is emerging in children without established risk factors for infection, and many children with MRSA are not receiving antibiotics that have been shown to be effective against the pathogen. “Surprisingly, this doesn’t seem to impact re-

covery, as outcomes, at least initially, appear to be similar between those children who do and do not get antibiotics that offer appropriate coverage,” Dr. Pride said.

With respect to the increased incidence of community-acquired MRSA (CA-MRSA), the results of a 14-year study conducted at Driscoll Children’s Hospital in Corpus Christi, Tex., demonstrated an exponential increase in community-acquired MRSA at that institution—“something that has been mirrored in many commu-

nities nationwide,” Dr. Pride said. Investigators determined that of 1,002 MRSA cases at Driscoll between 1990 and 2003, 928 (93%) were community acquired.

From 1990 through 1999, the number of CA-MRSA cases ranged from 0 to 9 per year; in 2000 there were 36 cases, and in 2003 there were 459 cases. Of particular importance, according to Dr. Pride, was the authors’ observation that “categorizing children with CA-MRSA infections into those with and without risk factors is losing any clinical relevance,” because the observed antibiotic “susceptibility patterns and the spectrums of disease are becoming increasingly similar” (Arch. Pediatr. Adolesc. Med. 2005;159:980-5).

In an effort to assess the national burden and clinical effect of the increase in MRSA infections among patients without risk factors, a Centers for Disease Control and Prevention study evaluated population-based surveillance of two cities (Baltimore and Atlanta), as well as laboratory-based sentinel

surveillance of 12 hospitals in Minnesota.

At one institution, the number of cases of CA-MRSA in children went from 36 in 2000 to 459 in 2003, a trend echoed in communities nationwide.

From the data, investigators identified 12,553 patients diagnosed with MRSA between 2001 and 2002. Of those, 1,647 infections were not associated with established risk factors and thus were classified as community-acquired MRSA disease. About 77% of these cases involved skin or soft-tissue infections, and 23% required hospitalization. The infection was fatal in one case.

The investigators found that the annual incidence of CA-MRSA varied according to site, with the most cases per 100,000 patients occurring in Atlanta. They also determined that the disease incidence was significantly higher among children younger than 2 years old and, in Atlanta, blacks were at greater risk for infection than were whites. In approximately 73% of the patients, the infecting strain of MRSA was resistant to prescribed antibiotics, yet in patients with skin or soft-tissue infections, treatment with inappropriate antimicrobials (usually β -lactam antibiotics) did not appear to correlate with differences in outcome (N. Engl. J. Med. 2005;352:1436-44).

Other studies seem to confirm the observation that CA-MRSA outcome may not be dependent on antibiotic coverage, Dr. Pride reported. Investigators from Brown University, Providence, R.I., reviewed the charts of 1,063 children with *S. aureus* cultures between 1997 and 2001. Of these children, 57 had confirmed MRSA infections and of those, 23 had CA-MRSA infections, predominantly in the skin and soft tissue. “Many of these children never received an antibiotic effective against MRSA, yet they still recovered,” Dr. Pride said (Pediatrics 2004;113:e347-52).

Similarly, in Dallas, among 69 children

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Xopenex HFA™ (levalbuterol tartrate) Inhalation Aerosol

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BRIEF SUMMARY

INDICATIONS AND USAGE

XOPENEX HFA (levalbuterol tartrate) Inhalation Aerosol is indicated for the treatment or prevention of bronchospasm in adults, adolescents, and children 4 years of age and older with reversible obstructive airway disease.

CONTRAINDICATIONS

XOPENEX HFA (levalbuterol tartrate) Inhalation Aerosol is contraindicated in patients with a history of hypersensitivity to levalbuterol, racemic albuterol, or any other component of XOPENEX HFA Inhalation Aerosol.

WARNINGS

1. Paradoxical Bronchospasm: Like other inhaled beta-adrenergic agonists, XOPENEX HFA Inhalation Aerosol can produce paradoxical bronchospasm, which may be life-threatening. If paradoxical bronchospasm occurs, XOPENEX HFA (levalbuterol tartrate) Inhalation Aerosol should be discontinued immediately and alternative therapy instituted. It should be recognized that paradoxical bronchospasm, when associated with inhaled formulations, frequently occurs with the first use of a new canister. **2. Deterioration of Asthma:** Asthma may deteriorate acutely over a period of hours or chronically over several days or longer. If the patient needs more doses of XOPENEX HFA Inhalation Aerosol than usual, this may be a marker of destabilization of asthma and requires reevaluation of the patient and treatment regimen, giving special consideration to the possible need for anti-inflammatory treatment, e.g., corticosteroids. **3. Use of Anti-inflammatory Agents:** The use of a beta-adrenergic agonist alone may not be adequate to control asthma in many patients. Early consideration should be given to adding anti-inflammatory agents, e.g., corticosteroids, to the therapeutic regimen. **4. Cardiovascular Effects:** XOPENEX HFA Inhalation Aerosol, like other beta-adrenergic agonists, can produce clinically significant cardiovascular effects in some patients, as measured by heart rate, blood pressure, and/or symptoms. Although such effects are uncommon after administration of XOPENEX HFA Inhalation Aerosol at recommended doses, if they occur, the drug may need to be discontinued. In addition, beta-agonists have been reported to produce electrocardiogram (ECG) changes, such as flattening of the T wave, prolongation of the QTc interval, and ST segment depression. The clinical significance of these findings is unknown. Therefore, XOPENEX HFA Inhalation Aerosol, like all sympathomimetic amines, should be used with caution in patients with cardiovascular disorders, especially coronary insufficiency, cardiac arrhythmias, and hypertension. **5. Do Not Exceed Recommended Dose:** Fatalities have been reported in association with excessive use of inhaled sympathomimetic drugs in patients with asthma. The exact cause of death is unknown, but cardiac arrest following an unexpected development of a severe acute asthmatic crisis and subsequent hypoxia is suspected. **6. Immediate Hypersensitivity Reactions:** Immediate hypersensitivity reactions may occur after administration of racemic albuterol, as demonstrated by rare cases of urticaria, angioedema, rash, bronchospasm, anaphylaxis, and oropharyngeal edema. The potential for hypersensitivity must be considered in the clinical evaluation of patients who experience immediate hypersensitivity reactions while receiving XOPENEX HFA Inhalation Aerosol.

PRECAUTIONS

General

XOPENEX HFA (levalbuterol tartrate) Inhalation Aerosol, like all sympathomimetic amines, should be used with caution in patients with cardiovascular disorders, especially coronary insufficiency, hypertension, and cardiac arrhythmias; in patients with convulsive disorders, hyperthyroidism, or diabetes mellitus; and in patients who are unusually responsive to sympathomimetic amines. Clinically significant changes in systolic and diastolic blood pressure have been seen in individual patients and could be expected to occur in some patients after the use of any beta-adrenergic bronchodilator.

Large doses of intravenous racemic albuterol have been reported to aggravate preexisting diabetes mellitus and ketoacidosis. As with other beta-adrenergic agonist medications, XOPENEX HFA Inhalation Aerosol may produce significant hypokalemia in some patients, possibly through intracellular shunting, which has the potential to produce adverse cardiovascular effects. The decrease is usually transient, not requiring supplementation.

Information for Patients

The action of XOPENEX HFA Inhalation Aerosol should last for 4 to 6 hours. XOPENEX HFA Inhalation Aerosol should not be used more frequently than recommended. Do not increase the dose or frequency of doses of XOPENEX HFA Inhalation Aerosol without consulting your physician. If you find that treatment with XOPENEX HFA Inhalation Aerosol becomes less effective for symptomatic relief, your symptoms become worse, and/or you need to use the product more frequently than usual, you should seek medical attention immediately. While you are using XOPENEX HFA Inhalation Aerosol, other inhaled drugs and asthma medications should be taken only as directed by your physician. Common adverse effects of treatment with inhaled beta-agonists include palpitations, chest pain, rapid heart rate, tremor, and nervousness. If you are pregnant or nursing, contact your physician about use of XOPENEX HFA Inhalation Aerosol. Effective and safe use of XOPENEX HFA Inhalation Aerosol includes an understanding of the way that it should be administered.

Use XOPENEX HFA Inhalation Aerosol only with the actuator supplied with the product. Discard the canister after 200 sprays have been used. Never immerse the canister in water to determine how full the canister is (“float test”).

In general, the technique for administering XOPENEX HFA Inhalation Aerosol to children is similar to that for adults. Children should use XOPENEX HFA Inhalation Aerosol under adult supervision, as instructed by the patient’s physician.

Drug Interactions

Other short-acting sympathomimetic aerosol bronchodilators or epinephrine should be used with caution with XOPENEX HFA Inhalation Aerosol. If additional adrenergic drugs are to be administered by any route, they should be used with caution to avoid deleterious cardiovascular effects.

1. Beta-blockers: Beta-adrenergic receptor-blocking agents not only block the pulmonary effect of beta-adrenergic agonists, such as XOPENEX HFA Inhalation Aerosol, but may produce severe bronchospasm in asthmatic patients. Therefore, patients with asthma should not normally be treated with beta-blockers. However, under certain circumstances, e.g., as prophylaxis after myocardial infarction, there may be no acceptable alternatives to the use of beta-adrenergic blocking agents in patients with asthma. In this setting, cardioselective beta-blockers should be considered, although they should be administered with caution. **2. Diuretics:** The ECG changes and/or hypokalemia that may result from the administration of non-potassium-sparing diuretics (such as loop and thiazide diuretics) can be acutely worsened by beta-agonists, especially when the recommended dose of the beta-agonist is exceeded. Although the clinical significance of these effects is not known, caution is advised in the coadministration of beta-agonists with non-potassium-sparing diuretics. **3. Digoxin:** Mean decreases of 16% to 22% in serum digoxin levels were demonstrated after single-dose intravenous and oral administration of racemic albuterol, respectively, to normal volunteers who had received digoxin for 10 days. The clinical significance of these findings for patients with obstructive airway disease who are receiving XOPENEX HFA Inhalation Aerosol and digoxin on a chronic basis is unclear. Nevertheless, it would be prudent to carefully evaluate the serum digoxin levels in patients who are currently receiving digoxin and XOPENEX HFA Inhalation Aerosol. **4. Monoamine Oxidase Inhibitors or Tricyclic Antidepressants:** XOPENEX HFA Inhalation Aerosol should be administered with extreme caution to patients being treated with monoamine oxidase inhibitors or tricyclic antidepressants, or within 2 weeks of discontinuation of such agents, because the action of albuterol on the vascular system may be potentiated.

Carcinogenesis, Mutagenesis, and Impairment of Fertility No carcinogenesis or impairment of fertility studies have been carried out with levalbuterol tartrate. However, racemic albuterol sulfate has been evaluated for its carcinogenic potential and ability to impair fertility.

In a 2-year study in Sprague-Dawley rats, racemic albuterol sulfate caused a significant dose-related increase in the incidence of benign leiomyomas of the mesovarium at, and above, dietary doses of 2 mg/kg/day (approximately 30 times the maximum recommended daily inhalation dose of levalbuterol tartrate for adults on a mg/m² basis and approximately 15 times the maximum recommended daily inhalation dose of levalbuterol tartrate for children on a mg/m² basis). In another study, this effect was blocked by the coadministration of propranolol, a non-selective beta-adrenergic antagonist. In an 18-month study in CD-1 mice, racemic albuterol sulfate showed no evidence of tumorigenicity at dietary doses up to 500 mg/kg/day (approximately 3800 times the maximum recommended daily inhalation dose of levalbuterol tartrate for adults on a mg/m² basis and approximately 1800 times the maximum recommended daily inhalation dose of levalbuterol tartrate for children on a mg/m² basis). In a 22-month study in the Golden hamster, racemic albuterol sulfate showed no evidence of tumorigenicity at dietary doses up to 50 mg/kg/day (approximately 500 times the maximum recommended daily inhalation dose of levalbuterol tartrate for adults on a mg/m² basis and approximately 240 times the maximum recommended daily inhalation dose of levalbuterol tartrate for children on a mg/m² basis).

Levalbuterol HCl was not mutagenic in the Ames test or the CHO/HPRT Mammalian Forward Gene Mutation Assay.

Levalbuterol HCl was not clastogenic in the in vivo micronucleus test in mouse bone marrow. Racemic albuterol sulfate was negative in an in vitro chromosomal aberration assay in CHO cell cultures.

Reproduction studies in rats using racemic albuterol sulfate demonstrated no evidence of impaired fertility at oral doses up to 50 mg/kg/day (approximately 750 times the maximum recommended daily inhalation dose of levalbuterol tartrate for adults on a mg/m² basis).

Teratogenic Effects - Pregnancy Category C A reproduction study in New Zealand White rabbits demonstrated that levalbuterol HCl was not teratogenic when administered orally at doses up to 25 mg/kg/day (approximately 750 times the maximum recommended daily inhalation dose of levalbuterol tartrate for adults on a mg/m² basis). However, racemic albuterol sulfate has been shown to be teratogenic in mice and rabbits. A study in CD-1 mice given racemic albuterol sulfate subcutaneously showed cleft palate formation in 5 of 111 (4.5%) fetuses at 0.25 mg/kg/day (approximately 2 times the maximum recommended daily inhalation dose of levalbuterol tartrate for adults on a mg/m² basis) and in 10 of 108 (9.3%) fetuses at 2.5 mg/kg/day (approximately 20 times the maximum recommended daily inhalation dose of levalbuterol tartrate for adults on a mg/m² basis). The drug did not induce cleft palate formation when administered subcutaneously at a dose of 0.025 mg/kg/day (less than the maximum recommended daily inhalation dose of levalbuterol tartrate for adults on a mg/m² basis). Cleft palate also occurred in 22 of 72 (30.5%) fetuses from females treated subcutaneously with 2.5 mg/kg/day of isoproterenol (positive control).

A reproduction study in Stride Dutch rabbits revealed cranioschisis in 7 of 19 (37%) fetuses when racemic albuterol sulfate was administered orally at a dose of 50 mg/kg/day (approximately 1500 times the maximum recommended daily inhalation dose of levalbuterol tartrate for adults on a mg/m² basis).

A study in which pregnant rats were dosed with radiolabeled racemic albuterol sulfate demonstrated that drug-related material is transferred from the maternal circulation to the fetus.

There are no adequate and well-controlled studies of XOPENEX HFA Inhalation Aerosol in pregnant women. Because animal reproduction studies are not always predictive of human response, XOPENEX HFA Inhalation Aerosol should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

During marketing experience of racemic albuterol, various congenital anomalies, including cleft palate and limb defects, have been rarely reported in the offspring of patients being treated with racemic

albuterol. Some of the mothers were taking multiple medications during their pregnancies. No consistent pattern of defects can be discerned, and a relationship between racemic albuterol use and congenital anomalies has not been established.

Use in Labor and Delivery Because of the potential for beta-adrenergic agonists to interfere with uterine contractility, the use of XOPENEX HFA Inhalation Aerosol for the treatment of bronchospasm during labor should be restricted to those patients in whom the benefits clearly outweigh the risk.

Tocolysis XOPENEX HFA Inhalation Aerosol has not been approved for the management of preterm labor. The benefit:risk ratio when levalbuterol tartrate is administered for tocolysis has not been established. Serious adverse reactions, including maternal pulmonary edema, have been reported during or following treatment of premature labor with beta2-agonists, including racemic albuterol.

Nursing Mothers Plasma concentrations of levalbuterol after inhalation of therapeutic doses are very low in humans. It is not known whether levalbuterol is excreted in human milk.

Because of the potential for tumorigenicity shown for racemic albuterol in animal studies and the lack of experience with the use of XOPENEX HFA Inhalation Aerosol by nursing mothers, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. Caution should be exercised when XOPENEX HFA Inhalation Aerosol is administered to a nursing woman.

Pediatrics The safety and efficacy of XOPENEX HFA Inhalation Aerosol have been established in pediatric patients 4 years of age and older in an adequate and well-controlled clinical trial. Use of XOPENEX HFA Inhalation Aerosol in children is also supported by evidence from adequate and well-controlled studies of XOPENEX HFA Inhalation Aerosol in adults, considering that the pathophysiology, systemic exposure of the drug, and clinical profile in pediatric and adult patients are substantially similar. Safety and effectiveness of XOPENEX HFA Inhalation Aerosol in pediatric patients below the age of 4 years have not been established.

Geriatrics Clinical studies of XOPENEX HFA Inhalation Aerosol did not include sufficient numbers of subjects aged 65 and older to determine whether they respond differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant diseases or other drug therapy. Albuterol is known to be substantially excreted by the kidney, and the risk of toxic reactions may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function.

ADVERSE REACTIONS Adverse event information concerning XOPENEX HFA (levalbuterol tartrate) Inhalation Aerosol in adults and adolescents is derived from two 8-week, multicenter, randomized, double-blind, active- and placebo-controlled trials in 748 adult and adolescent patients with asthma that compared XOPENEX HFA Inhalation Aerosol, a marketed albuterol HFA inhaler, and an HFA-134a placebo inhaler. The following lists the incidence (% XOPENEX HFA 90 mcg, marketed albuterol HFA inhaler 180 mcg, placebo, respectively) of all adverse events (whether considered by the investigator to be related or unrelated to drug) from these trials that occurred at a rate of 2% or greater in the group treated with XOPENEX HFA Inhalation Aerosol and more frequently than in the HFA-134a placebo inhaler group. **Body as a whole:** pain (4.0%, 3.4%, 3.6%). **Central nervous system:** dizziness (2.7%, 0.6%, 1.8%). **Respiratory system:** asthma (9.4%, 7.3%, 6.0%), pharyngitis (7.9%, 2.2%, 2.4%), rhinitis (7.4%, 2.2%, 3.0%).

Adverse events reported by less than 2% and at least 2 or more of the adolescent and adult patients receiving XOPENEX HFA Inhalation Aerosol and by a greater proportion than receiving HFA-134a placebo inhaler include cyst, flu syndrome, viral infection, constipation, gastroenteritis, myalgia, hypertension, epistaxis, lung disorder, acne, herpes simplex, conjunctivitis, ear pain, dysmenorrhea, hematuria, and vaginal moniliasis. There were no significant laboratory abnormalities observed in these studies.

Adverse event information concerning XOPENEX HFA Inhalation Aerosol in children is derived from a 4-week, randomized, double-blind trial of XOPENEX HFA Inhalation Aerosol, a marketed albuterol HFA inhaler, and an HFA-134a placebo inhaler in 150 children aged 4 to 11 years with asthma. The following lists the adverse events (% XOPENEX HFA 90 mcg, marketed albuterol HFA inhaler 180 mcg, placebo, respectively) reported for XOPENEX HFA Inhalation Aerosol in children at a rate of 2% or greater and more frequently than for placebo. **Body as a whole:** accidental injury (9.2%, 10.3%, 5.7%). **Digestive system:** vomiting (10.5%, 7.7%, 5.7%). **Respiratory system:** bronchitis (2.6%, 0%, 0%), pharyngitis (6.6%, 12.8%, 5.7%).

The incidence of systemic beta-adrenergic adverse effects (e.g., tremor, nervousness) was low and comparable across all treatment groups, including placebo.

Postmarketing In addition to the adverse events reported in clinical trials, the following adverse events have been observed in postapproval use of levalbuterol inhalation solution. These events have been chosen for inclusion due to their seriousness, their frequency of reporting, or their likely beta-mediated mechanism: angioedema, anaphylaxis, arrhythmias (including atrial fibrillation, supraventricular tachycardia, extrasystoles), asthma, chest pain, cough increased, dyspnea, nausea, nervousness, rash, tachycardia, tremor, urticaria. Because these events have been reported spontaneously from a population of unknown size, estimates of frequency cannot be made.

In addition, XOPENEX HFA Inhalation Aerosol, like other sympathomimetic agents, can cause adverse reactions such as hypertension, angina, vertigo, central nervous system stimulation, sleeplessness, headache, and drying or irritation of the oropharynx.

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whose culture-proven CA-MRSA skin and soft-tissue abscesses were drained, there was no difference in outcome on the basis of whether they received an antibiotic (Pediatr. Infect. Dis. J. 2004;23:123-7).

Although treatment with "ineffective" antibiotics may not give a worse outcome, there are some new data that give us "an inkling that appropriate antibiotic coverage is important," Dr. Pride said. An evaluation of a CA-MRSA outbreak in 13 high school football players on a western Pennsylvania football team showed that individuals whose initial skin infections were not treated with an antibiotic guided by bacterial sensitivities were 33 times more likely to develop a recurrent infection, compared with those who received appropriate antibiotic coverage. "Although the infections treated with only β -lactam antibiotics did not have a different outcome per se, they were at a high risk for recurrence," Dr. Pride noted (Pediatr. Infect. Dis. J. 2005;24:841-3).

Finally, another news maker in the infec-

tious disease realm has been the reports of increasing clindamycin resistance, Dr. Pride said. In one study comparing *S. aureus* cultures from pediatric patients at 57 military hospitals and clinics, clindamycin resistance increased from 0.48% from 2001 to 2002, to 4% from 2003 to 2004. While most CA-MRSA are still susceptible to clindamycin, the possibility of inducible clindamycin resistance should lead to cautious use of the agent and to the consideration of treatment alternatives, Dr. Pride concluded (Pediatr. Infect. Dis. J. 2005;24:622-6).

Dr. Pride reported no conflicts of interest with respect to the medication agents discussed in his presentation. ■

Hep B Vaccine, Immunoglobulin Protect Neonates

Hepatitis B vaccines, hepatitis B immunoglobulin, and a combination of the two all prevent the infection from developing in newborns of mothers who are positive for hepatitis B surface antigen, reported Chuanfang Lee, a clinical pharmacist at Copenhagen University Hospital, and associates.

The researchers conducted a meta-analysis of 26 randomized trials that evaluated vaccine or immunoglobulin effectiveness and included newborns. The average duration of follow-up was 19 months, with a range of 6-60 months.

Compared with placebo or no intervention, hepatitis B vaccination significantly decreased the risk of transmission of the infection from mother to newborn. There was no difference between plasma-derived and recombinant vaccines. "However, more infants who received recombinant vaccine achieved antibody levels to hepatitis surface antigen," the investigators said (BMJ 2006 Jan. 27 [E-pub doi:10.1136/bmj.38719.435833.7C]).

There was no difference in effectiveness between high-dose and low-dose vaccine, or among different vaccination schedules. "Furthermore, our subgroup analyses did not show a strong association between timing of injection (within 12, 24, or 48 hours [of birth]) and magnitude of effects," they said.

However, because the number of infants in these trials was small, larger trials are needed to confirm that all doses, schedules, and forms of vaccine are equivalent, the investigators cautioned.

Hepatitis B immunoglobulin also lowered the risk of infection, compared with placebo or no intervention. The vaccine plus immunoglobulin combination was superior to vaccine alone. Few of the trials reported adverse events, so a metaanalysis of adverse events could not be carried out.

—Mary Ann Moon

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