Lupus Pathogenesis May Involve Epstein-Barr Virus

BY NANCY WALSH

New York Bureau

NEW YORK — Evidence is mounting that implicates the Epstein-Barr virus as the trigger that sets off the autoantibody production central to the pathogenesis of systemic lupus erythematosus, according to Dr. John B. Harley.

It has long been assumed that an etiologic agent from the environment would be required to initiate the production of the antinuclear antibodies that begin to appear in lupus patients' sera long before clinical disease develops. An association of lupus with Epstein-Barr virus (EBV) was first noted more than 3 decades ago, but the technical means of proving a connection was lacking, and the idea was set aside.

The EBV hypothesis was resurrected during the 1990s, however. Because almost all adults are infected with the virus—a hindrance to finding an epidemiologic connection—Dr. Harley and his colleagues investigated a group of 117 children and adolescents with lupus. Among patients aged 4-19 years, an infection rate of approximately 70% would be expected, and indeed, that was what was found among 153 controls, he said.

Among the lupus patients, however, 99% had sero converted against EBV. "This was an odds ratio of 50," Dr. Harley said at a rheumatology meeting sponsored by New York University.

Certain characteristics of the virus itself

also lend credence to its etiologic probability. It infects B cells—B-cell dysregulation is prominent in lupus—and EBV itself can cause B-cell activation and autoantibody production. Among the antibodies that have been identified in patients with EBV-related mononucleosis are those targeting the Sm autoantigen, which otherwise is considered specific for lupus.

Infection is lifelong, providing continuous immune stimulation, and curiously, the virus also generates proteins that inhibit its own immune-mediated destruction, Dr. Harley said.

In lupus, it is the host response to the virus that is the crucial aberrant factor, rather than the virus itself, said Dr. Harley, professor of immunology and medicine,

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University of Oklahoma Health Sciences Center, Oklahoma City. An alteration in humoral response to Epstein-Barr nuclear antigen 1 (EBNA-1) appears to be involved, and in describing his findings in the pediatric cohort, Dr. Harley

explained the altered response: "In the present study, lupus patients were shown to make higher concentrations of antibody against the fragments encompassing the amino and carboxyl ends of EBNA-1, while normal EBV-positive controls actually made higher levels of antibody against the middle fragment than did lupus patients" (Arthritis Rheum. 2006;54:360-8).

Further evidence has come from molecular techniques including epitope mapping and peptide sequencing. The first anti-Sm autoantibodies that appear in lupus patients' sera bind to a structure known as PPPGMRPP that cross-reacts with a similar peptide, PPPGRRP, on EBNA-1, Dr. Harley explained. A similar capability has been identified with anti-Ro antibodies, and the generation of cross-reacting antibodies to Sm or Ro may be the "central and critical step that defines the onset of lupusspecific autoimmunity," he said. This critical step involving cross-reactive antibodies is then followed by epitope spreading and, ultimately, clinical disease.

Moreover, proof of the principle that a viral structure could generate autoimmunity was demonstrated by immunization of rabbits with the PPPGMRPP peptide. Following immunization, the animals went on to develop proteinuria, thrombocytopenia, elevated antinuclear antibody titers, and anti-double-stranded DNA antibodies (Nat. Med. 2005;11:85-9).

Dr. Harley's group also is focusing on the genetics of autoimmunity, and the Arthritis and Immunology Research Program, which he heads, at the Oklahoma Medical Research Foundation in Oklahoma City maintains a registry and repository of multiplex lupus families that is available for academic work. The registry can be accessed at http://lupus.omrf.org.

ARTHROTEC® (diclofenac sodium /misoprostol) tablets

Before prescribing, please consult complete prescribing information.

CONTRAINDICATIONS AND WARNINGS
ARTHROTEC* CONTAINS DICLOFENAC SODIUM AND MISOPROSTOL. ADMINISTRATION O

ARTHROTEC should not be used in women of childbearing potential unless the patient requires nonsteroidal anti-inflammatory drug (INSAID) therapy and is at high risk of eveloping astric or duodenal ulceration or for developing complications from gastric or duodenal ulcers associated with the use of the NSAID. (See WARNINGS). In such patients, ARTHROTEC may be prescribed if the patient:

• has had a negative serum pregnancy test within 2 weeks prior to beginning therapy.

• is capable of complying with effective contraceptive measures.

• has received both oral and written warnings of the hazards of misoprostol, the risk of possible contraception failure, and the danger to other women of childbearing potential should the drug be taken by mistake.

- Contracepount nature, and the danger to other women or announcing potential should the ride

 •will begin ARTHROTEC only on the second or third day of the next normal menstrus

 period.

period.

**Cardiovascular Risk

**NSAIDs may cause an increased risk of serious cardiovascular thrombotic events invocatidal infarction, and stroke, which can be fatal. This risk may increase with duration of use. Patients with cardiovascular disease or risk factors for cardiovascular disease may be at greater risk, (see **WARNINGS).

**ARTHROTEC is contradicated for treatment of peri-operative pain in the setting of coronary artery bypass graft (CABS) surgery (see **WARNINGS).

array hysae graft (CABG) surgery (see WARNINGS).

Gastrointestinal Risk. NSAIDs cause an increased risk of serious gastrointestinal adverse events including bleeding, ulceration, and perforation of the stomach or intestines, which can be fatal. These events can occur at any time during use and without warning symptoms. Elberly patients are at greater risk for serious gastrointestinal events (see WARNINGS).

INDICATIONS AND USAGE Carefully consider the potential benefits and risks of ARTHROTEC and other treatment options before deciding to use ARTHROTEC, but he lowest effective does for the shortest duration consistent with individual patient treatment goals (see WARNINGS).

ARTHROTEC indicated for treatment of the signs and symptoms of cetaerthritis or rheumatoid arthritis in patients at high risk of developing NSAID-induced gastric and duodenal ulcers and their complications. See WARNINGS—Sactionstestial effects for a list of factors that may increase the risk of INSAID-induced gastric and duodenal ulcers and their complications. CONTRAINDICATIONS. See bowed CONTRAINDICATIONS in WARNINGS related to misopnostol ARTHROTEC should not be taken by pregnant women.

ARTHROTEC is contraindicated in patients with hypersensitivity to diclofence or to misoprostol or other prostaglandins. ARTHROTEC should not be given to patients who have experienced asthma, urticaria, or other allergic-type reactions sfer taking aspirior other MSAIDs. Severe, rarely fatal, anaphylectic-like reactions to diclofenas sodium have been reported in such patients shamily ARTHROTEC is contraindicated for the teatment of per-operative pain in the setting of concary artery bypass graft (CABG) surgery (see boxed CONTRAINDICATIONS AND WARNINGS).

WARNINGS: Regarding misoprostol: See boxed CONTRAINDICATIONS AND WARNINGS.
Regarding diciofenac: See boxed CONTRAINDICATIONS AND WARNINGS.

Regarding diclofenac: See boxed CONTRAINDICATIONS AND WARNINGS.

CARDIOVASCULAR EFFECTS. Cardiovascular Thrombotic Events
Clinical trials of several CDX2 selective and nonselective NSAIDs of up to three years
duration have shown an increased risk of serious cardiovascular (CV) thrombotic events,
worcardial infaction, and stroke, which can be fatal. All NSAIDs to th CDX2 selective and
nonselective, may have a similar risk. Patients with known CV disease or risk factors for CV
disease may be at greater risk. To minimize the potential risk for an adverse CV event in patients
treated with an NSAID, the lowest effective dose should be used for the shortest duration
possible. Physicians and patients should remain alert for the development of such events, even in
the absence of previous CV symptoms. Patients should be informed about the signs and/or
symptoms of serious CV events and the steps to take if they occur. There is no consistent evidence
that concurrent use of aspirin minigates the increased risk of serious CV thrombotic events
associated with NSAID use. The concurrent use of aspirin and an NSAID does increase the risk of
serious GI events (see GI WARNINGS). Two large, controlled clinical trials of a COX-2 selective
NSAID for the treatment of pain in the first 10-14 days following CAGS suppery found an increased
incidence of myocardial infarction and strike (see CONTRAINDICATIONS).

Wheretension. NSAIDs including ARTHBRIDET. Can lead to moset of new hovertension or

incidence of myocardial infarction and stroke (see CONTRAINDICATIONS).

Hypertension: NSAIDs including ARTHROTEC, can lead to onset of new hypertension or worsening of pre-existing hypertension, either of which may contribute to the increased incidence of CV events. Patients taking thiazides or loop diuretics may have impaired response to these therapies when taking NSAIDs. NSAIDs, including ARTHROTEC, should be used with caution in patients with hypertension. Blood pressure (BP) should be monitored closely during the initiation of NSAID treatment and throughout the course of therapy.

Congestive Heart Failure and Edema: Fluid retention and edema have been observed in some patients taking NSAIDs. ARTHROTEC should be used with caution in patients with fluid retention exbeat failure.

of heart ratione.

Gastrointestinal Effects—Risk of Ulceration, Bleeding and Perforation: NSAIDs

ACTION OF COMMON CONTROL OF COMMON CONTR

Renal Effects: Long-term administration of NSAIDs has resulted in renal papillary necrosis and other renal injury. Renal toxicity has also been seen in patients in whom renal prostalglandins have a compensatory role in the maintenance of renal perfusion. In these patients, administration of a nonsteroidal anti-inflammatory drug may cause a dose dependent reduction in prostaglandin formation and, secondarily, in renal blood flow, which may precipitate over trenal decompensation. nation and, secondarily, in renal blood flow, which may precipitate overt renal decomp ients at greatest risk of this reaction are those with impaired renal function, heart fa function, those taking diuretics and ACE inhibitors, and the elderly. Discontinuation rapy is usually followed by recovery to the pretreatment state.

Advanced Renal Disease: No information is available from controlled clinical studies regarding the use of ARTHROTEC in patients with advanced renal disease. Therefore, treatment with ARTHROTEC in recommended in these patients with advanced renal disease. If ARTHROTEC therapy must be initiated, close monitoring of the patient's renal function is advisable.

Hepatic effects: Elevations of one or more liver tests may occur during therapy with ARTHROTEC. Borderline elevations (ie, less than 3 times the ULN [U.N = the upper limit of the normal range], or greater elevations of transaminasses occurred in about 15% of dicoforeac-treated patients. Of the hepatic enzymes, AT (SGPT) is the one recommended for the monitoring of liver injury, clinical trials, meaningful elevations (ie, more than 3 times the ULN) of AST (SGDT) [ATT was not measured in all studies) occurred in about 2% of approximately 5,700 patients at some time during

winci can be tatal. Intese serious events may occur wincius uraning. Fatients stould be informed about the signs and symptoms of serious skin imanifestations and use of drug should be discontinued at the first appearance of skin rash or any other sign of hypersensitivity. Pragnancy: In late programor, as with other NSAIDs, ARTHROTEC should be avoided because it may cause premature closure of the ductus arteriosus.

PRECAUTIONS General ARTHROTEC cannot be expected to substitute for corticosteroids or to treat corticosteroid insufficiency. Abrupt discontinuation of corticosteroids may lead to disease exacerbation. Patients on prolonged corticosteroid therapy should have their therapy tapered slowly if a decision is made to discontinue corticosteroids. The pharmacological activity of ARTHROTEC in reducing fever and inflammation may diminish the utility of these diagnostic signs in detecting complications of presumed noninfectious, pariellul conditions. Hepatic Effects See WARNINGS. Hematological Effects: Anemia is sometimes seen in patients receiving NSAIDs an including ARTHROTEC him say be due to fluid retention, occult or gross Gl blood loss. or an incompletely described effect upon erythropicsis. Patients should have their hemoglobin or hematocrit checked if they exhibit any signs or symptoms of anemia. Patients receiving ARTHROTEC who may be adversely affected by alterations in platelet function, such as those with casqualistion disorders or patients receiving anticoagulants, should be carefully monitored. Preexisting Asthma: The use of aspirin in patients with aspirin-sersitive asthma has been associated with severe bronchospasm which can be fatal. ARTHROTEC should not be associated with severe bronchospasm which can be fatal. ARTHROTEC should not be associated with severe bronchospasm which can be fatal and the safe therapy with ARTHROTEC. Evaluation in patients with prexisting asthma. The use of form of aspirin sersitivity and should be used when initiating retentment with ARTHROTEC may increase the warming

clinical signs and symptoms consistent with liver or rerial disease develop, systemic manifestations occur (e.g. essinghilia, rash, etc) or if abnormal liver tests persist or vorsen, ARTHROTEC should be discontinued.

Drug interactions: ARTHROTEC may increase the serum levels of digoxin, methotexate, lithium and phenobathita; patients should be monitored for toxicity. ARTHROTEC may increase cyclosporine nephrotoxicity, exacerbate Glibedring in patients on warfarin, and inhibit the activity of anthypertensives and diureties. Use caution in administering ARTHROTEC with any of these agents, particularly if renal function is impaired. Aspirin may diminish the therapeutic effect of dictofenea and condeministration is not recommended licitionea. In the appear of the season of the s

.... Incy. Pregnancy category X: See boxed CONTRAINDICATIONS AND WARNINGS Ing misoprostol.

Non-terrategenic effects: See boxed CONTRAINDICATIONS AND WARNINGS. Misoprostol may endanger pregnancy (may cause abortion) and thereby cause harm to the fetus when administered to a pregnant woman. Misoprostol may produce uterine contractions, uterine bleeding, and expulsion of the products of conception. Misoprostol has been used to ripen the corevix, to induce labor, and to treat postpartum hemorrhage of the uterus. Uterine rupture, armitoit fluid embolism, severe genital bleeding, shock, feelt brady-radi, and fetal and material death have been reported. Higher doses of misoprostia, licitiquing the 100mg tablet, may increase the risk of complications from uterine hyperstimulation. ARTHRIOTEC, which contains 200mg of misoprostial. Abortions caused by misoprostol may be incomplete. If a woman is or becomes pregnant while taking this drug, the drug should be discontinued and the patient appressed of the potential hazard to the fetus. Cases of armitoite fluid embolism, which resulted in maternal and fetal death, have been reported with use of misoprostol during pregnancy, Severe vaginal bleeding, retained placents, shock, fetal bradycardia, and plevic pain have also been reported. These women were administered misoprostol vaginally and/or orally over a range of doses. Because of the known effects of monsteroidal anti-inflammatory drugs, including the dicloferac sodium component of ARTHROTEC, on the fetal cardiovascular system (closure of ductus arteriosus), use during pregnancy [particularly late pregnancy] should be avoided.

Terategenic effects See boxed WARNINGS*** Congenital anomalies sometimes associated

Teratogenic effects: See boxed WARNINGS. Congenital anomalies sometimes associated with fetal death have been reported subsequent to the unsuccessful use of misoprostol as an

Nursing mothers: Because of the potential for serious adverse reactions in nursing infants, ARTHROTEC is not recommended for use by nursing mothers.

Labor and Delivery. In rat studies with NSAIDs, as with other drugs known to inhibit prostaglandin synthesis, an increased incidence of dystocia, delayed partunition, and decreased Pediatric use: Safety and effectiveness of ARTHROTEC in pediatric patients have not

An oral tended maximum human dose and has revealed no evidence of teratogenic

ntial for ARTHROTEC. ever, animal reproduction studies are not always predictive of human response. There are no uate and well-controlled studies in pregnant women.

requatric use: Satety and effectiveness of ARTHROTEC in pediatric patients have not been established.

Geriatric use: As with any NSAIDs, caution should be exercised in treating the elderly (65 years and older). Of the more than 2,100 subjects in clinical studies with ARTHROTEC, 25% were 65 and ower, while 65 were 75 and over. In studies with diclorard, 31% of subjects etc. 65 and over. No overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. As with any NSAID, the elderly are likely to tolerate saves were the sea with the younger patients. Dictoferate is known to be substantially excreted by the kidney, and the risk of toxic reactions to ARTHROTEC may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function. Because elderly patients are more likely to have decreased renal function. Because elderly patients are more likely to have decreased renal function. Because elderly patients are more likely to have decreased renal function. Excess elderly patients are more likely to have decreased renal function. Adjustment of the ose of ARTHROTEC is necessary in the elderly for pharmacokinetic reasons although many elderly may need to receive a reduced dose because of low body weight or disorders associated with ARTHROTEC.

Adverse reaction information for ARTHROTEC is derived from Phase III multinational controlled clinical trials in over 2,000 patients, receiving ARTHROTEC 50 or ARTHROTEC 75, as well as from blinded, controlled trials of Voltaren* Delayed-Release Tablets (diclofenac) and Cytotee* Tablets (miscopstori).

Adverse reactions associated with ARTHROTEC

sassifials in clinical trials, the most frequently reported adverse events were Gl disorders pain (21%), diarrhea (19%), dyspepsia (14%), nausea (11%), and (9%), ARTHROTEC can cause more abdominal pain, diarrhea and other Gl

would be dangerous, should be monitored carefully if ARTHROTEC is prescribed. The incidence or diarrhea can be minimized by administering ARTHROTEC with food and by avoiding coadministration with magnesium-containing antacids.

Gynecological: Gynecological disorders previously reported with misoprostol use have also been reported for women receiving ARTHROTEC, lese below). Postmenopausal vaginal bleeding may be related to administration of ARTHROTEC, lif to occurs, diagnostic workup should be undertaken to rule out gynecological pathology. (See boxed CONTRAINDICATIONS AND WARNINGS.) Elderly. Devrall, there were no significant differences in the safety profile of ARTHROTEC in over 500 patients 65 years of age or older compared with younger patients. Other adverse experiences reported occasionally or rarely with ARTHROTEC, diclofenac or other NSAIDs, or misoprostal are. Body as a whole: Asthenia, death, fatigue, fever, infection, malaisies, espisis. Cardiovascular system: Arrhythmia, atrial fibrillation, congestive heart failure, hypertension, hypotension, increased CPK, increased LDH, myocardial infarction, alpitations, phieblits, premature ventricular contractions, synocpe, tachycardia, vasculfits. Central and peripheral nervous system: Coma, convulsions, dizziness, drowsiness, headache, hyperesthesia hypertonia, hyposethesia inscremnia, hyposethesia inscremnia, hyposethesia inscremnia, hyposethesia, schomation, storyma, enaufajia, paresthesia, speriorable inderiora, peptic uber, stomatitis and ulcerative constitution, distribution, storyma, entertitis, esophageal ulceration, esophagitis, eructation, hematemesis, hemorrhoids, intestinal perforation, petro uber, stomatitis and ulcerative beneatile interensis with minima. Female reproductive disorders: Teast pain, hematemesis, hemorrhoids, intestinal perforation, petro uber, stomatitis and ulcerative.

activated charical may help to reduce the absorption of diclofenas sodium and misoprostol.

HOW SUPPLIED: ARTHROTEC (diclenae: sodium/misoprostol) is supplied as a film-coated tablet in dosage strengths of either 50 mg diclofenae: sodium/200 mgg misoprostol or 75 mg diclofenae sodium/200 mgg misoprostol. The 50 mg/200 mgg dosage strength is a round, biconvex, white to off-white tablet imprinted with four "As" encircling a "50" in the middle on one side and "SEARE" and "141" on the other. The 75 mg/200 mgg dosage strength is a round, biconvex, white to off-white tablet imprinted with four "As" encircling a "75" in the middle on one side and "SEARE" and "120" on the other.

Strength	NDC Number	Size
50/200	0025-1411-60 0025-1411-90 0025-1411-34	bottle of 60 bottle of 90 carton of 100 unit dose
75/200	0025-1421-60 0025-1421-34	bottle of 60 carton of 100 unit dose

Store at or below 25°C (77°F), in a dry area



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