Treatments Coming for Resistant Hepatitis C

BY TIMOTHY F. KIRN Sacramento Bureau

CHICAGO — Watchful waiting may be the prudent approach now when a patient with hepatitis C does not respond to standard interferon treatment, speakers said at the annual Digestive Disease Week.

That's because a number of promising new approaches and treatments are on the horizon, including longer treatment regimens, a ribavirin prodrug called viramidine, hepatitis C virus protease and polymerase inhibitors, antifibrotic agents, and new interferons.

Currently, about 45% of patients treated with the standard regimen of weekly pegylated interferon-alfa-2a with daily ribavirin given for 48 weeks will not respond adequately, said John B. Gross Jr., M.D., of the Mayo Clinic, Rochester, Minn.

Factors known to be associated with treatment failure include infection with hepatitis C virus genotype 1, a high viral load, advanced hepatic fibrosis or cirrhosis, obesity, underdosing to counter side effects or nonadherence to treatment, and African American race.

Regarding underdosing and lack of adherence, it has been shown that a pronounced response to treatment within the first 12 weeks indicates a high likelihood of a sustained response. When a patient is at least 80% tolerant to initial dosing and adherent to treatment during those first 12 weeks, the percentage of patients achiev-

BRIEF SUMMARY. Consult the package insert or www.ZOLOFT.com for complete prescribing information.

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Lee WARNING's and PRECAUTIONS: Pediatric Use) Pooled analyses of short-term (4 to 16 weeks) placebo-controlled trials of 9 antidepressant drugs (SSRIs and others) in children and adolescents with major depressive disorder (MDD), obsessive-compulsive disorder (OCD), or other psychiatric disorders (a total of 24 trials involving over 4400 patients) have revealed a greater risk of adverse events representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No suicides occurred in these trials.

antidepressants. The overage risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No suicides occurred in these trials. INDICATIONS: 20LOFT is indicated for the teerment of major depressive disorder (MDD), social anxiety disorder, panit disorder, positraumatic stress disorder (PISD), pernenstrual dysphoric disorder (MDD), and obsessive-compulsive disorder (OCD), and can be used in pediatric patients (age 6 to 17 years) with 0CD. CONTRAINDICATIONS: Concomitant use in patients taking either monomine oxidase inhibitors (MAOIs) or pimozide is contraindicated. WARNINGS: Clinical Worsening and Suicide Risk – Adult and pediatric patients with MDD may experience worsening of theid depression and/or emergence of suicidality or unsucul behavioral damages, whether on on they are taking antidepressants; this risk may pessi-theid depression and/or emergence of suicidality or unsucul behavioral damages, whether on onthey are taking antidepressant is, this risk may pession doldexents with MDD. OCD, or other psychicitar (dosades (24 trials in ~4400 patients): receiled a greater risk of suicidality during the first few months of neatment in antidepressant recipients. The average risk of suicidality risk was most consistently observed in MuDe Taking on their spychicitar (dosader. No suicidality risk was most consistently observed in MuDe trials, but risk signida los arose from some risks in OCD and social maxiety dataret. No suicidality risk was most consistently observed in MuDe trials, but risk signida los arose from some risks in OCD and social maxiety dataret. No suicidality risk was most consistently observed in MuDe trials, but risk signida los arose from some risks in OCD and rose recreases. This would include at least weekly face-to-face context with patients, for the methy, or whet does be increases or decreases. Anxiety, agritation, and analy, agreessinenes), impulsity, additiatio ronopsychiatric indications. While no causal link between the emergence of suicidality rose int disorder. It is generally believed (though not established in controlled this): that treating such an episode with an antidispresant alone may increase the likelihood of precipitation of a mixed/maric episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a conversion is unknown. Screen patients with depressive symptoms adequately pint to initiating antidepressant treatment to determine if they are at risk for bipolar disorder, this should include a detailed psychiatric history, including family history of suicide, bipodra disorder, and depression. ZOLOFT is not approved for use in treating bipolar depression. Cases of serious, sometimes fatal, reactions have been reported in patients receiving ZOLOFT in combination with an MAOI. ZOLOFT should not be used in combination with an MAOI, ZOLOFT is not approved for use in treating bipolar depression. Cases of serious, sometimes fatal, reactions have been reported in patients receiving ZOLOFT in combination with an MAOI. Similarly, at least 14 days should be ellowed after stopping ZOLOFT before starting an MAOI. ZOLOFT. PRECAUTIONS: General—Activation of Manio/Hypomania – During premateling testing, hypomain or mania occurred in approximately 0.4% of ZOLOFT-Ineated patients. Weight Loss – Significant weight loss. Seizre – ZOLOFT has not been evaluated in patients with a seizue disorder. ZOLOFT should be intoduced with care in patients with a seizure disorder. Discontinuation of treatment – During marketing of ZOLOFT and other SSRs and SNRs, spontaneous reports of adverse events occured upon discontinuution, particularly when abupt. Symptoms included dysphoric mood, initability, agintation, dizziness, sensory disturbances (e.g. paresthesis), anxiety, confusion, headade, lethangy, emotional lability, insomnia, and hypomania. These events are generally self-limiting, but serious discontinuation symptoms have been reported. Monitor patients for these symptoms occur following a dose reduction tree. Abuormal Beeding – C The second secon up curva enset. **WD ACTVP Drugs** — Concommant use of 2/0U/F1 with acception of desimethylatizeption may require dosage adjustments. Even though likitimu elevels were not intered in clinical tricks. It is recommended that plasms likitimu levels be monitored following initiation of 2010FT theory with appropriate adjustments to the likitium dose. In a controlled study of a single dose (2 mg) of pimozide, 200 mg sertaline (q,d.) co-administration to steady state was associated with a mean increase in pimozide AUC and _{Cmax} of abud 40%, but was not associated with my changes in KBG. Since the highest recommended pimozide dose (10 mg) has not been evolutient in combination with sertaline, the effect on 01 intervol and PK parameters at doses higher than 2 mg at this time is not hown. The risk of using 2010FT in combination with other (NS active drugs has not been systematically evaluated. Caution is advised if the concomitant use of 2010FT and such durgs is required. There is limited controlled experience regarding the optimal trianing of switching from other dows. Feffetive in the treatment of major depressive disorder, 0CD, paric disorder, PTSD, PMDD, and social anxiety disorder to 2010FT. Caution should be exercised when switching, particularly from long-acting agents. **Drugs Metabolized by P450 3A4** - In three separate *in vivo* interaction studies, sertunine was condiministered with the cytochrome P450 3A4 substates, tefenadine, combranzepine, or cisapride, under steady-state conditions. The results of these studies indicated that sertuine dia not interactore splasm concentations of teferotione's extent of inhibition of P450 2A4 activity is not likely to be of clinical significance. Results of the studies is accepted and accepted a has a less prominent inhibitory effect on 2D6 than some others in the class. Nevertheless, even sertraline has the potential for clinically important 2D6 inhibition. Consequently, concomitant use of a drug metabolized by P450 2D6 with ZOLOFT may require lower doses than usually prescribed for the

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ing a sustained response goes from about 40% to 60%. But when the dose of both drugs needs to be lowered, the percentage drops to 33%, Dr. Gross noted.

Some researchers have been looking at weight-based dosing of ribavirin, which appears to improve virologic response. Others have been studying treatment beyond the usual 48 weeks, which appears to cut the relapse rate. The results of those studies are still preliminary, he noted.

Some patients who have not responded to initial interferon therapy probably can be treated again. Patients who would be candidates for a second round of treatment are those who were treated before the pegylated interferon era or combined interferon-ribavirin treatment, or those who were nonadherent the first time.

"It turns out the predictors of a more sustained viral response in this group are just the same as for treatment-naive patients," Dr. Gross said.

Patients with advanced cirrhosis probably should be enrolled in a clinical trial, he added. But most patients probably should just wait for future developments, with a liver biopsy scheduled for some future date.

Gary L. Davis, M.D., said interferon is likely to remain the basis of treatment even if the new antiviral agents in development prove useful.

Interferon will be necessary to combat the drug resistance that will undoubtedly arise with any new antiviral drug, said Dr. Davis of Baylor University, Houston.

At the meeting, early studies were presented on two new types of interferon, pegylated consensus interferon, which is a bioengineered interferon that can be given at a high dose, and an albumin-interferon fusion protein, which has a long half-life and would be given only once every 2-4 weeks. Both had good results in phase I or phase II trials, he said.

The antiviral drugs under study include viramidine, a precursor drug to ribavirin thought to cause less anemia, and several protease and polymerase inhibitors.

In a phase II trial presented at the meeting, viramidine showed a reduced incidence of anemia, Dr. Davis noted. In that trial, 27% of ribavirin-treated controls developed anemia. In comparison, no patients who received the lowest dose of viramidine (400 mg daily) developed anemia, and only 2% of those who received the middle dose (600 mg) developed anemia. Of those who received the highest dose, 11% developed anemia, a difference that was not statistically significant.

The 171-patient study was perhaps not large enough to address efficacy with certainty, and many patients dropped out. But the results suggest that the proportion of patients who achieved a virologic response at the end of treatment was similar in all of the groups, and there was less relapse 24 weeks after treatment in those treated with viramidine, reported Robert G. Gish, M.D., of the California Pacific Medical Center, San Francisco.

Some of the protease and polymerase inhibitors being investigated appear powerful, but they are just now entering meaningful clinical trials, Dr. Davis said.