CLINICAL CAPSULES

Sudden Death in First Month After MI The risk of sudden death is dramatically higher in the first 30 days after MI than thereafter, and is particularly high in the first week and in patients with a low ejection fraction, according to Scott D. Solomon, M.D., of Brigham and Women's Hospital, Boston, and his associates.

Current American College of Cardiology/American Heart Association recommendations, which specify that implantable cardioverter defibrillators should be implanted 30 days or more after MI in patients with low ejection fractions or

heart failure, may need to be reconsidered in light of these findings, they noted (N. Engl. J. Med. 2005;352:2581-8).

The investigators analyzed data from a randomized, controlled trial of 14,609 patients. They were followed for 2 years after MI complicated by an impaired ejection fraction, heart failure, or both. The rate of sudden death was 10 times higher within the first month after MI (1.4% per month) than it was 2 years later (0.14% per month). Even among patients with the highest ejection fractions, the rate of sudden death was six times higher in the first

month than it was at 1 year. The findings suggest that early intervention would be beneficial, even in relatively low-risk patients, they said.

Staph Is Major Cause of Endocarditis

The epidemiology of Staphylococcus aureus infection has shifted so dramatically in recent years that the organism is now the leading cause of infective endocarditis in most of the developed world-a direct consequence of medical "progress," said Vance G. Fowler Jr., M.D., of Duke University Medical Center, Durham, N.C., and his associates.

For decades, infective endocarditis due

Brief Summary of Prescribing Information as of September 2004 ALTACE® Capsules

USE IN PREGNANCY

When used in pregnancy during the second and third trimesters, ACE inhibitors can cause injury and even death to the developing for When pregnancy is detected. ALTACE* should be discontinued as as possible. See WARNINGS: Fetal/neonatal morbidity and mortalit

CONTRAINDICATIONS

ALTACE is contraindicated in patients who are hypersensitive to this product or any other angiotensic noverting enzyme inhibitor (e.g., a patient who has experienced angioedema during therapy with any other ACE inhibitor).

during therapy with any outer rea-WARNINGS Anaphylactoid and Possibly Related Reactions: Head and Neck Angioedema Patients with a history of angioedema unrelated to ACE inhibitor therapy may be a tincreased risk of angioedema while receiving an ACE inhibitor. ISee also CONTRAINDICATIONS). Angioedema of the face, extremites, lips, tongue, glottis, and larynx has been reported in patients treated with angiotensin converting enzyme inhibitors. Angioedema associated with treated with angiotensin converting enzyme inhibitors. Angioedema associated with treated of the face, extremites, lips, tongue, glottis, and larynx has been reported in patients treated with angiotensin converting enzyme inhibitors. Angioedema astronome and the face, tongue, or glot-Angloederina of the face, extremities, lips, tongue, glottis, and larynx has been reported mi patients treated with angiotensin converting enzyme inhibitors. Angioederina associated with laryngeal dedime can be fatal. If laryngeal stridor or angioederina of the face, tongue, or glot-tis occurs, treatment with AITACE should be discontinued and appropriate therapy instituted immediately. Where there is involvement of the tongue, glottis, or larynx, likely to cause airway obstruction, appropriate therapy, e.g., subcutaneous epinephrine solution 1:1000 (103 mi to 05 mi) should be promptly administered. (See ADVERSE REACTIONS.) Intestinal Angioedema Intestinal angioedema has been reported in patients treated with ACE instant Angioedema intestinal angioedema has been reported in patients treated with ACE in scars there was no prior history of facial angioedema and C-1 estarse levels were normal. The angioedema and symptoms resolved reported in patients treated with AEE inhibitors. These patients presented with abdominal pain (with or without nausea or vorniting). in some cases there was no prior history of facial angioedema and C-I esterase levels were normal. The angioedema was diagnosed by pro-cedures including abdominal CT scan or ultrasound, or at surgery, and symptoms resolved after stopping the ACE inhibitor. Intestinal angioedema should be included in the differential diagnosis of patients on ACE inhibitors presenting with abdominal pain. **Anaphylactoid reactions during desensitization:** Two patients undergoing desensitizing treatment with hymenoptera venom while receiving ACE inhibitors sustained life-threatening anaphylactoid reactions. during desensitization: Two patients undergoing desensitizing treatment with patients displayed with high-Tlax membranes and readed concomitantly with aACE inhibitors reactions. during membrane exposure: Anaphylactoid reactions have been reported in patients displayed with high-Tlax membranes and treated concomitantly with aACE inhibitors and the start and the absorbion. Thypotension ALTACE can cause sympto-matic hypotension, after either the initial dose or a later dose when the dosage has been increased. Like other ACE inhibitors, ramiprih has been only rarely associated with hypoten-sion in uncomplicated hypotension spatients with aACE to be a very and the differentiating therapy with ALTACE can cause sympto-matic hypotension, after either the initial dose or a later dose when the dosage has been increased. Like other ACE inhibitors, ramiprih has been only rarely associated with hypoten-sion in uncomplicated hypotension situating therapy with ALTACE. In patients with avery eaver excessive hypotension, which may be associated with diguria or azotemia and, rarely, with acute rereal failure, with or whole has along a result of prolonged duretic ther-apy, detary ast restriction, diskis, diarrhea, eaverly, ACE inhibitors have dome associated whenever the dose of ramipril or diu cases server - reduction in the red indoor an indication contraint and good in content, while bodd cent on platelet count may develop. In isolated cases, agranulocytosis, pancytopenia, and bone marrow depression may occur. Hematological reactions to ACE inhibitors are more likely to occur in patients with collagen-vescular disease (e.g., systemic lupues erythematosus, sola-roderma) and renal impairment. Monitoring of white blood cell counts should be considered marrow depression may occur. Hematological reactions to ACE inhibitors are more likely to occur in patients with collagen-vascular disease (e.g., systemi clups erythematosus, scle-roderma) and renal impairment. Monitoring of white blood cell counts should be considered in patients with collagen-vascular disease (e.g., systemi clups erythematosus, scle-roderma) and renal impaired raisease, especially if the disease is associated with impaired renal function. *Fetal/Neonatal Morbidity and Mortality* ACE inhibitors can cause fetal and neonatal morbidity and death when administered to pregnant women. Several dacen cases have been reported in the world literature. When pregnancy is detect-ed, ACE inhibitors should be discontinued as soon as possible. The use of ACE inhibitors during the second and third timesters of pregnancy has been associated with fetal and neonatal injury, including hypotension, neonatal skull hypoplasia, anuria, reversible or irre-versible renal failure, and death. Oligohydramnios has also been reported, presumably result-ing from decreased fetal renal function, oligohydramnios in this satifus has also been reported, athough it is not clear whether these accurrences were due to the ACE inhibitor exposure. These adverse effects don tappaer to have resulted from intrauterine ACE inhibitor exposure that has been limited to the first trimester. Mothers whose embryos and fetuses are exposed to ACE inhibitors only during the first timester should be so informed. Nonetheless, when patients become pregnant, physicians should be so informed. Nonetheless, when patients become pregnant, physicians should be so informed. Infig GPP/ mathers should be apprivated the potential hazards to their fetuses, and serial utrasound examinations should be performed to assoss the intraaminotic environment. If oligohydramics is observed, ALTACE should be discontinued unless is is considered (He sav-ing for the mother. Contraction stress testing (CST), a nonstress test (NST), or biophysical por-ting

PRECAUTIONS Impaired Renal Function: As a consequence of inhibiting the renin-angiotensin-aldos-terone system, changes in renal function may be anticipated in susceptible individuals. In patients with severe congestive heart failure whose renal functions may depend on the activ-ty of the renin-angiotensin-aldosterone system, treatment with angiotensin converting enzyme inhibitors, including ALTACE, may be associated with oliguria and/or progressive azternia and (rarely) with acute renal failure and/or death. In hypertensive patients with un-lateral or bilateral renal atery stenosis, increases in blood urea nitrogen and serum creati-niem may occur. Experience with another angiotensin converting enzyme inhibitors suggests that these increases are usually reversible upon discontinuation of ALTACE and/or diuretic therapy. In such patients renal function should be monitored during the first fave weeks of thransient, especially when ALTACE has been given concomitantly with a duriet. This is more likely to occur in patients with pre-existing renal impairment. Dosage reduction of ALTACE and/or discontinuation of the utile? The such given concomitantly with a duriet. This is more likely to occur in patients with pre-existing renal function. Sco DOSAGE AND ADMINISTRATION in the full Prescribing Information. *HyperLatenniz* in clinical trials, hyperLatennia (serum potassium greater than 5.7 mEq.1) occured in approximately 1% of hyperLatensi e serum potassium creating in studies and substitutes, which should be used cautiously, if at all, with ALTACE (See Drug Interactions). *Cough*! Presumably due to the inhibitor of the depatedation of endogenous tradycinic participants in clinical trials, hyperLatensi serum potassium containing sati substitutes, which should be used cautiously, if all with ALTACE (See Drug Interactions). *Cough*! Presumably due to the inhibitor of the depatedation of endogenous tradycining participant discontinuation of there and the inhibitor of the depatedation of endogenous tradycining participan nyperensive patients with impaired liver function. However, since the reinin-angioretism system may be activated in patients with severe liver circhosis and/or ascites, patricular caution should be exercised in treating these patients. **Surgery/Anesthesia:** In patients undergo-ing surgery or during anesthesia with agents that produce hypotension, ramipil may block angiotensin II formation that would otherwise occur secondary to compensatory renin release. Hypotension that occurs as a result of this mechanism can be corrected by volume expansion. **Information for Arwaics. Foreign agency:** Femela patients of childbearing age should be told about the consequences of second- and third-trimester exposure to ACE rangiotensin in tromation that would comervise occurs seechdary to compensatoly rein release. Hypotensin that occurs as a result of this mechanism can be corrected by volume expansion. *Information for Patients, Pregnancy:* Female patients of childbearing age should be told about the consequences of second- and third-timestre exposure to ACE inhibitors, and they should also be told that these consequences do not appear to have result-ed from intrauterine ACE inhibitor exposure that has been limited to the first trimester. These patients should be asked to report pregnancies to their physicians as soon as possible. *Angioedema:* Angioedema, including laryngeal edema, can occur with treatment with ACE inhibitors, especially following the first dose. Patients should be advised and told to report immediately any signs or symptoms suggesting angioedema [swelling of face, eyes, lips, or tongue, or difficulty. In breathing) and to take no more drug until they have consulted with the prescribing physician. *Symptomatic Hypotension*: Patients should be a cautioned that light-headedness can occur, especially dinying the first days of therapy, and it should be reported. Patients also uld be told that if syncope occurs. AltACE should be dis-continued until the physician has been consulted. All patients should be astioned that inad-equate fluid intia. *Conscribing and the synchy and the syncope*. *Nathones and to an excessive fall* in blood pressure, with the same consequences of light-headedness and possible syncope. *Hyperkalemis:* Patients should be told not use sait substitutes containing portasisium without consulting their physician. *Neutropenia:* Patients should be told to promptly report any indication of infection lag. score throat [ever], which could be a sign of neutropenia. Drug *Hyperkalemis:* Patients and increase in neutropenia: Patients and potassium should be monotored frequently. *With potassium synthematory* agents: have been associated with divertics: expecially those in whom diver

Pregnancy Pregnancy Categories C (first timester) and D (second and third timesters). See WARNINGS: Fetal/Neonatal Morbidity and Mortality. Nursing Mothers Ingestion of single 10m gord lose of ALTAC resulted in undetectable amounts of rampin l and its metabo-lites in breast milk. However, because multiple doses may produce low milk concentrations that are not predictable from single doses, women receiving ALTACE should not breast feed. Geriatric Use 01 the total number of patients who received ramming in US clinical studies of ALTACE 11.0% were 65 and over while 0.2% were 75 and over. No overall differences in effect-tiveness or stafety were observed between these patients and younger patients, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. *Preliatric Use* Safety and effectiveness in regionrase between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. *Preliatric Use* Safety and effectiveness in very young rats given a single dose of ramipril.

ADVERSE REACTIONS Mypertension ALTACE has been evaluated for safety in over 4,000 patients with hyperten-sion, of these, 1,200 patients were studied in US controlled trials, and 1,107 were studied in foreign controlled trials. Almost 700 of these patients were trated for at least one year. The overall incidence of reported adverse events was similar in ALTACE and placebo patients. The most frequent clinical side effects (possibly or probably related to study drug) reported by patients receiving ALTACE in US placebo-controlled trials were: headache GSA, Vicizi-ness? (22%) and fatigue or asthenia (20%), but only the last was more common in ALTACE patients than in patients given placebo. Generally, the side effects were mild and transient, and there was no relation to trial dosage within the range of 1.25 to 20 mg. Discontinuation of therapy because of a side effect was required in approximately 3% of US patients treated with ALTACE. The most common reasons for discontinuation were: cough (10%), discinges (05%), and impotence (0.4%). Of observed side effects considered possibly or probably relat-te to study drug that occurred in US placebo-controlled trials income than 1% of patients treated with ALTACE. The most common reasons for discontinuation and fu syndrome in the ramjing iroup, not attributed at that time to rampin! As these studies were carried out before the relationship of cough to ACE inhibitors was recognized, some of these events may represent rampin! Antue (2004). In alter 1-year study, increased cough was seen in almost 12% of ramjing! apatients, with about 4% of patients requiring discontinuation of treatment. Heart Failure Post Mypocardial Infraction Adverse reac-tors (secupt laboratory abnormalities) considered possibly(robaby related to study drug these events may represent ramping they placebo 1%), discusses (found in framing) 1%, placebo 5%), increased cough (ramjing 1%, placebo 5%), increased cough (ramjing 1%, placebo 1%), sprotee (ramjing 1%, placebo 1%), locating 1 2% of patients on rampin and 2% of patients on placebo. Neasons for stopping included couph (rampin) 7%, placebo 2%), hypotension or diziones (rampin) 1%%, placebo 15%, and angioadema (rampin) 0.3%, placebo 0.1%). The incidence of couph was similar to that seen in the AIRE trial. The rate of angioadema was the same as in previous clinical trials (see WARNINGS). Other adverse experiences reported in controlled clinical trials (in less than 1% of rampin) patients), or rarer events seen in postmarketing experience, include the fol-lowing (in some, a causal reliationship to dring use is uncertain): **Body As a Whole:** Anaphylactoid reactions. (See **WARNINGS.) Cardiovascular:** Angina/chest pain, arrhythmis including bradycardia or tachycardia, cardiae arrest, congestive heart failure, symptomatic hypotension (reported in 0.5% of patients in US trials) (See WARNINGS and **PRECAUTIONS**), syncope, palpitations, transient ischemia attack, and myocardial infar-tion or cereforvascular accident possibly due to excessive hypotension. **Hematologic:** Pancytopenia, hemolytic anemia and thrombocytopenia. **Renal:** Some hypertensive patients with no apparent pre-existing renal disease have developed minor, usually transient, increas-es in blood ure antrogen and serum creatinin when taking ALTACE, particularly when with the applant pre-existing tenan userses have useraloped mimor, bistany rainsein, the these set in blood unce infrogen and secure creatinine when taking ATLACE, particularly when ATLACE was given concomitantly with a diuretic. (See WARNINGS) Acute renal failure. Angioneurotic Edema: Angioneurotic edema has been reported in 0.3% of patients in US clinical trials. (See WARNINGS.) Gastrointestinal: Pancreatits, abdominal pain

Angioneurotic Edema: Angioneurotic edema has been reported in 03% of patients in US clinical trials. (See WARNINGS.) Gastrointestinal: Pancreatitis, abdominal pain (sometimes with enzyme changes suggesting pancreatitis), ancreak, constipation, diarrhea, dry mouth, dyspepsia, dysphagia, gastroenteritis, hepatitis, increased salivation and taste mematologic: Angenate hypersensitivity reactions (mainfested by urticaria, pruritus, or rash, with or without fever, hontosensitivity, purpura, oncholysis, pemphiguid, enzyhema multiforme, toxic epidermal necrolysis, and Stevens-Johnson sym-drome. Neurologic and Psychiatric: Anxiety, annesia, convulsions, depression, hearing loss, insomnia, nervousness, neuralgia, neuropathy, paresthesia, somnolene, tinnitus, symptom complex has been reported which may include a positive ANA, an elevated ery-throcyte sedimentation rate, arthraligi/arthritis, myalgia, fever, vascultis, eosinophilia, pho-tosensitivity, rash, and other dermatologic manifestations. Additionally, as with other ACE inhibitors, a symptom complex has been reported. *Fetal/Neonatal Mobridity* and *Mortality*. See WARNINGS: Fetal/Neonatal Mobridity and Mortality. Other: Arthraligi, arthritis, dyspane, edema, episaxis (see PRECAUTIONS, Drug Interactions), impotence. In addition to adverse events reported from clinical traits, thren have been rare reports of hypoglycemia reported during ALTAEC therapy when given to patients concomi-tanty taking on altypoglycemic agents or insultin. The causal relationship is unknown. **Clinical Laboratory Test Findings: Creatinine and Blood Urea Nitrogen:** 15% of patients receiving ALTAEC and a diuretic. Increases in clatens, revising ALTAEC and a main 15% of patients receiving ALTAEC and a main and sing of patients receiving ALTAEC and a diuretic. Increases in clatens, are more likely to occurre in 12% of patients receiving ALTAEC and a diuretic. Increases in clatenstrome Automy ALTAEC and a diuretic. Increases in clatenstroe to hobitions, would be createred ub.th

decurred in U-Sv of patients receiving ALIACE alone and in Sv of patients receiving ALIACE alone and the automatical and and a set of the advection of the adve OVERDOSAGE

UVENDSAGE Single oral doses in rats and mice of 10-11 g/kg resulted in significant lethality. In dogs, oral doses as high as 1 g/kg induced only mild gastrointestinal distress. Limited data on human overdosage are available. The most likely clinical manifestations would be symptoms attri-tuable to hypotension. Because the hypotensive effect of ramipri 1 scheved through vasodi-lation and effective hypovolemia, it is reasonable to treat ramipril overdose by infusion of nor-mal ecline solution.

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to S. aureus has been considered a relatively minor problem linked with injection drug use, and patients with nosocomial S. aureus bacteremia were considered to be at low risk for endocarditis. But in the 48-month prospective cohort study of 1,779 endocarditis patients treated in 16 countries, S. aureus was found to be the single most common cause of endocarditis, and the infection was often associated with medical devices or procedures such as pacemakers, prosthetic valves, or hemodialysis (JAMA 2005;293:3012-21). Patients with such "health care-associated" staph endocarditis had much higher mortality and a much greater incidence of methicillin resistance than did those with other forms of the disorder. Methicillin-resistant S. aureus accounted for up to 40% of the cases in many areas, the researchers noted.

Impaired Memory in Hypertension

Impaired cerebral blood flow may contribute to the mild deficits in memory and other cognitive functions in people with hypertension, compared with their normotensive peers, according to J.R. Jennings, Ph.D., of the University of Pittsburgh, and associates.

The researchers assessed regional cerebral blood flow using MRI and PET brain scans in 37 hypertensive and 59 normotensive subjects (median age 60 years) who performed a battery of memory and sensorimotor tasks. The blood flow response to performance demands was significantly blunted in certain areas of the brain in hypertensive subjects, who also showed mild deficits in performance, compared with the normotensive subjects (Neurology 2005;64:1358-65).

"Our results are far from conclusive but suggest that vascular factors may play a role" in mild memory and cognitive deficits seen in hypertensive people, the researchers said. Moreover, the findings show that common systemic diseases such as hypertension can have unanticipated effects on brain function, they added.

Choosing Meds for Decompensated HF

When intravenous vasoactive medications are required for acute decompensated heart failure, patients who receive a vasodilator or natriuretic peptide are more likely to survive than are those who receive a positive inotropic agent, reported William T. Abraham, M.D., of Ohio State University, Columbus, and his associates.

There are no published guidelines for managing acute decompensated HF because the evidence base is inadequate. The investigators used data from a recently established national registry for this disorder to compare the effects of four medications on in-hospital mortality. They analyzed data on more than 65,000 patients hospitalized at 263 U.S. medical centers, which they said provides a better real-world picture of treatment safety and efficacy than has been available from "highly controlled, short-term, clinical trials of carefully selected patient populations" (J. Am. Coll. Cardiol. 2005;46:57-64).

Patients treated with the vasodilator nitroglycerin or the natriuretic peptide nesiritide had better survival rates and shorter hospital stays than did those treated with the positive inotropic agents dobutamine and milrinone, the researchers said. -Marv Ann Moon

ALTACE is available in 1.25-, 2.5-, 5-, and 10-mg capsules

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Pages 54a-54bt