Pedicure Whirlpools May Swirl With Mycobacteria

BY SHERRY BOSCHERT

San Francisco Bureau

KOHALA COAST, HAWAII — Nail salons that offer pedicures may be peddling infections along with pretty toes.

If a female patient complains of recurrent folliculitis of the lower legs, ask if she's had a pedicure lately and if she shaves her legs before going to the nail salon. The shaved skin can be a portal of entry for mycobacteria that exist in tap water and that grow in the filter systems of whirlpool footbaths used in nail salons, said Timothy G. Berger, M.D.

You can scrub the inside of the salon tub all you want, but it's in the filter and irrigation system, and you can't clean that," he said at a conference on clinical dermatology sponsored by the Center for Bio-Medical Communication Inc.

Pedicures are popular in the San Francisco Bay area. "We've had outbreaks affecting hundreds of patients with this,"

said Dr. Berger, professor of clinical dermatology at the University of California, San Francisco.

He described a typical patient: a 37year-old woman referred to him by her primary care physician for chronic folliculitis of the lower legs who failed sequential treatment with ciprofloxacin, cephalexin, and amoxicillin combined with clavulanate potassium (Augmentin). She had multiple, firm, focally ulcerated and eroded lesions 0.5-1.5 cm in size below the knees. The dermal and subcutaneous nodules had left multiple scars.

A biopsy suggested she might have mycobacterial infection, and a culture of the tissue biopsy grew one of the rapidly growing types of mycobacteria, such as Mycobacterium fortuitum and M. chelonae, which can be seen in cultures in 7-10 days.

Some patients may be followed with observation, but they usually require a prolonged course of antibiotic treatment for 6 months. "If you're lucky enough to grow the bug, then you can get sensitivities" to help pick the antibiotic, he said.

If you don't know the bug's antibiotic sensitivity, treat with monotherapy using doxycycline, clarithromycin, azithromycin, or ciprofloxacin, he suggested. Sulfonamides and trimethoprim is another op-

'You can scrub the inside of the salon tub all you want, but [mycobacteria are] in the filter and irrigation system, and you can't clean that.' tion. Depending on how the patient responds, combination therapy may be needed.

These rapidly growing mycobacteria do not respond to antimicrobials used to treat tuberculosis, such as isoniazid or ethambutol.

Dr. Berger

distinguished between the rapid growers such as M. chelonae and M. fortuitum and the two types of mycobacteria that dermatologists most commonly see. One, M. marinum, causes papules or plaques on the hands after exposure to water in fish tanks.

The other, M. tuberculosis, can cause tender calf nodules and erythema induratum, "which is not a rare disease," Dr. Berger noted.

Sometimes biopsies from patients with erythema induratum will show polyarteritis nodosa (PAN). If cutaneous TB is the cause, putting those patients on steroids will make them worse, Dr. Berger cautioned. When he sees a biopsy with PAN, he always does a TB screen. "About half of those patients are positive, and they clear when we treat their TB," he said.

If you see a patient who has risk factors for TB infection (such as Asian ethnicity or foreign birth) and PAN, think about cutaneous TB, Dr. Berger said. "It's still around. We've collected 20 cases over the last 10 years who came to our clinic with cutaneous TB."

Site Offers Seniors Advice on Shingles

The National Institute of Health's se-I nior health Web site has added information about shingles. Adults over 50 years who have had chickenpox are at the greatest risk for contracting the skin disease. The Web site provides information about causes, risk factors, diagnosis, and treatments. For more information, visit http://nihseniorhealth.gov/shingles/toc. html.

PREVACID® (lansoprazole) Delayed-Release Capsules

 $\textbf{PREVACID}^{\circledR} \ (\texttt{lansoprazole}) \ \mathsf{For \ Delayed\text{--}Release \ Oral \ Susper}$

PREVACID[®] SoluTab[™] (lansoprazole) Delayed-Release Orally

PREVACID Delayed-Release Capsules, PREVACID SoluTab Delayed-Release Orally bisintegrating Tablets and PREVACID For Delayed-Release Oral Suspension are indicated for:

Short-Term Treatment (4 weeks) of Active Duodenal Ulcer

clarithromycin is known or suspected.

Maintenance of Healed Duodenal Ulicers
Controlled studies do not extend beyond 12 months.

Short-Term Treatment (up to 8 weeks) of Active Benign Gastric Ulcer
Healing or NSAID-Associated Gastric Ulcer
In patients who continue NSAID use. Controlled studies did not extend beyond 8 weeks.

Risk Reduction of NSAID-Associated Gastric Ulcer
In patients with a history of a documented gastric ulcer who require the use of an NSAID.

Controlled studies did not extend beyond 12 weeks.

Gastreesphageal Reflux Disease (CERD)

Short-Term Treatment of Symptomatic GERD

Short-Term Treatment (up to 8 weeks) of Erosive Esophagitis
For patients who do not heal with PREVACID for 8 weeks (5-10%), it may be helpful to give an additional 8 weeks of teratment. If there is a recurrence of erosive esophagitis an additional 8-week course of PREVACID may be considered.

adoitional a-week course of PREVALID may be considered.

Maintenance of Healing of Eroxive Esophagitis
Controlled studies did not extend beyond 12 months.

Pathological Hypersecretory Conditions Including Zollinger-Ellison Syndrome
CONTRAINDICATIONS

PREVACID is contraindicated in patients with known hypersensitivity to any cor

CONTRAINDICATIONS
PREVACID is contraindicated in patients with known hypersensitivity to any component of the formulation of PREVACID.
Amoxicillin is contraindicated in patients with a known hypersensitivity to any penicillin.
Carithromycin is contraindicated in patients with a known hypersensitivity to clarithromycin is contraindicated in patients with a known hypersensitivity to clarithromycin, erythromycin, and any of the macrolide antibiotics.
Concomitant administration of clarithromycin with cisapride, prinozide, astemizole, or terfenadine is contraindicated. There have been post-marketing reports of drug interactions when clarithromycin and/or erythromycin are od-administered with cisapride, primozide, astemizole, or terfenadine resulting in cardiac arrhythmias (QT prolongation, ventricular atchycardia, ventricular fibrillation, and torsades de pointes) most likely due to inhibition of metabolism of these drugs by erythromycin and clarithromycin. Fatalities have been reported.

Please refer to full prescribing information for amoxicillin and clarithromycin before

WARNINGS

LARITHROMYCIN SHOULD NOT BE USED IN PREGNANT WOMEN EXCEPT IN CLINICAL INFORMATION SHOULD NOT BE USED IN PREGNANT WOMEN EXCEPT IN CLINICAL INFORMATION SHOULD BE APPRISED OF THE CONTINUAL PLANT OF THE FETTE IN SHOULD BE APPRISED OF THE FORWARD TO THE FETTEUS (SEE WARNINGS IN PRESCRIBING INFORMATION OF CLARITHROMYCIN.)

PSEUDOMEMBRADOUS collis has been reported with nearly all antibacterial agents, including clarithromycin and amoxicillin, and may range in severity from mild to life hreatening. Therefore, it is important to consider this diagnosis in patients who present with diarrhea subsequent to the administration of antibacterial agents.

Treatment with antibacterial agents alters the normal filor of the colon and may permit byergrowth of clorifials. Studies indicate that a toxin produced by Clostridium difficile is a primary cause of "antibiotic-associated colitis."

overgrowth of clostridia. Studies indicate that a toxin produced by Clostridium difficile is a primary cause of "antibiotic-associated colitis."

After the diagnosis of pseudomembranous colitis has been established, therapeutic measures should be initiated. Mild cases of pseudomembranous colitis usually respond to discontinuation of the drug alone. In moderate to severe cases, consideration should be given to management with fluids and electrolytes, protein supplementation, and treatment with an antibacterial drug clinically effective against Colstridium difficile colitis.

Serious and occasionally fatal hypersensitivity (praphylactic) reactions have been reported in patients on penicillim thrapyr. These reactions are more apt to occur in individuals with a history of penicillin hypersensitivity and/or a history of sensitivity to multiple allergens. There have been well-documented reports of individuals with a history of penicillin hypersensitivity reactions who have experienced severe hypersensitivity reactions under the advertised of the proprietated with a cephalosporin. Before initiating therapy with any penicillin, careful indivision with the compliance of the proprietate therapy instituted.

SERIOUS ANAPHYLACTIC REACTIONS REQUIRE IMMEDIATE EMERGENCY TREATMENT WITH EPINEPHINE XYCEVI, INTRAVENOUS STEROIDS, AND AIRWAY MANAGEMENT, INCLUDING INTUBATION, SHOULD ALSO BE ADMINISTERD AS INDICATED.

userverar Symptomatic response to therapy with lansoprazole does not preclude the presence of pastric malignancy.

gastric malignancy.

Information for Patients
PREVADID is available as a capsule, orally disintegrating tablet and oral suspension, and is available in 15 mg and 30 mg strengths. Directions for use specific to the route and available methods of administration for each of these dosage forms is presented below. PREVACID should be taken before eating. PREVACID products SHOULD NOT BE CRUSHED OR CHEWED.

rics: Contains Phenylalanine 2.5 mg per 15 mg Tablet and 5.1 mg per

PREVACID Delayed-Release Capsules
 PREVACID Delayed-Release Capsules should be swallowed whole.

Alternatively, for patients who have difficulty swallowing capsules, PREVACID Delayed-Release Capsules can be opened and administered as follows:

Open capsule.
 Sprinkle intact granules on one tablespoon of either applesauce, ENSURE[®] pudding, cottage cheese, vogunt or strained pears.
 Swallow immediately.
 ERVACID Delayed-Release Capsules may also be emptied into a small volume of either

хуриль сарывие. Sprinkle intact granules into a small volume of either apple juice, orange juice or tomato juice (60 mL – approximately 2 ounces).

pluse (60 mL - approximatery 2 value).

- Milx bindly.
- Swallow immediately.
- Swallow immediately.
- To ensure complete delivery of the dose, the glass should be rinsed with two or more volumes of juice and the contents swallowed immediately.

USE IN OTHER FOODS AND LIQUIDS HAS NOT BEEN STUDIED CLINICALLY AND IS THEREFORE NOT RECOMMENDED.

THEREFORE NOT RECOMMENDED.

THEREFORE NOT RECOMMENDED.

2. PREVACID SoluTab Delayed-Release Orally Disintegrating Tablets
PREVACID SoluTab should not be chewed. Place the tablet on the tongue and allow it to disintegrate, with or without water, until the particles can be swallowed. The tablet typically disintegrates in less than 1 minute.

Alternatively, for children or other patients who have difficulty swallowing tablets, PREVACID SoluTab can be delivered in two different ways.

PREVACIO SoluTab can be delivered in two different ways. PREVACIO SoluTab — Oral Syringe per Variant of the solution of the

PREVACID SoluTab - Nasogastric Tube Administration (≥ 8 French)
For administration via a nasogastric tube, PREVACID SoluTab can be administered as

follows:

Place a 15 mg tablet in a syringe and draw up 4 mL of water, or place a 30 mg tablet in a syringe and draw up 10 mL of water.

Shake gently to allow for a quick dispersal.

After the tablet has dispersed, inject through the nasogastric tube into the stomach within 15 minutes.

15 minutes. Refill the syringe with approximately 5 mL of water, shake gently, and flush the nasogastric

lube. 3. *PREVACID for Delayed-Release Oral Suspension* REVACID for Delayed-Release Oral Suspension should be administered as follows

prepare a dose, empty the packet contents into a container containing 2 tablespoons of ATER. DO NOT USE OTHER LIQUIDS OR FOODS.

This product should not be given through enteral administration tubes.

Drug Interactions

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Drug Interactions

Drug Interactions

Drug Interactions

Experiment of the product of the p

50 mg/kg/day (13 times the recommended human dose based on body surface area) in a 1-year toxicity study.

In a 24-month carcinogenicity study, CD-1 mice were treated orally with doses of 15 to 600 mg/kg/day, 2 to 80 times the recommended human dose based on body surface area. Lansoprazole produced a dose-related increased incidence of gastric ECL cell hyperplasia. It also produced an increased incidence of liver tumors (hepatocellular adenoma plus carcinoma). The tumor incidences in male mice treated with 300 and 600 mg/kg/day (401 to 80 times the recommended human dose based on body surface area) and female mice treated with 150 to 600 mg/kg/day (20 to 80 times the recommended human dose based on body surface area) exceeded the ranges of background incidences in historical controls for this strain of mice. Lansoprazole treatment produced adenoma of rete testis in male mice receiving 75 to 600 mg/kg/day (10 to 80 times the recommended human dose based on body surface area).

body surface area).

Lansoprazole was not genotoxic in the Ames test, the *ex vivo* rat hepatocyte unscheduled DNA synthesis (UDS) test, the *in vivo* mouse micronucleus test or the rat bone marrow cell corromosomal aberration test. It was positive in *in vivo* mouse micronucleus test or the rat bone marrow cell corromosomal aberration assays.

Lansoprazole at oral doses up to 150 mg/kg/day (40 times the recommended human dose based on body surface area) was found to have no effect on fertility and reproductive performance of male and female rats.

Pregnancy: Teratogenic Effects.

Pregnancy Teratogenic Effects.

ansoprazole
ratology studies have been performed in pregnant rats at oral doses up to 150 mg/kg/day
10 times the recommended human dose based on body surface area) and pregnant rabibs
to raid doses up to 30 mg/kg/day (16 times the recommended human dose based on body
urface area) and have revealed no evidence of impaired fertility or harm to the fetus due to

lansoprazole. There are, however, no adequate or well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed.

Pregnancy Category C.

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rtthromycin : • WARNINGS (above) and full prescribing information for clarithromycin before using in

sgnant women, srising Mothers nsoprazole or its metabolites are excreted in the milk of rats. It is not known whether soprazole is excreted in human milk. Because many drugs are excreted in human milk, acuse of the potential for serious adverse reactions in nursing infants from lansoprazole decause of the potential for tumorigenicity shown for lansoprazole in rat carcinogenicity dides, a decision should be made whether to discontinue nursing or to discontinue the ug, taking into account the importance of the drug to the mother.

ug, taking into account the importance or use using to use mount.

Idiatric Use
se safely and effectiveness of PREVACID have been established in pediatric patients 1 to
'years of age for short-term treatment of symptomatic GERD and erosive esophagitis. Use
'PREVACID in this population is supported by evidence from adequate and well-controlled
using of PREVACID in adults with additional clinical, pharmacokinetic, and
armacodynamic studies performed in pediatric patients. The adverse events profile in diditric patients is similar to that of adults. There ever no adverse events reported in clinical studies that were not previously observed in adults. The safety and effectiveness of REVACID in patients <1 year of age have not been established.

PREVAULD in pacetors 1, 10.1 years of age. The predictive safety of PREVACID Delayed-Release Capsules has been assessed in 66 pediatric patients aged 1 to 11 years of age. Of the 66 patients with GERD 85% (56/66) took PREVACID for 8 weeks and 15% (10/66) took it for 12 weeks. The most frequently reported (2 or more patients) treatment-related adverse events in patients 1 to 11 years of age (N=66) were constipation (5%) and headache (3%).

incidence rates of adverse events and laboratory test abnormalities are also similar to those seen in younger patients. For elderly patients, dosage and administration of lansoprazole need not be altered for a particular indication.

ADVERSE REACTIONS Clinical

Digestive System
Constipation
Diarrhea

Additional adverse experiences occurring in <1% of patients or subjects in domestic trials are shown below. Refer to Postmarketing for adverse reactions occurring since the drug was marketed.

Body as a Whole – abdomen enlarged, altergic reaction, astrenia, back pain, candidiasis, carnioma, chest pain (not otherwise specified), chills, edema, fever, flu syndrome, halltosis, carnioma, chest pain (not otherwise specified), chills, edema, fever, flu syndrome, halltosis, infection (not otherwise specified), malaise, neck pain, neck principal policy and infection political p

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Postmarketing
On-going Safety Surveillance: Additional adverse experiences have been reported since lansoprazole has been marketed. The majority of these cases are foreign-sourced and a relationship to lansoprazole has not been established. Because these events were reported voluntarily from a population of unknown size, estimates of frequency cannot be made. These events are listed below by COSTART body system.

Body as a Whole- anaphylactoid-like reaction; Digestive System- hepatotoxicity, pancreatitis, comiting, Hemic and Lymphatic System - agranulocytosis, aglastic anemia, hemolytic anemia, leukopenia, neutropenia, anaportopenia, thrombocytopenia, and thrombotic thrombocytopenie juryura; Stem ad Appendages— severe demandogic reactions including erythema multiforme, Stevens-Johnson syndrome, toxic epidermal necrolysis (some fatal); Special Senses-speech disorder, Unogenial System - uriany retention.

Combination Therapy with Amostcillin and Clarithromycin
In clinical trials using combination therapy with PREVACID plus amoxicillin and clarithromycin and PREVACID plus amoxicillin, no adverse reactions that have occurred have been limited to those that had been previously reported with PREVACID, amoxicillin, or clarithromycin. Triple Therapy: PREVACID/amoxicillin/carithromycin
The most frequently reported adverse events for patients who received triple therapy for 14 days were diarrhea (7%), headache (6%), and taste perversion (5%). There were not statistically significant differences in the frequency of reported adverse events between the 10- and 14-day triple therapy regimens. No treatment-emergent adverse events were observed at significant differences in the frequency of reported adverse events between the 10- and 14-day triple therapy regimens.

observed at significantly ingher rates with triple therapy than with any dual therapy regimen. Dual Therapy, PENACID/amozicillin
The most frequently reported adverse events for patients who received PREVACID Li.d. plus amoxicillin Li.d. dual therapy were diarrhea (8%) and headache (7%). No treatment-emergent adverse events were observed at significantly higher rates with PREVACID Li.d. plus amoxicillin Li.d. dual therapy than with PREVACID alone. For more information on adverse reactions with amoxicillin or clarithromycin, refer to their package inserts, ADVERSE REACTIONS sections.

Laboratory Values The following changes in laboratory parameters for lansoprazole were reported as adverse

ints: nonormal liver function tests, increased SGOT (AST), increased SGPT (ALT), increased attinine, increased alkaline phosphatase, increased globulins, increased distribution increa

and inhalitation where also reported. Conclination is accordancy automatical series (4978) placebo controlled studies, when SGOT (AST) and SGPT (ALT) were evaluated, 0.4% (4978) placebo patients and 0.4% (11/2677) lansoprazole patients had enzyme elevations greater than three times the upper limit of normal range at the final treatment visit. None of these lansoprazole patients reported jaundice at any time during the study. In clinical trials using combination therapy with PREVACID plus amoxicillin, on increased ladoratory abnormalities particular to these drug combinations were observed.

For more information on laboratory value changes with amoxicillin or clarithromycin, refer to their package inserts, ADVERSE REACTIONS section.

to their package inserts, ADVERSE REACTIONS section.

OVERDOSAGE

O'ERDOSAGE

O'Id doses up to 5000 mg/kg in rats (approximately 1300 times the recommended human dose based on body surface area) and mice (about 675.7 times the recommended human dose based on body surface area) did not produce deaths or any clinical signs.

Lansoprazole is not removed from the circulation by hemodialysis. In one reported case of overdose, the patient consumed 800 mg of lansoprazole with no adverse reaction.

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Pages 58a—58b\$

Use in Geriatric Patients
Ulcer healing rates in elderly patients are similar to those in a younger age group. The