Low-Income Patients Able, Willing to Use E-Mail

BY ROBERT FINN San Francisco Bureau

HONOLULU — The "digital divide" separating society's haves and have-nots may not be as deep as many fear, according to a study of 120 parents of adolescent patients and the patients themselves.

In a survey, more than 60% of parents and adolescents of low socioeconomic status (SES) from one Boston pediatric practice indicated a willingness to contact physicians via e-mail if given the option, said Dr. Tarissa Mitchell of Boston Medical Center.

Among survey respondents, 66% stated that they had access to e-mail and/or computers at home. But only 19% of the parents had their health care provider's email address, and only 3% had ever used e-mail to contact their provider.

Dr. Mitchell and Dr. Shikha G. Anand of the Whittier Street Health Center, Roxbury, Mass., conducted a convenience sample survey at an urban community health center in Boston over a 4-month period. At that center, five pediatric providers serve 3,876 low SES children, 84% of whom are publicly insured and 82% of whom selfidentify as black or Hispanic.

Compared with respondents without email availability at home, those with home e-mail availability were significantly more willing to contact their physicians: 77% vs. 33%, Dr. Mitchell and Dr. Anand wrote in a poster presented at the annual meeting of the Pediatric Academic Societies. Only 13% of the respondents said they would never use e-mail to communicate with their provider. The most common reason given was a desire to telephone the office, but they also cited lack of access to e-mail, difficulty with the English language, concerns over bothering the doctor with e-mails, and an expectation of slower response time. In addition, 33% expressed concern that e-mail may not be private and could be reviewed by individuals other than their health care provider. ■

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THE-PRINCE (Thromboembolism Prevention in Cardiac or Respiratory Disease With Enoxaparin) was a multicenter, controlled, randomized, openlabel trial that assessed the efficacy and safety of unfractionated heparin (UFH) and LOVENOX[®] (enoxaparin sodium injection) in patients with CHF or severe respiratory disease.¹⁴ LOVENOX[®] was shown to be at least as effective as UFH in the prevention of thromboembolic events in patients with heart failure or severe respiratory disease. The overall VTE

LOVENOX[®] Was Effective in Reducing the Incidence of DVT/PE in Patients Undergoing Abdominal or Pelvic Surgery for Cancer

rate for LOVENOX® was 8.4% vs 10.4% for UFH.

In ENOXACAN (Enoxaparin and Cancer), patients undergoing abdominal or pelvic surgery for cancer were randomized to either LOVENOX[®] 40 mg subcutaneously (SC) once daily or UFH 5000 IU 3 times daily given 2 hours before surgery and continued for 10 ± 2 days.¹⁵ There was no significant difference in thromboembolic events comparing LOVENOX[®] 40 mg SC once daily with UFH 5000 IU SC 3 times daily (14.7% vs 18.2%, respectively).¹⁵ Overall, there was no difference in the incidence of major hemorrhagic events between LOVENOX[®] 40 mg SC once daily and UFH 5000 IU SC 3 times daily (4.1% vs 2.9%, respectively).¹⁵

LOVENOX[®] was demonstrated to be as safe and effective as UFH given 3 times daily for prophylaxis of DVT/PE in patients undergoing abdominal or pelvic surgery for cancer.¹⁵



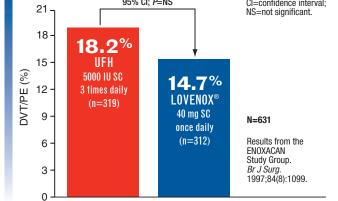


Figure 3. Incidence of DVT/PE in patients undergoing cancer surgery.

In Patients Undergoing Hip- or Knee-Replacement Surgery, LOVENOX[®] Reduced the Incidence of DVT/PE Compared

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In a large, randomized, multicenter, open-label, parallel-group clinical trial with over 3000 patients undergoing total hip arthroplasty, LOVENOX[®] significantly reduced DVT risk versus warfarin during hospitalization (0.3% vs 1.1%, respectively).¹⁶

The incidence of major bleeding episodes was comparable between LOVENOX[®] and warfarin-treated patients (0.6% vs 0.3%, respectively).¹⁶

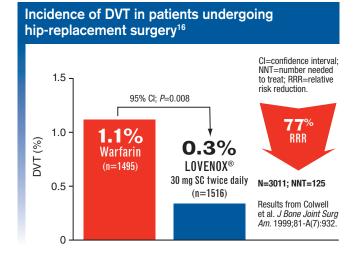


Figure 4. Incidence of DVT in patients undergoing hip-replacement surgery.

In patients undergoing total knee arthroplasty, a randomized, multicenter, open-label, parallel-group study demonstrated that LOVENOX[®] was able to significantly reduce the incidence of DVT/PE compared to warfarin (25.4% vs 45.5%, respectively).¹⁷

There was no significant difference in the number of major bleeding episodes between both treatment groups.¹⁷

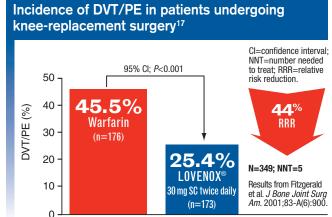


Figure 5. Incidence of DVT/PE in patients undergoing knee-replacement surgery.

Please see a brief summary of prescribing information, including boxed WARNING, at the end of the article.