Tackling hVISA in the Era of MRSA Infections

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CHICAGO — There is no indication to test routinely for hetero-resistant vancomycin-intermediate Staphylococcus aureus (hVISA), Dr. Benjamin Howden said at the annual Interscience conference on Antimicrobial Agents and Chemotherapy.

S. aureus strains with reduced vancomycin susceptibility are an emerging and clinically important problem, because vancomycin is the primary antimicrobial agent used for treating methicillin-resistant S. aureus (MRSA) infections. S. aureus strains with vancomycin minimally inhibitory concentrations (MICs) of 2 or less, 4-8, or greater than 8 mcg/mL are defined as susceptible, intermediately resistant, or resistant, respectively, according to the Clinical and Laboratory Standards Institute.

Before January 2006, the susceptibility breakpoints were 4 or less, 8-16, or greater than 16 mcg/mL, but were revised to reflect a growing body of data indicating that S. aureus isolates with MICs of 4 mcg/mL are strongly associated with vancomycin treatment failure. Heterogeneous VISA strains fall into the susceptible category.

It's difficult to determine how common hVISA is because different groups use different criteria to define and detect hVISA, said Dr. Howden of the infectious diseases department, Austin Health, Melbourne. Unpublished data from his group, however, show that 65% of 1,500 isolates with an MIC of 2 mcg/mL were positive for hVISA. Also, several groups, including one from North Carolina (J. Antimicrob. Chemother. 2007;60:788-94), report an increasing proportion of vancomycin-susceptible MRSA blood isolates with a vancomycin MIC of 1 mcg/mL. This "MIC creep ... means you will be seeing more hVISA over time," he said.

Population analysis profiling (PAP) is considered the accepted standard test for detecting hVISA, but it is labor intensive and costly. Several other methods have been developed recently, with the Etest macromethod showing good sensitivity and specificity, compared with PAP, Dr. Howden said.

Another issue to be aware of when testing for hVISA is that it can emerge during failed vancomycin therapy. Dr. Howden recalled one patient who developed hVISA over 3 weeks of failed vancomycin therapy, which he defines as an *S. aureus*–positive

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blood culture after at least 7 days of vancomycin therapv or a sterilesite isolate positive for S. aureus after at least 21 days of vancomycin therapy. "It's not enough to test an initial clinical isolate, but later isolates as well," he said.

A clear association exists between vancomycin treatment failure and the subsequent development of hVISA, but it's unclear if hVISA is associated with subsequent treatment failure. Clinical factors that can put patients at increased risk for vancomycin treatment failure include high bacterial load, persistent bacteremia, large undrained abscesses, bacterial endocarditis, and infected prosthetic devices.

Vancomycin failure has also been attributed to factors within the hVISA strain itself, including changes in the thickness and composition of the *S. aureus* cell wall; reduced susceptibility to vancomycin; and reduced RNAIII expression, autolytic activity, and biofilm formation. As to whether clinical vs. "bug" factors are more important, Dr. Howden said, "We believe it is probably a combination of both, and is what we consider the perfect clinical storm.'

Although much effort was spent in the past on screening all S. aureus isolates for hVISA, a more practical approach to MRSA and hVISA/VISA is to be wary of patients with high bacterial loads and highrisk disease such as deep abscess, prosthetic device infection, and endocarditis; to aim for high vancomycin serum levels (15-20 mcg/mL) in patients without proven, serious MRSA infection; and to debulk abscesses whenever possible. Finally, clinicians should be aware of the possibility of reduced susceptibility to other agents such as daptomycin and possibly tigecycline, said Dr. Howden, who declared no financial conflicts of interest.

LIPITOR[®] (Atorvastatin Calcium) Tablets Brief Summary of Prescribing Information

LIPITOR®

(Atorvastatin Calcium) Tablets

Brief Summary of Prescribing Information

CONTRAINDICATIONS: Active liver disease or unexplained persistent elevations of serum transaminases. Hypersensitivity to any component of this medication. Pregnancy and Lactation — Atherosclerosis is a chronic process and discontinuation of lipid-lowering drugs during pregnancy should have little impact on the outcome of long-term therapy of primary hypercholesterolemia. Cholesterol and other products of cholesterol biosynthesis are essential components for fetal development (including synthesis of steroids and cell membranes). Since HMG-CoA reductase inhibitors decrease cholesterol synthesis and possibly the synthesis of other biologically active substances derived from cholesterol, key may cause fetal harm when administered to pregnant women. Therefore, HMG-CoA reductase inhibitors are contraindicated during pregnancy and in nursing mothers. ATDRVASTATIN SHOULD BE ADMINISTERED TO WOMEN OF CHILDBEARING AGE ONLY WHEN SUCH PATIENTS ARE HIGHLY UNLIKELY TO CONCEIVE AND HAVE BEN INFORMED OF THE POTENTIAL HAZARDS. If the patient becomes pregnant while taking this drug, therapy should be discontinued and the patient apprised of the potential hazard to the fetus.

WARNINGS: Liver Dystunction — HMG-CoA reductase inhibitors, like some other lipid-lowering therapies, have been associated with biochemical abnormalities of liver function. Persistent elevations (>3 times the upper limit of normal [UM] occurring on 2 or more occasions) in serum transaminases occurred in 0.7% of patients who received atorvastatin in clinical trials clay long patients with process and the patients of the patients who received atorvastatin in clinical trials developed jaundice. Increases in liver function tests (LFT) in other patients were not associated with jaundice or other clinical signs or symptoms. Upon dose reduction, drug interruption, or discontinuation, transaminase levels returned to or near pretreatment levels without sequelae. Eighteen of 30 patient

procapits, Archivatatini therapy should be temporarily withheld or discontinued in any patient with an acute, serious condition suggestive of a myopathy or having a risk factor predisposing to the development of renal failure secondary to haddomyloyis (e.g., severe acute infection, hypotension, major surgery, traums, severe metabolic, endocrine and electrolyte disorders, and uncontrolled seizures). PRECAUTIONS, Scenari — Before instituting therapy with atrovastatin, an attempt should be made to or act other underlying medical problems (see INDICATIONS AND USAGE in full prescribing information), information for Patients — Patients should be advised to report promptly unexplained muscle pain, tenderness, or weakness, particularly if accompanied by melaise or fever. Drug Interactions— The risk of myopathy during treatment with drugs of this classes increased with concurrent administration of any opathy during treatment with drugs of this classes increased with concurrent administration of any opathy during treatment with drugs of this classes increased with concurrent administration of any opathy during treatment with drugs of this classes increased with concurrent administration of any opathy during treatment with drugs of this classes in increased with concurrent administration of any opathy during treatment with a secondary opathy during the administration of any opathy during treatment and the patients of the pati

stroke on study entry appeared to be at increased risk for hemorrhagic stroke.

ADVERSE REACTIONS: LIPITOR is generally well-tolerated. Adverse reactions have usually been mild and transient. In controlled clinical studies of 2502 patients, <2% of patients were discontinued due to adverse experiences attributable to atorvastatin. The most frequent adverse events thought to be related to atorvastatin were constipation, flaulence, dyspepsia, and abdominal pain. Clinical Adverse Experie—Adverse experiences reported in ≥2% of patients in placebo-controlled clinical studies of atorvasta regardless of causality assessment, are shown in the following table.

Adverse Events in Placebo-Controlled Studies (% of Patients)					
BODY SYSTEM Adverse Event	Placebo N = 270	Atorvastatin 10 mg N = 863	Atorvastatin 20 mg N = 36	Atorvastatin 40 mg N = 79	Atorvastatin 80 mg N = 94
BODY AS A WHOLE					
Infection Headache Accidental Injury Flu Syndrome Abdominal Pain Back Pain Allergic Reaction Asthenia	10.0 7.0 3.7 1.9 0.7 3.0 2.6 1.9	10.3 5.4 4.2 2.2 2.8 2.8 0.9 2.2	2.8 16.7 0.0 0.0 0.0 0.0 2.8 0.0	10.1 2.5 1.3 2.5 3.8 3.8 1.3	7.4 6.4 3.2 3.2 2.1 1.1 0.0 0.0
DIGESTIVE SYSTEM					
Constipation Diarrhea Dyspepsia Flatulence RESPIRATORY SYSTE	1.8 1.5 4.1 3.3	2.1 2.7 2.3 2.1	0.0 0.0 2.8 2.8	2.5 3.8 1.3 1.3	1.1 5.3 2.1 1.1
Sinusitis	2.6	2.8	0.0	2.5	6.4
Pharyngitis SKIN AND APPENDAG	1.5	2.5	0.0	1.3	2.1
Rash MUSCULOSKELETAL S	0.7	3.9	2.8	3.8	1.1
Arthralgia Myalgia	1.5 1.1	2.0 3.2	0.0 5.6	5.1 1.3	0.0 0.0

Anglo-Scandinavian Cardiac Outcomes Trial (ASCOT) — In ASCOT (see CLINICAL PHARMACDLOGY, Clinical Studies in full prescribing information) involving 10,305 participants treated with LIPITOR 10 mg daily (n=5,168) or placebo (n=5,137), the safety and tolerability profile of the group treated with LIPITOR was comparable to that of the group treated with placebo during a median of 3.3 years of follow-up. Collaborative Atorvastatin Diabetes Study (CARDS) — In CARDS (see CLINICAL PHARMACDLOGY, Clinical Studies in full prescribing information) involving 2838 subjects with type 2 diabetes treated with LIPITOR 10 mg daily (n=1428) or placebo (n=1410), there was no difference in the overall frequency of adverse events or serious adverse events between the treatment groups during a median follow-up of 3.9 years. No cases of rhabdomyolysis were reported.

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Treating to New Targets Study (TNT) — In TNT (see CLINICAL PHARMACOLOGY, Clinical Studies in full prescribing information) involving 10,001 subjects with clinically evident CHD treated with LIPITOR 10 mg daily (n=5006) or LIPITOR 80 mg daily (n=4995), there were more serious adverse events and discontinuations due to adverse events in the high-dose atorvastatin group (92, 1.8%, 497, 9.9%, respectively) as compared to the low-dose group (69, 1.4%, 404, 8.1%, respectively) during a median follow up of 4.9 years. Persistent transaminase elevations (2.3 X ULN twice within 4-10 days) occurred in 62 (1.3%, individuals with atorvastatin 80 mg and in nine (0.2%) individuals with atorvastatin 10 mg. Elevations of CK (2.10 X ULN) were low overall, but were higher in the high-dose atorvastatin treatment group (13, 0.3%) compared to the low-dose atorvastatin group (6, 0.1%).

Incremental Decrease in Endpoints Through Aggressive Lipid Lowering Study (IDEAL) — In IDEAL (see CLINICAL PHARMACOLOGY, Clinical Studies in full prescribing information) involving 8,888 subjects treat with LIPITOR 80 mg/day (n=4439) or simvastatin 20-40 mg/day (n=4439), there was no difference in the overall frequency of adverse events or serious adverse events between the treatment groups during a median follow-up of 4,8 years.

Please see full prescribing information for additional information about LIPITOR.

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