UTIs Recur Despite Prophylactic Antibiotic Use

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rophylactic antibiotics don't appear to protect children with a first febrile urinary tract infection from a recurrence, whether or not they have primary, nonsevere vesicoureteral reflux.

"Our study shows that prophylaxis does not reduce the rate of febrile urinary tract infection recurrence during the 12 months after the first episode," wrote Dr. Giovanni Montini of Padua (Italy) University, and his colleagues (Pediatrics 2008;122:1064-71).

The randomized controlled trial was conducted at 22 centers and included 338 patients (mean age 15 months); 69% were girls. All the children received antibiotic treatment for their initial urinary tract infection (UTI), and were placed on prophylactic treatment until a voiding cystourethrogram was conducted.

After the test, children were randomized to either no prophylaxis or to prophylaxis with either co-trimoxazole 15 mg/kg a day or co-amoxiclav 15 mg/kg a day, for 12 months. They underwent monthly urine cultures for the first 6 months, and then every other month during the study period. At the end of the study, they all underwent a 99-mTc dimercaptosuccinic acid scan to determine the extent of any renal scarring.

Recurrent febrile UTIs occurred in 12 (9%) of the control group patients and in 15 (7%) of the prophylaxis group patients—not a significant difference. The difference remained nonsignificant even when the two groups were stratified by degree of vesicoureteral reflux (VUR). Recurrence rates among those with VUR grade I were 9% in the control group vs. 5% in the prophylaxis group. The rates in those with VUR II were 9% in the control group and 8% in the prophylaxis group. Among those with VUR III, the rate of recurrence was 43% in the prophylaxis group and 23% in the control group, although the difference was not significant.

In a bivariate analysis, younger age and VUR grade were associated with recurrence. The mean age among patients with recurrence was 7 months, compared with 15 months among those without recurrence. The rate of recurrence increased with VUR grade, from 4% among pa-

Recurrent urinary tract infections occurred in 9% of patients in the control group and in 7% of those in the prophylaxis group, which is not a significant difference.

tients without VUR to 7% in those VUR I, 9% of those VUR II, and 30% of those with VUR III.

Most of the children (87%) underwent the renal scan at the end of the follow-up period. A new renal scar occurred in

only four patients—just over 1%. Two scars were found in each treatment group.

During the study, 2,422 urinalyses were performed. Most of the 27 recurrences were from *Escherichia coli* infections (70%). Other infective agents included Proteus mirabilis and Enterobacter (7% each), and Pseudomonas aeruginosa, Klebsiella pneumoniae, and Citrobacter (4% each).

Antibiotic-resistant bacteria caused nine infections; eight of those occurred in the prophylaxis group, and the ninth in a child who was switched from the control to the prophylaxis group after developing two recurrences.

Ten percent more repeat positive urine cultures occurred in the control arm, but that finding doesn't necessarily indicate the need for antibiotics, the authors said. "This has been the driving force behind the use of prophylactic antibiotics; however, we believe that repeat positive urine cultures in the absence of fever or other symptoms of parenchymal localization of the infection are not clinically relevant and do not produce renal scars."

Adverse events-mostly gastrointestinal—occurred in 25 children, all of whom were taking prophylactic therapy.

Dr. Andrew Kirsch, a professor of urology at Emory University, Atlanta, said the study was well designed but did not go far enough in identifying VUR status and its possible impact on recurrent infection. Voiding cystourethrograms were not cyclic, and they probably underestimated the incidence of VUR," he said in an interview. "Even in cases with VUR resolution, up to 20% may show VUR on a subsequent cystourethrogram, which was not done here. A second cycle may identify VUR in those not identified in the first cycle."

LIPITOR[®] (Atorvastatin Calcium) Tablets Brief Summary of Prescribing Information

procaping forwards that therapy should be temporarily withheld or discontinued in any patient with an acute, serious condition suggestive of a myopathy or having a risk factor predisposing to the development of renal failure secondary to hardbomyloyis (e.g., severe acute infection, hypotension, major surgery, traums, severe metabolic, endocrine and electrolyte disorders, and uncontrolled seizures). PRECAUTIONS, Scenari — Before instituting therapy with acrovastatin, an attempt should be made to control the severe acute infection, hypotension, major surgery, traums, severe metabolic, endocrine and electrolyte disorders, and uncontrolled seizures). PRECAUTIONS, Scenari — Before instituting therapy with acrovastatin, an attempt should be made to control the severe acute interfection, hypotension, major surgery, traums, severe metabolic, endocrine and electrolyte disorders, and acute the severe acute of the severe acute interfection of the severe acute of the severe acute interfection of the severe acute of the severe acute interfection of the severe acute of the severe acu

fetus. Nursing Mothers — Nursing rat pups had plasma and liver drug levels of 50% and 40%, respectively, of that in their mother's milk. Because of the potential for adverse reactions in nursing infants, women taking LIPITOR should not breast-feed (see CONTRAINDICATIONS). Pediatric Use — Safety and effectiveness in patients 10-17 years of age with heterozygous familial hypercholesterolemia have been evaluated in a controlled clinical trial of 6 months duration in adolescent boys and postmenarchal girls. Patients treated with LIPITOR had an adverse experience profile generally similar to that of patients treated with LIPITOR had an adverse experience profile generally similar to that of patients treated with LIPITOR had an adverse experience by observed in both groups, regardless of causality assessment, were infections. Doses greater than 20 mg have not been studied in this patient population. In this limited controlled study, there was no detectable effect on growth or sexual maturation in boys or on menstrual cycle length in girls (see CLINICAL PHARMACOLOGY, Clinical Studies section in full prescribing information. Adolescent females should be counseled on appropriate contraceptive methods while on LIPITOR therapy (see CONTRAINDICATIONS and PRECAUTIONS, Pregnancy). LIPITOR has not been studied in controlled clinical trials involving pre-pubertal patients or patients younger than 10 years of age. Clinical efficacy of attornation (see the patients) of patients with homoxygous FH including 8 pediatric patients (see LINICAL PHARMACOLOGY, Clinical Studies: Homoxygous Familial Hypercholesterolemia in full prescribing information). Geriatric Use — The safety and efficacy of attornastant (10-80 mg) in the patients or patients younger than 10 years of age was sevaluated in an uncontrolled study of patients with homoxygous FH including 8 pediatric patients (see CLINICAL PHARMACOLOGY, Clinical Studies: Homoxygous Familial Hypercholesterolemia in full prescribing information). Geriatric Use — The safety and efficacy of

ADVERSE REACTIONS: LIPTOR is generally well-tolerated. Adverse reactions have usually been mild and transient. In controlled clinical studies of 2502 patients, <2% of patients were discontinued due to adverse experiences attributable to atorvastatin. The most frequent adverse events thought to be relate to atorvastatin were constipation, flatulence, dyspepsia, and abdominal pain. Clinical Adverse Experie — Adverse experiences reported in >2% of patients in placebo-controlled clinical studies of atorvasta regardless of causality assessment, are shown in the following table.

Adverse Events in Placebo-Controlled Studies (% of Patients)					
	N = 270	N = 863	N = 36	N = 79	N = 94
BODY AS A WHOLE					
Infection	10.0	10.3	2.8	10.1	7.4
Headache	7.0	5.4	16.7	2.5	6.4 3.2
Accidental Injury Flu Syndrome	3.7	4.2	0.0	1.3	3.2
Flu Syndrome	1.9	2.2	0.0	2.5	3.2
Abdominal Pain	0.7	2.8	0.0	3.8	2.1
Back Pain	3.0	2.8	0.0	3.8	1.1
Allergic Reaction	2.6	0.9	2.8	1.3	0.0
Asthenia	1.9	2.2	0.0	3.8	0.0
DIGESTIVE SYSTEM					
Constipation	1.8	2.1	0.0	2.5	1.1
Diarrhea	1.5	2.7	0.0	3.8	5.3
Dyspepsia	4.1	2.3	2.8	1.3	2.1
Flatulence	3.3	2.1	2.8	1.3	1.1
RESPIRATORY SYST	EM				
Sinusitis	2.6	2.8	0.0	2.5	6.4
Pharyngitis	1.5	2.5	0.0	1.3	2.1
SKIN AND APPENDA	AGES				
Rash	0.7	3.9	2.8	3.8	1.1
MUSCULOSKELETAL		-10		0.0	
Arthralgia	1.5	2.0	0.0	5.1	0.0
Myalgia	1.1	3.2	5.6	13	0.0

Collaborative Atorvastatin Diabetes Study (CARDS) — In CARDS (see CLINICAL PHARMACOLOGY, Clinical Studies in full prescribing information) involving 2838 subjects with type 2 diabetes treated with LIPTOR 10 and gaily (n=1428) or placebo (n=1410), there was no difference in the overall frequency of adverse events o serious adverse events between the treatment groups during a median follow-up of 3.9 years. No cases of rhabdomyolysis were reported.

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Treating to New Targets Study (TNT) — In TNT (see CLINICAL PHARMACOLOGY, Clinical Studies in full prescribing information) involving 10,001 subjects with clinically evident CHD treated with LIPITOR 10 mg daily (n=5006) or LIPITOR 80 mg daily (n=4995), there were more serious adverse events and discontinuations due to adverse events in the high-dose atorvastatin group (92, 1.8%, 497, 9.9%, espectively) as compared to the low-dose group (69, 1.4%, 404, 8.1%, respectively) during a median follow up of 4.9 years. Persistent transaminase elevations (2.3 x ULN twice within 4-10 days) occurred in 2C (1.3%, individuals with atorvastatin 80 mg and in nine (0.2%) individuals with atorvastatin 10 mg. Elevations of CK (2.10 x ULN) were low overall, but were higher in the high-dose atorvastatin treatment group (13, 0.3%). compared to the low-dose atorvastatin group (6, 0.1%).

Incremental Decrease in Endpoints Through Aggressive Lipid Lowering Study (IDEAL) — In IDEAL (see CLINICAL PHARMACOLOGY, Clinical Studies in full prescribing information) involving 8,888 subjects treat with LIPITOR 80 mg/day (n=4439) or simvastation 20-40 mg/day (n=4494), there was no difference in the overall frequency of adverse events or serious adverse events between the treatment groups during a median follow-up of 4.8 years.

Please see full prescribing information for additional information about LIPITOR.



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