## Rabies Death Signals Need for Clinical Vigilance

BY BRUCE DIXON

Chicago Bureau

abies should be part of the differential diagnosis of any patient hospitalized with encephalitis of unknown etiology, and rabies should be considered in people who have been bitten by a dog, especially if the bite occurs in a country where canine rabies is enzootic, according to the Centers for Disease Control and Prevention in Atlanta.

CDC investigators stressed the importance of early diagnosis and treatment of rabies, and underscored the point by describing a case of rabies that occurred last year in Florida (MMWR 2005;54:767-9).

In February 2004, a 41-year-old man died after a 4-day hospitalization and 8 months after being bitten by a dog in Haiti. From the time he was bitten to the onset of symptoms 8 months later, the man reportedly was in normal health and felt well, said Tammy Blankenship, M.D.,

of the Broward County Health Department in Ft. Lauderdale.

A diagnosis of rabies was considered on the day before his death, but no antemortem samples were obtained for testing. On postmortem, the medical examiner described cytoplasmic inclusions  $consistent\ with\ Negri\ bodies.\ Postmortem$ samples of fixed brain tissue were sent to the CDC, where laboratory testing confirmed a diagnosis of rabies.

"The man arrived at the hospital emer-

gency department with a 2-day history of dysphagia accompanied by hyperventilation and agitation when he attempted to swallow liquids. The problem had worsened by the time of admission; he was noted as 'almost phobic' to liquids. The patient reported having had a brief period of mild fever. He was able to swallow soft, solid food and did not complain of throat pain or discomfort," the CDC reported.

On the day the man was admitted to hospital, a neurology consultant concluded that the dysphasia etiology was unknown and recommended infectious disease, gastrointestinal, and pulmonary consultations.

On his third day of hospitalization, the

'With the recent report from Wisconsin of a survivor of clinical rabies, rapid diagnosis of rabies is even more critical to managing a patient's ... course.'

patient had a consistent fever of 103° F and an elevated white blood cell count of  $14.5/\mu L$ . An infectious disease consultant mended a lumbar puncture and testing for viral illness, especially rabies. The patient's wife said that her husband had been bitten on the fingertip by a dog while he was visiting Haiti 8 months

earlier. That the dog was still alive could not be confirmed.

On the fourth day of hospitalization, the patient experienced diplopia, became decreasingly responsive, went into cardiopulmonary arrest, and died.

'In the United States, mandatory vaccination and stray-dog control programs have virtually eliminated circulation of any canine rabies-virus variant among dogs. In comparison, occurrence of rabies in dogs remains a problem in Haiti and other developing countries," the CDC said.

The agency suggested that travelers avoid contact with dogs and other animals, and recommended rabies preexposure prophylaxis for those planning to stay 30 or more days in remote areas without access to medical care.

Health care professionals should keep in mind that tests for rabies are available at CDC and can be arranged through state health departments. "With the recent report from Wisconsin of a survivor of clinical rabies, rapid diagnosis of rabies is even more critical to managing a patient's clinical course, despite a poor prognosis," the CDC said. "In addition to enabling consideration of novel interventions, advantages of early diagnosis include prompt implementation of ... infection control measures, thereby limiting the number of persons exposed or potentially exposed who require postexposure pro-

The CDC reported 8 cases of rabies in 2004 (including 4 transplant-associated cases and 1 involving an immigrant), the highest number of human rabies cases reported since 10 were identified in 1956.■

BRIEF SUMMARY. Consult the package insert or www.ZOLOFT.com for complete prescribing information.

BRIEF SUMMARY. Consult the package insert or www.ZOLOFL.com for complete prescribing information.

Suidality in Children and Adolescents

Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of ZOLOFT or any other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber.

ZOLOFT is not approved for use in pediatric patients except for patients with obsessive-compulsive disorder (OCD). (See WARNINGS and PRECAUTIONS: Pediatric Use)

Pooled analyses of short-term (4 to 16 weeks) placebo-controlled trials of 9 antidepressant drugs (SSRIs and others) in children and adolescents with major depressive disorder (MDD), obsessive-compulsive disorder (OCD), or other psychiatric disorders (a total of 24 trials involving over 4400 patients) have revealed a greater risk of adverse events representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No suicides occurred in these trials.

In oldfare and colescents with major depressive disorder (MDD), desselve-completive disorder (COD), or other psychiatric disorders for total of 24 histories with survivale year 400 potential histories for total distribution with some than the production of the pro

other drug. Whenever 20,0FT is withdrown from co-berrapy, on increased dose of the condimistered drug may be required. Sumetriptom — Rome sports describe weeksras, hypererelized, and incondention following conthend SSS-learnatington teneriment. Combined therapy warmets supropriet and covered not. TAS — contains in Security of the condential of the conditions of the security of the condential of the conditions to the part of the condential of the conditions of the security of the condential of the conditions of the part of the conditions may need to be compared of the conditions of the part of the conditions of the part of the conditions of the part of the conditions of the security of the conditions of th were duminishered to vie 4-000 data) engletist, fertilist are untilled telegipized by doorly specified in distribution of the depth of should be treated aggressively by ensuring an adequate airway, oxygenation, and ventilation. Gastric lavage with appropriate airway protection, may be indicated. Induction of emesis is not recommended.

© 2005 Pfizer Inc. All rights reserved