Seek 24-Hour Urine in Suspected Preeclampsia

BY SHERRY BOSCHERT

San Francisco Bureau

KAILUA KONA, HAWAII — Don't rely on dipsticks to detect proteinuria in pregnant patients with suspected preeclampsia, Dr. Michael A. Belfort said at a conference on obstetrics, gynecology, perinatal medicine, neonatology, and the law.

Instead, get a 24-hour urine collection. If there's not time for that, get a 12-hour urine collection, and order a pregnancy-induced hypertension panel if there is newonset hypertension, said Dr. Belfort, professor of maternal-fetal medicine at the University of Utah, Salt Lake City.

Dipstick results depend on protein concentrations, which are altered by urine volume. A preeclamptic woman on bed rest will mobilize fluid and increase urine output, potentially diluting urine enough that the protein concentration falls below the minimum level of 20 mg/dL read by dip-

A dipstick for a woman with 3.2 g of protein in 1,500 cc/day of urine will report 20 mg/dL of protein, erroneously suggesting that only a trace of protein is present. "Until we have more sophisticated ways of determining proteinuria, the dipstick is a screening kit, and the gold standard is 24-hour urine collection," he said.

To diagnose preeclampsia, look for proteinuria (urinary excretion of 0.3 g protein or higher in a 24-hour urine specimen) and new-onset hypertension (at least 140 mm Hg systolic or 90 mm Hg diastolic after 20 weeks' gestation).

Consider not only the blood pressure on a particular day but also the trend in blood pressure over weeks, Dr. Belfort said.

The American College of Obstetricians and Gynecologists recommends checking platelets, liver enzymes, renal function, and 12- or 24-hour urine collection for protein to rule out preeclampsia. If you order lab tests, be sure to get the results, he cautioned at the conference sponsored by **Boston University**

"It is possible that a physician may choose to admit the patient, order the lab, and get a dipstick the next morning before seeing the protein level in a timed collection of urine. The physician then sends the patient home on the strength of the dipstick. If you do not wait for the 24-hour urine collection ... some of these patients may end up coming back with a cerebral infarct," he said.

Physicians in a consultative practice, as Dr. Belfort is, often advise other people to order labs instead of doing it themselves.

'The worst thing you can do for somebody with [thrombotic thrombocytopenic purpura] is give them a bag of platelets. It's like throwing kerosene on a fire.'

It may be dangerous to send a pregnant patient with very elevated blood pressure home with a letter suggesting that her doctor order lab tests.

"There's an onus upon you to make sure that patient is going to be okay and [that]

you don't find out about some wacky result like really low platelets or very elevated liver enzymes 3 days later as you're flipping through the paperwork on your desk," he

Dr. Belfort orders the labs, and either he or his staff calls the patient's doctor to say the labs have been sent. They instruct the patient to call her doctor that evening if she has not been contacted about the results. All this is documented in the patient's chart.

When ordering labs, not every patient needs a coagulogram, but you should get one for a patient with less than 100,000 platelets, he said. A patient with a very low platelet count and a normal coagulogram may have thrombotic thrombocytopenic purpura. "The worst thing you can do for somebody with [thrombotic thrombocytopenic purpura] is give them a bag of platelets. It's like throwing kerosene on a fire," he said.

Be conservative when deciding whether to admit a patient with suspected preeclampsia, Dr. Belfort suggested. Certainly any patients with headache, visual disturbances (scotomata), bruising, bleeding, significant edema, any kind of head or abdominal pain, or other complicating features should be admitted. Think carefully about what is to be gained or lost by delaying delivery in a preeclamptic patient with a viable fetus, he added. "Beyond 32 weeks [gestation] in severe preeclampsia, there is very little to be gained.

Brief Summary of Prescribing Information (Nos. 1541, 1543, 1544, 3046, 7309, 7311) 03-5366-R24-Brf. Rev. July, 2004

PREVACID® (lansoprazole) Delayed-Release Capsules

 $\textbf{PREVACID}^{\circledR} \ (\textbf{lansoprazole}) \ \textbf{For Delayed-Release Oral Suspension}$

PREVACID® SoluTabTM (lansoprazole) Delayed-Release Orally

for:

Short-Term Treatment (4 weeks) of Active Duodenal Ulcer

H, pylori Eradication to Reduce the Risk of Duodenal Ulcer Recurrence

Triple Therapy: PREVACID/amoxicalitin/clarithromycin

Dual Therapy: PREVACID/amoxicalitin/clarithromycin

Who are either allergic or intolerant to clarithromycin or in whom resistance to clarithromycin is known or suspected.

Maintenance of Healed Duodenal Ulcers

Controlled studies do not extend beyond 12 months.

Short-Term Treatment (un to 8 weeks) of Active Region Ractic Iller.

Nort-Term Treatment (up to 8 weeks) of Active Benign Gastric Ulcer
Healing of NSAID-Associated Gastric Ulcer
In patients who continue NSAID use. Controlled studies did not extend beyond 8 weeks.

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Risk Reduction of NSAID-Associated Gastric Ulcer
In patients with a history of a documented gastric ulcer who require the use of an NSAID.

Controlled studies did not extend beyond 12 weeks.

Gastroesophageal Reflux Disease (GERD)

usaviorsungaged natural trasses (Lentan Bressa) European Short-Term Treatment of Symptomatic GERD Short-Term Treatment (up to 8 weeks) of Erosive Esophagitis For patients who do not heal with PREVACID for 8 weeks (5-10%), it may be helpful to give an additional 8 weeks of treatment. If there is a recurrence of erosive esophagitis an additional 8 weeks of treatment. If there is a recurrence of erosive esophagitis an additional 8-week course of PREVACID may be considered.

Maintenance of Healing of Erosive Esophagitis Controlled studies did not extend beyond 12 months.

Pathological Hypersecretory Conditions Including Zollinger-Ellison Syndrome

CONTRAINDICATIONS

the formulation of PREVACID.

Amoxicillin is contraindicated in patients with a known hypersensitivity to any penicillin. Clarithromycin is contraindicated in patients with a known hypersensitivity to clarithromycin, eythromycin, and any of the macrolide antibiotics.

Concomilant administration of clarithromycin with cisapride, primozide, astemizole, or terfenadine is contraindicated. There have been post-marketing reports of drug interactions when clarithromycin and/or eythromycin are odardinistered with cisapride, primozide, astemizole, or terfenadine resulting in cardiac arrhythmias (QT prolongation, ventricular atchycardia, ventricular fibrillation, and torsades de pointes) most likely due to inhibition of metabolism of these drugs by erythromycin and clarithromycin. Fatalities have been reported.

tyrease refer to full prescribing information for amoxicilin and clarithromycin before prescribing.)

WARNINGS

CLARITHROMYCIN SHOULD NOT BE USED IN PREGNANT WOMEN EXCEPT IN CLINICAL CIRCLIMSTANCES WHERE NO ALTERNATIVE THERAPY IS APPROPRIATE IF PREGNANCY OCCURS WHILE TAXING CLARITHROMYCIN.)

COCURS WHILE TAXING CLARITHROMYCIN.)

PREVAILE TAXING CLARITHROMYCIN.)

Pseudomembranous colitis has been reported with nearly all antibacterial agents, including clarithromycin and amoxicillin, and may range in severity from mild to life threatening. Therefore, it is important to consider this diagnosis in patients who present with diarrhea subsequent to the administration of ambitacterial agents. Treatment with antibacterial agents afters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by Clostridium difficile is a primary cause of "artibiotic-associated colitis."

After the diagnosis of pseudomembranous colitis usually respond to discontinuation of the drug alone. In moderate to severe cases, consideration should be given to management with fluids and electrolytes, protein supplementation, and treatment with an antibacterial drug clinically effective against Clostridium difficile colitis. Serious and occasionally fatal hypersensitivity (analypiactic) reactions have been reported in patients on penicillin therapy. These reactions are more apt to occur in individuals with a history of penicillin prepressivity reactions they have penicillin careful inquiry penicillin, careful inquiry penicillin, careful inquiry persensitivity reactions who have experienced severe hypersensitivity reactions when treated with a cephalosporin. Before initiating therapy with any penicillin, careful inquiry should be made concerning previous hypersensitivity reactions when treated with a cephalosporin. Before initiating therapy with any penicillin, careful inquiry should be discontinued and the appropriate therapy instituted.

SEROUS ANAPHYLACTIC REACTIONS REQUIRE IMMEDIATE EMERGENCY

PRECAUTIONS
General
Symptomatic response to therapy with lansoprazole does not preclude the presence of

gastric malignancy.

Information for Patients
PREVACID is available as a capsule, orally disintegrating tablet and oral suspension, and is available in any available in a wailable in 15 mg and 30 mg strengths. Directions for use specific to the route and available methods of administration for each of these dosage forms is presented below. PREVACID should be taken before eating. PREVACID products SHOULD NOT BE CRUSHED OR CHEWED.

Phenylketonurics: Contains Phenylalanine 2.5 mg per 15 mg Tablet and 5.1 mg per 30 mg Tablet.

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Open capsule.
 Sprinkle intact granules on one tablespoon of either applesauce, ENSURE[®] pudding, cottage cheese, yogurt or strained pears.
 Swallow immediately.
 PEVACID Delayd-Release Capsules may also be emptied into a small volume of either apple juice, orange juice or tomato juice and administered as follows:

Open capsule.
Sprinkle intact granules into a small volume of either apple juice, orange juice or tomato juice (60 mL – approximately 2 ounces).

Mix briefly:
Swallow immediately.
To ensure complete delivery of the dose, the glass should be rinsed with two or more volumes of juice and the contents swallowed immediately.

USE IN OTHER FODDS AND LIQUIDS HAS NOT BEEN STUDIED CLINICALLY AND IS THEREFORE NOT RECOMMENDED.

lease Orally Disintegrating Tablet 2. PREVACID Solutab elayed-nelease crain unsintegrating tables.
PREVACID Solutab should not be chewed. Place the tablet on the tongue and allow it to disintegrate, with or without water, until the particles can be swallowed. The tablet typically disintegrates in less than 1 minute.

disintegrates in less than 1 minute.

Alternatively, for children or other patients who have difficulty swallowing tablets,
PREVACID SoluTab can be delivered in two different ways.

PREVACID SoluTab — Oral Syringe

For administration wia cral syringe, PREVACID SoluTab can be administered as follows:

Place a 15 mg tablet in oral syringe and draw up approximately 4 mL of water, or place a 30 mg tablet in oral syringe and draw up approximately 4 mL of water, or place a 30 mg tablet in oral syringe and draw up approximately 10 mL of water.

Shake gently or allow for a quick dispersal.

After the tablet has dispersed, administer the contents within 15 minutes.

Falfill the syringe with approximately 2 mL (5 mL for the 30 mg tablet) of water, shake gently, and administer any remaining contents.

PREVACID SoluTab – Nasogastric Tube Administration (≥ 8 French)
For administration via a nasogastric tube, PREVACID SoluTab can be administered as

onlows: Place a 15 mg tablet in a syringe and draw up 4 mL of water, or place a 30 mg tablet in a syringe and draw up 10 mL of water.

syringe and draw up in the or weight.

Shake gently to allow for a quick dispersal.

After the tablet has dispersed, inject through the nasogastric tube into the stomach within

After the launch has disposed, a.g., 1.

It minutes.

Refill the syringe with approximately 5 mL of water, shake gently, and flush the nasogastric

tube.
3. PREVACID for Delayed-Release Oral Suspension
PREVACID for Delayed-Release Oral Suspension should be administered as follows:

upen packet. To prepare a dose, empty the packet contents into a container containing 2 tablespoons of **WATER**. DO NOT USE OTHER LIQUIDS OR FOODS.

• Ints product should not be given through enteral administration tubes.
Drug Interactions
Lansoprazole is metabolized through the cytochrome P450 system, specifically through the CYP3A and CYP2C19 isozymes. Studies have shown that lansoprazole does not have clinically significant interactions with other drugs metabolized by the cytochrome P450 system, such as warfarin, antipyrine, indomethericin, ibuproten, phenytoin, prorandol, preditione, dizeapenn, or clarithromycin in healthy subjects. These compounds are metabolized through various cytochrome P450 isozymes including CYP1A2, CYP2C9, CYP2C19, CYP2D6, and CYP3A, When lansoprazole was administered concomitantly with theophylline (CYP1A2, CYP3A), a minor increase (10%) in the clearance of theophylline was seen. Because of the small magnitude and the direction of the effect on theophylline clearance, this interaction is unlikely to be of clinical concern. Nonetheless, individual patients may require additional tration of their theophylline dosage when lansoprazole is started or stopped to ensure clinically effective blood levels.

were administered concomitantly with PREVACID Delayed-Release Capsules; this did not interfere with its effect.

Lansoprazole causes a profound and long-lasting inhibition of gastric acid secretion; therefore, it is theoretically possible that lansoprazole may interfere with the absorption of drugs where gastric pH is an important determinant of bioavailability (e.g., ketoconazole, ampicillin esters; rions alls, Gigoxin).

Carcinogenesis, Mutagenesis, Impairment of Fertility
In two 24-month carcinogenicity studies, Sprague-Dawley rats were treated orally with doses of 5 to 150 mg/kg/day, about 1 to 40 times the exposure on a body surface (mg/m²) basis, of a 50-kg person of average height (1.46 m² body surface area) given the recommended human dose of 30 mg/day (22 mg/m²). Lansoprazole produced dose-related gastric enterochromaffin-like (ECL) cell hyperplasia and ECL cell carcinoids in both male and female rats. It also increased the incidence of intestinal metaplasia of the gastric epithelium in both sexes. In male rats, lansoprazole produced a dose-related increase of the sticular interstitial cell adenomas. The incidence of these adenomas in rats receiving doses of 15 to 150 mg/kg/day (4 to 40 times the recommended human dose based on body surface area) exceeded the low background incidence (range = 14 to 10%) for this strain of rat. Testicular interstitial cell adenoma also occurred in 1 of 30 rats treated with 50 mg/kg/day (13 times the recommended human dose based on body surface area) in a 1-year toxicity study.

10 mg/kg/day, 2 to 80 times the recommended human dose based on body surface area) in a 1-year toxicity study.

1-year toxicity study.

In a 24-month carcinogenicity study, CD-1 mice were treated orally with doses of 15 to 600 mg/kg/day, 2 to 80 times the recommended human dose based on body surface area. Lansoprazole produced a dose-related increased incidence of gastric ECL cell hyperplasia. It also produced an increased incidence of liver tumors (hepatocellular adenoma plus carcinona). The tumor incidences in male mice treated with 300 and 600 mg/kg/day (40 to 80 times the recommended human dose based no body surface area) and female mice treated with 150 to 600 mg/kg/day (20 to 80 times the recommended human dose based no body surface area) area of the stream of the stream of mice. Lansoprazole treatment produced adenoma of rete testis in male mice receiving 75 to 600 mg/kg/day (10 to 80 times the recommended human dose based on body surface area).

arithromycin e **WARNINGS** (above) and full prescribing information for clarithromycin before using in

PHEVALUI in patients <1 year of age nave not been established.

10 11 years of age

The pediatric safety of PREVACID Delayed-Release Capsules has been assessed in 66 pediatric patients aged 1 to 11 years of age. Of the 66 patients with GERD 85% (56/66) took PREVACID for 8 weeks and 15% (10/66) took it for 12 weeks.

The most frequently reported (2 or more patients) treatment-related adverse events in patients 1 to 11 years of age (N=66) were constipation (5%) and headache (3%).

incidence rates of adverse events and laboratory test abnormalities are also similar to those seen in younger patients. For elderly patients, dosage and administration of lansoprazole need not be altered for a particular indication.

Clinical
Worldwide, over 10,000 patients have been treated with lansoprazole in Phase 2-3 clinical
Worldwide, over 10,000 patients have been treated with lansoprazole in Phase 2-3 clinical
trials involving various dosages and durations of treatment. The adverse reaction profiles for
PREVACID Delayed-Release Capsules and PREVACID for Delayed-Release Oral Suspension
es similar. In general, insoprazioel treatment has been well-olerated in both short-tern
and long-term trials.
The following adverse events were reported by the treating physician to have a possible or
probable relationship to drug in 1% or more of PREVACID-treated patients and occurred at
a greater rate in PREVACID-treated patients than placebo-treated patients.
Incidence of Possibly or Probably
Treatment-Related Adverse Events in Short-Term, Placebo-Controlled Studies

PREVACID
Placebo
(No. 2768)
(No. 1023) (N= 1023) (N= 2768)

2.1 1.2

The most commonly reported possibly or probably treatment-felated adverse event during maintenance therapy was diarrhea. In the risk reduction study of PREVACID for NSAID-associated gastric ulcers, the incidence of diarrhea for patients treated with PREVACID was 5%, misoprostol 22%, and placebo 3% Additional adverse experiences occurring in <1% of patients or subjects in domestic trials are shown below. Refer to **Postmarketing** for adverse reactions occurring since the drug was marketed.

Additional adverse experiences occurring in <1% of patients or subjects in domestic trials are shown below. Refer to Postmarketing for adverse reactions occurring since the drug was marketed.

Body as a Whole — abdomen enlarged, altergic reaction, asthenia, back pain, candidiasis, carcinoma, chest pain (not otherwise specified), chills, edema, fever, flu syndrome, halitosis, infection (not otherwise specified), chills, edema, fever, flu syndrome, halitosis, infection (not otherwise specified), malaise, neck pain, neck rigidity, pain, pelvic pain; Cardiovascular System — angina, arrhythmia, bradycardia, cerebrovascular accident/cerebral infarction, hypertension/hypotension, migraine, myocardial infarction, palpitations, shock (circulatory failure), syncope, tachycardia, vasodilation; Digestive System — abnormal stools, anorexia, bezoar, cardiospasm, choleithiasis, colitis, dry mouth, dyspensia, dysphagia, enteritis, erucutation, esophageal stenosis, esophageal ulcer, esophagitis, fecal discoloration, flatulence, gastrior noduels/mulic gland polysy, gastritis, gastrointestinal anomaly, gastrointestinal disorder, gastrointestinal anomany, gastrointestinal disorder, gastrointestinal anomany, gastrointestinal disorder, gastrointestinal anomany, gastrointestinal disorder, gastrointestinal memorhage, glossitis, june hemorrhage, hematemesis, increased appetite, increased aslaviation, melena, mouth ulceration, nausea and vomitting, nausea and vomitting and diarrhea, oral moniliasis, rectal and lymphatic System - ambanis, hemolysis, hymphadenopathyr, Metabolic and Mutritional Disorders — gout, dehydration, hyperdycemia/hypogycemia, peripheral edema, weight jainloss, Musculoskeletal System - arthralia, arthritis, bone disorder, joint disorder, long rainloss, Musculospalura rash, anxiety, apathy, contision, convulsion, depersonalization, depression, diplopia, dizziness, emotional lability, hallucinations, hemiplegia, hostility agarvated, hyperkinesia, hypertonia, hypesthesia, insomnia, libilot decreased, dyspnea, epistaxis

Operator enesses* speech unisorde, originanal ossessin* unitially retenuors. Combination Therapy with Amoxicillin and Clarithromycia In clinical trials using combination therapy with PREVACID plus amoxicilin na clarithromycin, and PREVACID plus amoxicilin, no adverse reactions peculiar to these drug combinations were observed. Adverse reactions that have occurred have been limited to those that had been previously reported with PREVACID, amoxicilin, or clarithromycin.

Dual Therapy: PREVACID/amoxicillin
The most frequently reported adverse events for patients who received PREVACID Li.d. plus
amoxicillin Li.d. dual therapy were diarrhea (8%) and headache (7%). No treatmentemergent adverse events were observed at significantly higher rates with PREVACID Li.d.
plus amoxicillin Li.d. dual therapy whan with PREVACID alone.
For more information on adverse reactions with amoxicillin or clarithromycin, refer to their
package inserts, ADVERSE REACTIONS sections.
Laboratory Values
The following changes in laboratory parameters for lansoprazole were reported as adverse
events:

events:
Abnormal liver function tests, increased SGOT (AST), increased SGPT (ALT), increased
Abnormal liver function tests, increased SGOT (AST), increased GGTP,
increased/decreased/abnormal WBC, abnormal AG ratio, abnormal ABC, billirubinemia,
cosinophilla, hyperlipemia, increased/decreased eletrofytes, increased/decreased/abnormal
betalets, and increased gatrin levels. Unire abnormalities such as abuminuria, glycosuria
and hematuria were also reported. Additional isolated laboratory abnormalities were

reported.

In the placebe controlled studies, when SCOT (AST) and SCPT (ALT) were evaluated, 0.4% (4978) placebo patients and 0.4% (11/2677) lansoprazole patients had enzyme elevations greater than three times the upper limit of normal range at the final treatment visit. None of these lansoprazole patients reported jaundice at any time during the study.

In clinical trials using combination therapy with PREVACID plus amoxicillin, and cariffromycin, and PREVACID plus amoxicillin, no increased laboratory abnormalities particular to these drug combinations were observed.

For more information on laboratory value changes with amoxicillin or clarithromycin, refer to their package inserts, ADVERSE REACTIONS section.

to their package inserts, AUTLING. LAND OVERDOSAGE

OVERDOSAGE
Oral doses up to 5000 mg/kg in rats (approximately 1300 times the recommended human dose based on body surface area) and mine (about 675.7 times the recommended human dose based on body surface area) did not produce deaths or any clinical signs.

Lansoprazole is not removed from the circulation by hemodialysis. In one reported case of overdose, the patient consumed 600 mg of lansoprazole with no adverse reaction.

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