Two Tests Diagnose 90% of Immunodeficiencies

BY BRUCE JANCIN

Denver Bureau

KEYSTONE, COLO. — Two screening lab tests—a CBC and quantitative immunoglobulins—are sufficient to diagnose more than 90% of all patients with primary immune deficiencies, Dr. Erwin W. Gelfand said at a meeting sponsored by the National Jewish Medical and Research

When should a nonimmunologist be-

come suspicious that a patient has an underlying immunodeficiency?

When you think of it—and you should always be thinking of it in a patient with recurrent infection. Immune deficiencies are not common, but they're not rare, either," said Dr. Gelfand, chairman of pediatrics at the center, as well as professor and vice chairman of pediatrics and professor of immunology at the University of Colorado, Denver.

For example, selective IgA deficiency is

present in 1 in 400-700 individuals, most of whom have no idea they have an immunodeficiency disorder. "If you go to an allergy clinic or inflammatory bowel disease clinic or rheumatology clinic, the prevalence of IgA deficiency is much higher," he

Recurrent infection is by far the most common symptom of primary immunodeficiency. But differentiating recurrent infections in the setting of normal immune function from those associated with an underlying immunodeficiency is often clinically difficult. These days infections in patients with a primary immunodeficiency are usually very mild. Affected patients present with otitis media, sinusitis, and low-grade pneumonia, not the osteomyelitis, mastoiditis, recurrent consolidating pneumonias, and other severe infections emphasized in older textbooks.

Also, the age at which patients present with primary immunodeficiencies has changed drastically in recent decades.

"When I grew up in this field, all the patients presented in the first 2-3 years of life. It was amazing. Now, for every kid I see with a primary immune deficiency—particularly antibody deficiencies—under 5 years of age, I see two or three adults. And we're not just talking about adults in their 30s or 40s, but even in their 60s who present with a genetic disease. It can take that long," the physician observed.

When a primary immune deficiency is suspected, it's often helpful to consider the patient's history and symptoms in terms of the four components of specific host resistance: antibody, complement, phagocytic cells, and cell-mediated immunity.

Specific infections can often be matched to specific immune defects.

For example, deep-seated Staphylococcus aureus infections suggest a phagocytic cell defect. Recurrent viral and fungal infections, failure to thrive, persistent diarrhea, and Pneumocystis carinii infections are associated with defective cell-mediated immunity. Infections involving encapsulated organisms such as Haemophilus influenzae and S. pneumoniae suggest a B-cell or complement defect.

Dr. Gelfand urged physicians to "play the odds" when searching for immune deficiency. "Seventy-five percent of all primary immunodeficiencies are disorders of antibody production. T-cell deficiencies present in infancy because they're incompatible with survival. Complement defects are rare, and phagocytic cell defects are also pretty rare," according to the immunologist.

Most primary antibody deficiencies feature both low serum IgG and low-to-absent IgA levels. Dr. Gelfand considers an IgG level below 200 mg/dL in a child less than 1 year old of potential concern. Ditto a level below 300 mg/dL in a 1- to 2year-old and less than 300-400 mg/dL in anybody older.

Primary immune deficiencies are far more common in males because many culprit genes are located on the X chromosome. A history of atopic disease greatly reduces the odds that an immune deficiency is present.

Evaluation for possible immunodeficiency in a patient with recurrent infections is one circumstance where family history is of little value, Dr. Gelfand noted at the meeting.

Family history has "been important to me on maybe one occasion in 1,000 patients. A 16-year-old came in and said, 'My brother has X-linked agammaglobulinemia.' That was very helpful. But most of the time it's very difficult to tell anything from the family history."

Brief Summary of Prescribing Information (Nos. 1541, 1543, 1544, 3046, 7309, 7311) 03-5366-R24-Brf. Rev. July. 2004

PREVACID® (lansoprazole) Delayed-Release Capsules

 $\textbf{PREVACID}^{\circledR} \ (\textbf{lansoprazole}) \ \textbf{For Delayed-Release Oral Suspension}$

PREVACID® SoluTabTM (lansoprazole) Delayed-Release Orally

PA UTILITY
PREVACID Delayed-Release Capsures, ...
Disintegrating Tablets and PREVACID For Delayed-Release Utal Suppersont
for:
Short-Term Treatment (4 weeks) of Active Duodenal Ulcer
H, pylori Eradication to Reduce the Risk of Duodenal Ulcer Recurrence
Triple Therapy: PREVACID/amoxicillin/clarithromycin
Dual Therapy: PREVACID/amoxicillin/clarithromycin or in whom resistance to
clarithromycin is known or suspected.
Maintenance of Healed Duodenal Ulcers
Controlled studies do not extend beyond 12 months.
Short-Term Treatment (up to 8 weeks) of Active Benign Gastric Ulcer
Healing of NSAID-Associated Gastric Ulcer
In patients who continue NSAID use. Controlled studies did not extend beyond 8 weeks.

Place Reduction of NSAID-Associated Gastric Ulcer

An Accumented gastric ulcer who require the use of an NSAID.

In patients who continue NSAID use. Controlled studies did not extend beyond 8 weeks. Risk Reduction of NSAID-Associated Gastric Ulcer In patients with a history of a documented gastric ulcer who require the use of an NSAID. Controlled studies did not extend beyond 12 weeks. Gastreosphagael Reflux Disease (GERD) Short-Term Treatment of Symptomatic GERD Short-Term Treatment (up to 8 weeks) of Frosive Esophagitis For patients who do not heal with PREVACID for 8 weeks (5-10%), it may be helpful to give an additional 8 weeks of treatment. If there is a recurrence of erosive esophagitis an additional 8-week course of PREVACID may be considered. Maintenance of Healing of Erosive Esophagitis Controlled studies did not extend beyond 12 months. Pathological Hypersecretory Conditions Including Zollinger-Ellison Syndrome CONTRAINING ATTORS

CONTRAINDICATIONS

reference of PREVACIO.

Amoxicillar is contraindicated in patients with a known hypersensitivity to any penicillin. Clarithromycin is contraindicated in patients with a known hypersensitivity to clarithromycin, erythromycin, and any of the macrolide antibiotics.

Concomitant administration of clarithromycin with cisapride, primozide, astemizole, or terfenadine is contraindicated. There have been post-marketing reports of drug interactions when clarithromycin and/or erythromycin are co-administered with cisapride, primozide, astemizole, or terfenadine resulting in cardiac arrhythmias (OT prolongation, ventricular stehilation, and torsades deep opines) most likely due to inhibition of metabolism of these drugs by erythromycin and clarithromycin. Fatalities have been renorded.

tyrease refer to full prescribing information for amoxicilin and clarithromycin delore prescribing.)

WARNINGS

CLARITHROMYCIN SHOULD NOT BE USED IN PREGNANT WOMEN EXCEPT IN CLINICAL CIRCLIMSTANCES WHERE NO ALTERNATIVE THERAPY IS APPROPRIATE. IF PREGNANCY OCCURS WHILE TAKING CLARITHROMYCIN, THE PATIENT SHOULD BE APPRISED OF THE POTENTIAL HAZARD TO THE FETUS. (SEE WARNINGS IN PRESCRIBING INFORMATION FOR CLARITHROMYCIN.)

Pseudomembranous colitis has been reported with nearly all antibacterial agents, including clarithromycin and amoxicillin, and may range in severity from mild to life threatening. Therefore, it is important to consider this diagnosis in patients who present with diarrhea subsequent to the administration of antibacterial agents. Treatment with antibacterial agents afters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by Clostridium difficile is a primary cause of "antibiotic-sosciated collists."

After the diagnosis of pseudomembranous collits usually respond to discontinuation of the drug alone. In moderate to severe cases, consideration should be inventiced, this case of pseudomembranous collits usually respond to discontinuation of the drug alone. In moderate to severe cases, consideration should be inventiced, this presensitivity (reactions have been reported in patients on penicillin therapy. These reactions are more apt to occur in individuals with a history of penicillin hypersensitivity and/or a history of sensitivity multiple allergens. There have been well-documented reports of individuals with a history of penicillin, careful inquiry reactions who have experienced severe hypersensitivity reactions wh

PRECAUTIONS

General
Symptomatic response to therapy with lansoprazole does not preclude the presence of

properties to pursue to unrapy with lansoprazole does not preclude the presence of gastric malignancy.

Information for Patients
PREVACID is available as a capsule, orally disintegrating tablet and oral suspension, and is available in 15 mp and 30 mg strengths. Directions for use specific to the route and available methods of administration for each of these dosage forms is presented below. PREVACID should be taken before eating. PREVACID products SHOULD NOT BE CRUSHED OR CHEWED.

Phenylketonurics: Contains Phenylalanine 2.5 mg per 15 mg Tablet and 5.1 mg per 30 mg Tablet.

so my Tablet. Administration Options 1. *PREVACID Delayed-Release Capsules* PREVACID Delayed-Release Capsules should be swallowed whole

Alternatively, for patients who have difficulty swallowing capsules, PREVACID Delayed-Release Capsules can be opened and administered as follows:

Release Capsules can be opened and administered as follows:

- Open capsule.

- Sprinkle intact granules on one tablespoon of either applesauce, ENSURE® pudding, cottage cheese, vogurt or strained pears.

- Swallow immediately.

- Swallow immediately and the strained pears was a completed into a small volume of either apple juice, orange juice or tomato juice and administered as follows:

Sprinkle intact granules into a small volume of either apple juice, orange juice or tomato juice (60 mL – approximately 2 ounces).

vuluines of juice and the contents swallowed immediately.

USE IN OTHER FOODS AND LIQUIDS HAS NOT BEEN STUDIED CLINICALLY AND IS THEREFORE NOT RECOMMENDED. 2. PREVACID SoluTab Delayed-Release Orally Disintegrating Tablet

2. The vividity sound a behave the table to the tablet on the tongue and allow it to disintegrate, with or without water, until the particles can be swallowed. The tablet typically disintegrates in less than 1 minute.

disintegrates in less than 1 minute.

Alternatively, for children or other patients who have difficulty swallowing tablets,
PREVACID Solurlab can be delivered in two different ways.

PREVACID Solurlab — Oral Syringe

FREVACID Solurlab — Oral Syringe, PREVACID Solurlab can be administered as follows:

Place a 15 mg tablet in oral syringe and draw up approximately 4 mL of water, or place a 30 mg tablet in oral syringe and draw up approximately 4 mL of water.

Shake gently to allow for a quick dispersal.

After the tablet has dispersed, administer the contents within 15 minutes.

Fallit the syringe with approximately 2 mL (5 mL for the 30 mg tablet) of water, shake gently, and administer any remaining contents.

PREVACID SoluTab – Nasogastric Tube Administration (≥ 8 French)
For administration via a nasogastric tube, PREVACID SoluTab can be administered as tollows:
Place a 15 mg tablet in a syringe and draw up 4 mL of water, or place a 30 mg tablet in a
syringe and draw up 10 mL of water.

syringe and draw up 10 mL ot water.

Shake gently to allow for a quick dispersal.

After the tablet has dispersed, inject through the nasogastric tube into the stomach within 15 minutes.

Refill the syringe with approximately 5 mL of water, shake gently, and flush the nasogastric

upen packet. To prepare a dose, empty the packet contents into a container containing 2 tablespoons of **WATER** DO NOT USE OTHER LIQUIDS OR FOODS.

• This product should not be given through enteral administration tubes. Drug Interactions

Lansoprazole is metabolized through the cytochrome P₄₅₀ system, specifically through the CYPA3 and CYP2C19 isozymes. Studies have shown that lansoprazole does not have clinically significant interactions with other drugs metabolized by the cytochrome P₄₅₀ system, such as warfarin, antipyrine, indomethacin, ibuprofen, phenytoin, propranolol, prednisone, diazepam, or clarithromycin in healthy subjects. These compounds are metabolized through various cytochrome P₄₅₀ isozymes including CYPA12, CYP2C9, CYP2C9, and CYP3A. When lansoprazole was administered concomitantly with theophylline (CYPA12, CYP2C9), a minor increase (10%) in the clearance of theophylline was seen. Because of the small magnitude and the direction of the effect on theophylline clearance, this interaction is unlikely to be of clinical concern. Nonetheless, individual patients may require additional titration of their theophylline dosage when lansoprazole is started or stopped to ensure clinically effective blood levels.

started or stopped to ensure clinically effective blood levels.

In a study of healthy subjects neither the pharmacokinetics of warfarin enantomers nor prothrombin time were affected following single or multiple 60 mg doses of lansoprazole. However, there have been reports of increased International Normalized Ratio (INR) and prothrombin time in patients receiving proton pump inhibitors, including lansoprazole, and warfarin concomitantly. Increases in INR and prothrombin time may lead to ahonomal bleeding and even death. Patients treated with proton pump inhibitors and warfarin concomitantly may need to be monitored for increases in INR and prothrombin time. Lansoprazole has also been shown to have no clinically significant interaction with amoxicillin. In a single-dose crossover study examining lansoprazole 30 mg and omeprazole 20 mg each administered alone and concomitantly with sucrafate. Therefore, proton pump inhibitors should be taken at least 30 minutes prior to sucrafate. In clinical triaks, antacids were administered concomitantly with sucrafate. Therefore, proton pump inhibitors should be taken at least 30 minutes prior to sucrafate. In clinical triaks, antacids were administered concomitantly with PREVACID Delayed-Release Capsules; this did not interfere with its effect.

ampicillin esters, iron salts, digovin).

Carcinogenesis, Mutagenesis, Impairment of Fertility
In two 24-month carcinogenicity studies, Sprague-Dawley rats were treated orally with
doses of 5 to 150 mg/kg/day, about 1 to 40 times the exposure on a body surface (mg/m²)
basis, of a 50-kg person of average height (1.46 m² body surface area) given the
recommended human dose of 30 mg/day (22.2 mg/m²). Lanssyprazole produced doserelated gastric enterochromaffin-like (ECI), cell hyperplasia and ECI. cell carcinoids in both
male and female rasts. It also increased the incidence of intestinal metaplasia of the gastric
epithelium in both sexes. In male rats, lansoprazole produced a dose-related increase of
testicular interstitiacl cell adenomas. The incidence of these adenomas in rats receiving doses
of 15 to 150 mg/kg/day (4 to 40 times the recommended human dose based on body
surface area) exceeded the low background incidence (range = 14 to 10%) for this strain of
train testicular interstitial cell adenoma also occurred in 1 of 30 rats freated with
50 mg/kg/day (13 times the recommended human dose based on body surface area) in a
1-year toxicity studiny.
In a 24-month carcinogenicity study, CD-1 mice were treated orally with doses of 15 to
60 mg/kg/day (2 to 80 times the recommended human dose based on body surface area) in a

50 mg/kg/day (13 times the recommended numan dose based on body surface area) in a 1-year foxicity studicy.

In a 24-month carcinogenicity study, CD-1 mice were treated orally with doses of 15 to 600 mg/kg/day, 2 to 80 times the recommended human dose based on body surface area. Lansoprazole produced a dose-related increased incidence of gastric ECL cell hyperplasia, It also produced a dose-related increased incidence of sastric ECL cell hyperplasia, It also produced an increased incidence of liver tumors (hepatocellular adenoma liver according to the company of the com

anunomych e **WARNINGS** (above) and full prescribing information for clarithromycin before using in

incidence rates of adverse events and laboratory test abnormalities are also similar to those seen in younger patients. For elderly patients, dosage and administration of lansoprazole need not be altered for a particular indication.

| Treatment-Related Adverse Events in Short-Term, Placebo-Controlled Studies | | |
|--|-----------|-----------|
| | PREVACID | Placebo |
| | (N= 2768) | (N= 1023) |
| Body System/Adverse Event | % | % |
| Body as a Whole | | |
| Abdominal Pain | 2.1 | 1.2 |
| Digestive System | | |
| Constipation | 1.0 | 0.4 |
| Diarrhea | 3.8 | 2.3 |
| Nausea | 1.3 | 1.2 |
| Headacha was also open at greater than 10/ incidence but was more common on placeb | | |

Headache was also seen at greater than 1% incidence but was more common on placebo. The incidence of diarrhea was similar between patients who received placebo and patients who received lansoprazole 15 mg and 30 mg, but higher in the patients who received lansoprazole 60 mg (2.9%, 1.4%, 4.2%, and 7.4%, respectively).

The most commonly reported possibly or probably treatment-related adverse event during

most commonly reported possibly or probably treatment-related adverse event during tenance therapy was diarrhea. He risk reduction study of PREVACID for NSAID-associated gastric ulcers, the incidence rrihea for patients treated with PREVACID was 5%, misoprostol 22%, and placebo 3%, filtional adverse experiences occurring in 1-4% of patients or subjects in domestic trials hown below. Refer to **Postmarketing** for adverse reactions occurring since the drug packeted.

Additional adverse experiences occurring in <1% of patients or subjects in domestic trials are shown below. Refer to Postmarketing for adverse reactions occurring since the drug was marketed.

Body as a Whole — abdomen enlarged, altergic reaction, asthenia, back pain, candidiasis, carcinoma, chest pain (not otherwise specified), chills, edema, fever flu syndrome, halitosis, infection (not otherwise specified), chills, edema, fever flu syndrome, halitosis, infection (not otherwise specified), malaise, neck pain, neck rigidity, pain, pelvic pain; Cardiovascular System – angina, arrhythmia, bradycardia, cerebrovascular accident/cerebral infarction, hypertension/hypotension, migraine, myocardial infarction, palpitations, shock (circulatory failure), syncope, tachycardia, vasodilation; Digestive System – abnormal stools, anorexia, bezoar cardiospasm, choletilhasis, colitis, dry mouth, dyspensia, dysphagia, enteritis, erucutation, esophageal stenosis, esophageal ulcer, esophagitis, fecal discoloration, flatulence, gastriic noduels/mulic gland polysy, gastritis, gastrointestinal anomaly, gastrointestinal disorder, gastrointestinal anomany, gastrointestinal disorder, gastrointestinal hemorrhage, elimente disorder, gastrointestinal anomany, gastrointestinal disorder, gastrointestinal hemorrhage, stomatilis, tensems, thirst, tongue disorder, lord moniliasis, rectal and lymphatic System - anomalia, hemolysis, hymphatenopathyr, Metabolic and Mutritional Disorders — gout, dehydration, hyperplycemia/hypogycemia, peripheral edema, weight jainloss, Musculoskeletal System - arthralia, arthritis, bone disorder, joint disorder, lord garantes, and promatilis of participation, annesia, anxiety, apathy, contision, convulsion, deperssion, diplopia, dizziness, emotional lability, hallucinations, hemiplegia, hostility agaravate

Operator ensers's specuri ustorie, originant oysens' unitially retenuor. Combination Therapy with Amoxicillin and Clariffromycin In clinical trials using combination therapy with PREVACID plus amoxicillin and clariffromycin, and PREVACID plus amoxicillin, no adverse reactions peculiar to these drug combinations were observed. Adverse reactions that have occurred have been limited to those that had been previously reported with PREVACID, amoxicillin, or clariffromycin.

Dual Therapy: PREVACID/amoxicillin
The most frequently reported adverse events for patients who received PREVACID Li.d. plus
amoxicillin Li.d. dual therapy were diarrhea (8%) and headache (7%). No treatmentemergent adverse events were observed at significantly higher rates with PREVACID Li.d.
plus amoxicillin Li.d. dual therapy with an with PREVACID alone.
For more information on adverse reactions with amoxicillin or clarithromycin, refer to their
package inserts, ADVERSE REACTIONS sections.
Laboratory Values
The following changes in laboratory parameters for lansoprazole were reported as adverse
events:

events:
Abnormal liver function tests, increased SGOT (AST), increased SGPT (ALT), increased creatinine, increased alkaline phosphatase, increased globulins, increased GGTP increased/decreased/abnormal WBC, abnormal AG ratio, abnormal ABC, billirubinemia cosinophila, hyperlipemia, increased/decreased electrolytes, increased/decreased cholesterol, increased glucocorticoids, increased LDH, increased/decreased/abnormal patieties, and increased gather livels. Unire abnormalities such as abuminuria, glycosuria and hematuria were also reported. Additional isolated laboratory abnormalities were

and lielitatina were also reported. According to the reported.

In the placebo controlled studies, when SGOT (AST) and SGPT (ALT) were evaluated, 0.4% (41/26T7) lansoprazole patients had enzyme elevations greater than three times the upper limit of normal range at the final treatment visit. None of these lansoprazole patients reported jaundice at any time during the study.

In clinical trials using combination therapy with PREVACID plus amoxicillin activity on increased laboratory abnormalities particular to these drug combinations were observed.

For more information on laboratory value changes with amoxicillin or clarithromycin, refer to their package inserts, ADVERSE REACTIONS section.

For more detailed information, see full prescribing information or contact TAP Medica Information at 1-800-622-2011. MR030-0134

to their package inserts, AUVENSE REAUTONO

OVERDOSAGE

Oral doses up to 5000 mg/kg in rats (approximately 1300 times the recommended human dose based on body surface area) and mice (about 675.7 times the recommended human dose based no body surface area) did not produce deaths or any climical signs.

Lansoprazole is not removed from the circulation by hemodialysis. In one reported case of overdose, the patient consumed 600 mg of lansoprazole with no adverse reaction. ENSURE® is a registered trademark of Abbott Laboratories.

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