

Three free apps for urogynecology providers

These informational and clinical decision-making apps provide position statements, risk calculators, and interactive animations

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Thousands of medical apps are available for smart mobile devices; however, identifying accurate and high-quality apps poses a challenge to health care providers. In the field of urogynecology, also known as female pelvic medicine and reconstructive surgery (FPMRS), the authors of a recent study identified and rated a number of apps for use by urogynecologists.¹

The 3 apps featured here are all free and are both informational and clinical decision-making apps.

Informational apps include one or more of the following datasets in a given condition: epidemiology, etiology/pathophysiology, histology/pathology, clinical presentation,

treatment, follow-up care, prevention, and/or prognosis.

Clinical decision-making apps may have the following functionalities within the app: clinical decision support systems, clinical treatment guidelines, disease diagnosis aids, differential diagnosis aids, medical calculators, laboratory test ordering, laboratory test interpretation, and/or medical exams.

The **TABLE** details the features of these recommended apps based on a shortened version of the APPLICATIONS scoring system, APPLI (app comprehensiveness, price, platform, literature used, and important special features).² I hope urogynecologists view these apps as innovative educational resources that provide quick medical knowledge and pelvic floor patient education. ●






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- Chyjek K, Farag S, Chen KT. Rating pregnancy wheel applications using the APPLICATIONS scoring system. *Obstet Gynecol*. 2015;125:1478-1483.

TABLE Recommended FPMRS apps

App	App comprehensiveness	Price	Platform	Literature used	Important special features
 <p>AUGS NOW by Results Direct</p> <p>iTunes only: https://apps.apple.com/br/app/augs-now/id1038504673?l=en</p>	<ul style="list-style-type: none"> • Informational (all) • Clinical decision making (clinical treatment guidelines, disease diagnosis aids, medical calculator) 	Free	iTunes	Developed by the American Urogynecologic Society (AUGS)	<ul style="list-style-type: none"> • Guidelines and position statements • Risk calculator for de novo postoperative stress urinary incontinence after surgery for pelvic organ prolapse • Study tool with question of the day
 <p>AUGS POP-Q by the American Urogynecologic Society</p> <p>iTunes only: https://apps.apple.com/us/app/augs-pop-q/id1214333063</p>	<ul style="list-style-type: none"> • Informational (clinical presentation, diagnosis, treatment) • Clinical decision making (clinical decision support systems, disease diagnosis aids, medical calculator, medical exams) 	Free	iTunes	Developed in consultation with Patrick Culligan, MD	<ul style="list-style-type: none"> • Interactive POP-Q assessment guide • Sample image library • Stress urinary incontinence animations
 <p>POP-Q by Boston Scientific</p> <p>iTunes only: https://apps.apple.com/us/app/pop-q/id471325264</p>	<ul style="list-style-type: none"> • Informational (clinical presentation, diagnosis, treatment) • Clinical decision making (clinical decision support systems, disease diagnosis aids, medical exams) 	Free	iTunes	Developed in consultation with Patrick Culligan, MD	<ul style="list-style-type: none"> • Images • Interactive disease state animations

Abbreviation: FPMRS, female pelvic medicine and reconstructive surgery.